

## SUPPLEMENTARY MATERIAL

Article title: Effectiveness of a Smoking Cessation Program during the COVID-19 Pandemic

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Questionnaire S1 Assessment of the smoking status at baseline in participants of the "Take a deep breath" program.

Question	Answer
Q1. How soon after waking up do you smoke your first cigarette	Within the first 5 minutes Within the first 6-30 minutes Within the first 31-60 minutes
Q2. Do you find it difficult to refrain from smoking in places where it is not allowed?	Yes No
Q3. How many cigarettes do you smoke on average per day?	10 a day or less 11-20 a day 21-30 a day 31 a day or more
Q4. Can you refrain from smoking even when you are sick and stay in bed most of the day?	Yes No
Q5. What type of tobacco products do you use most often?	Cigarettes E-cigarettes Tobacco heating system Water pipe Pipe Cigar Other I do not know / I do not want to answer this question
Q6. How often do you smoke?	Once a day Few times a day Few times a week Occasionally

Questionnaire S2 Follow-up interview by phone after at least a minimum of 1-year participation in the program

Area of assessment		Question	Answer
Prevalence of tobacco smoking; key aspects of tobacco surveillance	Current smoking status	Q1. Are you a current smoker? Do you smoke every day, not every day, or not at all?	Every day Not every day Not at all I do not know / I do not want to answer this question
	Past smoking status for smokers who currently do not smoke every day	Q2a. In the past, did you smoke cigarettes every day?	Yes No
	Past smoking status	Q2b. In the past, did you smoke cigarettes every day or not every day?	Every day Not every day I do not know / I do not want to answer this question
Intensity of physical addiction to nicotine, differentiation between biological and behavioral addiction		Q3. How many cigarettes do you smoke on average per day or per week?	10 a day or less 11-20 a day 21-30 a day 31 a day or more 10 a week or less 11-20 a week 21-30 a week 31 a week or more I do not know / I do not want to answer this question
		Q4. How soon after waking up do you smoke your first cigarette?	Within the first 5 minutes Within the first 6-30 minutes Within the first 31-60 minutes
		Q5. Do you find it difficult to refrain from smoking in places where it is not allowed?	Yes No
		Q6. Can you refrain from smoking even when you are	Yes No

	sick and stay in bed most of the day?	
	Q7. What type of tobacco products do you use most often?	Cigarettes E-cigarettes Other Tobacco heating system Water pipe Pipe Cigar I do not know / I do not want to answer this question
Effectiveness of smoking cessation program	Q8. Since you joined the program, have you had any consultations in the tobacco treatment center?	Yes No I do not know / I do not want to answer this question
	Q9. Since you joined the program, how many times have you tried to quit smoking?	<i>(provide the number of times)</i>
	Q10. How long is it since you have quitted smoking?	<i>(provide the number of months)</i>
	Q11. Have you used pharmacotherapy to help you quit smoking?	Yes No I do not know / I do not want to answer this question
	Q12. What type of medicine or nicotine replacement therapy have you used?	<i>(provide the name of the product)</i>
Motivation for smoking cessation	Q13. What made you quit smoking?	<i>(provide the reason)</i>