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Body Image and Mental Health in Childhood and Adolescence in the Digital Age

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Message from the Guest Editor

Currently, mental health in childhood and adolescence is a topic of interest for all social institutions, transcending the borders of all nations. Body image is a common and critical denominator in multiple problems that require an urgent approach. Globalization, the rise of social networks, and the omnipresent pressure to meet unrealistic beauty standards have generated a worrying phenomenon on a global level: children and adolescents who feel frustrated and disappointed with their bodies.

This Special Issue aims to address the construction of body image and its influence on mental health in the early stages of life (childhood and adolescence). Its global relevance and impact on the sustainable personal development of children and adolescents make this topic an essential contribution for scientists, health professionals, educators, and parents interested in your well-being in an increasingly digital world focused on appearance. These issues' relevance to our global society's sustainable future cannot be underestimated. This particular topic offers a multidisciplinary approach that seeks to effectively understand and address these challenges.



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Special Issue