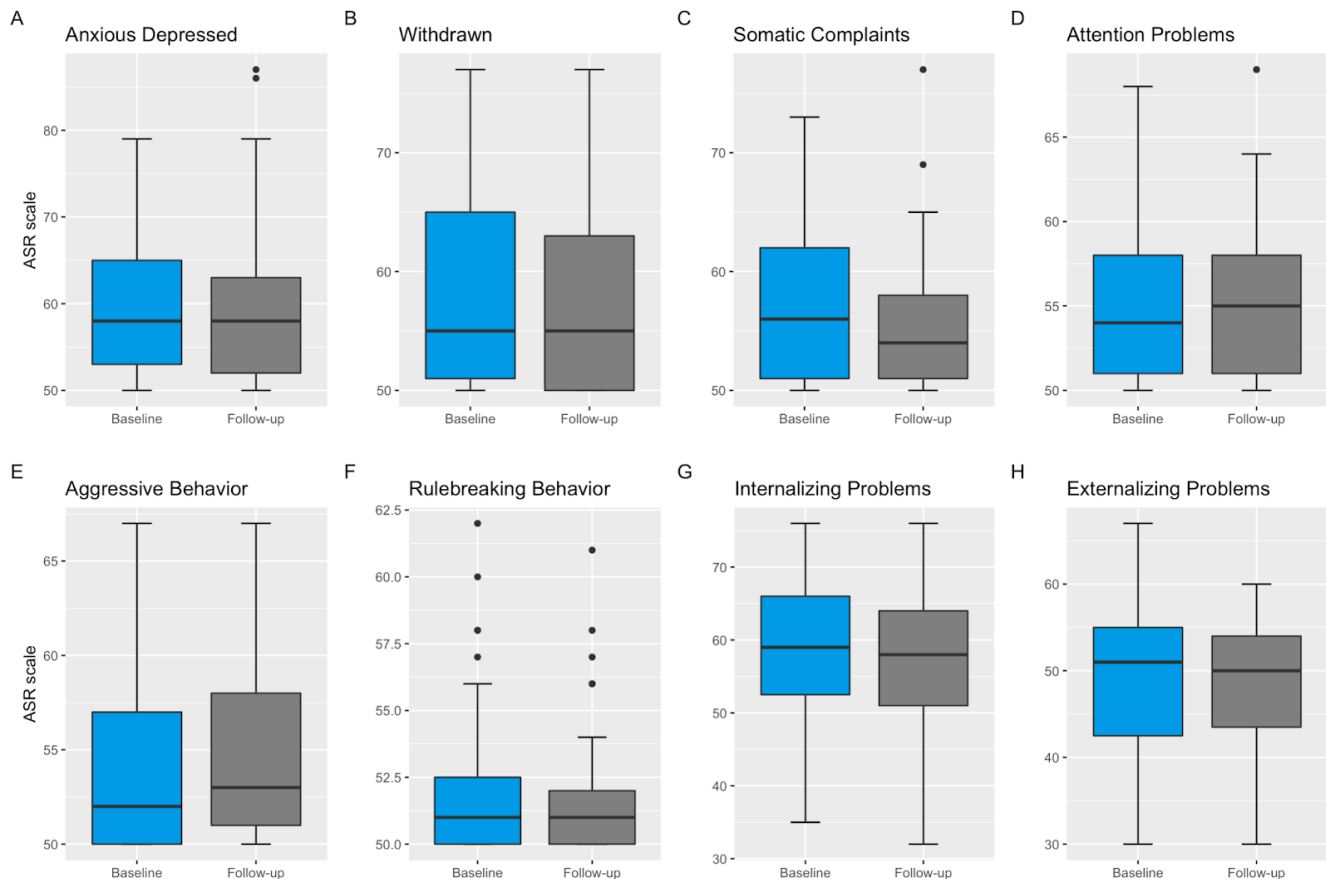


## Supplementary Materials

**Table S1. Complete ASR scores at the baseline and follow-up visit.** ASR scores (median, 1<sup>st</sup> and 3<sup>rd</sup> quartile) obtained baseline and follow-up and the differences estimated between the two time-points for 65 PHIME participants. P-values are estimated through the sign test.

ASR score	Baseline	Follow-up	ASR pre-post	p
Anxious Depressed	58.0 (53.0, 65.0)	58.0 (52.0, 63.2)	0.0 (-3.2, 3.0)	1.000
Withdrawn	55.0 (51.0, 65.0)	55.0 (50.0, 63.0)	-1.0 (-4.0, 3.0)	0.108
Somatic Complaints	56.0 (51.0, 62.0)	54.0 (51.0, 58.0)	0.0 (-4.0, 2.0)	0.480
Thought Problems	51.5 (50.0, 55.8)	53.5 (51.0, 58.2)	1.0 (-1.0, 4.0)	0.049
Attention Problems	54.0 (51.0, 58.0)	55.0 (51.0, 58.2)	0.0 (-2.0, 3.0)	1.000
Rule Breaking Behavior	51.0 (50.0, 53.0)	51.0 (50.0, 52.0)	0.0 (-1.0, 0.0)	0.188
Aggressive Behavior	52.5 (50.0, 57.0)	53.0 (51.0, 58.0)	0.0 (-2.0, 3.0)	0.784
Internalizing Problems	59.0 (52.0, 66.0)	58.0 (51.0, 64.0)	-2.0 (-6.2, 4.0)	0.124
Externalizing Problems	51.5 (42.8, 55.0)	50.0 (43.8, 54.2)	0.0 (-5.0, 4.0)	1.000
Total Problems	52.5 (48.0, 60.0)	53.0 (46.8, 58.0)	0.0 (-4.2, 3.0)	0.590



**Figure S1. Differences in all ASR score between baseline and follow up.** The boxplot shows the scores obtained in six clinical scales measured by the ASR and in “Internalizing” and “Externalizing” problems scale of the questionnaire in the two time points considered: baseline visit (blue box) and follow up visit (gray box).

**Table S2. Interaction between socio-demographic variables and ASR scales.** Relationship between the sociodemographic variables (sex age, SES and IQ) of the sample and the psychopathological outcomes at the follow-up visit.

Predictors	Anxious Depressed			Withdrawn			Somatic Complaints			Thought Problems			Attention Problems		
	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p
High vs Low SI	0.62	-2.91 – 4.16	0.725	-0.32	-4.43 – 3.79	0.877	-1.27	-4.51 – 1.98	0.438	0.1	-2.66 – 2.86	0.943	-0.22	-2.85 – 2.40	0.866
Sex: Females vs Males	0.83	-2.34 – 4.00	0.602	-1.04	-4.58 – 2.51	0.559	2.8	-0.11 – 5.72	0.059	-0.23	-2.71 – 2.24	0.852	1.38	-0.98 – 3.73	0.247
SES: Medium vs Low	1.92	-2.06 – 5.90	0.338	-0.1	-4.73 – 4.52	0.964	-0.71	-4.36 – 2.94	0.700	-0.47	-3.58 – 2.63	0.761	-0.75	-3.70 – 2.20	0.613
SES: High vs Low	1.21	-3.38 – 5.80	0.600	-4.21	-9.55 – 1.14	0.120	-1.29	-5.50 – 2.92	0.542	-2.18	-5.76 – 1.40	0.228	0	-3.41 – 3.41	0.999
Age	-0.08	-0.75 – 0.59	0.812	0.11	-0.82 – 1.05	0.809	0.59	-0.02 – 1.21	0.060	0.29	-0.23 – 0.82	0.270	0.31	-0.19 – 0.81	0.214
IQ	0.17	0.01 – 0.34	<b>0.04</b>	0.22	0.05 – 0.39	<b>0.012</b>	0.06	-0.09 – 0.21	0.460	0.05	-0.07 – 0.18	0.413	0.13	0.00 – 0.25	<b>0.043</b>
Predictors	Rulebreaking Behavior			Aggressive Behavior			Internalizing Problems			Externalizing Problems			Total Problems		
	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p
High vs Low SI	1.73	-0.03 – 3.48	0.053	1.21	-1.54 – 3.95	0.381	-0.77	-4.73 – 3.19	0.700	2.2	-2.07 – 6.47	0.306	0.6	-2.67 – 3.87	0.714
Sex: Females vs Males	0.48	-1.09 – 2.05	0.542	0.06	-2.40 – 2.53	0.959	0.82	-2.74 – 4.37	0.647	0.25	-3.58 – 4.07	0.898	0.49	-2.44 – 3.42	0.740
SES: Medium vs Low	-1.14	-3.11 – 0.83	0.249	-0.11	-3.20 – 2.98	0.943	2.2	-2.25 – 6.65	0.327	2.7	-2.10 – 7.49	0.265	1	-2.67 – 4.67	0.588
SES: High vs Low	-1.36	-3.63 – 0.92	0.237	0.32	-3.25 – 3.88	0.860	-0.88	-6.01 – 4.26	0.733	2.6	-2.94 – 8.14	0.351	-0.9	-5.14 – 3.34	0.672
Age	0.35	0.02 – 0.68	<b>0.04</b>	-0.13	-0.66 – 0.39	0.611	-0.07	-0.82 – 0.69	0.859	-0.19	-1.01 – 0.62	0.634	0.2	-0.42 – 0.83	0.514
IQ	0.04	-0.04 – 0.12	0.342	0.12	-0.00 – 0.25	0.055	0.18	-0.01 – 0.36	0.060	0.13	-0.07 – 0.33	0.189	0.15	0.00 – 0.30	<b>0.048</b>

**Table S3. Association between time in social isolation and the ASR scales by sex.** Relationship between the time spent in social isolation and the psychopathological outcomes at the follow-up visit by sex. Models were adjusted by age, SES and IQ.

Predictors	Anxious Depressed diff			Withdrawn diff			Somatic Complaints diff			Thought Problems diff			Attention Problems diff		
	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p	Estimates	CI	p
Females with High SI vs Females with Low SI	1.69	-	0.4	-2.11	-	0.37	-2.25	-	0.28	0.01	-	0.996	-1.56	-	0.3
		2.90 – 6.28	63		6.87 – 2.66	7		6.46 – 1.96	9		3.55 – 3.57	0.996		4.94 – 1.81	58
Males with Low SI vs Females with Low SI	-0.08	-	0.9	-0.26	-	0.89	-3.50	-6.98 – -0.02	<b>0.049</b>	0.14	-	0.922	-2.32	-	0.1
		3.87 – 3.72	68		4.21 – 3.68	4					2.80 – 3.09	0.922		5.11 – 0.47	01
Males with High SI vs Females with Low SI	-2.73	-	0.4	6.38	-	0.154	2.52	-	0.461	-0.40	-	0.89	3.43	-	0.2
		10.16 – 4.69	64		2.50 – 15.26	6		4.29 – 9.33	0.461		6.21 – 5.42	0.89		2.04 – 8.89	14
SES: Medium vs Low	1.58	-	0.4	0.29	-	0.90	-0.40	-	0.83	-0.17	-	0.916	-0.33	-	0.8
		2.52 – 5.68	43		4.31 – 4.89	0		4.16 – 3.37	4		3.34 – 3.00	0.916		3.34 – 2.69	29
SES: High vs Low	0.76	-	0.7	-3.65	-	0.17	-0.87	-	0.69	-2.05	-	0.276	0.57	-	0.7
		4.02 – 5.53	52		8.99 – 1.68	4		5.25 – 3.51	2		5.79 – 1.69	0.276		2.94 – 4.08	46

Age	-0.04	- 0.73 – 0. 64	0.8 96	-0.03	- 0.98 – 0.91	0.94 1	0.56	- 0.07 – 1.1 9	0.07 9	0.23	- 0.30 – 0.7 6	0.386	0.27	- 0.23 – 0. 77	0.2 87
IQ	0.18	0.01 – 0. 34	<b>0.0</b> <b>37</b>	0.20	0.03 – 0.37	<b>0.01</b> <b>9</b>	0.05	- 0.10 – 0.2 0	0.49 2	0.05	- 0.08 – 0.1 8	0.471	0.12	- 0.00 – 0. 24	0.0 50
<hr/>															
	<b>Rulebreaking Behavior</b>			<b>Aggressive Behavior</b>			<b>Internalizing Problems</b>			<b>Externalizing Problems</b>			<b>Total Problems</b>		
Females with High SI vs Females with Low SI	0.12	- 2.06 – 2. 30	0.9 10	0.80	- 2.78 – 4.37	0.65 6	-1.06	- 6.22 – 4.1 0	0.68 2	0.86	- 4.68 – 6.3 9	0.757	-0.98	- 5.19 – 3. 22	0.6 42
Males with Low SI vs Females with Low SI	-1.61	- 3.41 – 0. 19	0.0 78	-0.35	- 3.31 – 2.60	0.81 2	-1.02	- 5.29 – 3.2 4	0.63 2	-1.19	- 5.77 – 3.3 8	0.603	-1.61	- 5.08 – 1. 87	0.3 58
Males with High SI vs Females with Low SI	4.10	0.57 – 7. 62	<b>0.0</b> <b>24</b>	1.05	- 4.73 – 6.83	0.71 7	0.75	- 7.60 – 9.1 0	0.85 8	3.43	- 5.52 – 12. 38	0.44 6	4.05	- 2.76 – 10 .85	0.238
SES: Medium vs Low	-0.64	- 2.59 – 1. 31	0.5 13	0.02	- 3.17 – 3.21	0.99 0	2.29	- 2.32 – 6.9 0	0.32 3	3.12	- 1.82 – 8.0 6	0.211	1.50	- 2.26 – 5. 25	0.4 27
SES: High vs Low	-0.68	- 2.94 – 1. 59	0.5 53	0.49	- 3.23 – 4.21	0.79 3	-0.75	- 6.12 – 4.6 1	0.77 9	3.17	- 2.58 – 8.9 3	0.274	-0.23	- 4.60 – 4. 14	0.9 17
Age	0.30	- 0.03 – 0. 62	0.0 72	-0.15	- 0.68 – 0.39	0.58 2	-0.08	- 0.85 – 0.6 9	0.84 2	-0.24	- 1.06 – 0.5 8	0.563	0.15	- 0.47 – 0. 78	0.6 30
IQ	0.03	- 0.05 – 0. 11	0.4 01	0.12	- 0.01 – 0.25	0.06 0	0.17	- 0.01 – 0.3 6	0.06 4	0.13	- 0.07 – 0.3 2	0.208	0.15	- 0.00 – 0. 30	0.0 57