

Section A: Socio demographic characteristics

1. Age (a) Below 15 years [] (b) 15 to 19 years [] (c) 20 to 24 years [] (d) 25 to 29 years []
2. Which class are you? (a) JHS 1 [] (b) JHS 2 [] (c) JHS 3 []
3. What is your Ethnicity? (a) Dagomba [] (b) Gonja [] (c) Mamprusi [] (d) other specify.....
4. What is your religion? (a) Christianity [] (b) Islam [] (c) Traditionalist [] (d) Others please specify_____
5. Category of school? (a) Public [] (b) Private []
6. Whom do you live with at present?
(a) With my mother and father [] (b) With my mother only [] (c) With my father only [] (d) With relatives [] (e) With friends [] (f) Other(specify)_____
7. What is your father's educational level?
(a) No formal Education [] (b) Basic education [] (c) Secondary school [] (d) College diploma and above []
8. What is your mother's educational level?
(a) No formal Education [] (b) Basic education [] (c) Secondary school [] (d) College diploma and above []
9. Category of employment of mother? Self employed [] Unemployed [] Public sector employment [] Private sector employment []
10. Category of employment of father? Self employed [] Unemployed [] Public sector employment [] Private sector employment []

Section B: Practices of managing menstrual hygiene among adolescent school girls

11. Do you use absorbent material during period or menses? (a) Yes [] (b) No []
12. What absorbent material do you use mostly during menstruation? (a) Commercially made sanitary pad [] (b) Tissue paper [] (c) Cloth [] (d) Other(specify)_____
13. Do you reuse absorbent materials? (a) Yes [] (b) No []
14. Place of pad store (absorbent materials) in between use? (a) In the bath room [] (b) With other cloth [] (c) Separately [] (d) Others specify_____
15. If you are using absorbent material, how do you clean it? (a) Soap & water [] (b) Only water [] (c) Other (Specify): _____
16. Where do you dry the absorbent material? (a) Sunlight [] (b) Inside the room [] (c) Other (Specify)_____
17. How many times do you change the cloth/pad in a day? A. Three and more [] (b) Once [] (c) Twice []
18. Where do you dispose your pads? (a) Dustbin [] (b) Drain [] (c) Toilet [] (d) Open field [] (e) Other (specify)_____
19. Types of pads wrap used for disposing it? (a) Papers [] (b) Plastic bag [] (c) Not wrap [] (d) Other (Specify)_____
20. Do you bath during menses? (a) Yes [] (b) No [] (Skip next question if No)
21. How often do you bath during Menstruation/Period? (a) Daily [] (b) Twice daily [] (c) Three times a day [] (d) More than three times a day [] (e) Until the end of my periods [] (f) Others (Specify)
22. What do you use to clean your genital (private part) during your menses? (a) Water and soap [] (b) Only with water [] (c) Tissue paper [] (d) Towel [] (e) Other (Specify)_____

Section D: School absenteeism during menstruation

23. Have you ever absented yourself from school due to menstruation? (a) Yes (b) No
24. How many days did you absent yourself from school? (a) 1 (b) 2 (c) 3 (d) 4 (e) others
25. What are some of the problems for your absent? (Tick all applicable) (a) Pains (b) Staining dress (c) Shyness (d) Stigma (e) Other specify.....
26. Do you have concentration problems in class during menstruation? (a) Yes (b) No
27. Are you able to partake in all school activities during menstruation? (a) Sometimes (b) Always (c) Others
28. Is there enough time in breaks for change of menstrual item? (a) Yes (b) No
29. Are you able to leave class to wash in case of a leak? (a) Yes (b) No