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Dietary Habits, Social Determinants of Health and Obesity Risk in Children and Adolescents

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Message from the Guest Editor

Dear Colleagues,

I am honored to have been asked to serve as a guest editor for the new Special Issue of *Children* entitled “Dietary habits, Lifestyle Behaviors, and Obesity Risk in Children and Adolescents”, and I am pleased to invite you to submit a relevant paper.

Childhood obesity is a serious medical condition that affects children and adolescents. According to the World Health Organization, more than 340 million adolescents and 39 million children are obese. Many factors can contribute to excess weight gain, including eating patterns, physical activity levels, and sleep routines. Social determinants of health, i.e., the conditions in which we live, learn, and work, also play a role.

The aim of this Special Issue is to produce a rich collection of research, articles, and opinions for clinicians, academics, and policymakers in the field of children’s wellbeing. Contributions involving all aspects of this topic will be welcomed.

I look forward to receiving your contributions.



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Special Issue