

Supplemental Table S4. Percent of caloric intake of saturated, monounsaturated, and polyunsaturated fatty acids, stratified by the type of diet. Values are mean \pm standard deviation. P-value < 0.05 is bolded.

	Provided Percent Intake	Reported Percent Intake	p-value
standard diet			
saturated fat (%)	15.6 \pm 4.1	12.7 \pm 3.8	0.06
monounsaturated fat (%)	11.0 \pm 1.0	10.8 \pm 1.8	0.82
polyunsaturated fat (%)	7.4 \pm 1.4	8.2 \pm 1.5	0.18
high carbohydrate diet			
saturated fat (%)	3.8 \pm 1.0	6.2 \pm 0.8	7.80E-07
monounsaturated fat (%)	3.3 \pm 0.6	5.7 \pm 0.8	2.14E-09
polyunsaturated fat (%)	2.4 \pm 0.4	3.5 \pm 0.8	0.0004
high fat diet			
saturated fat (%)	27.7 \pm 1.3	22.7 \pm 3.3	0.0002
monounsaturated fat (%)	18.0 \pm 1.6	16.8 \pm 1.7	0.10
polyunsaturated fat (%)	9.2 \pm 1.6	9.6 \pm 1.7	0.63