





Scanning Electron Microscopy Analysis of Lymphatic Regeneration in a Secondary Lymphedema Mouse Model: A Preliminary Study

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Abstract: Under inflammatory conditions including lymphatic disorders, bone marrow-derived myeloid cells often express lymphatic endothelial cell (LEC) markers, and these cells are then called LEC progenitor cells, which extend lymphatic vessels by fusing with existing lymphatic vessels. However, studies on the mechanism of lymphatic regeneration using three-dimensional images of lymphatic structures are limited. In this study, scanning electron microscopy (SEM) was used to observe the three-dimensional structure of lymphangiogenesis in a mouse model of secondary lymphedema. The model was established in C57BL/6J mice via circumferential incision in the inguinal region of the left hind limb. Skin samples were obtained from the lymphedema region on days 2, 5, and 8 after surgery. To determine lymphatic vessel positions using SEM analysis, we detected anti-lymphatic vessel endothelial hyaluronan receptor 1 (LYVE-1) immunoreactivity in serial sections and overlaid them during SEM observation. On days 2 and 5, spherical cells, probably myeloid cells, were attached and fused to the LYVE-1-positive lymphatic vessel walls. On day 8, spherical cells were converted to string-shaped cells, forming a new lymphatic vessel wall extended into the lumen, suggesting intussusceptive lymphangiogenesis.

Keywords: lymphatic vessel; scanning electron microscopy; irradiated tissue; intussusceptive lymphangiogenesis; lymphedema

1. Introduction

Lymphangiogenesis, the growth of lymphatic vessels, has recently received considerable attention because lymphatic disorders due to trauma, infection, surgery, radiotherapy, or a combination of these are increasing worldwide. Cancer therapy with surgical lymph node dissection and radiotherapy can cause severe lymphatic disorders, including lymphocele, lymphorrhea, and lymphedema. The latest estimates report that 250 million people worldwide experience lymphedema, impaired immunity, and the accumulation of subcutaneous fat tissue [1]. Therefore, understanding the mechanisms underlying lymphangiogenesis is important for clinicians and can provide new possibilities for treating lymphatic disorders.

Lymphangiogenesis generally occurs in adult tissues during wound healing. The main function of the lymphatic vasculature is to return extravasated fluid to the blood vascular system. In healthy adults, the lymphatic system returns approximately 1–2 L of interstitial fluid with 20–30 g/L protein to the venous circulation daily [2]. The lymphatic vascular system plays an important role in immune responses, serving as a conduit for extravasated leukocytes, activated antigen-presenting cells, and cancer metastasis. Two concepts explain the mechanism of lymphangiogenesis under inflammatory conditions [3]. The first is sprouting lymphangiogenesis. Activated lymphatic endothelial cells (LECs) proliferate and extend outside the existing lymphatic vessels. Bone marrow-derived myeloid



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Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). cells (BMDMs) contribute to sprouting lymphangiogenesis by producing paracrine factors, such as vascular endothelial growth factor (VEGF)-A and VEGF-C, and activating LECs [4,5]. Another concept is the fusion of LEC progenitor cells with existing or sprouting lymphatic vessels. In inflammatory conditions, BMDMs often express LEC markers such as VEGF receptor-3, lymphatic vessel endothelial hyaluronan receptor-1 (LYVE-1), or podoplanin [6–10]. Thus, these BMDM are called LEC progenitor cells.

In a corneal transplantation mouse model, CD11b+ macrophages contributed to lymphangiogenesis in the corneal stroma. The depletion of these cells by clodronate liposomes suppressed CD11b+ macrophage infiltration and lymphangiogenesis in the cornea [6]. Additionally, CD11b+ macrophages integrate into lymphatic vessels in lipopolysaccharide (LPS)-induced inflamed diaphragm [11]. Ligands of Toll-like receptor 4 (LPS, high mobility group box 1 protein, paclitaxel) and Th2 cytokines, such as interleukin (IL)-4, IL-10, and IL-13, have been reported to promote myeloid–lymphatic transition [3,12]. However, studies on the mechanism of lymphatic regeneration using three-dimensional images of the lymphatic structures are limited [13]. In this study, we used scanning electron microscopy (SEM) to observe the three-dimensional structure of lymphatic vessels and integrated spherical cells, presumed to be LEC progenitor cells, in a secondary lymphedema mouse model.

2. Results

To obtain three-dimensional structures of lymphatic regeneration in edematous regions, we prepared serial sections from the left hind limbs of the mice following a surgical lymphatic vessel incision. Although the edema prepared from only surgical incision was spontaneously resolved in approximately 3–4 weeks after surgery, obvious hind limb edema occurred during days 2–8 (Figure 1). The lymphatic vessel architecture was observed using SEM overlaying images of the same serial sections stained with the anti-LYVE-1 antibody (Figure 1).



Figure 1. Macroscopic appearance of hind limbs and overall picture of overlaid serial sections. The surgical lymphatic vessel incision caused obvious hind limb edema at the distal side of the wound. Skin tissues for histological observation were obtained from the edematous region. We prepared 5 and 15 μ m thick serial sections for LYVE-1 immunostaining and SEM observation, respectively. Lymphatic vessels were identified by referring to the outline of the serial sections and the position of the appendages. Scale bars (magnification); 100 μ m (100×).

In SEM observation, $5-10 \mu m$ spherical cells (probably myeloid cells) existed inside and outside LYVE-1+ lymphatic vessels on day 2 (Figure 2). The spherical cells were

attached to LECs inside the lymphatic vessels on day 2 (Figure 2). On day 5, the spherical cells were integrated with LEC. The complex of these cells was elongated toward the lumen (Figure 3). These observational results suggest that the spherical cells were LEC progenitor cells and integrated into existing lymphatic vessels in the lymphedematous region.



Figure 2. Three-dimensional structure of lymphatic vessels on day 2. Rectangular shapes marked by **A–C** indicate the position of high-magnification images. (Upper right, **A**) Two spherical cells were attached to the lymphatic vessel wall. (Lower, **B** and **C**) A spherical cell was attached to the lymphatic vessel wall. Arrowhead, spherical cells that exist outside the vessel. There is no such influx of cells in normal lymph vessels. Scale bars (magnification); (upper left) 50 μ m (300×), (upper right) 10 μ m (1700×), (lower left) 10 μ m (1000×), (lower right) 5 μ m (2700×).

On day 8, a few spherical cells were observed in the lymphatic vessels. The internal wall consisted of a string-shaped structure (Figure 4). In our previous study, using the secondary lymphedema model made with X-ray irradiation and surgery [13], we reported almost the same structure in the histological analysis of the lymphedematous region. The internal wall comprised a string-shaped structure and spherical cells. These results suggest that spherical cells are converted into string-shaped cells, forming a new lymphatic vessel wall.

Dilated lymphatic vessels and LECs protruding toward the lumen (Figure 4) were considered structures analogous to an intraluminal pillar, which is the hallmark of intussusceptive angiogenesis. We anticipated that intussusceptive lymphangiogenesis would occur in lymphedema lesions.



Figure 3. Three-dimensional structure of the lymphatic vessel on day 5. Rectangular shapes marked by **A–C** indicate the position of SEM images. (Lower right, **C**) **A** complex of several spherical cells and lymphatic vessel walls was formed in LYVE-1+ lymphatic vessel. The complex elongated toward the lumen. There is no such influx of cells in normal lymph vessels. Scale bars (magnification); (upper left) 100 μ m (100×), (upper right) 100 μ m (150×), (lower left) 10 μ m (1500×), (lower right) 5 μ m (3000×).



Figure 4. Three-dimensional structure of lymphatic vessels on day 8. Rectangular shapes marked by **A–C** indicate the position of SEM images. (Lower right, **C**) A complex of string-shaped structures makes up the internal wall, which is connected to the lymphatic vessel wall. Scale bars (magnification); (upper left) 100 μ m (100×), (upper right) 50 μ m (300×), (lower left) 20 μ m (700×), (lower right) 5 μ m (4000×).

3. Discussion

The SEM results suggested that spherical cells were integrated into the existing lymphatic vessel walls and transformed into string-shaped cells to form a new lymphatic vessel wall in a lymphedema lesion. We expected that surgical incision would cause BMDM infiltration into the lymphedema region and induce lymphangiogenesis in BMDM-derived LEC progenitor cells.

Previously, we expected intussusceptive lymphangiogenesis to occur in lymphedematous regions because the newly formed lymphatic vessel wall protruded toward the lumen, likely an intraluminal pillar, which is a hallmark of intussusceptive angiogenesis [13]. Intussusceptive lymphangiogenesis is a process like intussusceptive angiogenesis occurring by the division of the lumen of a pre-existing vessel through the insertion of an intraluminal pillar [14–16]. Díaz-Flores et al. mentioned that intussusceptive angiogenesis and lymphangiogenesis are mechanisms by which blood and lymphatic vessels split, expand, and remodel through transluminal pillar formation (hallmarks of intussusception) [16]. According to Burri et al., when the formation of intraluminal pillars is localized at the free ends of vessels, intussusceptive arborization occurs, i.e., vascular net expansion [17]. However, when it occurs in vessel bifurcation, it induces the remodeling or pruning of vascular sprouts. The destiny and effect of these pillars formed in the bifurcation of small vessels depend on their size, shape, and localization. These pillars can optimize hemodynamic conditions and adapt the mechanisms of increased blood flow (lymph flow) and pressure. They can induce complete occlusion, followed by regression, retraction, and atrophy of the affected sprout. Therefore, intussusceptive lymphangiogenesis is not only responsible for the increase in the vascular bed but is also directly involved in structural remodeling to optimize the shape and function of the lymphatic vessel.

To overlay serial section images with LYVE-1 immunostaining, we identified lymphatic vessels and analyzed their internal structure using SEM. However, this method is unsuitable for analyzing the outside of vessels because the region is filled with collagen and elastic fibers. Therefore, sprouting lymphangiogenesis, which elongates to new lymphatic vessels toward the outside of existing lymphatic vessels, is difficult to observe using this method. If this method is performed in a tissue such as the cornea, which is transparent and has almost no other structures, analyzing sprouting lymphangiogenesis using SEM may be possible. Also, in addition to LYVE-1, other markers such as Prox1, Podoplanin, VEGFR3, etc., are needed to prove the presence of lymphatic endothelial cells and this theory.

In a previous study, we showed that ADSC transplantation accelerated LEC proliferation, increased the number of lymphatic vessels, and mitigated fibrosis in the surrounding interstitial tissue [13,18,19]. However, the exact mechanism and function of lymphangiogenesis in lymphedema and wound healing remain unknown. Additionally, the characteristics of the spherical cells have not yet been validated in this study. To identify the origin of these cells, double staining for myeloid cell markers and LEC markers is required. Additionally, SEM observation with double-stained slides is needed to observe the three-dimensional structure. However, performing double staining and SEM sample preparation on the same slide is difficult because 5 μ m sections are easily disrupted during lyophilization. The incision site showed wound granulation and scar formation, making it impossible to obtain a clean electron microscopic image. In the future, we will devise a more creative way to capture electron microscopic images at the incision site. Lymphangiogenesis always occurs in both lymphedematous conditions and wound healing. Also, the sprouting of lymph vessels may not contribute to lymphangiogenesis in adult humans. Therefore, the role of LEC progenitor cells in intussusceptive lymphangiogenesis is an emerging research phase. We need to continue analyzing the lymphatic function in irradiated tissues and/or the wound-healing process.

4. Materials and Methods

This study was approved by the Animal Research Committee of Shimane University (Approval No. IZ30-127).

4.1. Surgical Procedure

C57BL/6J, male, 8-week-old mice were intraperitoneally anesthetized with medetomidine, midazolam, and butorphanol at doses of 0.15 mg/kg, 2.0 mg/kg, and 2.5 mg/kg, respectively. They were then subjected to a circumferential incision in the inguinal region of the muscle layer. A 5 mm wide gap was left open. Adipose-derived mesenchymal stem cells (ADSCs) were purchased from Cyagen (MUBMD-01001, Santa Clara, CA, USA) and cultured as previously described [13]. ADSCs (1.0×10^5 cells/mice) were injected into the incised site 24 h after surgery to confirm faster lymphatic regeneration. Tissues from the distal skin of the incision at 2, 5, and 8 days after surgery were used for histological analysis. Six mice were subjected to examination, and we analyzed three sections per mouse.

4.2. Observation of Lymphangiogenesis Using a Combination Method of SEM and LYVE-1 Immunoreactivity

Tissue obtained from the distal side of the incision was washed with 0.1 M phosphate buffer, fixed immediately with 10% formalin/70% methanol solution for 24 h, and embedded in paraffin. For immunohistochemistry, embedded specimens were serially sectioned in 5 μ m. We performed antigen retrieval treatment using Tris-EDTA buffer (pH 9.0) at 85 °C for 20 min. Antigen-retrieved specimens were immersed in 3% H₂O₂ for 15 min, washed with Tris-buffered saline (TBS), and incubated with Blocking One Histo (Nacalai Tesque, Inc., Kyoto, Japan) for 10 min. After washing with TBS-0.1% Tween-20 (TBS-T), the cells were incubated for 1 h at 20 °C with rabbit polyclonal anti-mouse LYVE-1 antibody (2 μ g/mL; DP3513P, OriGene Technologies Inc., Rockville, MD, USA). The specimens were then washed with TBS-T, incubated with Donkey Anti-Rabbit IgG H&L (HRP), preadsorbed (1:500 dilution, ab7083, Abcam, Cambridge, UK) for 1 h, and visualized using a Peroxidase Stain DAB Kit (Nacalai Tesque) and hematoxylin.

For SEM analysis, the specimens were processed on glass slides as previously described [13]. Briefly, 15 μ m thick serial sections were mounted on a MAS-GP type A-coated glass slide (Matsunami Glass Ind., Ltd., Osaka, Japan). After deparaffinization with xylene and 99% ethanol, slides were transferred to 100% ethanol and tert-butyl alcohol. Slides in frozen tert-butyl alcohol were lyophilized with JFD-320 (JEOL Ltd., Tokyo, Japan). Then, gold ions were coated with VX-10A (EIKO ENGINEERING, LTD., Ibaraki, Japan), mounted on an aluminum sample stage using double-sided tape, and observed using a JSM-6510 (JEOL Ltd.) in the secondary electron image mode. In parallel, 5 μ m thick serial sections were prepared for LYVE-1 staining to identify the lymphatic vessel position using SEM.

5. Conclusions

The mechanism of lymphangiogenesis that participates in the development of lymphatic disorders has not been sufficiently studied. In this study, we observed that the three-dimensional structures of spherical cells fused to existing lymphatic vessels, transformed into string-shaped cells, and formed a new lymphatic vessel wall in a mouse model of secondary lymphedema. Furthermore, the newly formed lymphatic vessel wall extended into the lumen, suggesting intussusceptive lymphangiogenesis. These limited but definitive observational results may contribute to elucidating the mechanisms underlying lymphangiogenesis in adult tissues.

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