

Tabel S5. Evolution of mobility and disability parameters.

	Oswestry Index - AVG(SD)			FFDI- AVG(SD)		
	T1-T2	T2-T3	T1-T3	T1-T2	T2-T3	T1-T3
G1 Group	36.17±9.73	26.09±9.98	18.49±8.43	25.21±1.98	15.49±0.74	8.12±0.54
G2 Group	38.21±7.21	31.05±7.35	24.41±7.21	23.84±0.94	21.27±1.21	19.43±2.18