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Effects of Dietary Fatty Acid on Obesity

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Deadline for manuscript
submissions:

closed (25 March 2024)

Message from the Guest Editor

Dear Colleagues,

There is a close relationship between dietary fat and our body shape, and it is becoming increasingly clear that the composition of dietary fatty acids and the intake of certain functional fatty acids have an impact on obesity and metabolic disorders. In understanding the functions of fatty acids, it is important to clarify their metabolic changes and interactions with biological molecules, and preliminarily, information obtained through comprehensive analysis by metabolomics and lipidomics can also contribute greatly to future research progress. This Special Issue of *Nutrients* entitled “Effects of Dietary Fatty Acid on Obesity” welcomes original research including preliminary studies and reviews of the literature concerning this important topic.

Prof. Dr. Masao Yamasaki
Guest Editor



mdpi.com/si/176103

Special Issue



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Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

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