

Table S1: Macronutrient intake in adults in the urban areas of Brazil, 2015.

	Carbohydrates	Proteins	Total fats
AMDR	45-65%	10-35%	20-35%
	n (%)	n (%)	n (%)
Total population (n = 1812)			
Below AMDR	247 (13.6%)	6 (0.3%)	30 (1.7%)
Within AMDR	1535 (84.7%)	1806 (99.7%)	1463 (80.7%)
Above AMDR	30 (1.7%)	0 (0.00%)	319 (17.6%)
Male (n = 828)			
Below AMDR	121 (14.6%)	3 (0.4%)	19 (2.3%)
Within AMDR	697 (84.2%)	825 (99.6%)	675 (81.5%)
Above AMDR	10 (1.2%)	0 (0.00%)	134 (16.2%)
Female (n = 984)			
Below AMDR	126 (12.8%)	3 (0.3%)	11 (1.1%)
Within AMDR	838 (85.2%)	981 (99.7%)	788 (80.1%)
Above AMDR	20 (2.0%)	0 (0.00%)	185 (18.8%)
Acceptable macronutrient distribution range (AMDR)			