



Family-Based Treatment Approaches in Child and Adolescent Mental Health Services

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Message from the Guest Editors

Research on mental health and well-being has focused on the mental health of individuals. However, for most individuals, and especially for children and adolescents, mental health and well-being are familial in nature. Parents and caregivers shape the mental health of children via family routines and modes of interaction. To advance the understanding and promotion of mental health in children and adolescents, the field needs to develop family-based clinical approaches. These new approaches require paradigm shifts in models of treatment delivery within health systems that are designed to treat individuals, not families. Additionally, family-based approaches can be developed in ways that are responsive to the needs of different cultural groups, and have the potential to improve participation and outcomes for racial, ethnic, and cultural groups that are underserved by existing clinical services. Papers seeking to explore, innovate, and elevate family-based mental health approaches are invited for submission to this Special Issue, especially those that consider cultural and historical contexts and those that focus on BIPOC communities.





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Message from the Editor-in-Chief

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