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Nutritional and Dietary Approaches to Diabetes

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Message from the Guest Editors

This Special Issue, entitled “Nutritional and Dietary Approaches to Diabetes”, will explore the impact of dietary modifications for the prevention and management of diabetes mellitus and the effect of nutrition and lifestyle on the disease progression and its complications. The aim of this Special Issue is to illuminate the role of diet and nutrition, including the factors of adherence, food, and nutrients’ role in diabetes mellitus, intervention strategies, dietary patterns, and lifestyle modifications in the overall course of metabolic alterations in diabetes mellitus.

Through this Special Issue, we hope to provide health care professionals and scientists with updated information on new diet-related approaches and their effect on diabetes with supporting evidence.

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Special Issue



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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