

Table S1. Correlations Between Facets of Mindfulness and PTSD Symptom Clusters (N = 214)

	observe	describe	aware	non-judge	non-react	re-exp	avoid	neg-cog	arousal
observe		<i>0.405</i>	<i>-0.198</i>	<i>-0.161</i>	<i>0.345</i>	<i>0.154</i>	<i>0.095</i>	<i>0.043</i>	<i>0.165</i>
describe	<i>0.405</i>		<i>0.133</i>	<i>0.192</i>	<i>0.405</i>	<i>-0.051</i>	<i>-0.076</i>	<i>-0.113</i>	<i>-0.13</i>
aware	<i>-0.198</i>	<i>0.133</i>		<i>0.328</i>	<i>-0.074</i>	<i>-0.159</i>	<i>-0.145</i>	<i>-0.246</i>	<i>-0.367</i>
non-judge	<i>-0.161</i>	<i>0.192</i>	<i>0.328</i>		<i>-0.017</i>	<i>-0.426</i>	<i>-0.438</i>	<i>-0.585</i>	<i>-0.54</i>
non-react	<i>0.345</i>	<i>0.405</i>	<i>-0.074</i>	<i>-0.017</i>		<i>-0.063</i>	<i>-0.019</i>	<i>0.009</i>	<i>0.027</i>
re-exp	<i>0.154</i>	<i>-0.051</i>	<i>-0.159</i>	<i>-0.426</i>	<i>-0.063</i>		<i>0.712</i>	<i>0.672</i>	<i>0.68</i>
avoid	<i>0.095</i>	<i>-0.076</i>	<i>-0.145</i>	<i>-0.438</i>	<i>-0.019</i>	<i>0.712</i>		<i>0.662</i>	<i>0.565</i>

Note: Observe, Describe, Aware(ness), Non-judge(ment), and Non-react(ivity) represent the facets of the Five Facet Mindfulness Questionnaire (FFMQ). Re-exp = Re-experiencing symptoms (cluster B of Posttraumatic Stress Disorder; PTSD). Avoid = Avoidance symptoms (cluster C of PTSD). Neg-cog = Negative Alterations in Cognition and Mood (cluster D of PTSD). Arousal = symptoms related to increased arousal and reactivity (cluster E of PTSD).