



Review

# Stem Cell Models for Breast and Colon Cancer: Experimental Approach for Drug Discovery

Nitin T. Telang

Cancer Prevention Research Program, Palindrome Liaisons Consultants, Montvale, NJ 07645-1559, USA; ntelang3@gmail.com

**Abstract:** The progression of the early stages of female breast and colon cancer to metastatic disease represents a major cause of mortality in women. Multi-drug chemotherapy and/or pathway selective targeted therapy are notable for their off-target effects and are associated with spontaneous and/or acquired chemotherapy resistance and the emergence of premalignant chemo-resistant cancer-initiating stem cells. The stem cell populations are responsible for the evolution of therapy-resistant metastatic disease. These limitations emphasize an unmet need to develop reliable drug-resistant cancer stem cell models as novel experimental approaches for therapeutic alternatives in drug discovery platforms. Drug-resistant stem cell models for breast and colon cancer subtypes exhibit progressive growth in the presence of cytotoxic chemo-endocrine therapeutics. The resistant cells exhibit upregulated expressions of stem cell-selective cellular and molecular markers. Dietary phytochemicals, nutritional herbs and their constituent bioactive compounds have documented growth inhibitory efficacy for cancer stem cells. The mechanistic leads for the stem cell-targeted efficacy of naturally occurring agents validates the present experimental approaches for new drug discovery as therapeutic alternatives for therapy-resistant breast and colon cancer. The present review provides a systematic discussion of published evidence on (i) conventional/targeted therapy for breast and colon cancer, (ii) cellular and molecular characterization of stem cell models and (iii) validation of the stem cell models as an experimental approach for novel drug discovery of therapeutic alternatives for therapy-resistant cancers.

**Keywords:** breast and colon cancer; cancer stem cells; therapeutic alternatives



**Citation:** Telang, N.T. Stem Cell Models for Breast and Colon Cancer: Experimental Approach for Drug Discovery. *Int. J. Mol. Sci.* **2022**, *23*, 9223. <https://doi.org/10.3390/ijms23169223>

Academic Editors: Eun Ha Choi and Ihn Han

Received: 11 July 2022

Accepted: 9 August 2022

Published: 17 August 2022

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2022 by the author. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

Despite advances in conventional and/or targeted therapy, female breast and colon cancer represent major causes of mortality in women. The American Cancer Society estimated the projected combined incidence of newly diagnosed breast and colon cancers as 333,230 and the number of cancer-related deaths as 68,060 in 2022 [1]. Multi-drug conventional chemotherapy for breast and colon cancer includes the use of several mechanistically distinct cytotoxic pharmacological agents. In contrast, molecularly targeted pathway-selective therapeutics include small molecule inhibitors such as selective estrogen receptor modulators/degraders, cyclin-dependent kinase inhibitors, aromatase inhibitors, non-steroidal anti-inflammatory drugs, selective cyclooxygenase inhibitors and selective ornithine decarboxylase inhibitors for the two organ site cancers [2].

Long-term therapeutic interventions using these pharmacological agents are notable for their off-target effects. In addition, conventional/targeted chemo-endocrine therapy is associated with spontaneous and/or acquired therapy resistance and the emergence of chemo-resistant cancer-initiating premalignant stem cell populations that are at risk for developing metastatic lesions that may be susceptible to natural products [3]. These limitations inherent to current chemo-endocrine therapy emphasize the need to develop reliable stem cell models for breast and colon cancers and to identify efficacious pharmacological agents and natural products that inhibit cancer stem cells.

It is interesting to note that estrogens affect the carcinogenic process in the breast, as well as in the colon. The role of estrogens in breast cancer is well-documented. The natural estrogen estradiol 17- $\beta$  functions as a natural ligand to estrogen receptors  $\alpha$  and  $\beta$  that represent ligand-regulated transcription factors. Genomic signal transduction involves a complex cascade of events culminating with estrogen response element-mediated target gene expression. Estrogen receptor- $\alpha$  (ER- $\alpha$ ) is noted for its growth promoting effects [4]. In contrast, ER- $\beta$ -mediated signal transduction involves a distinct transcriptional activity, leading to the negative regulation of growth in endocrine responsive target cells [5]. However, the role of estrogens in colon cancer is less defined. Published evidence suggests that ERs function as inhibitory modifiers for colon cancer. In the Apc<sup>MIN</sup>/+ model for genetically predisposed colon cancer, a lack of ER- $\alpha$  and ER- $\beta$  accelerates colon carcinogenesis [6]. ER- $\beta$  functions as a negative growth regulator in colon cancer, and several naturally occurring phyto-estrogens function as potent ER- $\beta$  agonists [7,8]. Collectively, this evidence suggests that ER- $\beta$  agonists may function as effective negative growth regulators of breast and colon cancers.

Natural products including dietary phytochemicals, micro-nutrients, nutritional herbs and their constituent bioactive compounds represent relatively nontoxic agents. In traditional Chinese medicine, herbal formulations, prepared mostly from nutritional herbs, have been used to treat cancer patients [9–11]. These natural products, because of their documented long-term human consumption and preclinical growth inhibitory efficacy, may represent testable therapeutic alternatives in treating therapy-resistant breast and colon cancers.

Drug-resistant cancer-initiating stem cells evolve into metastatic phenotypes through multi-step cascades involving the activation of survival pathways and epithelial–mesenchymal transition [12–14]. These aspects of cancer stem cell biology represent a scientifically robust rationale for the drug discovery of novel agents effective against cancer stem cells.

The main objective of the present review is to discuss published evidence relevant to (i) conventional/targeted therapy for breast and colon cancers and their limitations, (ii) cancer stem cell biology and the development of breast and colon cancer stem cell models and (iii) the validation of stem cell-based experimental approaches as a platform for novel drug discovery for therapy-resistant breast and colon cancers.

## 2. Experimental Models

### 2.1. Parental Breast and Colon Cancer Cell Lines

Breast and colon carcinoma-derived established cell lines provide valuable cellular models for clinical cancer subtypes. Human female breast carcinoma-derived cell lines differ in the expression status of hormone receptors and growth factor receptors, and represent valuable cellular models for luminal A, luminal B, HER-2-enriched and triple-negative breast cancer subtypes. Human colon carcinoma-derived cell lines include the HCA-7 model (wild type APC, wild type,  $\beta$ -catenin), the SW480 model (mutant APC, wild type  $\beta$ -catenin) and the HCT-116 model (wild type APC, mutant  $\beta$ -catenin). It is notable that only the HCA-7 model was derived from a female patient, while the other two models were derived from male patients. Colonic epithelial cell lines have been established from female mice that express germline mutations in clinically relevant Apc and DNA mismatch genes [15–18]. These cell lines exhibit hyper-proliferation, accelerated cell-cycle progression, downregulated apoptosis anchorage, independent growth in vitro and tumor formation in vivo. The cell lines carrying the Apc gene mutation exhibit chromosomal instability and predominantly the aneuploid phenotype, while those carrying DNA mismatch repair gene mutations exhibit micro-satellite instability and predominantly the diploid phenotype [19–21].

The characteristics of parental cell lines are described in Table 1. These cell lines are developed for clinically relevant luminal A and triple-negative breast cancer subtypes and for genetically predisposed familial adenomatous polyposis (FAP) and hereditary non-polyposis colon cancer (HNPCC) subtypes. It is notable that these aberrantly hyper-

proliferative cell lines exhibit AI colony formation in vitro and tumor development in vivo. AI colony formation represents a specific and sensitive in vitro surrogate end point for tumorigenic transformation. Experimental modulation of this end point facilitates the quantitation of risk for cancer development.

**Table 1.** Cellular models for breast and colon cancer.

Parental Cells	Clinical and Biological Markers				Tumor	Clinical Subtype
	ER	PR	HER-2	AICF		
<b>Breast</b>						
184-B5	-	-	-	-	-	Normal breast
MCF-7	+	+	+	+	+	Luminal A
MDA-MB-231	-	-	-	+	+	Triple-negative
<b>Colon</b>						
	Apc <sup>[+/+]</sup>		Mlh1 <sup>[+/+]</sup>			
C57 COL	+		+	-	-	Normal colon
1638N COL	-		+	+	+	Apc mutation codon 1638. FAP
Mlh1/1638N COL	-		-	+	+	HNPCC

ER, estrogen receptor- $\alpha$ ; PR, progesterone receptor; HER-2, human epidermal growth factor receptor-2; AICF, anchorage independent colony formation; Apc, adenomatous polyposis coli genotype; Mlh1, Mut-L genotype; FAP, familial adenomatous polyposis; HNPCC, hereditary non-polyposis colon cancer; Genotype<sup>[+/+]</sup>, status of alleles.

## 2.2. Conventional/Targeted Therapy

Clinically relevant conventional and targeted therapeutic options are described in Table 2. These pharmacological agents are notable for their off-target effects, spontaneous/acquired therapy resistance and the emergence of drug-resistant cancer stem cell population [22,23]. Table 2 provides examples of mainstream therapeutic options for breast cancer subtypes such as luminal A, luminal B and triple-negative breast cancer (TNBC).

**Table 2.** Conventional chemo-endocrine therapy and targeted therapy for breast cancer.

Organ Type	Therapy		Clinical Subtype
	Conventional	Targeted	
<b>Breast</b>	Multi-drug combination DOX, PCT, CPT	SERM, CDKI, AI, HER-2 inhibitors	Luminal A, Luminal B, TNBC

DOX, doxorubicin; PCT, paclitaxel; CPT, carboplatin; SERM, selective estrogen receptor modulator; CDKI, cyclin dependent kinase inhibitor; AI, aromatase inhibitor; HER-2, human epidermal growth factor receptor-2, TNBC; triple-negative breast cancer.

Table 3 exemplifies mainstream treatment options for colon cancer that include genetically predisposed familial adenomatous polyposis (FAP), hereditary non-polyposis colon cancer (HNPCC) and sporadic colon cancer subtypes.

**Table 3.** Conventional chemotherapy and targeted therapy for colon cancer.

Organ Type	Therapy		Clinical Subtype
	Conventional	Targeted	
<b>Colon</b>	Multi-drug combination 5-FU, OPN, ITC	NSAID COX-2 inhibitors ODC inhibitors	FAP, HNPCC sporadic cancer

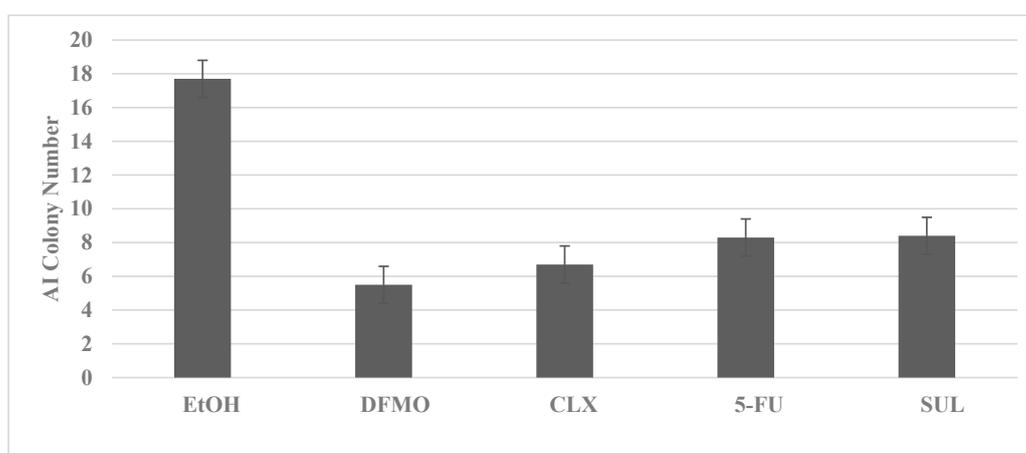
5-FU, 5-fluoro-uracil; OPN, oxaliplatin; ITC, irinotecan; NSAID, non-steroidal anti-inflammatory drugs; COX-2, cyclooxygenase-2; ODC, ornithine decarboxylase; FAP, familial adenomatous polyposis; HNPCC, hereditary non-polyposis colon cancer.

## 2.3. Pharmacological Inhibition

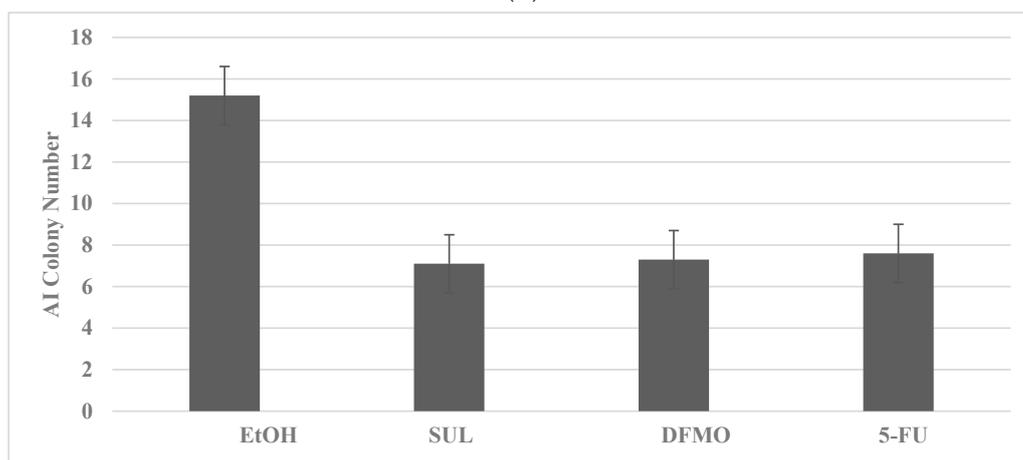
The susceptibility of the cell lines to prototypic chemo-endocrine therapeutics facilitates the selection of appropriate experimental models. The cells treated with the therapeutic agents at their respective maximal cytostatic (IC<sub>90</sub>) concentrations inhibit anchorage independent colony formation. The selective estrogen receptor modulator tamoxifen (TAM) represents the endocrine treatment of choice for the luminal A breast cancer subtype. Treatment of the MCF-7 model for the luminal A subtype with TAM reduces the number of

AI colonies. Cytotoxic chemotherapy with doxorubicin (DOX) represents the treatment of choice for the triple-negative subtype. Treatment of the MDA-MB-231 model for the triple-negative subtype with DOX reduces the number of AI colonies.

The inhibitory effects of pharmacological agents for colon cancer are illustrated in Figure 1A,B. The pharmacological agents for the FAP model include difluoro-methyl ornithine (DFMO), celecoxib (CLX), 5-fluoro-uracil (5-FU) and sulindac (SUL). These agents at their respective maximal cytostatic ( $IC_{90}$ ) concentrations lead to a significant reduction in AI colony number. The pharmacological agents for the HNPCC model include SUL, DFMO and 5-FU. These agents at their respective maximally cytostatic ( $IC_{90}$ ) concentrations lead to a significant inhibition of the number of AI colonies. It is notable that the rank order of inhibitory efficacy of the pharmacological agents for AI colony formation in the FAP model is  $DFMO > CLX > 5-FU = SUL$ , and for the HNPCC model it is  $SUL = DFMO = 5-FU$ . These data in rank order suggest that the mechanisms responsible for growth inhibitory response may differ in two models.



(A)



(B)

**Figure 1.** Growth inhibitory effects of pharmacological agents on colon cancer models. (A) Reduction in AI colony number by treatment with DFMO, CLX, 5-FU and SUL in the FAP model for colon cancer. EtOH versus DFMO and CLX  $p = 0.038$ ; EtOH versus 5-FU and SUL  $p = 0.04$ . (B) Reduction in AI colony number by treatment with SUL, DFMO and 5-FU in the HNPCC model. EtOH versus SUL and DFMO  $p = 0.037$ ; EtOH versus 5-FU  $p = 0.04$ . Data analyzed by ANOVA with Dunnett's multiple comparison post-hoc test. AI, anchorage independent; EtOH, ethanol; DFMO, difluoro-methyl ornithine; CLX, celecoxib; 5-FU, 5-fluoro-uracil; SUL, sulindac.

These experiments compare the data from the multiple treatment groups to a common control group. The statistical analyses of these data are performed by analysis of variance (ANOVA) and Dunnett's multiple comparison post-hoc test with a threshold of  $\alpha = 0.05$ , using the Microsoft Excel 2013 XLSTAT-Base software.

#### 2.4. Drug-Resistant Stem Cell Models

In stem cell biology, the stem cell population plays important roles in normal and cancerous growth. In normal epithelial organ sites, stem cells regulate cell proliferation and apoptosis for cellular homeostasis and tissue regeneration. Cell signaling pathways such as Wnt/ $\beta$ -catenin, Notch and Hedgehog are responsible for the maintenance of the normal stem cell population [24]. Cancer stem cells represent a minor subpopulation of chemo-endocrine therapy-resistant cancer-initiating premalignant cells intrinsic to the primary cancer. In cancer stem cells, normal regulatory pathways are disrupted, and cancer cell survival pathways are activated. These survival pathways facilitate signaling via RAS/BRAF/ MEK/ERK, PI3K/AKT and mTOR pathways, resulting in a growth advantage to the cancer cell phenotype and effective drug resistance [13,22,25].

The common and unique characteristics of normal and cancer stem cells have been utilized to develop reliable stem cell models to understand normal stem cell biology and to facilitate mechanism-based investigations focused on drug discovery for testable alternatives for therapy-resistant cancer. For example, stem cell signaling pathways such as Wnt, Hedgehog NOTCH and p38 MAPK [26,27], and cell surface markers such as CD44, CD133 and ALDH1 [28,29] may represent therapeutic targets for pharmacological small molecule inhibitors as well as for naturally occurring compounds.

In addition to the stem cell models for breast and colon, similar models for other organ site cancer are developed. For example, the models for head and neck cancer utilize stem cell-enriched tumor spheroids [30]. Stem cell models for pancreas utilize pluripotent stem cells [31,32]. These stem cell models provide valuable experimental approaches to investigate phenotypic pluripotency, plasticity, therapy-resistant tumor progression and to identify new compounds that may be effective in targeting stem cell population [33,34].

For the isolation of chemo-resistant breast and colon cancer stem cells, growth resistance to prototypic chemo-endocrine therapeutics is used to select putative stem cell phenotypes.

The selection of putative drug-resistant stem cells for breast and colon cancer models is described in Table 4.

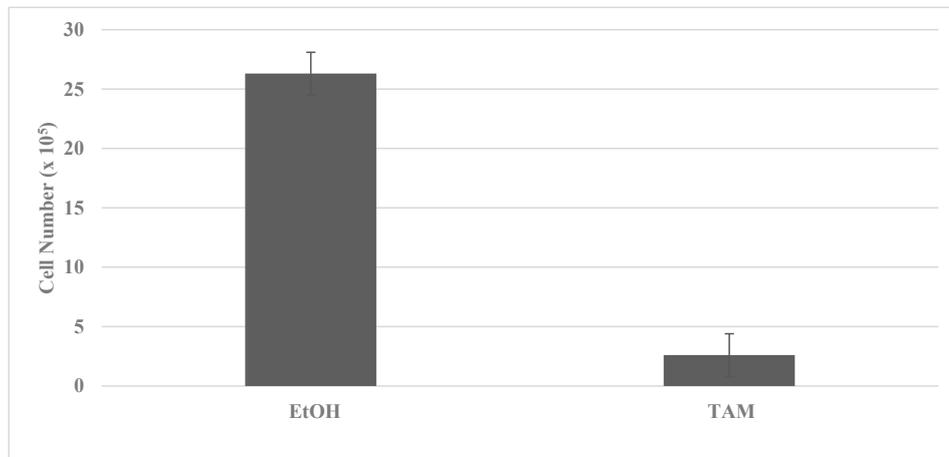
**Table 4.** Drug-resistant stem cell models.

Agent	Concentration	Stem Cell Model
<b>Breast</b>		
Tamoxifen (TAM)	1.5 $\mu$ M	TAM-R Luminal A
Doxorubicin (DOX)	0.5 $\mu$ M	DOX-R TNBC
<b>Colon</b>		
Sulindac (SUL)	10 $\mu$ M	SUL-R, FAP
5-fluoro-uracil (5-FU)	0.2 $\mu$ M	5-FU-R, HNPCC

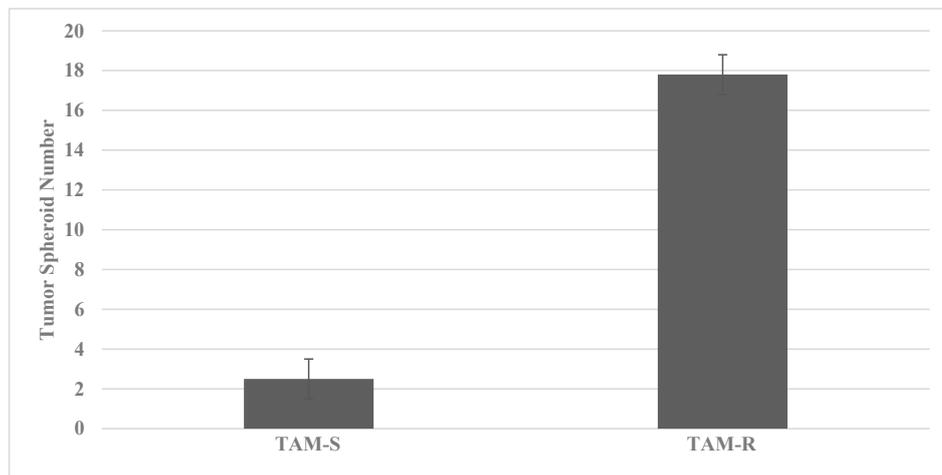
TAM-R, tamoxifen resistant; DOX-R, doxorubicin resistant; TNBC, triple-negative breast cancer; SUL-R, sulindac resistant; FAP, familial adenomatous polyposis; 5-FU-R, 5-fluoro-uracil resistant; HNPCC, hereditary non-polyposis colon cancer (Data summarized from [35,36]).

Long-term maintenance of the cells at high concentrations of TAM and DOX for breast cancer and SUL and 5-FU for colon cancer results in the elimination of drug-sensitive phenotypes, as evidenced by the decreased viable cell number, and the progressive growth of the resistant phenotypes, as evidenced by the increased number of tumor spheroids [35,36]. Actively growing putative stem cells are expanded in the presence of cytotoxic concentrations of TAM or DOX. The putative stem cells exhibit an increased number of tumor spheroids (TS) in the TAM-R model for Luminal A breast cancer subtype, and in DOX-R model for TNBC subtype. The data presented in Figure 2A–D illustrate the effective isolation of putative stem cells in the breast cancer models. The statistical significance of the

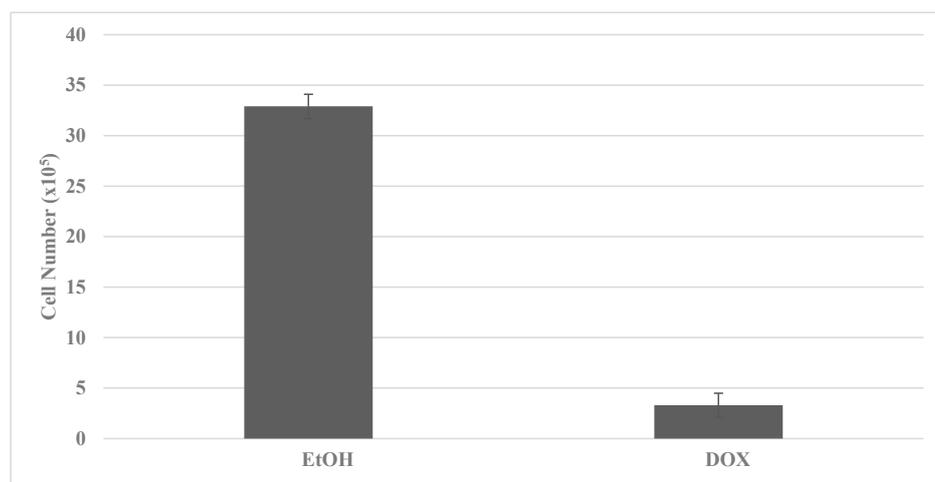
data for viable cell number is determined by the two-sample Student's *t* test, and that for tumor spheroid number is determined by the Chi square ( $X^2$ ) test.



(A)

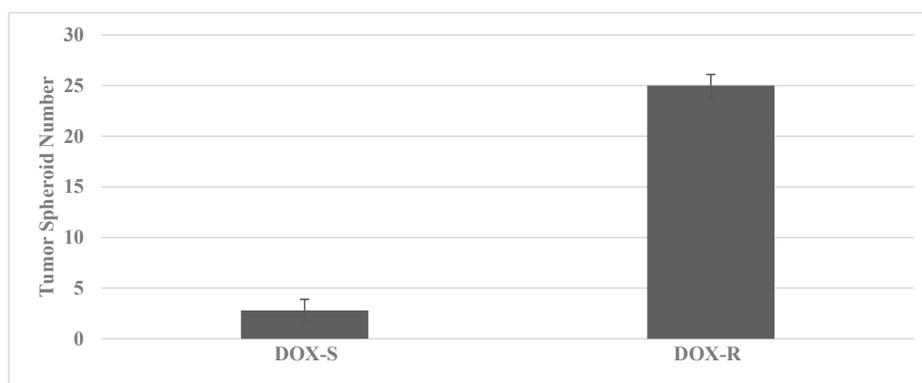


(B)



(C)

**Figure 2.** *Cont.*

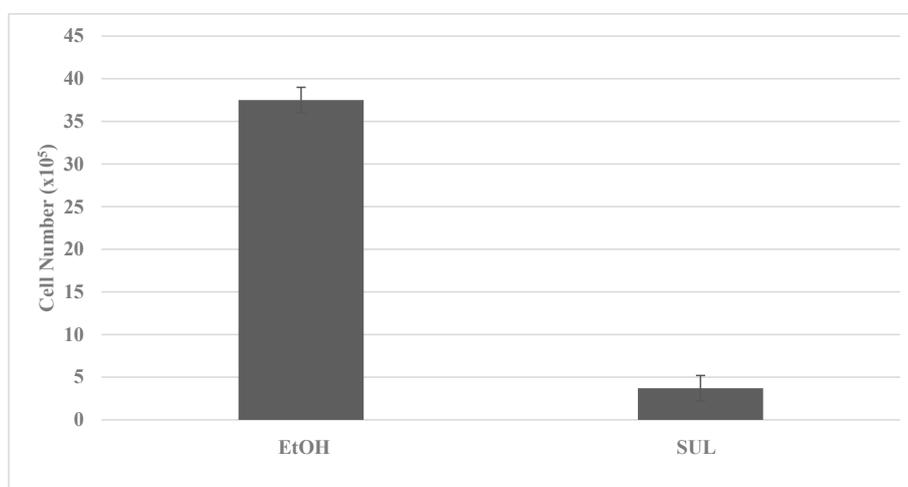


(D)

**Figure 2.** Isolation of drug-resistant putative stem cells in breast cancer models. (A) Decreased viable cell number by treatment with TAM in TAM-S cells. EtOH versus TAM  $p = 0.01$ . (B) Increased tumor spheroid number in TAM-R cells. TAM-S versus TAM-R  $p = 0.01$ . (C) Decreased viable cell number by treatment with DOX in DOX-S cells. EtOH versus DOX  $p = 0.01$ . (D) Increased tumor spheroid number in DOX-R cells. DOX-S versus DOX-R  $p = 0.01$ . Data analyzed by the two-way Student's  $t$  test. TAM, tamoxifen; TAM-S, TAM sensitive; TAM-R, TAM resistant; EtOH, ethanol; DOX, doxorubicin; DOX-S, DOX sensitive; DOX-R, DOX resistant (data summarized from [35,37]).

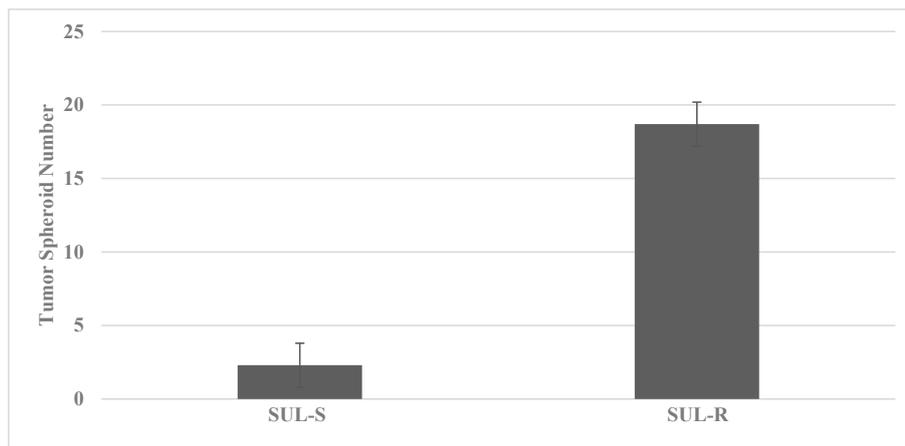
The putative stem cells exhibit an increased number of tumor spheroids in SUL-R for the FAP subtype and in the 5-FU-R model for the HNPCC subtype. The data presented in Figure 3A–D illustrate the effective isolation of putative stem cells in the colon cancer models. The statistical significance of the data on viable cell number is analyzed by the two-sample Student's  $t$  test, and that for tumor spheroid number is analyzed by the  $X^2$  test.

The characterization of drug-resistant stem cells is accomplished by determining the status of select stem cell-specific cellular and molecular markers. These markers included the cell surface proteins CD44 and CD133, and nuclear transcription factors NANOG, OCT-4 and c-Myc. Several nuclear transcription factors such as OCT-4, Klf-4, SOX-2 and c-Myc also represent essential factors for the survival of induced pluripotent stem cells [38,39]. These molecular endpoints are quantified by cellular uptake of relevant FITC conjugated antibodies, and the data are expressed as log mean relative fluorescent units per  $10^4$  fluorescent events [40]. The data summarized in Table 5 demonstrate that the drug-resistant phenotypes exhibit upregulated expressions of the molecular markers for cancer stem cells.

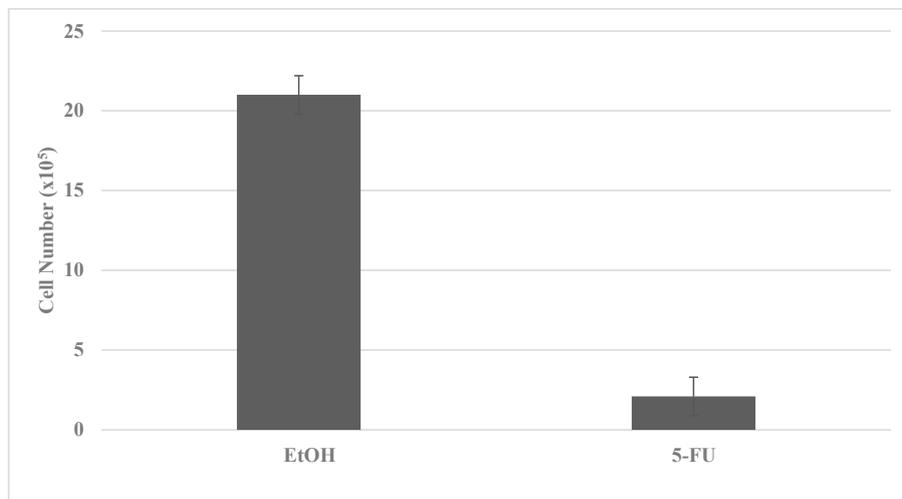


(A)

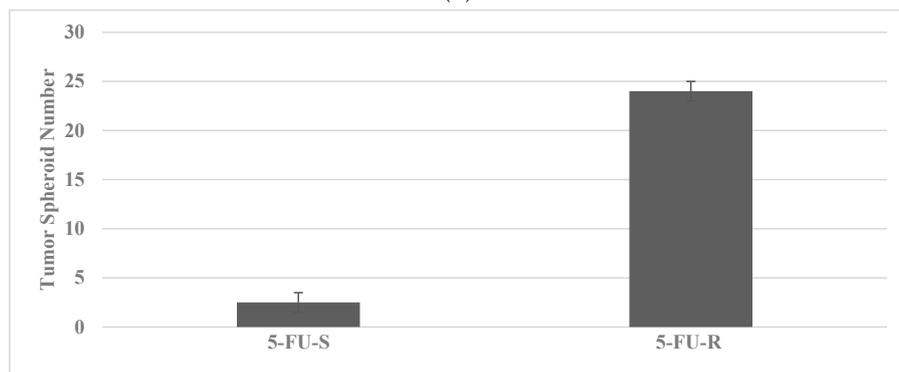
**Figure 3.** Cont.



(B)



(C)



(D)

**Figure 3.** Isolation of drug-resistant putative stem cells in colon cancer models. (A) Decreased viable cell number by treatment with SUL in SUL-S cells. EtOH versus SUL  $p = 0.01$ . (B) Increased tumor spheroid number by treatment with SUL in SUL-R cells. SUL-S versus SUL-R  $p = 0.01$ . (C) Decreased viable cell number by treatment with 5-FU in 5-FU-S cells. EtOH versus 5-FU  $p = 0.01$ . (D) Increased tumor spheroid number by treatment in 5-FU-R cells 5-FU-S versus 5-FU-R  $p = 0.01$ . SUL, sulindac; SUL-S, SUL sensitive; SUL-R, SUL resistant; 5-FU, 5-fluoro-uracil; 5-FU-S, 5-FU sensitive; 5-FU-R, 5-FU resistant (Data summarized from [36,37]).

**Table 5.** Marker expression in breast and colon cancer stem cell models.

Organ Type	Molecular Marker			Clinical Subtype
	CD44	NANOG	OCT-4	
<b>Breast</b>				
TAM-R	+	+	+	Luminal A
DOX-R	+	+	+	TNBC
<b>Colon</b>				
	CD44	CD133	c-Myc	
SUL-R	+	+	+	FAP
5-FU-R	+	+	+	HNPCC

Expression of CD, cluster of differentiation; NANOG, DNA binding homeobox transcription factor; OCT-4, octamer binding transcription factor-4; c-Myc, cellular Myc. Data expressed as log mean RFU and + symbol denotes upregulated expression relative to the drug-sensitive phenotype. TAM-R, tamoxifen-resistant; DOX-R, doxorubicin-resistant; SUL-R, sulindac-resistant; 5-FU-R, 5-fluoro-uracil-resistant; RFU, relative fluorescent unit (Data summarized from [37]).

### 3. Experimental Modulation

Evidence from integrative oncology has documented that herbal formulations used in traditional Chinese medicine represent effective interventions for the prevention/treatment of cancer [9–11]. Recent evidence has also suggested that natural products such as dietary phytochemicals [41,42], natural products [43] and Chinese nutritional herbs, as well as their constituent bioactive compounds [44], function as negative growth regulators via targeting cancer stem cell signaling pathways to overcome chemo-resistance.

#### 3.1. HER-2-Enriched Breast Cancer

For the treatment of the hormone receptor positive/HER-2 positive luminal B and hormone receptor negative/HER positive HER-2-enriched breast cancer subtypes, the small molecule inhibitor of EGF and /HER-2 receptors lapatanib is commonly used. The 184-B5/HER cell line represents a cellular model for the hormone receptor-negative HER-2-positive HER-2-enriched breast cancer subtype. The 184-B5/HER cells provided the lapatinib-resistant (LAP-R) stem cell model that was developed by the selection and expansion of the surviving cell population in the presence of LAP. The data in Table 6 illustrate that the naturally occurring terpene carnosol effectively inhibits tumor spheroid formation and downregulates the expression of CD44, NANOG and OCT-4. The statistical significance of the data for TS are determined by the  $\chi^2$  test, and that for CD44, NANOG and OCT-4 are determined by the two-sample Student's *t* test.

**Table 6.** Experimental modulation of stem cell markers in the lapatinib-resistant (LAP-R) breast cancer model.

Treatment	Concentration	Stem Cell Markers			
		TS	CD44	NANOG	OCT-4
DMSO	0.1%	14.8 ± 1.9	20.8 ± 4.4	11.8 ± 3.1	14.2 ± 3.8
CSOL	5 µM	1.9 ± 0.2	2.9 ± 0.6	2.7 ± 0.7	2.9 ± 0.9
$\chi^2$		7.74			
<i>p</i> -value		0.010	0.010	0.020	0.020
Inhibition		87.2%	86.0%	77.1%	79.6%

TS, tumor spheroid number; CD44, cluster of differentiation 44; NANOG, DNA binding homeobox transcription factor; OCT-4, octamer binding transcription factor-4. Data expressed as log mean RFU. DMSO, dimethyl sulfoxide; CSOL, carnosol; RFU, relative fluorescent unit (Data summarized from [37]).

### 3.2. FAP Model for Colon Cancer

The non-steroidal anti-inflammatory drug sulindac (SUL) has documented preclinical efficacy in the 850<sup>MIN</sup>/+ mouse model for FAP syndrome. SUL is also used in the clinical therapy of FAP patients and patients with sporadic colon cancer.

The 1638N COL cells provided the sulindac-resistant (SUL-R) stem cell model that was developed by the selection and expansion of surviving cell population in the presence of SUL. The data in Table 7 illustrate that curcumin (CUR), a bioactive agent present in the Asian spice turmeric, inhibits TS formation and downregulates the expressions of CD44, CD133 and c-Myc. The statistical significance of the data for TS are determined by the  $\chi^2$  test, and that for CD44, CD133 and c-Myc are determined by the two-sample Student's *t* test.

**Table 7.** Experimental modulation of stem cell markers in the Sulindac-resistant SUL-R colon cancer model.

Treatment	Concentration	Stem Cell Markers			
		TS	CD44	CD133	c-Myc
EtOH	0.01%	20.1 ± 4.0	15.9 ± 3.4	16.7 ± 3.4	8.3 ± 1.8
CUR	10 $\mu$ M	4.0 ± 0.3	3.5 ± 0.3	5.3 ± 0.5	3.8 ± 0.4
$\chi^2$		7.74			
<i>p</i> -value		<0.01	0.01	0.01	0.03
Inhibition		80.1%	77.9%	68.3%	54.2%

TS, tumor spheroid number; CD, clusters of differentiation; c-Myc, cellular Myc. Data expressed as RFU. EtOH, ethanol; CUR, curcumin; RFU, relative fluorescent unit (Data summarized from [36]).

## 4. Conclusions

The development of drug-resistant stem cell models for breast and colon cancer subtypes validates mechanism-driven experimental approaches that may prioritize drug discovery of novel alternatives that target drug-resistant stem cells. The data discussed in the present review provide a scientifically robust rationale for additional experiments focusing on the experimental modulation of ubiquitous transcription factors in cell signaling pathways of drug-resistant cancer stem cells [11–14,37,41–46].

## 5. Future Research

Spontaneous or acquired resistance to conventional and molecularly targeted therapy, and potential cross-resistance to individual therapeutic agents represent a formidable challenge for new drug discovery of stem cell targeting compounds [12–14,47–49].

Telomerase, an RNA–protein complex, adds hexameric repeats of 5'-TTAGGG-3' to the telomeres and regulates DNA replication in normal proliferating cells prior to the onset of replicative senescence. Somatic cells lack the expression of telomerase. However, in immortalized cells and in cancer-derived cells, this enzyme is re-expressed in cells that escape replicative senescence [50,51]. Differentiation-inducing agents, natural products and small molecule inhibitors may represent novel testable alternatives for telomerase inhibitory activity.

Small molecule inhibitors functioning as epigenetic modifiers [33,34] may represent testable alternatives for drug resistant stem cells. Evidence has been published from organoid cultures for head and neck cancer [30], non-small cell lung cancer [52], and pancreatic ductal adenocarcinoma [31,32,53,54]. This evidence provides scientifically robust rationale for future research directions. Collectively, the mechanistic leads for telomerase inhibitors and epigenetic modifiers suggest their efficacy independent of therapy resistance in cancer stem cells.

It needs to be recognized that data generated from established cell lines are dependent on extrapolation for their clinical relevance and translatability. Future investigations focus-

ing on the development of stem cell models from patient-derived therapy-resistant tumor samples, tumor organoids [55–60] and ex vivo organ culture explants [61,62] may reduce the need for extrapolation, and facilitate the discovery of novel efficacious compounds.

**Funding:** This review received no extra-mural funding.

**Institutional Review Board Statement:** This review does not involve human subjects or animal use. An approval statement from an institutional review board is not required.

**Informed Consent Statement:** This review does not involve human subjects. Informed consent is not required.

**Data Availability Statement:** The data sets used in this review are available from the author on reasonable request.

**Acknowledgments:** The research programs “Cellular models for molecular subtypes of clinical breast cancer: Mechanistic approaches for lead compound efficacy” has received past support from US National Cancer Institute FIRST award CA 44741, and US Department of Defense IDEA award DAMD-17-94-J-4208 and “Preclinical models for genetically predisposed early onset colon cancer” has received past support from US National Cancer Institute Master Agreement CN 75029-63 and Contracts CN 85141 and CN 05107.

**Conflicts of Interest:** The author declares no conflict of interest.

## References

1. *American Cancer Society Facts and Figures-2021*; American Cancer Society: Atlanta, GA, USA, 2021.
2. National Comprehensive Cancer Network-2022. Available online: <http://www.nccn.org> (accessed on 8 July 2022).
3. Li, Y.; Wicha, M.S.; Schwartz, S.J.; Sun, D. Implication of cancer stem cell theory for cancer chemoprevention by natural dietary compounds. *J. Nutr. Biochem.* **2011**, *22*, 799–806. [[CrossRef](#)]
4. Moy, B.; Goss, P.E. Estrogen receptor pathway: Resistance to endocrine therapy and new therapeutic approaches. *Clin. Cancer Res.* **2006**, *12*, 4790–4793. [[CrossRef](#)]
5. Mathews, J.; Gustafson, J.-A. Estrogen signaling: A subtle balance between ER- $\alpha$  and ER- $\beta$ . *Mol. Interv.* **2003**, *3*, 281–292. [[CrossRef](#)] [[PubMed](#)]
6. Cho, N.L.; Javid, S.H.; Carrothers, A.M.; Redston, M.; Bertagnolli, M.M. Estrogen receptor  $\alpha$  and  $\beta$  are inhibitory modifiers of Apc-dependent tumorigenesis in the proximal colon of Min+ /mice. *Cancer Res.* **2007**, *67*, 2366–2372. [[CrossRef](#)] [[PubMed](#)]
7. Williams, C.; Di Leo, A.; Niv, Y.; Gustafson, J.-A. Estrogen receptor- $\beta$  as a target for colorectal cancer prevention. *Cancer Lett.* **2016**, *372*, 28–56. [[CrossRef](#)] [[PubMed](#)]
8. Filho, R.P.S.; Junior, S.A.; Begnami, M.D.; Ferreira, F.O.; Nakagawa, W.T. Estrogen receptor- $\beta$  as a prognostic marker of tumor progression in colorectal cancer with familial adenomatous polyps and sporadic polyps. *Pathol. Oncol. Res.* **2018**, *24*, 533–540. [[CrossRef](#)]
9. Ye, J.; Jia, Y.; Ji, K.-E.; Saunders, A.J.; Xue, K.; Ji, J.; Mason, M.D.; Jiang, W.G. Traditional Chinese medicine in the prevention and treatment of cancer and cancer metastasis. *Oncol. Lett.* **2015**, *10*, 1240–1250. [[CrossRef](#)] [[PubMed](#)]
10. Aiello, P.; Sharghi, M.; Mansourkhani, S.M.; Ardekan, A.P.; Jouibari, L.; Daraei, N.; Piero, K.; Mahamodian, S.; Rezaei, M.; Heidari, M.; et al. Medicinal plants in the treatment and prevention of colon cancer. *Oxidative Med. Cell. Longev.* **2019**, *2019*, 2075614. [[CrossRef](#)] [[PubMed](#)]
11. Yang, Z.; Zhang, Q.; Yu, L.; Zhu, J.; Cao, Y.; Gao, X. The signaling pathways and targets of traditional Chinese medicine and natural medicine in triple-negative breast cancer. *J. Ethnopharmacol.* **2021**, *264*, 113249. [[CrossRef](#)] [[PubMed](#)]
12. Shibue, T.; Weinberg, R.A. EMT, CSCs and drug resistance. *Nat. Rev. Clin. Oncol.* **2017**, *14*, 611–629. [[CrossRef](#)]
13. Lytle, N.K.; Barber, A.G.; Reya, T. Stem cell faith in cancer growth, progression and therapy resistance. *Nat. Rev. Cancer* **2018**, *18*, 669–680. [[CrossRef](#)]
14. Gooding, A.J.; Schiemann, W.P. Epithelial-mesenchymal transition programs and cancer stem cell phenotypes: Mediators of breast cancer therapy resistance. *Mol. Cancer Res.* **2020**, *18*, 1257–1270. [[CrossRef](#)]
15. Su, L.K.; Kinzler, K.W.; Vogelstein, B.; Preisinger, A.C.; Moser, A.R.; Luongo, C.; Gould, K.A.; Dove, W.F. Multiple intestinal neoplasia caused by a mutation in the murine homolog of the APC gene. *Science* **1992**, *256*, 668–670. [[CrossRef](#)]
16. Fodde, R.; Edelmann, W.; Yang, K.; Van Leuven, C.; Carlson, C.; Renault, B.; Brukel, C.; Alt, E.; Lipkin, M.; Khan, P.M.; et al. A targeted chain-termination mutation in the mouse Apc gene results in multiple intestinal tumors. *Proc. Natl. Acad. Sci. USA* **1994**, *91*, 8969–8973.
17. Edelmann, W.; Yang, K.; Karaguchi, M.; Heyer, J.; Lia, M.; Kneitz, B.; Fan, K.; Brown, A.M.; Lipkin, M.; Kucherlapati, R. Tumorigenesis in Mlh1/1638 N mutant mice. *Cancer Res.* **1999**, *59*, 1301–1307. [[PubMed](#)]
18. Karaguchi, M.; Edelmann, W.; Yang, K.; Lipkin, M.; Kucherlapati, R.; Brown, A.M. Tumor-associated Apc mutations in Mlh1<sup>-/-</sup> Apc 1638N mice reveal a mutational significance of Mlh1 deficiency. *Oncogene* **2000**, *19*, 5755–5763. [[CrossRef](#)]

19. Telang, N.; Katdare, M. Novel cell culture model for prevention of carcinogenic risk in familial adenomatous polyposis syndrome. *Oncol. Rep.* **2009**, *21*, 1017–1021. [[CrossRef](#)]
20. Telang, N. Anti-inflammatory drug resistance selects putative cancer stem cells in a cellular model for genetically predisposed colon cancer. *Oncol. Lett.* **2018**, *15*, 642–648. [[CrossRef](#)]
21. Telang, N. Isolation and characterization of chemo-resistant stem cells from a mouse model of hereditary non-polyposis colon cancer. *Stem Cells Cloning Adv. Appl.* **2021**, *14*, 19–25.
22. Dean, M.; Fojo, T.; Bates, S. Tumor stem cells and drug resistance. *Nat. Rev. Cancer* **2005**, *5*, 275–284. [[CrossRef](#)]
23. Patel, S.A.; Ndabahaliye, A.; Lim, P.K.; Milton, R.; Rameshwar, P. Challenges in the development of future treatments for breast cancer stem cells. *Breast Cancer* **2010**, *2*, 1–11. [[CrossRef](#)] [[PubMed](#)]
24. Barker, N. Adult intestinal stem cells: Critical drivers of epithelial homeostasis and regeneration. *Nat. Rev. Mol. Cell. Biol.* **2014**, *15*, 19–33. [[CrossRef](#)] [[PubMed](#)]
25. Soteriou, D.; Fuchs, Y. A matter of life and death: Stem cell survival in tissue regeneration and tumor formation. *Nat. Rev. Cancer* **2018**, *18*, 187–201. [[CrossRef](#)]
26. Kouri, J.; Zhong, L.; Hao, J. Targeting signaling pathways in cancer stem cells for cancer treatment. *Stem Cell Int.* **2017**, *2017*, 2925869. [[CrossRef](#)] [[PubMed](#)]
27. Kudaravalli, S.; Hollander, P.D.; Mani, S.A. Role of p38 MAP kinase in cancer stem cells and metastasis. *Oncogene* **2022**, *41*, 3177–3185. [[CrossRef](#)]
28. Kumari, M.; Krishnamurthy, P.T.; Sola, P. Targeted drug therapy to overcome chemo-resistance in triple-negative breast cancer. *Curr. Cancer Drug Targets* **2020**, *20*, 559–572. [[CrossRef](#)] [[PubMed](#)]
29. Gupta, K.G.; Collier, A.L.; Lee, D.; Hoeffler, R.A.; Zelava, V.; van Reesema, L.L.S.; Tang-Tan, A.M.; Guye, M.L.; Chang, D.Z.; Winston, J.S.; et al. Perspectives on triple-negative breast cancer: Current treatment strategies, unmet needs and potential targets for future therapies. *Cancers* **2020**, *12*, 2392. [[CrossRef](#)] [[PubMed](#)]
30. Gorican, L.; Gole, B.; Potocnic, U. Head and neck cancer stem cell-enriched spheroid model for anticancer compound screening. *Cells* **2020**, *9*, 1707. [[CrossRef](#)] [[PubMed](#)]
31. Huang, L.; Desai, R.; Conrad, D.N.; Leite, N.C.; Akshinthala, D.; Lim, C.M.; Gonzalez, R.; Muthuswamy, L.B.; Gartener, Z.; Muthuswamy, S.K. Commitment and oncogene-induced plasticity of human stem cell-derived pancreatic acinar and ductal organoids. *Stem Cell Cell* **2021**, *28*, 1090–1104. [[CrossRef](#)] [[PubMed](#)]
32. Breunig, M.; Merkle, J.; Wagner, M.; Melzer, M.K.; Barth, T.F.E.; Engleitner, T.; Krumm, J.; Weidenmann, S.; Cohrs, C.M.; Perkhof, H.; et al. Modelling plasticity and dysplasia of pancreatic ductal organoids derived from human pluripotent stem cells. *Cell Stem Cell* **2021**, *28*, 1105–1124. [[CrossRef](#)]
33. Ponomarev, A.; Gilazieva, Z.; Solovyeva, V.; Allegrucci, C.; Rizanov, A. Intrinsic and extrinsic factors impacting cancer stemness and tumor progression. *Cancers* **2022**, *14*, 970. [[CrossRef](#)] [[PubMed](#)]
34. Kumar, V.E.; Nambiar, R.; De Souza, C.; Nguyen, A.; Chien, J.; Lam, K.S. Targeting epigenetic modifiers of tumor plasticity and cancer stem cell behavior. *Cells* **2022**, *11*, 1403. [[CrossRef](#)] [[PubMed](#)]
35. Telang, N. The divergent effects of ovarian steroid hormones in the MCF-7 model for Luminal A breast cancer: Mechanistic leads for therapy. *Int. J. Mol. Sci.* **2022**, *23*, 4800. [[CrossRef](#)] [[PubMed](#)]
36. Telang, N. Drug-resistant stem cells: Novel approach for colon cancer therapy. *Int. J. Mol. Sci.* **2022**, *23*, 2519. [[CrossRef](#)]
37. Telang, N. Stem cell models for cancer therapy. *Int. J. Mol. Sci.* **2022**, *23*, 7055. [[CrossRef](#)]
38. Park, I.H.; Zhou, R.; West, J.A.; Yabuchi, A.; Huo, H.; Ince, T.A.; Larou, P.H.; Lensch, M.W.; Daley, G.Q. Reprogramming of human somatic cells to pluripotency with defined factors. *Nature* **2008**, *151*, 141–146. [[CrossRef](#)]
39. Yu, J.; Hu, K.; Smuga-Otto, K.; Tian, S.; Stuart, R.; Slukvin, I.L.; Thompson, J.A. Human induced pluripotent cells free of vector and transgene sequences. *Science* **2009**, *324*, 797–801. [[CrossRef](#)]
40. Katdare, M.; Osborne, M.P.; Telang, N.T. Soy isoflavone genistein modulates cell cycle progression and induces apoptosis in HER-2/neu oncogene expressing human breast epithelial cells. *Int. J. Oncol.* **2002**, *21*, 809–816. [[CrossRef](#)]
41. Naujokat, C.; Mc Kee, D.L. The ‘Big Five’ phytochemicals targeting the cancer stem cells: Curcumin, EGCG, sulforaphane, resveratrol, and genistein. *Curr. Med. Chem.* **2021**, *28*, 4321–4342. [[CrossRef](#)]
42. Manogaran, P.; Umamathy, D.; Karthikeyan, M.; Venkatachalam, K.; Singaravelu, A. Dietary phytochemicals as a potential source for targeting cancer stem cells. *Cancer Investig.* **2021**, *39*, 349–368. [[CrossRef](#)]
43. Meerson, A.; Khatib, S.; Mahjina, J. Natural products targeting cancer stem cells for augmenting cancer therapeutics. *Int. J. Mol. Sci.* **2021**, *22*, 13044. [[CrossRef](#)] [[PubMed](#)]
44. Hong, M.; Tan, H.Y.; Li, S.; Cheung, F.; Wang, N.; Nagamatsu, T.; Feng, Y. Cancer stem cells: The potential targets of Chinese medicines and their active compounds. *Int. J. Mol. Sci.* **2016**, *17*, 893. [[CrossRef](#)] [[PubMed](#)]
45. Nunes, T.; Hamdan, D.; El Boutachtaoui, M.D.; Gapihan, G.; Ngyuen, T.T.; Meles, S.; Angeli, E.; Ratajczak, P.; Lu, H.; Di Benedetto, M.; et al. Targeting cancer stem cells to overcome chemo-resistance. *Int. J. Mol. Sci.* **2018**, *19*, 4036. [[CrossRef](#)] [[PubMed](#)]
46. Wei, C.; Khan, M.A.; Du, J.; Cheng, J.; Tania, M.; Leung, E.L.-H.; Fu, J. Cordycepin inhibits triple-negative breast cancer migration and invasion by regulating EMT-TFs SLUG, TWIST1, SNAIL1 and ZEB1. *Front. Oncol.* **2022**, *12*, 898583. [[CrossRef](#)] [[PubMed](#)]
47. Yadav, A.K.; Desai, N.S. Cancer stem cells: Acquisition, characteristics therapeutic implications targeting strategies and future prospects. *Stem Cell Rev. Rep.* **2019**, *15*, 331–355. [[CrossRef](#)]

48. Wang, X. Stem cells in tissues, organoids and cancer. *Cell. Mol. Life Sci.* **2019**, *76*, 4043–4070. [[CrossRef](#)]
49. Huang, B.; Yan, X.; Li, Y. Cancer stem cells for tumor therapy. *Cancers* **2021**, *13*, 4841. [[CrossRef](#)]
50. Sharma, H.W.; Sokolski, J.A.; Perez, J.R.; Maltese, J.Y.; Sartorelli, A.C.; Stein, C.A.; Nichols, G.; Khaled, Z.; Telang, N.T.; Narayanan, R. Differentiation of immortal cells inhibits telomerase activity. *Proc. Natl. Acad. Sci. USA* **1995**, *92*, 12343–12346. [[CrossRef](#)] [[PubMed](#)]
51. Fragiadaki, P.; Ranieri, E.; Kalliantasi, K.; Kouvidi, E.; Apalaki, E.; Vakonaki, E.; Mamoulakis, C.; Spandidos, D.A.; Tsalsakis, A. Telomerase inhibition and activation: A systematic review. *Mol. Med. Rep.* **2022**, *25*, 158. [[CrossRef](#)]
52. Shi, R.; Radulovich, N.; Ng, C.; Liu, N.; Notsuda, H.; Cabanero, M.; Martins-Filho, S.N.; Raghavan, V.; Li, Q.; Mer, A.S.; et al. Organoid cultures as preclinical models of non-small cell lung cancer. *Clin. Cancer Res.* **2019**, *26*, 1162–1174. [[CrossRef](#)]
53. Bednar, F.; Simeone, D.M. Pancreatic cancer stem cell biology and its therapeutic implications. *J. Gastroenterol.* **2011**, *46*, 1345–1352. [[CrossRef](#)] [[PubMed](#)]
54. Farshadi, E.A.; Chang, J.; Sampadi, B.; Dukas, M.; Van't Land, F.; Sijde, F.V.D.; Vietsch, E.E.; Pothof, J.; Koerkamp, B.G.; Van Eijck, C.H.J. Organoids derived from neoadjuvant FOLFIRINOX patients recapitulate therapy resistance in pancreatic ductal adenocarcinoma. *Clin. Cancer Res.* **2021**, *27*, 6602–6612. [[CrossRef](#)] [[PubMed](#)]
55. Crespo, M.; Villar, E.; Tsai, S.Y.; Chang, K.; Amin, S.; Srinivasan, T.; Zhang, T.; Pipalia, N.H.; Chen, H.J.; Witherspoon, M.; et al. Colonic organoids derived from human induced pluripotent stem cells for modeling colorectal cancer and drug testing. *Nat. Med.* **2017**, *23*, 878–884. [[CrossRef](#)] [[PubMed](#)]
56. Sachs, N.; Di Ligt, J.; Kopper, Z.O.; Gogola, E.; Bouvnova, G.; Weeber, F.; Balgobind, A.V.; Wind, K.; Gracanin, A.; Begthel, H.; et al. A living biobank of breast cancer organoids captures disease heterogeneity. *Cell* **2018**, *172*, 373–386. [[CrossRef](#)] [[PubMed](#)]
57. Drost, J.; Clevers, H. Organoids in cancer research. *Nat. Rev. Cancer* **2018**, *18*, 407–418. [[CrossRef](#)] [[PubMed](#)]
58. Devall, M.A.M.; Drew, D.A.; Dampier, C.H.; Plummer, S.J.; Eaton, S.; Bryant, J.; Diez-obrero, V.; Mo, J.; Kedrin, D.; Zerjav, D.C.; et al. Transcriptome-wide in vitro effects of aspirin in patient-derived normal colon organoids. *Cancer Prev. Res.* **2021**, *14*, 1089–1100. [[CrossRef](#)]
59. Cao, J.; Chan, W.C. Use of conditional reprogramming cell, patient-derived xenograft and organoid for drug screening for individualized prostate cancer therapy: Current and future perspectives (Review). *Int. J. Oncol.* **2022**, *60*, 52. [[CrossRef](#)] [[PubMed](#)]
60. Hsu, K.-S.; Adileh, M.; Martin, M.L.; Makarov, V.; Chen, J.; Wu, C.; Bodo, S.; Klinger, S.; Gabriel, C.-E.; Szeglin, B.C.; et al. Colorectal cancer develops inherent radio-sensitivity that can be predicted using patient-derived organoids. *Cancer Res.* **2022**, *82*, 2298–2312. [[CrossRef](#)]
61. Bruna, A.; Rueda, O.M.; Greenwood, W.; Batra, A.S.; Callari, M.; Batra, R.N.; Pogrebniak, K.; Sandoval, J.; Cassidy, J.E.; Tufegdžić-Vidaković, A.; et al. A biobank of breast cancer explants with preserved intra-tumor heterogeneity to screen anticancer compounds. *Cell* **2016**, *167*, 260–274. [[CrossRef](#)]
62. Gavert, N.; Zwing, Y.; Weiser, R.; Greenberg, O.; Halperin, S.; Jacoby, O.; Mallel, G.; Sandler, O.; Berger, A.J.; Stossel, E.; et al. Ex vivo organotypic cultures for synergistic therapy prioritization identify patient specific responses to combined MEK and Src inhibition in colorectal cancer. *Nat. Cancer* **2022**, *3*, 219–231. [[CrossRef](#)] [[PubMed](#)]