



Health and Well-Being among Older Adults: Current Trends and Future Challenges

Guest Editors:

Dr. Paulo Santos-Costa

Nursing Research, Innovation
and Development Centre of
Lisbon (CIDNUR), Nursing in
Lisbon (ESEL), 1600-190 Lisbon,
Portugal

Dr. Manuela Vilar

Faculty of Psychology and
Education Sciences, University of
Coimbra, 3000-115 Coimbra,
Portugal

Dr. Liliana B. Sousa

Health Sciences Research Unit:
Nursing (UICISA: E), Nursing
School of Coimbra (ESENfC),
3000-232 Coimbra, Portugal

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Message from the Guest Editors

Dear Colleagues,

As the global population continues to age, the complexities surrounding the health and well-being of older adults become increasingly significant. This Special Issue of the *European Journal of Investigation in Health, Psychology and Education* explores the physical, mental, cultural, and social dimensions of health among older adults, aiming to contribute valuable insights to the ongoing discourse in gerontogeriatrics and related fields.

Authors are invited to submit original research articles, reviews, and opinion pieces that align with the themes of this Special Issue. We particularly welcome studies that explore the topic in light of the 17 Sustainable Development Goals (SDGs) proposed in the 2030 Agenda for Sustainable Development. More specifically, authors should consider submitting articles on the following topics:

- Physical Resilience and Aging
- Mental Health in Later Life
- Social and Cultural Connectedness
- Healthcare Innovations for Aging Populations
- Cultural and Ethical Perspectives on Aging





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Editors-in-Chief

**Dr. José Jesús Gázquez
Linares**

1. Department of Psychology,
Universidad de Almería, Calle
Universidad de Almería, 04120
Almería, Spain
2. Universidad Autónoma de
Chile, Av. Pedro de Valdivia 425,
Providencia, Región
Metropolitana, Chile

**Dr. María del Carmen Pérez-
Fuentes**

Department of Psychology,
Universidad de Almería, Almería,
Andalucía, Spain

Message from the Editorial Board

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*European Journal of Investigation in
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Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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