



Exercise Injury and Rehabilitation

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Deadline for manuscript
submissions:

closed (30 May 2024)

Message from the Guest Editors

Dear Colleagues,

Sports injuries are a limiting factor of sports performance in elite athletes. However, little is known about the mechanisms contributing to muscle injuries and their correlation with exercise type. Moreover, there is a lack of understanding regarding the interactions between muscle injuries, exercise, and injury prevention strategies.

For this Special Issue, we are particularly interested in original and review articles exploring new/under-studied aspects of muscle injuries, injury prevention programs, and the association between them. We welcome conceptual and practical insights that can inform injury prevention interventions.

We intend to achieve an updated and comprehensive picture of muscle injury prevalence and prevention programs across diverse, challenging contexts.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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