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Connection between Microbiome, Lifestyle and Diet

Collection Editors:

Dr. Eva Untersmayr

Institute of Pathophysiology and
Allergy Research, Center for
Pathophysiology, Infectiology
and Immunology, Medical
University of Vienna, A-1090
Vienna, Austria

Dr. Peter M. Abuja

D&R Institute of Pathology,
Medical University of Graz,
MedCampus, A-8010 Graz, Austria

Message from the Collection Editors

Over the past 10 years, microbiome research has yielded tremendous insights into the composition of the gut microbiome and has identified possible associations between the gut microbiome and several nutrition- and/or lifestyle-related diseases. A growing body of evidence suggests that the intestinal microbiome modulates the risk of several chronic diseases. Dietary habits and nutrient composition influence the chronic disease risk and modulate the composition and function of the gut microbiome. However, detailed knowledge on the relationship between the diet, the microbiome, and chronic disease risk is still limited. Many confounding factors influence the associations of the gut microbiome with disease and require large study groups to determine a more direct relation. Through this Special Issue, we aim to provide a collection of authoritative updates on the association between health, nutrition and the body's microbiota, which represents a rapidly developing field, addressing the topic from multiple aspects and involving scientists specialized in different fields of health- or disease-associated microbiology, immunology and nutrition research.



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Topical Collection



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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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