

Abstract

Porous Materials as Platforms for the Delivery of Polyphenols †

Denisa Ficai ^{1,2,3,*}, Ludmila Motelica ^{1,3}, Gabriela Petrisor ^{3,4}, Irina Fierascu ⁵, Radu Claudiu Fierascu ⁵, Anton Ficai ^{2,3,4} and Coralia Bleotu ⁶

¹ Department of Inorganic Chemistry, Physical Chemistry and Electrochemistry, Faculty of Applied Chemistry and Materials Science, University POLITEHNICA of Bucharest, Gh Polizu 1-7, 060042 Bucharest, Romania; motelica_ludmila@yahoo.com

² National Research Center for Food Safety, University POLITEHNICA of Bucharest, Spl. Independentei 313, 060042 Bucharest, Romania; anton_ficai81@yahoo.com

³ National Centre of Micro and Nanomaterials, University POLITEHNICA of Bucharest, Spl. Independentei 313, 060042 Bucharest, Romania; gabriela.petrisor06@yahoo.com

⁴ Department of Science and Engineering of Oxide Materials and Nanomaterials, Faculty of Applied Chemistry and Materials Science, University POLITEHNICA of Bucharest, Gh Polizu 1-7, 060042 Bucharest, Romania

⁵ National Institute for Research & Development in Chemistry and Petrochemistry—ICECHIM, Spl. Independentei 202, 060021 Bucharest, Romania; dumitriu.irina@yahoo.com (I.F.); radu_claudiu_fierascu@yahoo.com (R.C.F.)

⁶ Department of Cellular and Molecular Pathology, Stefan S. Nicolau Institute of Virology, 285 Mihai Bravu Avenue, 030304 Bucharest, Romania; coralia.bleotu@gmail.com

* Correspondence: denisaficai@yahoo.ro

† Presented at the 17th International Symposium “Priorities of Chemistry for a Sustainable Development” PRIOCHEM, Bucharest, Romania, 27–29 October 2021.

Keywords: mesoporous materials; drug delivery; polyphenols; dysbiosis



Citation: Ficai, D.; Motelica, L.; Petrisor, G.; Fierascu, I.; Fierascu, R.C.; Ficai, A.; Bleotu, C. Porous Materials as Platforms for the Delivery of Polyphenols. *Chem. Proc.* **2022**, *7*, 77. <https://doi.org/10.3390/chemproc2022007077>

Academic Editors: Mihaela Doni, Florin Oancea and Zina Vuluga

Published: 12 May 2022

Publisher’s Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

Drug delivery systems are intensively studied for a wide range of biomedical applications [1–3]. A special class of materials is related to porous materials, which have the ability to host and release biological active agents (BAAs). The release of biological active agents can be tuned according to needs. Mesoporous silica has a history of about 30 years and can be used for the release of a wide range of BAAs. The release is dependent on the size of the pores and can be further tuned based on the surface functionalization [4].

Starting from the advantages of the mesoporous silica supports, innovative drug delivery systems can be developed in order to obtain controlled, targeted drug delivery systems that are able to maintain the therapeutic needs of the BAAs (Figure 1). In this work, several examples of drug delivery systems based on mesoporous silica and different polyphenols will be discussed, highlighting the potential of their use in the treatment of different diseases, and especially, in the treatment of dysbiosis.

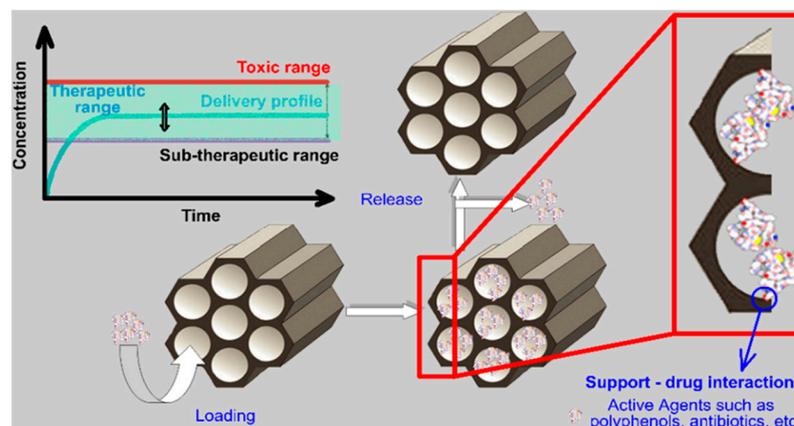


Figure 1. Mesoporous silica-based drug delivery system for the treatment of dysbiosis.

Author Contributions: Conceptualization, D.F., I.F., and A.F.; Methodology, D.F., L.M. and G.P.; Writing—Original Draft Preparation, L.M. and G.P.; Writing—Review & Editing, R.C.F., A.F. and C.B.; Supervision, R.C.F., A.F. and C.B.; Project Administration, D.F., I.F. and C.B. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by a grant from the Romanian National Authority for Scientific Research and Innovation, CNCS/CCCDI—UEFISCDI, project No. PN-III-P2-2.1-PED-2019-4018, contract 524PED/2020, within PNCDI III. Additionally, UPB is part of the COST action CA_20126: Network for research, innovation and product development on porous semiconductors and oxides 220/2020, and project number PN-III-P2-2.1-PED-2019-3166, contract 299PED/2020, within PNCDI III.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Sonmez, M.; Fikai, D.; Fikai, A.; Alexandrescu, L.; Georgescu, M.; Trusca, R.; Gurau, G.; Titu, M.A.; Andronescu, E. Applications of mesoporous silica in biosensing and controlled release of insulin. *Int. J. Pharmaceut.* **2018**, *549*, 179–200. [[CrossRef](#)] [[PubMed](#)]
2. Popescu, S.; Ardelean, I.L.; Gudovan, D.; Radulescu, M.; Fikai, D.; Fikai, A.; Vasile, B.S.; Andronescu, E. Multifunctional materials such as MCM-41/Fe₃O₄/folic acid as drug delivery system. *Rom. J. Morphol. Embryol.* **2016**, *57*, 483–489. [[PubMed](#)]
3. Gunduz, O.; Yetmez, M.; Sonmez, M.; Georgescu, M.; Alexandrescu, L.; Fikai, A.; Fikai, D.; Andronescu, E. Mesoporous Materials Used in Medicine and Environmental Applications. *Curr. Top. Med. Chem.* **2015**, *15*, 1501–1515. [[CrossRef](#)] [[PubMed](#)]
4. Kresge, C.T.; Leonowicz, M.E.; Roth, W.J.; Vartuli, J.C.; Beck, J.S. Ordered mesoporous molecular sieves synthesized by a liquid-crystal template mechanism. *Nature* **1992**, *359*, 710–712. [[CrossRef](#)]