



# Article Isolation, Purification and Quantification of Ginsenoside F<sub>5</sub> and F<sub>3</sub> Isomeric Compounds from Crude Extracts of Flower Buds of *Panax ginseng*

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Academic Editor: Christopher W. K. Lam Received: 26 December 2015 ; Accepted: 3 March 2016 ; Published: 9 March 2016

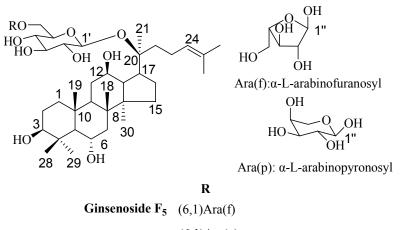
Abstract: In this paper, the isolation, purification and quantification of ginsenoside  $F_5$  and  $F_3$  isomeric compounds from crude extracts of flower buds of *Panax ginseng* (CEFBPG) was investigated by reversed-phase high-performance liquid chromatography (RP-HPLC) for the first time. The satisfied separation at analytical scale was achieved using a Zorbax Eclipse XDB C-18 column with a ternary mobile phase of acetonitrile–water–phosphoric acid (28:71:1) at a flow rate of 1.0 mL/min within 40 min. UV detection was set at 203 nm. Ginsenoside  $F_5$  and  $F_3$  was 4.21 mg and 5.13 mg in 1 g flower buds of *P. ginseng* (FBPG), respectively. The preparation of ginsenoside  $F_5$  and  $F_3$  at semi-preparative scale was performed by using a Daisogel C-18 column and gradient elution system of acetonitrile–water (32:68  $\rightarrow$  28:72) at a flow rate of 10 mL/min with a sample load of 20–30 mg, and yielded ginsenosides in purity of more than 96%. Their structures were characterized by NMR and high resolution electrospray ionization mass spectrometry (HRESIMS). All the method validations showed acceptable limits. The results indicate a new source to obtain ginsenoside  $F_5$  and  $F_3$ , and show that the method developed here appears to be reliable for simultaneously preparing them from CEFBPG.

Keywords: ginsenoside F<sub>5</sub>; ginsenoside F<sub>3</sub>; isomer; purification; quantification

# 1. Introduction

Panax ginseng (PG) C. A. Meyer, one of the ancient and famous herbal roots in China, has been used as a tonic and for the treatment of various diseases [1–6]. Biologically active constituents have been pursued extensively from the different parts of PG including roots, stems, leaves, berries and flowers, and many dammarane-type triterpene oligoglycosides have been identified as the principal ingredients [7–9]. Recently, the saponins in the flower buds of P. ginseng (FBPG) have been reported including various dammarane-type saponins, the same as in ginsenoside roots, even several new active compounds [10–12]. Ginseng flowers has been recorded to strengthen body, tonify Qi, and delay the process of aging in many Chinese medical literatures such as "Zhong Hua Ben Cao" and "Chinese Herbal Medicine". Therefore, ginseng flowers could also function as a supplementary source of pharmacologically active ginsenosides [13]. However, PG often blossoms only a flower on a plant after three or four years of growing, and the flowers were much more precious than the leaves, even though both were renewable resources. Amazingly, quantitative analysis showed that the total saponins in flowers was about three times higher than roots, and some specific ginsenosides were even ten times higher, such as ginsenoside Re and Rd [14]. The amount of total saponins in FBPG was 5%–7% [15], much higher than the roots and leaves, so it was an ideal source for obtaining the specific and pure ginsenoside compounds.

Among the saponins of PG, the structure of ginsenoside  $F_5$  and  $F_3$  (Figure 1) was very similar, they were two isomeric compounds. The only difference was the configuration of the C-20 arabinosyl-(1 $\rightarrow$ 6)- $\beta$ -D-glucopyranosyl; in ginsenoside  $F_5$  it was arabinofuranosyl, while in ginsenoside  $F_3$  it was arabinopyronosyl. According to the literature, ginsenoside  $F_5$  and  $F_3$  have been only found in the leaves of PG as minor ginsenoside [16], and this might partly affect the further scientific research. The reported activity studies showed that ginsenoside  $F_5$  remarkably inhibited the growth of HL-60 cells by the apoptosis pathway [12], and ginsenoside  $F_3$  had immunoenhancing activity by regulating productions and gene expressions of type 1 cytokines and type 2 cytokines in murine spleen cells [17]. However, if the two ginsenosides could be obtained easily and in high-quality, we might find new biological activities and their utility values would be increased.



Ginsenoside  $F_3$  (6,1)Ara(p)

Figure 1. Chemical structures of ginsenoside F<sub>5</sub> and F<sub>3</sub>.

The analytical approaches, including HPLC/UV [18], HPLC/evaporative light scattering detector (ELSD) [19] and LC-MS [20,21], have been developed to separate and identify ginsenosides of PG. Up to now, many efforts have been made to analyze the active saponins in PG, while studies on the preparation and quantification of the isomeric ginsenosides from crude extracts of flower buds of *P. ginseng* (CEFBPG) was rarely reported, and there were no publications on the isolation and preparation of ginsenoside  $F_5$  and  $F_3$  simultaneously. Moreover, producing highly pure saponins was beneficial to carrying out structure-activity relationship and other pharmaceutical studies.

Based on the above description, in this work, two isomeric compounds ginsenoside  $F_5$  and  $F_3$  were isolated from CEFBPG for the first time. We developed a specific RP-HPLC/UV method to prepare highly pure ginsenoside  $F_5$  and  $F_3$  from CEFBPG and determined their contents. The influences of several chromatographic conditions on the analysis and preparation were optimized. Chemical structure was characterized by NMR and electrospray ionization mass spectrometry (ESI-MS). The method validation was comprehensively performed including linearity, precision, recovery, limits of detection (LOD) and limits of quantification (LOQ).

## 2. Results and Discussion

# 2.1. Optimization of Analytical Method

#### 2.1.1. Influence of Mobile Phase Composition

Optimization of mobile phase composition in HPLC is investigated first, because this parameter plays a key role in resolution and sensitivity. In this section, the influence of mobile phase on separation effect was analysed in five different compositions: acetonitrile–water (30:70, v/v), acetonitrile–water–phosphoric acid (30:69:1), acetonitrile–water–phosphoric acid

(28:71:1), methanol–water (60:40), methanol–water–phosphoric acid (60:39:1), as shown in Figure 2, Figures S1, S2, S7 and S8. Three determinations (n = 3) were carried out for each composition. The best separation was obtained with the ternary system of acetonitrile–water–phosphoric acid. The addition of phosphoric acid in mobile phase can help separation due to the presence of flavonoids in the CEFBPG, while a small amount of H<sub>3</sub>PO<sub>4</sub> could reduce the ionization and lower the polarity of these compounds.

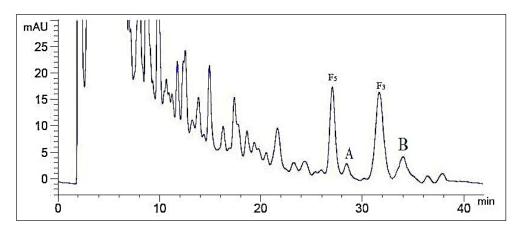


Figure 2. The chromatogram of CEFBPG (acetonitrile:water:phosphoric acid = 28:71:1).

#### 2.1.2. Influence of Volume Ratios of Mobile Phase

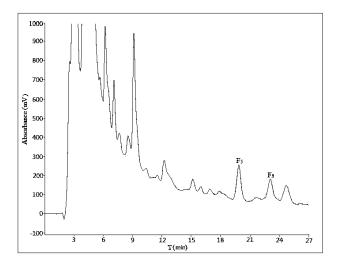
Different volume ratios of acetonitrile–water–phosphoric acid (30:69:1, 30:69.5:0.5, 28:71:1, 28:71.5:0.5, 27:72:1) were assayed (n = 3) in order to achieve maximum sensitivity (Figure 2 and Figures S2–S6). A satisfactory separation was obtained with a mobile phase composed of acetonitrile–water–phosphoric acid (28:71:1). Increasing the increment of acetonitrile ratio to more than 28% led to overlappings of ginsenoside F<sub>5</sub> and A, as well as ginsenoside F<sub>3</sub> and B (compounds A and B were unknown). For lower acetonitrile ratio, the separation would take longer retention time. The typical chromatogram of the HPLC method was illustrated in Figure 2, which exhibited separation of ginsenoside F<sub>5</sub>, F<sub>3</sub> and their adjacent compounds well.

#### 2.2. Optimization of Semi-Preparative Method

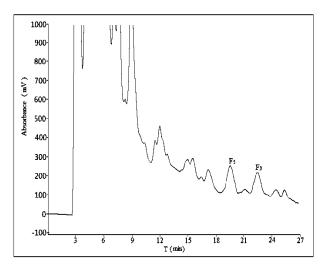
From the results of analytical chromatography, the separation process was scaled up to preparative-scale chromatography. In this section, the preparative method was optimized for various parameters such as composition and volume ratios of mobile phase, flow rate, sample load. Three determinations (n = 3) were carried out for each solution. The eluent of ginsenoside  $F_5$  and  $F_3$  was collected over the period of each retention time for about 2 min.

## 2.2.1. Optimization of Composition of Mobile Phase

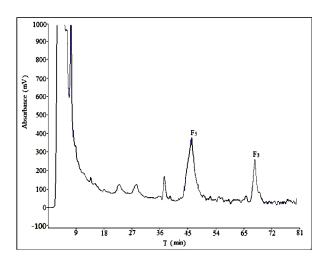
Three different compositions of mobile phase (acetonitrile:water = 28:72, acetonitrile:water: phosphoric acid = 28:71:1, methanol:water = 58:42) were tested at a flow rate of 10 mL/min with a sample load of 30 mg at room temperature. In Figures 3 and 4 there was no obvious difference in separation effect whether the mobile phase was with or without phosphoric acid. In addition, in Figure 5, which used methanol–water as the mobile phase, the separation effect was very poor. Considering the shorter retention time and simplicity of the composition of mobile phase, we used a binary system of acetonitrile and water to achieve the best resolution.



**Figure 3.** The semi-preparative chromatogram of CEFBPG with the mobile phase of acetonitrile:water (28:72) at room temperature and a flow rate of 10 mL/min.

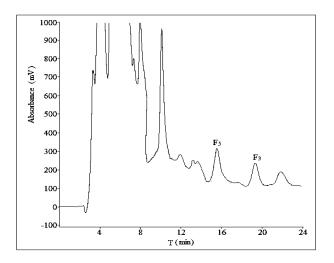


**Figure 4.** The semi-preparative chromatogram of CEFBPG with the mobile phase of acetonitrile: water:phosphoric acid (28:71:1) at room temperature and a flow rate of 10 mL/min.



**Figure 5.** The semi-preparative chromatogram of CEFBPG with the mobile phase of methanol:water (58:42) at room temperature and a flow rate of 10 mL/min.

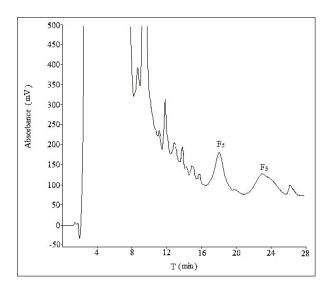
An ideal flow rate of mobile phase can improve an effective separation and suitable retention time. As shown in Figures 3 and 6 two different flow rates were tested (10 and 15 mL/min) with a mobile phase composed of acetonitrile and water. The higher flow rate generated a poorer separation effect of ginsenoside  $F_5$  and the unknown compound A, so the optimal flow rate was 10 mL/min.



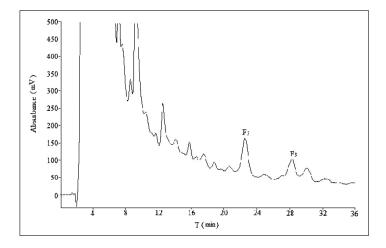
**Figure 6.** The semi-preparative chromatogram of CEFBPG with the mobile phase of acetonitrile:water (28:72) at room temperature and a flow rate of 15 mL/min.

## 2.2.3. Optimization of Volume Ratios of Mobile Phase

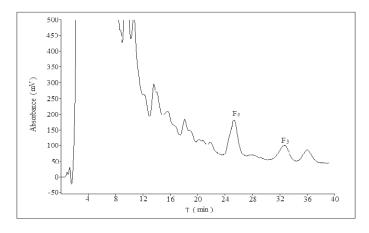
The volume ratios of the mobile phase play a key role in separation of ginsenosides in semi-preparative HPLC. Different volume ratios of acetonitrile:water 28:72; 32:68; 32:68  $\rightarrow$  28:72 (0 min 28:72, 15 min 28:72); 32:68  $\rightarrow$  28:72 (0 min 32:68, 10 min 28:72) were investigated at a flow rate of 10 mL/min (Figures 3 and 7–9). The results shown in Table 1 indicated that the separation varied among four different volume ratios of mobile phase, especially for ginsenoside F<sub>3</sub>. A satisfactory separation was achieved with a gradient of acetonitrile–water (0 min 32:68, 10 min 28:72).



**Figure 7.** The semi-preparative chromatogram of CEFBPG with the mobile phase of acetonitrile:water (32:68) at room temperature and a flow rate of 10 mL/min.



**Figure 8.** The semi-preparative chromatogram of CEFBPG with the mobile phase of acetonitrile:water  $32:68 \rightarrow 28:72$  (15 min) at room temperature and a flow rate of 10 mL/min.



**Figure 9.** The semi-preparative chromatogram of CEFBPG with the mobile phase of acetonitrile:water  $32:68 \rightarrow 28:72 (10 \text{ min})$  at room temperature and a flow rate of 10 mL/min.

<b>Table 1.</b> The influence of the volume ratios of mobile phase on the separation effect of crude extracts of
flower buds of <i>P. ginseng</i> (CEFBPG).

Test No.	Volume Ratios of Moble Phase (Acetonitrile–Water) ( <i>n</i> = 3)	Peak Purity of Ginsenoside F <sub>5</sub> (%) <sup>a,b</sup>	RSD (%) (Ginsenoside F <sub>5</sub> )	Peak Purity of Ginsenoside F <sub>3</sub> (%) <sup>a,b</sup>	RSD (%) (Ginsenoside F <sub>3</sub> )
1	28:72	$96.55 \pm 1.18$	1.22	$94.69 \pm 1.25$	1.32
2	32:68	$96.19 \pm 1.35$	1.41	$90.47 \pm 2.45$	2.71
3	$32:68 \rightarrow 28:72 \ (15 \ min)$	$95.87 \pm 0.87$	0.91	$94.09 \pm 1.02$	1.08
4	$32:68 \rightarrow 28:72 (10 \text{ min})$	$96.96 \pm 1.04$	1.08	$97.18 \pm 1.27$	1.30

<sup>a</sup> Peak purity: calculated by the peak area normalization method; <sup>b</sup> Results of peak purity are the means  $\pm$  SD of four independent experiments performed in triplicate.

## 2.2.4. Optimization of Sample Load

The effect of sample load was tested in the range from 10 to 50 mg at a flow rate of 10 mL/min using an acetonitrile–water system ( $32:68 \rightarrow 28:72$ ; 0 min 32:68, 10 min 28:72). The results shown in Table 2 indicated that the separation varied among different sample loads. Increasing the increment of the sample load from 10 to 30 mg resulted in little influence on the purity of ginsenoside F<sub>5</sub> and F<sub>3</sub>. However, when the sample load was more than 30 mg, the purity of ginsenosides decreased markedly. The best separation was achieved at 20–30 mg, in which the semi-preparative chromatography gave a good purity and yielded relatively large amounts of ginsenosides.

Sample Load (mg)	Peak Purity of Ginsenoside F <sub>5</sub> (%) <sup>a,b</sup>	RSD (%) (Ginsenoside F <sub>5</sub> )	Peak Purity of Ginsenoside F <sub>3</sub> (%) <sup>a,b</sup>	RSD (%) (Ginsenoside F <sub>3</sub> )
10.2	$97.18 \pm 1.64$	1.68	$97.55 \pm 2.11$	2.16
15.6	$96.50 \pm 1.22$	1.27	$98.20 \pm 1.38$	1.40
18.4	$97.21 \pm 0.85$	0.87	$97.42 \pm 1.94$	1.99
21.1	$96.88 \pm 1.79$	1.85	$97.29 \pm 0.92$	0.95
28.8	$97.43 \pm 2.15$	2.21	$97.12 \pm 0.89$	0.92
30.5	$96.14 \pm 1.81$	1.89	$96.88 \pm 1.55$	1.59
32.8	$95.26 \pm 2.84$	2.98	$94.84 \pm 1.05$	1.11
43.5	$93.17 \pm 1.36$	1.46	$92.90 \pm 1.56$	1.68

Table 2. The influence of the sample load on the separation effect of CEFBPG.

<sup>a</sup> Peak purity: calculated by the peak area normalization method; <sup>b</sup> Results of peak purity are the means  $\pm$  SD of eight independent experiments performed in triplicate.

## 2.3. Elucidation of Chemical Structures

Structures of ginsenoside  $F_5$  and  $F_3$  were confirmed by modern spectroscopic techniques, including NMR and MS. The NMR data were elucidated by comparing with those reported [22,23]. <sup>13</sup>C-NMR data was shown in Table 3. The <sup>1</sup>H-, <sup>13</sup>C-NMR and MS spectra were shown in Supplementary Materials.

No.	Ginsenoside $F_5$	Ginsenoside F <sub>3</sub>	No.	Ginsenoside F <sub>5</sub>	Ginsenoside F <sub>3</sub>
1	39.4	39.5	22	36.2	36.3
2	28.2	28.2	23	23.2	23.3
3	78.6	78.6	24	126.1	126.0
4	40.4	40.4	25	131.1	131.3
5	61.8	61.8	26	25.8	25.9
6	67.8	67.9	27	17.9	18.0
7	47.5	47.5	28	32.0	32.1
8	41.3	41.3	29	16.5	16.6
9	50.0	50.0	30	17.5	17.7
10	39.4	39.5	1'	98.1	98.2
11	30.8	30.9	2′	75.1	75.0
12	70.3	70.4	3'	79.3	79.2
13	49.1	49.2	4'	72.2	72.2
14	51.4	51.5	5'	76.6	76.8
15	30.9	30.9	6'	68.6	69.3
16	26.7	26.8	$1^{\prime\prime}$	110.2	104.7
17	51.7	51.8	2′′	83.4	71.9
18	17.7	18.0	3''	78.9	74.2
19	17.5	17.5	$4^{\prime\prime}$	86.1	68.6
20	83.3	83.6	5''	62.7	65.7
21	22.4	22.4			

**Table 3.** <sup>13</sup>C-NMR data of ginsenoside F<sub>5</sub> and F<sub>3</sub> in pyridine-*d*<sub>5</sub>.

#### 2.4. Method Validation

## 2.4.1. Range and Linearity

Six concentrations of ginsenoside  $F_5$  and  $F_3$  methanol solution were injected in triplicate, and then the calibration curve was constructed by plotting the peak areas *versus* the concentration of each analyte. The calibration curves were y = 2650.5x + 29.279 for  $F_5$  and y = 1975.1x - 24.909 for  $F_3$ , which showed good linear regression ( $R^2 = 0.9994$  for  $F_5$  and  $R^2 = 0.9999$  for  $F_3$ ) within 0.1–1.0 mg/mL.

#### 2.4.2. Accuracy and Precision

Accuracy and precision of the method were determined by analyzing two different concentrations (0.2, 0.4 mg/mL) within the calibration range and each concentration three times (n = 3). Accurate amounts of standard ginsenosides were added to an accurately weighed portion of FBPG and then prepared and analyzed as described above. The average recoveries were shown in Table 4, and both had an excellent accuracy recovery from 96.58% to 101.32% (n = 3) and an acceptable relative standard deviation (RSD) limits (<3%) for the analytes. The intra- and inter-day variability were evaluated for the precision of the method, the overall intra- and inter-day variations were less than 5%. These data demonstrated the acceptable precision of the method.

Ginsenosides	Original (µg)	Spiked (µg)	Found (µg) (Mean $\pm$ SD)	Recovery (%) <sup>a</sup>	RSD (%)
F <sub>5</sub>	210.6	200	$405.9\pm3.70$	97.10	1.04
		400	$596.6 \pm 3.36$	96.58	0.84
Г	252.4	200	$452.2\pm4.46$	99.91	2.23
F <sub>3</sub>		400	$657.6 \pm 4.38$	101.32	1.09

**Table 4.** Recovery of ginsenoside  $F_5$  and  $F_3$  (n = 3).

<sup>a</sup> Recovery (%) =  $100 \times (\text{amount found} - \text{original amount})/\text{amount spiked}$ .

## 2.4.3. Sensitivity

LOD and LOQ were used to represent the sensitivity of the method. The diluted standard solutions of ginsenoside  $F_5$  and  $F_3$  were further diluted with methanol to give a series of concentrations until signal-to-noise (S/N) ratio reached about three for determining the LOD, and S/N ratio was about 10 for determining the LOQ. In the method, the LOD and LOQ were determined to be 0.021 mg/mL and 0.052 mg/mL for ginsenoside  $F_5$ , 0.011 mg/mL and 0.042 mg/mL for ginsenoside  $F_3$ , respectively, indicating the method was extremely sensitive.

## 2.5. Quantitative Analysis of Ginsnoside F<sub>5</sub> and F<sub>3</sub> in FBPG

Two grams of FBPG sample was extracted in triplicate by reflux treatment with methanol (each 20 mL, w/v = 1:10). After the extracts was partitioned with dichloromethane and ethyl acetate, the unextracted residue was concentrated and dissolved in methanol with a 10 mL volumetric flask, then filtered through a 0.45 µm syringe filter, and it was ready for HPLC analysis. Each solution was analyzed three times, the content of ginsenoside F<sub>5</sub> and F<sub>3</sub> from Tonghua County was (4.21 ± 0.04) mg and (5.13 ± 0.03) mg in 1 g FBPG (*n* = 9), respectively.

# 2.6. Discussion

The reported methods of extraction and purification of ginsenosides  $F_5$  and  $F_3$  usually use aqueous ethanol or aqueous methanol as the extraction solvent, then followed by reverse-phase polystyrene gel or ordinary-phase silica gel column chromatography [22–24]. However, the aqueous solvent may lead to the presences of more large polar substances, such as oligoglycosides, polysaccharides and inorganic salt. Ginsenosides  $F_5$  and  $F_3$  are compounds with medium polarity and good solubility in methanol, so they can be extracted relatively completely in methanol with less needless components under this work. Meanwhile, the pre-purification with dichloromethane and ethyl acetate can remove the chemical constituents of low polarity, leading to less disturbances to the separation, thus this procedure can also provide simplified ways of purification. The similar method of pre-purification for ginsnosides can be seen in the studies of Kwon *et al.* [25] and Gu *et al.* [26]. In another study carried out by Magiera *et al.* [27], ginsenoside Re was separated and purified from ginseng bud by selective adsorption of active carbon before preparative HPLC. Although the adsorption ability of ginsenoside Re by active carbon is much weaker than any other kind of ginsenosides, there is more or less adsorbance for ginsenoside Re. In contrast, in our work made by the extraction with dichloromethane and ethyl acetate, there was no loss since ginsenosides  $F_5$  and  $F_3$  did not dissolve in the two solvents. The other applied pretreatment methods such as solid phase extraction [28,29] and centrifugation [30,31] were also adaptable to ginsenosides, but they were not very suitable for the large scale of ginsenoside preparation.

We used two different methods for the separation of ginsenosides  $F_5$  and  $F_3$  in analytical and semi-preparative experiments. The method of semi-preparation was derived from the improvement of analytical methods. Due to the different chromatographic column used and the large sample loads in semi-preparative experiments, a gradient elution of acetonitrile-water could obtain a satisfactory separation with shorter retention time. As to the addition of phosphoric acid to the mobile phase, it showed no obvious difference in the separation effect of semi-preparative experiments (Figures 3 and 4), so the optimization result of composition of mobile phase was performed without phosphoric acid. The volume ratios of acetonitrile in mobile phase played an important role in the separation effect of the two ginsenosides, and it should be no more than 28% (Figure 7 and Figures S1–S3). In the reported study on the purification of ginsenoside Re from ginseng bud [27], the volume ratios of acetonitrile in mobile phase was also one of the important influence factors for the separation conditions.

The time-saving and decrease in the total consumption of mobile phase implies a reduction in analysis cost. Compared with the preparative HPLC/UV for ginsenoside Re [27] and the semi-preparative HPLC/ELSD for ginsenosides  $Rb_3$  and Rc [32], our semi-preparative HPLC/UV method offered a threefold decrease in retention time.

Based on the extraction of FBPG with methanol and followed by the solvent extraction with dichloromethane and ethyl acetate, we obtained an efficient performance by the validated semi-preparative HPLC method, as it achieved the separation and purification of two isomeric compounds ginsenoside  $F_5$  and  $F_3$  and got high-quality monomers.

## 3. Materials and Methods

#### 3.1. Reagents, Materials and Preparation of CEFBPG

The FBPG were collected at Tonghua County (Jilin, China) in 2014 and were taxonomically identified by one of us (Xiao-Jie Gong). The air-dried material (2.5 kg) was powdered in a pulverizer (XS-10B, Longxin, China) and passed through an 80 mesh sieve. The extraction of saponins from the flower buds of PG was performed three times by reflux treatment with methanol (each 25 L, w/v = 1:10). The extracts were combined and concentrated to small volume (3 L), which was partitioned with dichloromethane and ethyl acetate in sequence. Then, the unextracted residue residue was concentrated and the CEFBPG was obtained. The reference standards ginsenoside F<sub>3</sub> and F<sub>5</sub> were purchased from National Institutes for Food and Drug Control. All reagents were of chromatographic grade, except the phosphoric acid, which was of analytical grade.

## 3.2. Chromatographic Analysis

The analytical HPLC system was an Agilent Series 1260 (Agilent Technologies, Santa Clara, CA, USA) liquid chromatography system, equipped with a vacuum degasser, a quaternary pump, a column oven, a 7125i Reodyne Model manual injector with a 20  $\mu$ L loop and a diode array detector (DAD). The chromatographic separation of the compounds was achieved with a Agilent Zorbax Eclipse XDB C-18 (5  $\mu$ m; 4.6 mm i.d.  $\times$  250 mm, St. Louis, MO, USA) column. UV detection of samples was performed at a wavelength of 203 nm with a flow rate of 1.0 mL/min.

The semi-preparative HPLC was performed on a CXTH HPLC system (Chuang Xin Tong Heng Sci. Technol. Co. Ltd., Beijing, China) equipped with two P3050 pumps, a UV-3000 ultraviolet-visible detector (Chuang Xin Tong Heng Sci. Technol. Co. Ltd., Beijing, China), and a 7125i Reodyne Model manual injector with a 5 mL loop, using a Daisogel C-18 column (5  $\mu$ m, 20 mm i.d.  $\times$  250 mm,

Mcirowants, Suzhou, China). The data acquisition system was CXTH-3000 chromatography workstation (Chuang Xin Tong Heng Sci. Technol. Co. Ltd., Beijing, China).

## 3.3. Semi-Preparative Liquid Chromatography Separation

The CEFBPG was dissolved in the mobile phase of semi-preparative liquid chromatography, then filtered through a 0.45  $\mu$ m syringe filter (Whatman, Brentford, Middlesex, UK). The resulted clear yellow solution is directly injected into the column by a 7125i Rheodyne injector. The fractions containing individual ginsenoside were collected respectively, and then combined and concentrated under vacuum. Ginsenoside F<sub>5</sub> and F<sub>3</sub> were finally obtained as white powder.

## 3.4. Structure Characterization of Ginsenosides

The isolated ginsenosides were characterized by NMR and electrospray ionization mass spectrometry (ESI-MS). NMR spectra were measured on a Bruker DRX500 spectrometer (Bruker S.A., Wissembourg, France) with tetramethyl silicane (TMS) as internal standard and pyridine- $d_5$  as the solvent. Chemical shifts are reported in  $\delta$  (ppm). The mass detection was performed on an Orbitrap Elite mass spectrometer (Thermo Scientific, Bremen, Germany) equipped with an ESI source. Melting point was recorded on a X-4 microscopic melting point meter (uncorrected) (Maisiqi High-tech Co. Ltd., Beijing, China).

Ginsenoside F<sub>5</sub>: white powder. m.p.: 186–187 °C. ESI-MS (m/z): 793.4648 [M + Na]<sup>+</sup> (calcd C<sub>41</sub>H<sub>70</sub>O<sub>13</sub>Na 793.4714), 459.3794 [M – GlcAra(f) + H]<sup>+</sup>, 441.3690 [M – GlcAra(f) – H<sub>2</sub>O + H]<sup>+</sup>, 423.3588 [M – GlcAra(f) – 2H<sub>2</sub>O + H]<sup>+</sup>, 405.3487 [M – GlcAra(f) – 3H<sub>2</sub>O + H]<sup>+</sup>, 335.0914 [GlcAra(f) + Na]<sup>+</sup>.

Ginsenoside F<sub>3</sub>: white powder. m.p.: 192–194 °C. ESI-MS (m/z): 793.4674 [M + Na]<sup>+</sup> (calcd C<sub>41</sub>H<sub>70</sub>O<sub>13</sub>Na 793.4714), 459.3810 [M – GlcAra(p) + H]<sup>+</sup>, 441.3704 [M – GlcAra(p) – H<sub>2</sub>O + H]<sup>+</sup>, 423.3600 [M – GlcAra(p) – 2H<sub>2</sub>O + H]<sup>+</sup>, 405.3499 [M – GlcAra(p) – 3H<sub>2</sub>O + H]<sup>+</sup>, 335.0918 [GlcAra(p) + Na]<sup>+</sup>.

# 3.5. Validation

The proposed HPLC method was validated for various parameters such as linearity, range, precision, recovery, LOD and LOQ. Calibration curve with six concentration levels of standard solutions of each compound was constructed in the range of 0.1-1.0 mg/mL (n = 3). Precision was evaluated on both intra- and inter-day by analyzing two standard solutions (0.2, 0.4 mg/mL) within one day and on six different days (n = 6), respectively. Recovery of the method was performed at two different concentrations of 0.2, 0.4 mg/mL. LOD and LOQ were estimated from the plots as 3 and 10 times of the noise level, respectively.

# 4. Conclusions

In this study, a simple and reliable RP-HPLC method has been developed for the separation and quantification of two isomeric compounds ginsenoside  $F_5$  and  $F_3$  in FBPG for the first time. We comprehensively optimized parameters to be in the acceptable limits for the analytical method. Then, the semi-preparative RP-HPLC/UV method was developed on the basis of analytical method and yielded highly pure ginsenoside  $F_5$  and  $F_3$  from CEFBPG for the first time. This suggests that the active ginsenoside  $F_5$  and  $F_3$  could be obtained from FBPG by our extraction and purification method. These results are definitely helpful to expand the source of the two ginsenosides and provide a scientific basis for finding out the components that are responsible for total saponins of FBPG's pharmacological effects.

**Supplementary Materials:** Supplementary materials can be accessed at: http://www.mdpi.com/1420-3049/21/3/315/s1.

Acknowledgments: We are grateful to the Natural Science Foundation of Liaoning Provence (No. 2015020657) and Natural Science Foundation of China (No. 81172949) for financial support.

Author Contributions: Ke-Ke Li and Xiao-Jie Gong designed research and wrote the paper. Fei Xu performed the experiments. All authors read and approved the final manuscript.

Conflicts of Interest: The authors declare no conflict of interest.

# Abbreviations

Crude extracts of flower buds of *Panax ginseng* (CEFBPG); flower buds of *Panax ginseng* (FBPG); high-performance liquid chromatography coupled with ultra violet detector (HPLC/UV); high-performance liquid chromatography coupled with evaporative light scattering detector (HPLC/ELSD); high resolution electrospray ionization mass spectrometry (HR-ESIMS); liquid chromatography coupled to mass spectrometry (LC-MS); limits of detection (LOD); limits of quantification (LOQ); nuclear magnetic resonance (NMR); relative standard deviation (RSD); reversed-phase high-performance liquid chromatography (RP-HPLC); signal-to-noise (S/N).

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Sample Availability: Samples of the compounds ginsenoside F<sub>5</sub> and F<sub>3</sub> are available from the authors.



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