

Citation	Assessment of relevancy	Assessment of reliability	Assessment of Validity	Assessment of applicability
Althumairi et al. (2021)	YES	YES	YES	YES
Chang et al. (2022)	YES	YES	YES	YES
(Ellerton et al., 2020)	YES	YES	YES	N/A Study is a protocol for a feasibility study, the actual study has yet to be published
(Gibson et al., 2022)	YES	YES	YES	YES
(Herrera et al., 2022)	YES	YES	YES	N/A Study is a protocol for a feasibility study, the actual study has yet to be published
(Lim et al., 2021)	YES	YES	YES	N/A Study is a protocol for a feasibility study, the actual study has yet to be published
(Lundin et al., 2022)	YES	YES	YES	YES
(Navarro-Haro et al., 2019)	YES	YES	YES	YES
(Palomo & Rodrigues de Oliveira, 2018)	YES	YES	YES	N/A Study is a protocol for a feasibility study, the actual study has yet to be published
(Tan et al., 2022)	YES	YES	YES	YES
(Wong et al., 2021)	YES	YES	YES	YES