



Article

Synthesis and Investigations of the Antitumor Effects of First-Row Transition Metal(II) Complexes Supported by Two Fluorinated and Non-Fluorinated β -Diketonates

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Abstract: The 3d transition metal (Mn(II), Fe(II), Co(II), Ni(II), Cu(II) and Zn(II)) complexes, supported by anions of sterically demanding β -diketonates, 1,3-dimesitylpropane-1,3-dione (HL^{Mes}) and 1,3-bis(3,5-bis(trifluoromethyl)phenyl)-3-hydroxyprop-2-en-1-one (HL^{CF3}), were synthesized and evaluated for their antitumor activity. To assess the biological effects of substituents on phenyl moieties, we also synthesized and investigated the analogous metal(II) complexes of the anion of the less bulky 1,3-diphenylpropane-1,3-dione (HL^{Ph}) ligand. The compounds [Cu(L^{CF3})₂], [Cu(L^{Mes})₂] and ([Zn(L^{Mes})₂]) were characterized by X-ray crystallography. The [Cu(L^{CF3})₂] crystallizes with an apical molecule of solvent (THF) and features a rare square pyramidal geometry at the Cu(II) center. The copper(II) and zinc(II) complexes of diketonate ligands, derived from the deprotonated 1,3-dimesitylpropane-1,3-dione (HL^{Mes}), adopt a square planar or a tetrahedral geometry at the metal, respectively. We evaluated the antitumor properties of the newly synthesized (Mn(II), Fe(II), Co(II), Ni(II), Cu(II) and Zn(II)) complexes against a series of human tumor cell lines derived from different solid tumors. Except for iron derivatives, cellular studies revealed noteworthy antitumor properties, even towards cancer cells endowed with poor sensitivity to the reference drug cisplatin.

Keywords: first row transition metals; β -diketonates; cytotoxicity; spectroscopy; X-ray



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1. Introduction

The coordination chemistry of β -diketonates continues to attract much interest, due to the ability of related metal complexes to support unique and important catalytic reactions [1–7]. Even if hindered β -diketonates are of high interest for their improved catalytic activity and selectivity [8,9], β -diketonates, characterized by the presence of steric bulk, only recently have been made synthetically accessible [10].

The β -diketone scaffold is not very common in nature, though it is the main feature of curcumin and its derivatives [11–13] and, in recent years, many metal complexes of curcumin and curcuminoids have been reported and evaluated as anticancer agents [14–26]. In fact, β -diketonates are known to form complexes with almost every metal, and they have been used as supporting ligands for Ti(IV)- [27,28], Ru(II)- [29–35], Pd(II)- [36] and Pt-based anticancer agents [37–43]. The β -diketonates were used as supporting ligands for heteroleptic Cu(II) complexes, such as Casiopeinas[®]-like compounds (Cas III) [44–49], and analogous heteroleptic complexes with β -diketonates and *N,N'*-chelating aromatic ligands (2,2-bipyridine, 1,10-phenanthroline, and related substituted derivatives) have been studied for their potential antitumor activities [50–54]. The most studied metal-based β -diketone

derivatives are the metal-based curcuminoids derivatives, and many of these have been reported and evaluated as anticancer agents [55–63]. However, apart from metal–curcumin complexes, very few studies on the anticancer activity of homoleptic first-row transition metal complexes (Mn(II), Fe(II), Co(II), Ni(II), Cu(II) and Zn(II)) with β -diketonate ligands have been reported in the literature to date [51,64–66].

As part of our continuous investigation on the chemical and biological properties of metal-containing coordination compounds [67–75], we report here a study on the syntheses, characterization and biological evaluation of new homoleptic first-row transition metal(II) complexes containing β -diketone ligands. In particular, we report the synthesis of Mn(II), Fe(II), Co(II), Ni(II), Cu(II) and Zn(II) complexes of the β -diketonate ligands derived from 1,3-bis(3,5-bis(trifluoromethyl)phenyl)-3-hydroxyprop-2-en-1-one (HL^{CF_3}), 1,3-dimesitylpropane-1,3-dione (HL^{Mes}) and 1,3-diphenylpropane-1,3-dione (HL^{Ph}), which were selected to systematically vary the electronic properties and solubility of the resulting metal complexes. In addition, fluorine-containing compounds are of relevant interest in modern medicinal chemistry [76–82], and the substitution of methyl groups by trifluoromethyl groups in a molecule might be expected to induce great changes in molecular and biological properties [83–85]. We carried out a screening of the newly synthesized metal(II) compounds against a panel of human cancer cell lines derived from different solid tumors, to investigate the structure–activity relationships.

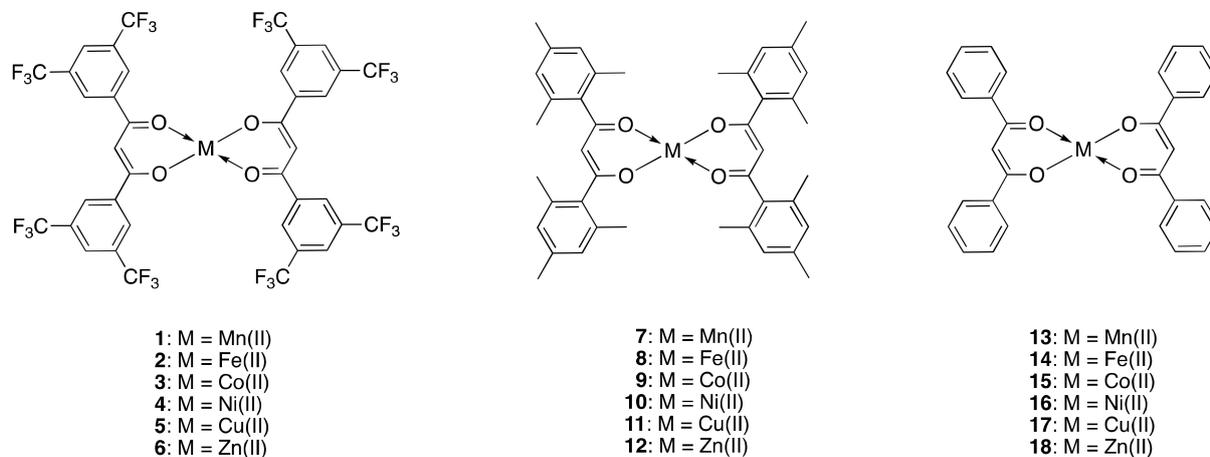
2. Results and Discussion

2.1. Synthesis and Characterization

The β -diketones 1,3-bis(3,5-bis(trifluoromethyl)phenyl)propane-1,3-dione (HL^{CF_3}) [86] and 1,3-dimesitylpropane-1,3-dione (HL^{Mes}) [87] were prepared according to procedures set out in previous literature and fully characterized using several methods. HL^{Ph} was obtained from commercial sources and used as received. The sodium salt of the β -diketonate ligand NaL^{Mes} was prepared according to procedures detailed in previous literature [88].

The complexes $[\text{Mn}(\text{L}^{\text{CF}_3})_2(\text{H}_2\text{O})_2]$ (**1**), $[\text{Fe}(\text{L}^{\text{CF}_3})_2]$ (**2**), $[\text{Co}(\text{L}^{\text{CF}_3})_2(\text{H}_2\text{O})_2]$ (**3**) and $[\text{Ni}(\text{L}^{\text{CF}_3})_2(\text{H}_2\text{O})_2]$ (**4**) (Scheme 1) were synthesized by dissolving the ligand HL^{CF_3} in an ethanol solution containing the metal acetate acceptor in a 2:1 stoichiometric ratio. A similar procedure was used for the synthesis in good yield of $[\text{Cu}(\text{L}^{\text{CF}_3})_2]$ (**5**) and $[\text{Zn}(\text{L}^{\text{CF}_3})_2]$ (**6**) by dissolving the corresponding ligand HL^{CF_3} in a water/ethanol solution containing the copper(II) acetate monohydrate and the zinc(II) acetate, respectively. The IR spectra were carried out on solid samples of **1–6**. They show all the expected absorption bands; in particular, absorptions in the range 2898–3104 cm^{-1} are due to the C–H bonds, medium absorptions at 1564–1629 cm^{-1} are attributable to the asymmetric stretching of the C=O groups and absorptions in the range 1515–1555 cm^{-1} are assigned to the $\nu(\text{C}=\text{C})$ stretching modes. Bands due to C–F stretching and CF_3 deformation are at 1169–1173 and 1125–1129 cm^{-1} , respectively. The ligand coordination sites involved in bonding with the metal ions were determined by careful comparison of the infrared absorption bands of the complexes with those of the parent ligand HL^{CF_3} , suggesting the coordination of the ligand as an enolate. The 3226–3374 cm^{-1} regions of the spectra of compounds **1**, **3** and **4** show broad bands, which may be due to lattice and/or coordinated water molecules associated with the complexes. The proton nuclear magnetic resonance ($^1\text{H-NMR}$) spectrum of $[\text{Zn}(\text{L}^{\text{CF}_3})_2]$ (**6**), recorded in acetone- d_6 solution at room temperature, show a single set of resonances for the β -diketone moiety, indicating that the protons of the aromatic rings are equivalents, with a shift due to the ligand coordination to the metal center. The ^{19}F NMR spectrum of **6** in acetone- d_6 displayed a singlet at δ -63.35. The electrospray ionization mass spectra (ESI-MS) study was performed by dissolving complexes **1–6** in CH_3CN or $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$ and recording the spectrum in positive- and negative-ion mode. The structure of the complexes was confirmed by the presence of peaks attributable to positive fragments of the dissociation of the ligand from the complexes ($[\text{Mn}(\text{L}^{\text{CF}_3}) + \text{CH}_3\text{CN}]^+$, $[\text{Mn}(\text{L}^{\text{CF}_3}) + 2\text{CH}_3\text{CN}]^+$, $[\text{Fe}(\text{L}^{\text{CF}_3}) + 2\text{CH}_3\text{CN}]^+$, $[\text{Co}(\text{L}^{\text{CF}_3}) + 2\text{CH}_3\text{CN}]^+$, $[\text{Ni}(\text{L}^{\text{CF}_3})(\text{H}_2\text{O})_2 + 2\text{CH}_3\text{CN}]^+$, $[\text{Cu}(\text{L}^{\text{CF}_3}) + \text{CH}_3\text{CN}]^+$, $[\text{Cu}(\text{L}^{\text{CF}_3}) + 2\text{CH}_3\text{CN}]^+$ and $[\text{Zn}(\text{L}^{\text{CF}_3}) + 2\text{H}_2\text{O}]^+$

or negative adducts of the complexes such as $[\text{Mn}(\text{L}^{\text{CF}_3})_2 + \text{Cl}]^-$, $[\text{Co}(\text{L}^{\text{CF}_3})_2 + \text{Cl}]^-$ and $[\text{Ni}(\text{L}^{\text{CF}_3})_2 + \text{Cl}]^-$. In addition, in the negative-ion mode spectra, we observed peaks at 495 due to the $[\text{L}^{\text{CF}_3}]^-$ fragment.



Scheme 1. Structure of compounds 1–18.

Compound $[\text{Cu}(\text{L}^{\text{CF}_3})_2]$ (**5**) was characterized by X-ray crystallography. It crystallizes as a THF adduct from acetone/chloroform/tetrahydrofuran mixture. The molecular structure is illustrated in Figure 1 and Figure S3. Detailed bond distances and angles are provided in the Supporting Information (Tables S7–S9). $[\text{Cu}(\text{L}^{\text{CF}_3})_2(\text{THF})]$ is a square pyramidal complex with an apical THF ligand. Such square pyramidal diketonate molecules are very rare in copper(II), and the copper(II) complex $[\text{Cu}(\text{L}^{\text{C}_6\text{F}_5})_2(\text{OH}_2)]$ derived from the deprotonated 1,3-bis(pentafluorophenyl)propane-1,3-dione ($\text{HL}^{\text{C}_6\text{F}_5}$) is the only other structurally characterized example in the literature, to our knowledge [89]. The Cu1–O5 distance of 2.232(2) Å is significantly longer than Cu–O distances involving the β -diketonate moiety (range from 1.920(1) to 1.924(1) Å). The coordination of the THF molecule does not distort the square planar CuO_4 base appreciably. The $[\text{Cu}(\text{L}^{\text{C}_6\text{F}_5})_2(\text{OH}_2)]$ shows similar features, with a significantly longer Cu–O distance to the apical ligand (2.289(3) Å) and a shorter Cu–O distance to the basal diketonates (1.923(2)–1.932(2) Å).

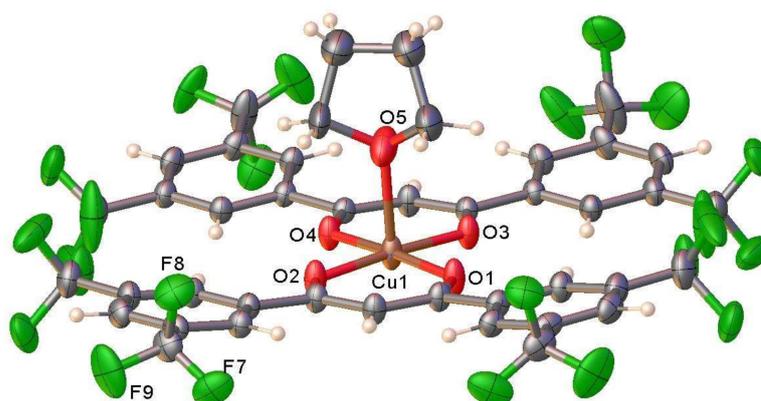


Figure 1. Molecular structure of $[\text{Cu}(\text{L}^{\text{CF}_3})_2(\text{THF})]$.

The complexes $[\text{Mn}(\text{L}^{\text{Mes}})_2(\text{H}_2\text{O})_2]$ (**7**), $[\text{Fe}(\text{L}^{\text{Mes}})_2]$ (**8**), $[\text{Co}(\text{L}^{\text{Mes}})_2(\text{H}_2\text{O})_2]$ (**9**) and $[\text{Ni}(\text{L}^{\text{Mes}})_2(\text{H}_2\text{O})_2]$ (**10**) were synthesized by solubilizing the ligand sodium salt NaL^{Mes} and the corresponding metal acetate in ethanol or methanol solution. The copper(II) complex $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ (**11**) was synthesized by treating NaL^{Mes} with copper(II) chloride dihydrate in a methanol/ethanol solution. The $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ (**12**) was synthesized in a water/ethanol solution, using zinc(II) chloride and NaL^{Mes} precursors. The IR spectra were carried out on solid samples of 7–12. Absorptions in the range 2852–3081 cm^{-1} are due

to the C-H bonds, medium absorptions in the range 1569–1613 cm^{-1} are attributable to the asymmetric stretching of the C=O groups and absorptions at 1500–1552 cm^{-1} are due to the $\nu(\text{C}=\text{C})$ stretching modes; all these shifts confirm the coordination of the ligands as enolates. The carbonyl stretching frequencies are comparable with those reported in the literature for analogous Cu(II) complexes supported by bulky β -diketonates [90,91]. The 3318–3405 cm^{-1} regions of the spectra of compounds **7**, **9** and **10** show broad bands, which may be due to lattice and/or coordinated water molecules associated with the complexes. The $^1\text{H-NMR}$ spectrum of $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ (**12**), recorded in CDCl_3 solution at room temperature, shows a set of resonances for the β -diketonate moiety, with a slight shift due to the coordination to the metal center. The ESI-MS study was performed by dissolving complexes **7–12** in CH_3OH , $\text{CH}_2\text{Cl}_2/\text{CH}_3\text{CN}$ or $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$ and recording the spectrum in positive- and negative-ion mode. The structure of the complexes was confirmed by the presence of peaks attributable to positive fragments of the adducts of the complexes with H^+ or Na^+ ($[\text{Mn}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, $[\text{Mn}(\text{L}^{\text{Mes}})_2 + \text{Na}]^+$, $[\text{Fe}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, $[\text{Co}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, $[\text{Ni}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, $[\text{Cu}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, $[\text{Cu}(\text{L}^{\text{Mes}})_2 + \text{Na}]^+$, $[\text{Zn}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$ and $[\text{Zn}(\text{L}^{\text{Mes}})_2 + \text{Na}]^+$), or from the dissociation of the ligand from the complexes ($[\text{Mn}(\text{L}^{\text{Mes}})(\text{H}_2\text{O}) + \text{H}]^+$, $[\text{Mn}(\text{L}^{\text{Mes}})(\text{H}_2\text{O}) + \text{Na}]^+$, $[\text{Co}(\text{L}^{\text{Mes}}) + 2\text{CH}_3\text{CN}]^+$, $[\text{Ni}(\text{L}^{\text{Mes}}) + \text{CH}_3\text{CN}]^+$ and $[\text{Ni}(\text{L}^{\text{Mes}}) + 2\text{CH}_3\text{CN}]^+$). In the negative-ion mode spectra, we observed negative adducts of complexes such as $[\text{Co}(\text{L}^{\text{Mes}}) + \text{Cl}]^-$, $[\text{Co}(\text{L}^{\text{Mes}}) + 2\text{Cl}]^-$, $[\text{Co}(\text{L}^{\text{Mes}})_2 + \text{Cl}]^-$ or $[\text{Zn}(\text{L}^{\text{Mes}}) + 2\text{Cl}]^-$, together with peaks at 307 due to the $[\text{L}^{\text{Mes}}]^-$ fragment.

The copper(II) and zinc(II) complexes $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ (**11**) and $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ (**12**) have been characterized by X-ray crystallography. Although well authenticated Cu(II) complexes supported by aryl-substituted diketonate complexes are quite common, structural data on the related zinc(II) complexes are very rare [92]. The $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ is a square planar complex (Figures 2 and S1), while $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ adopts a distorted tetrahedral geometry at zinc (Figures 3 and S2). Detailed bond distances and angles are provided in the Supporting Information (Tables S1–S6). Interestingly, the Cu-O bond distances of $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ (average 1.912 Å) are shorter than the Zn-O bond distances of $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ (average 1.933 Å), despite the less crowded tetrahedral coordination mode of the latter. Structural data on the related $[\text{Cu}(\text{L}^{\text{Ph}})_2]$ [93] and $[\text{Zn}(\text{L}^{\text{Ph}})_2]$ [94] are available for a comparison, and display similar basic structures as the $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ and $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ analogs with bulkier diketonates (i.e., square planar and tetrahedral), respectively. The average Cu-O (1.907 Å) and Zn-O (1.941 Å) distances are also similar. Interestingly, in contrast to $[\text{Zn}(\text{L}^{\text{Mes}})_2]$, the dimeric version of $[\text{Zn}(\text{L}^{\text{Ph}})_2]$, resulting from one of the diketonate oxygens bridging the neighboring zinc center, is also known (i.e., $[\text{Zn}(\text{L}^{\text{Ph}})_2]_2$) [94], perhaps as a result of reduced steric demand of the $[\text{L}^{\text{Ph}}]^-$ ligand in the latter.

The complexes $[\text{Mn}(\text{L}^{\text{Ph}})_2(\text{H}_2\text{O})_2]$ (**13**) [95], $[\text{Fe}(\text{L}^{\text{Ph}})_2]$ (**14**) [96], $[\text{Co}(\text{L}^{\text{Ph}})_2(\text{H}_2\text{O})_2]$ (**15**) [97], $[\text{Ni}(\text{L}^{\text{Ph}})_2(\text{H}_2\text{O})_2]$ (**16**) [94], $[\text{Cu}(\text{L}^{\text{Ph}})_2]$ (**17**) [98,99] and $[\text{Zn}(\text{L}^{\text{Ph}})_2] \cdot 2\text{H}_2\text{O}$ (**18**) [94] (Scheme 1), were synthesized, modifying the procedure reported in the literature by dissolving the ligand HL^{Ph} in an ethanol solution containing the corresponding metal acetate acceptor. The IR spectra were carried out on solid samples of **13–18**. They show all the expected absorption bands: absorptions in the range 2970–3061 cm^{-1} due to the C-H bonds, medium absorptions at 1590–1620 cm^{-1} due to the asymmetric stretching of the C=O groups and absorptions in the range 1519–1548 cm^{-1} , attributable to the $\nu(\text{C}=\text{C})$ stretching modes; all these shifts suggest the coordination of the ligands as enolates. The carbonyl stretching frequencies fall in a similar range to compounds **1–12**, suggesting little sensitivity to steric or electronic properties. The 3298–3349 cm^{-1} regions of the spectra of compounds **13**, **15**, **16** and **18** show broad bands, which may be due to lattice and/or coordinated water molecules associated with the complexes. The $^1\text{H-NMR}$ spectrum of $[\text{Zn}(\text{L}^{\text{Ph}})_2] \cdot 2\text{H}_2\text{O}$ (**18**), recorded in CDCl_3 solution at room temperature, shows a characteristic set of resonances for the β -diketonate moiety, with a slight shift due to the coordination to the metal center. The ESI-MS study was performed by dissolving complexes **13–18** in $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$, CH_3CN or CH_3OH and recording the spectra in positive- and negative-ion mode. The structure of the complexes was confirmed by the presence in the ESI-MS (+) spectra of peaks attributable

to positive adducts of the complexes with H^+ or Na^+ ($[Mn(L^{Ph})_2 + H]^+$, $[Fe(L^{Ph})_2 + H]^+$ and $[Cu(L^{Ph})_2 + Na]^+$) or to positive fragments of the dissociation of the ligand from the complexes ($[Co(L^{Ph}) + CH_3CN]^+$, $[Co(L^{Ph}) + 2CH_3CN]^+$, $[Ni(L^{Ph}) + CH_3CN]^+$, $[Ni(L^{Ph}) + 2CH_3CN]^+$, $[Cu(L^{Ph}) + H_2O]^+$, $[Zn(L^{Ph})_2 + H]^+$ and $[Zn(L^{Ph})_2 + Na]^+$). In addition, in the negative-ion mode spectra, we observed peaks at 223 due to the $[L^{Ph}]^-$ fragment.

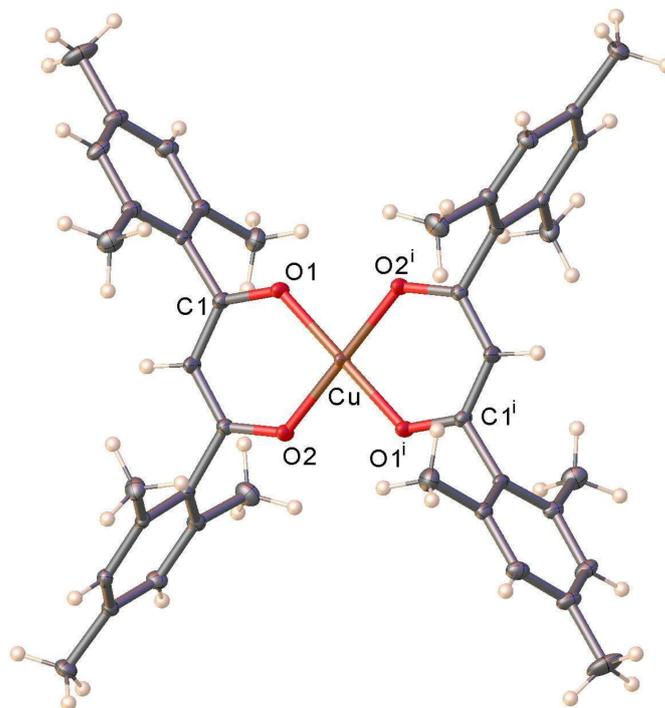


Figure 2. Molecular structure of $[Cu(L^{Mes})_2]$ (**11**). Selected bond distances (Å) and angles ($^\circ$): Cu-O1 1.9166(9), Cu-O1ⁱ 1.9166(9), Cu-O2 1.9071(9), Cu-O2ⁱ 1.9071(9), O1-Cu-O1ⁱ 180.0, O2-Cu-O2ⁱ 180.0, O1-Cu-O2 93.67(4), O2ⁱ-Cu-O1ⁱ 93.67(4), O2-Cu-O1ⁱ 86.33(4).

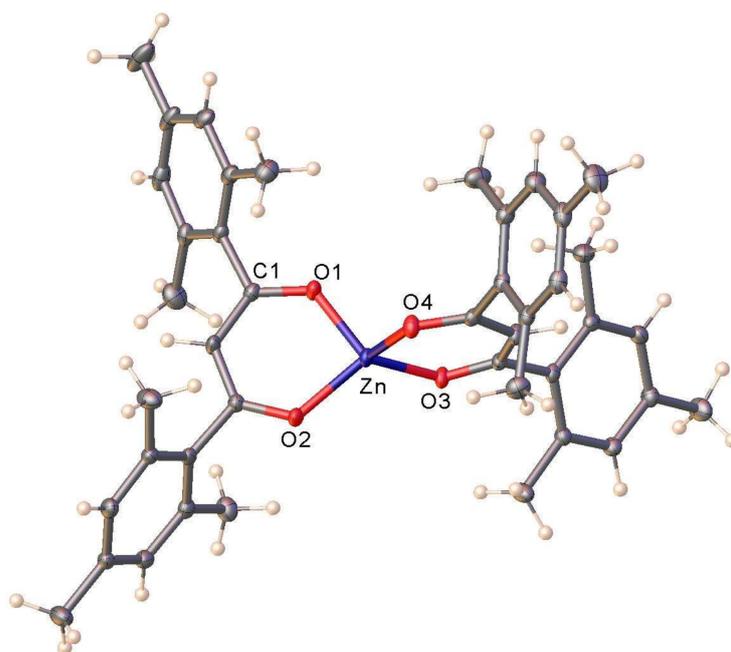


Figure 3. Molecular structure of $[Zn(L^{Mes})_2]$ (**12**). Selected bond distances (Å) and angles ($^\circ$): Zn-O1 1.9226(11), Zn-O2 1.9282(11), Zn-O3 1.9384(10), Zn-O4 1.9435(11), O1-Zn-O2 95.78(4), O3-Zn-O4 98.06(4), O1-Zn-O4 111.67(5), O2-Zn-O3 123.15(5), O3-Zn-O1 111.02(5), O2-Zn-O4 117.02(5).

2.2. Biological Studies

The stability of complexes **1–18** in 0.5% dimethyl sulfoxide (DMSO)/physiological solution was evaluated by UV–Vis spectroscopy (Figure S57). Spectra were collected every 24 h in the range of 240–640 nm over 72 h. Exemplificative spectra collected at $t = 0$ and $t = 72$ h are reported in the Supplementary Material, showing that all compounds were sufficiently stable under physiological conditions. The newly synthesized metal complexes were evaluated for their cytotoxic activity towards various human cancer cell lines representative of different solid tumors. In particular, the in-house cancer cell panel included examples of human colon (HCT-15), pancreatic (BxPC3), testis (NTERA-2), breast (MCF-7) and small cell lung cancer (SCLC) (U-1285) cancer. The cytotoxicity parameters, expressed in terms of 50% inhibitory concentration (IC_{50}) obtained after 72 h of exposure to the colorimetric tetrazolium dye (MTT) assay, are reported in Table 1. Due to its simple structure and well-known pharmacological and toxicological profiles, cisplatin is largely applied as a reference drug for the preliminary in vitro testing of new metallodrug candidates. For comparison reasons, the cytotoxicity of the reference metal-based chemotherapeutic drug cisplatin was assessed under the same experimental conditions. Cytotoxicity data for the corresponding uncoordinated ligands and their salts have been previously reported [88]. The cytotoxicity results showed that, except the iron derivatives **2**, **8** and **14**, all tested complexes demonstrated significant antiproliferative activity towards all cancer cell lines belonging to the in-house cancer cell panel, showing IC_{50} values in the micromolar range. Even if it seems rather difficult to define straightforward structure–activity relationships, as a general consideration, all the metal complexes bearing the 1,3-dimesitylpropane-1,3-dione (HL^{Mes}) were on average more effective than the corresponding derivatives, including the 3-bis(3,5-bis(trifluoromethyl)phenyl)-3-hydroxyprop-2-en-1-one (HL^{CF_3}) and 1,3-diphenylpropane-1,3-dione (HL^{Ph}) ligands. In particular, complexes $[Mn(L^{Mes})_2(H_2O)_2]$ (**7**) and $[Cu(L^{Mes})_2]$ (**11**) were the most effective derivatives of the series, being much more effective than cisplatin towards all tested cancer cell lines. It is noteworthy that, against human colon carcinoma HCT-15 cells, $[Mn(L^{Mes})_2(H_2O)_2]$ (**7**) was up to 15-fold more efficacious than cisplatin in decreasing cell proliferation. Similarly, $[Mn(L^{CF_3})_2(H_2O)_2]$ (**1**) proved to be much more effective than the reference metallodrug against colon, testis, pancreatic and breast carcinoma cells whereas compound $[Co(L^{Mes})_2(H_2O)_2]$ (**9**) proved to be much more effective than cisplatin against colon, testis and pancreatic human cancer cells whereas it was slightly less effective on breast carcinoma and SCLC cells.

Table 1. Cytotoxicity profiles.

	IC_{50} (μM) \pm S.D.				
	HCT-15	U-1285	NTERA-2	BxPC-3	MCF-7
$[Mn(L^{CF_3})_2(H_2O)_2]$ (1)	2.9 \pm 0.4	17.2 \pm 3.0	2.8 \pm 1.2	3.7 \pm 0.7	2.7 \pm 0.6
$[Fe(L^{CF_3})_2]$ (2)	>50	>50	>50	>50	>50
$[Co(L^{CF_3})_2(H_2O)_2]$ (3)	26.4 \pm 3.8	39.5 \pm 4.6	18.5 \pm 3.8	10.5 \pm 2.3	14.2 \pm 4.2
$[Ni(L^{CF_3})_2(H_2O)_2]$ (4)	26.1 \pm 5.2	37.2 \pm 3.3	16.4 \pm 3.2	19.5 \pm 3.0	21.3 \pm 3.2
$[Cu(L^{CF_3})_2]$ (5)	15.8 \pm 3.2	12.1 \pm 2.3	12.2 \pm 1.5	15.5 \pm 2.4	25.3 \pm 4.1
$[Zn(L^{CF_3})_2]$ (6)	11.2 \pm 3.2	16.5 \pm 2.7	10.0 \pm 1.2	11.2 \pm 0.9	8.2 \pm 2.5
$[Mn(L^{Mes})_2(H_2O)_2]$ (7)	1.2 \pm 0.7	5.3 \pm 1.2	1.3 \pm 0.6	2.9 \pm 0.6	2.3 \pm 0.4
$[Fe(L^{Mes})_2]$ (8)	>50	>50	>50	>50	>50
$[Co(L^{Mes})_2(H_2O)_2]$ (9)	6.8 \pm 2.1	9.2 \pm 2.2	3.1 \pm 0.7	8.4 \pm 2.5	11.8 \pm 2.6
$[Ni(L^{Mes})_2(H_2O)_2]$ (10)	31.7 \pm 4.3	33.3 \pm 6.4	15.5 \pm 3.7	11.2 \pm 1.1	23.2 \pm 2.8
$[Cu(L^{Mes})_2]$ (11)	2.5 \pm 1.0	4.1 \pm 1.2	3.0 \pm 0.5	1.2 \pm 0.4	3.2 \pm 0.6

Table 1. Cont.

	IC ₅₀ (μM) ± S.D.				
	HCT-15	U-1285	NTERA-2	BxPC-3	MCF-7
[Zn(L ^{Mes}) ₂] (12)	8.9 ± 2.1	16.1 ± 3.5	2.5 ± 0.5	2.0 ± 0.6	3.8 ± 1.0
[Mn(L ^{Ph}) ₂ (H ₂ O) ₂] (13)	13.3 ± 2.0	8.7 ± 1.6	4.8 ± 1.4	6.0 ± 1.3	5.6 ± 1.2
[Fe(L ^{Ph}) ₂] (14)	>50	>50	41.3 ± 6.5	>50	49.9 ± 5.2
[Co(L ^{Ph}) ₂ (H ₂ O) ₂] (15)	20.4 ± 6.1	44.8 ± 5.2	25.5 ± 3.9	10.8 ± 3.1	16.5 ± 3.3
[Ni(L ^{Ph}) ₂ (H ₂ O) ₂] (16)	18.7 ± 3.9	15.4 ± 2.1	6.9 ± 1.3	12.4 ± 3.2	7.2 ± 2.7
[Cu(L ^{Ph}) ₂] (17)	4.9 ± 1.0	9.6 ± 1.3	4.8 ± 0.9	6.7 ± 0.6	5.4 ± 0.5
[Zn(L ^{Ph}) ₂]·2H ₂ O (18)	7.2 ± 2.1	10.6 ± 1.8	11.2 ± 2.2	10.9 ± 2.2	13.2 ± 2.5
Cisplatin	18.5 ± 2.2	8.3 ± 1.4	14.6 ± 3.0	11.9 ± 1.3	11.0 ± 0.8

Cells ($3-8 \times 10^3 \times$ well) were treated for 72 h with increasing concentrations (0.5–50 μM range) of tested compounds. Cytotoxicity was assessed by MTT test. The IC₅₀ values were calculated by the four-parameter logistic model ($p < 0.05$).

3. Materials and Methods

3.1. Chemistry

3.1.1. Materials and General Methods

All the reagents were obtained from commercial sources and used as received. Melting point (MP) analysis was performed by an SMP3 Stuart Scientific Instrument (Bibby Sterilin Ltd., London, UK). Elemental analyses (C, H, N, S) (EA) were performed with a Fisons Instruments EA-1108 CHNS-O Elemental Analyzer (Thermo Fisher Scientific Inc., Waltham, MA, USA). Fourier-transform infrared (FT-IR) spectra were recorded from 4000 to 700 cm⁻¹ on a PerkinElmer Frontier Instrument (PerkinElmer Inc., Waltham, MA, USA), equipped with an attenuated total reflection (ATR) unit using a universal diamond top-plate as a sample holder. Abbreviations used in the analyses of the FT-IR spectra are as follows: br = broad, m = medium, mbr = medium broad, s = strong, sbr = strong broad, vs = very strong, vsbr = very strong broad, sh = shoulder, w = weak, vw = very weak and wbr = weak broad. Nuclear magnetic resonance (NMR) spectra for the nuclei ¹H and ¹³C were recorded with a Bruker 500 Ascend Spectrometer (Bruker BioSpin Corporation, Billerica, MA, USA; 500.13 MHz for ¹H, 125.78 MHz for ¹³C and 470.59 MHz for ¹⁹F). Tetramethylsilane (SiMe₄) was used as an external standard for the ¹H- and ¹³C-NMR spectra. The chemical shifts (δ) are reported in ppm, and the coupling constants (J) are reported in hertz (Hz). Abbreviations used in the analyses of the NMR spectra are as follows: br = broad, d = doublet, m = multiplet, s = singlet, sbr = singlet broad, t = triplet and q = quartet. Electrospray ionization mass spectrometry (ESI-MS) spectra were recorded in positive- (ESI-MS (+)) or negative-ions (ESI-MS (-)) mode on a Waters Micromass ZQ Spectrometer, equipped with a single quadrupole (Waters Corporation, Milford, MA, USA), using a methanol or acetonitrile mobile phase. The compounds were added to reagent grade methanol or acetonitrile to give approximately 0.1 mM solutions. These solutions were injected (1 μL) into the spectrometer fitted with an autosampler. The pump delivered the solutions to the mass spectrometer source at a flow rate of 200 μL/min, and nitrogen was employed both as a drying and nebulizing gas. Capillary voltage was typically 2500 V. The temperature of the source was 100 °C, while the temperature of the desolvation was 400 °C. In the analyses of the ESI-MS spectra, the confirmation of major peaks was supported by the comparison of the observed and predicted isotope distribution patterns, with the latter calculated using the IsoPro 3.1 computer software (T-Tech Inc., Norcross, GA, USA).

The ligand HL^{Ph} was obtained from commercial sources and used as received. The ligands HL^{CF3} [86], HL^{Mes} [87] and the related sodium salt NaL^{Mes} [88] were prepared according to procedures detailed in the literature and were fully characterized. For comparison with the related metal complexes, we reported in the Supplementary Material the spectroscopic characterizations of the sodium salts NaL^{CF3}, NaL^{Mes} and NaL^{Ph} (FT-IR (Figures S4, S9 and S13), ¹H-NMR (Figures S5, S10 and S14), ¹³C{¹H}-NMR (Figures S6, S11 and S15), ¹⁹F{¹H}-NMR (Figure S7) and ESI-MS (+) (Figures S8, S12 and S16) spectra).

3.1.2. Synthesis of [Mn(L^{CF3})₂(H₂O)₂] (1)

The ligand HL^{CF3} (1.000 mmol, 0.496 g) was added to a manganese(II) acetate tetrahydrate (0.500 mmol, 0.123 g) solution in ethanol (20 mL), and the reaction was stirred at room temperature for 4 h and refluxed for 3 h. Then, the solution was evaporated at a reduced pressure and the yellow solid product was recovered to give complex **1** with a 76% yield. M.p.: 268 °C. FT-IR (cm⁻¹, Figure S17): 3226vbr (O-H); 3100w (C-H); 1622m, 1586m (C=O); 1555m, 1515m (C=C); 1459w, 1446w, 1395m, 1362s, 1277vs, 1217s; 1169s, 1125vs (CF₃); 1113vs, 959w, 923w, 906s, 894m, 845m, 794m, 730w, 706w. ESI-MS (+) (major positive ions, CH₃OH/CH₃CN, Figure S18), *m/z* (%): 591 (20) [Mn(L^{CF3}) + CH₃CN]⁺, 632 (100) [Mn(L^{CF3}) + 2CH₃CN]⁺. ESI-MS (-) (major negative ions, CH₃OH/CH₃CN), *m/z* (%): 495 (20) [L^{CF3}]⁻, 1080 (5) [Mn(L^{CF3})₂ + Cl]⁻. Elemental analysis calculated for C₃₈H₁₈F₂₄MnO₆: C 42.20, H 1.68; found: C 42.68, H 1.63.

3.1.3. Synthesis of [Fe(L^{CF3})₂] (2)

Iron(II) acetate (0.500 mmol, 0.087 g) and the ligand HL^{CF3} (1.000 mmol, 0.496 g) were solubilized in ethanol (20 mL). The reaction mixture was stirred at room temperature for 3 h and under reflux for another 3 h. The precipitate formed was filtered and washed in methanol to give the orange complex **2** with a 52% yield. M.p.: 270 °C. FT-IR (cm⁻¹, Figure S19): 3096wbr (C-H); 1625m, 1574sh (C=O); 1541s, 1516s (C=C); 1460m, 1446m, 1387m, 1355vs, 1324m, 1276vs, 1216m; 1173s, 1128vs (CF₃); 1045m, 1003w, 960w, 923s, 907sh, 846m, 793s, 730w, 709m. ESI-MS (+) (major positive ions, CH₃CN, Figure S20), *m/z* (%): 633 (40) [Fe(L^{CF3}) + 2CH₃CN]⁺, 1087 (20) [Fe(L^{CF3})₂ + H + CH₃CN]⁺. ESI-MS (-) (major negative ions, CH₃CN), *m/z* (%): 495 (100) [L^{CF3}]⁻. Elemental analysis calculated for C₃₈H₁₄F₂₄FeO₄: C 43.62, H 1.35; found: C 43.17, H 1.40.

3.1.4. Synthesis of [Co(L^{CF3})₂(H₂O)₂] (3)

Cobalt acetate tetrahydrate (0.500 mmol, 0.125 g) and the ligand HL^{CF3} (1.000 mmol, 0.496 g) were solubilized in ethanol (30 mL). The reaction was stirred at room temperature for 6 h and refluxed for 3 h. The brick red solution was evaporated under reduced pressure and the reddish solid product formed was dried and recovered to give the orange complex **3** with a 56% yield. M.p.: 266 °C. FT-IR (cm⁻¹, Figure S21): 3374wbr (O-H); 3096 (C-H); 1628w, 1569m (C=O); 1538m, 1517s (C=C); 1465m, 1445w, 1409m, 1386m, 1363vs, 1288, 1276vs, 1255s, 1222m, 1202s; 1170s, 1125vs (CF₃); 1098s, 956m, 923w, 907s, 894w, 847m, 787s, 743w, 710m, 699m. ESI-MS (+) (major positive ions, CH₃OH/CH₃CN, Figure S22), *m/z* (%): 635 (100) [Co(L^{CF3}) + 2CH₃CN]⁺. ESI-MS (-) (major negative ions, CH₃OH/CH₃CN), *m/z* (%): 495 (100) [L^{CF3}]⁻, 1085 (20) [Co(L^{CF3})₂ + Cl]⁻. Elemental analysis calculated for C₃₈H₁₈CoF₂₄O₆: C 43.62, H 1.35; found: C 43.17, H 1.40.

3.1.5. Synthesis of [Ni(L^{CF3})₂(H₂O)₂] (4)

Nickel(II) acetate tetrahydrate (0.500 mmol, 0.124 g) and the ligand HL^{CF3} (1.000 mmol, 0.496 g) were solubilized in ethanol (30 mL), forming an opalescent light green solution. The reaction was stirred at room temperature for 6 h and then refluxed for 3 h, leading to the formation of a more intense green mixture. The precipitate formed was filtered and dried under reduced pressure to give the green complex **4** with a 61% yield. M.p.: 292 °C. FT-IR (cm⁻¹, Figure S23): 3375wbr (O-H); 3096wbr, 3004wbr (C-H); 1628w, 1571m (C=O); 1538m, 1519s (C=C); 1466m, 1445w, 1415m, 1387, 1363vs, 1288, 1276vs, 1256s, 1206s; 1170s, 1125vs

(CF₃); 1098s, 957w, 922vw, 907s, 895w, 847m, 787s, 744w, 731m. ESI-MS (+) (major positive ions, CH₃OH/CH₃CN, Figure S24), *m/z* (%): 635 (100) [Ni(L^{CF3}) + 2CH₃CN]⁺. ESI-MS (−) (major negative ions, CH₃OH/CH₃CN), *m/z* (%): 495 (30) [L^{CF3}][−], 623 (10) [Ni(L^{CF3}) + 2Cl][−], 1083 (20) [Ni(L^{CF3})₂ + Cl][−]. Elemental analysis calculated for C₃₈H₁₈F₂₄NiO₆: C 42.06, H 1.67; found: C 41.35, H 1.61.

3.1.6. Synthesis of [Cu(L^{CF3})₂] (5)

The ligand HL^{CF3} (1.000 mmol, 0.496 g) and copper(II) acetate monohydrate (0.500 mmol, 0.100 g) were solubilized in a mixture of water (20 mL) and ethanol (20 mL). The solution was left under magnetic stirring at room temperature for 1 h and then refluxed for 3 h. The precipitate was filtered and dried at reduced pressure, to obtain the green complex **5** with a 94% yield. A batch of good quality crystals of [Cu(L^{CF3})₂(THF)], suitable for X-ray analysis, was obtained by the slow evaporation of an acetone/chloroform/tetrahydrofuran solution of **5**. M.p.: 181 °C. FT-IR (cm^{−1}, Figure S25): 3099w (C-H); 1627m, 1564m (C=O); 1539s, 1517s (C=C); 1463m, 1446w, 1395s, 1364s, 1326w, 1279vs, 1187s; 1169s, 1128vs (CF₃); 962m, 924m, 907s, 846m, 790s, 733w, 713m. ESI-MS (+) (major positive ions, CH₃OH/CH₃CN, Figure S26), *m/z* (%): 599 (60) [Cu(L^{CF3}) + CH₃CN]⁺, 640 (60) [Cu(L^{CF3}) + 2CH₃CN]⁺. ESI-MS (−) (major negative ions, CH₃CN), *m/z* (%): 495 (100) [L^{CF3}][−]. Elemental analysis calculated for C₃₈H₁₄CuF₂₄O₄: C 43.30, H 1.34; found: C 44.23, H 1.30.

3.1.7. Synthesis of [Zn(L^{CF3})₂] (6)

Zinc(II) acetate (0.092 g, 0.500 mmol) and HL^{CF3} (1.000 mmol, 0.496 g) were solubilized in ethanol (15 mL). Subsequently, distilled water was added (15 mL), and the mixture was stirred at room temperature overnight. The precipitate was washed with chloroform, filtered and dried under vacuum to give the white complex **6** with a 55% yield. M.p.: 185–188 °C. FT-IR (cm^{−1}, Figure S27): 3104w, 2898wbr (C-H); 1629m, 1572m (C=O); 1538m, 1516s (C=C); 1464m, 1444w, 1408m, 1385m, 1361vs, 1291s, 1274vs, 1251s, 1220s, 1198s; 1170s, 1125vs (CF₃); 954m, 906s, 893m, 847m, 787s, 740w, 730w, 709m. ¹H-NMR (acetone-d₆, 293 K, Figure S28): δ 7.45 (s, 2H, COCHCO), 8.24 (s, 4H, *p*-CH_{ar}), 8.76 (s, 8H, *o*-CH_{ar}). ¹H-NMR (DMSO-d₆, 293 K): δ 6.94 (s, 2H, COCHCO), 8.20 (s, 4H, *p*-CH_{ar}), 8.54 (s, 8H, *o*-CH_{ar}). ¹³C{¹H}-NMR (acetone-d₆, 293 K, Figure S29): δ 93.54 (COCHCO); 123.46 (q, ¹J_{CF} = 272 Hz, CF₃); 131.40 (q, ²J_{CF} = 33 Hz, CCF₃); 124.54, 127.95, 142.21 (CH_{ar} and C_{ar}); 184.11 (CO). ¹⁹F{¹H}-NMR (acetone-d₆, 293 K, Figure S30): δ −63.35 (s). ESI-MS (+) (major positive ions, CH₃CN), *m/z* (%): 640 (40) [Zn(L^{CF3}) + 2H₂O]⁺. ESI-MS (−) (major negative ions, CH₃OH/CH₃CN), *m/z* (%): 495 (100) [L^{CF3}][−]. Elemental analysis (%) calculated for C₃₈H₁₄F₂₄O₄Zn: C 43.23, H 1.34; found: C 42.43, H 1.34.

3.1.8. Synthesis of [Mn(L^{Mes})₂(H₂O)₂] (7)

The ligand NaL^{Mes} (1.000 mmol, 0.330 g) and manganese(II) acetate tetrahydrate (0.500 mmol, 0.123 g) were solubilized in methanol (30 mL), and the reaction was stirred at reflux for 3 h. The brown precipitate was filtered and dried under reduced pressure to obtain complex **7** with a 54% yield. M.p.: 231–234 °C. FT-IR (cm^{−1}, Figure S31): 3405br (O-H); 3025vw, 2998vw, 2970vw, 2951w, 2917w, 2858w (C-H); 1611w, 1573sh (C=O); 1552m, 1503s (C=C); 1470sh, 1434s, 1338m, 1371s, 1300m, 1288m, 1165m, 1110w, 1050m, 1029m, 958w, 927w, 850m, 797w, 778m, 725m. ESI-MS (+) (major positive ions, CH₃OH, Figure S32), *m/z* (%): 309 (15) [HL^{Mes} + H]⁺, 331 (25) [HL^{Mes} + Na]⁺, 353 (100) [L^{Mes} + 2Na]⁺, 381 (80) [Mn(L^{Mes})(H₂O) + H]⁺, 402 (10) [Mn(L^{Mes})(H₂O) + Na]⁺, 669 (15) [Mn(L^{Mes})₂ + H]⁺, 692 (20) [Mn(L^{Mes})₂ + Na]⁺. ESI-MS (−) (major negative ions, CH₃OH), *m/z* (%): 307 (50) [L^{Mes}][−]. Elemental analysis (%) calculated for C₄₂H₅₀MnO₆: C 71.47, H 7.14; found: C 71.79, H 7.07.

3.1.9. Synthesis of $[\text{Fe}(\text{L}^{\text{Mes}})_2]$ (**8**)

To an ethanol solution (20 mL) of iron(II) acetate (0.500 mmol, 0.087 g), the ligand NaL^{Mes} (1.000 mmol, 0.330 g) was added, and the mixture was stirred for 24 h at room temperature. The red precipitate was filtered, dried under reduced pressure and washed in methanol to give the orange complex **8** with an 80% yield. M.p.: 260 °C. FT-IR (cm^{-1} , Figure S33): 3028sh, 3008sh, 2951w, 2918w, 2858w (C-H); 1610m, 1574m (C=O); 1529vs, 1507s (C=C); 1472m, 1439m, 1367s, 1341vs, 1306m, 1244w, 1165m, 1109w, 1155m, 1030m, 959w, 926w, 882vw, 848s, 819m, 807m, 780m, 728m. ESI-MS (+) (major positive ions, CH_3CN , Figure S34), m/z (%): 670 (80) $[\text{Fe}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, 1001 (30) $[\text{Fe}(\text{L}^{\text{Mes}})_3 + \text{H} + \text{Na}]^+$. ESI-MS (−) (major negative ions, CH_3OH), m/z (%): 307 (50) $[\text{L}^{\text{Mes}}]^-$. Elemental analysis calculated for $\text{C}_{42}\text{H}_{46}\text{FeO}_4$: C 75.22, H 6.91; found: C 74.73, H 6.66.

3.1.10. Synthesis of $[\text{Co}(\text{L}^{\text{Mes}})_2(\text{H}_2\text{O})_2]$ (**9**)

Cobalt(II) acetate tetrahydrate (0.500 mmol, 0.125 g) and the ligand NaL^{Mes} (1.000 mmol, 0.330 g) were solubilized in ethanol (20 mL) and the reaction was stirred at room temperature for 18 h. The solvent was evaporated at reduced pressure and the solid formed was washed in chloroform and dried under reduced pressure to give the red product **9** with a 51% yield. M.p.: 145 °C. FT-IR (cm^{-1} , Figure S35): 3348br (O-H); 3028sh, 3000sh, 2951w, 2918m, 2857w (C-H); 1611m, 1573sh (C=O); 1537s, 1503vs (C=C); 1471s, 1369sbr, 1284m, 1164m, 1110m, 1048m, 1030m, 957w, 928w, 883w, 848s, 782m, 726m. ESI-MS (+) (major positive ions, $\text{CH}_3\text{CN}/\text{CH}_3\text{OH}$, Figure S36), m/z (%): 448 (100) $[\text{Co}(\text{L}^{\text{Mes}}) + 2\text{CH}_3\text{CN}]^+$, 674 (5) $[\text{Co}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$. ESI-MS (−) (major negative ions, $\text{CH}_3\text{CN}/\text{CH}_3\text{OH}$), m/z (%): 403 (30) $[\text{Co}(\text{L}^{\text{Mes}}) + \text{Cl}]^-$, 436 (30) $[\text{Co}(\text{L}^{\text{Mes}}) + 2\text{Cl}]^-$, 708 (5) $[\text{Co}(\text{L}^{\text{Mes}})_2 + \text{Cl}]^-$. Elemental analysis calculated for $\text{C}_{42}\text{H}_{50}\text{CoO}_6$: C 71.07, H 7.10; found: C 69.92, H 6.94.

3.1.11. Synthesis of $[\text{Ni}(\text{L}^{\text{Mes}})_2(\text{H}_2\text{O})_2]$ (**10**)

Nickel(II) acetate tetrahydrate (0.500 mmol, 0.124 g) and the ligand NaL^{Mes} (1.000 mmol, 0.330 g) were solubilized in ethanol (30 mL). The reaction was stirred at room temperature for 6 h and refluxed for 3 h. The precipitate was filtered and dried under reduced pressure to give the green complex **10** with a 51% yield. M.p.: 292 °C. FT-IR (cm^{-1} , Figure S37): 3318br (O-H); 3007sh, 2951w, 2917w, 2857w (C-H); 1611m, 1572m (C=O); 1552m, 1500s (C=C); 1473w, 1396vs, 1371s, 1299m, 1285m, 1165m, 1110w, 1049m, 1030m, 957w, 929w, 882w, 848m, 784m, 726m. ESI-MS (+) (major positive ions, CH_3CN , Figure S38), m/z (%): 406 (100) $[\text{Ni}(\text{L}^{\text{Mes}}) + \text{CH}_3\text{CN}]^+$, 447 (80) $[\text{Ni}(\text{L}^{\text{Mes}}) + 2\text{CH}_3\text{CN}]^+$, 673 (20) $[\text{Ni}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, 1039 (80) $[\text{Ni}_2(\text{L}^{\text{Mes}})_3]^+$. Elemental analysis calculated for $\text{C}_{42}\text{H}_{50}\text{NiO}_6$: C 71.10, H 7.10; found: C 69.29, H 7.18.

3.1.12. Synthesis of $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ (**11**)

The ligand NaL^{Mes} (1.000 mmol, 0.330 g) was solubilized in a mixture of methanol (15 mL) and ethanol (15 mL). Copper(II) chloride dihydrate (0.500 mmol, 0.085 g) was added and the reaction was stirred at room temperature for 24 h. The precipitate was filtered and dried under reduced pressure, giving the grey–green complex **11** with a 68% yield. A batch of good quality crystals of $[\text{Cu}(\text{L}^{\text{Mes}})_2]$, suitable for X-ray analysis, was obtained by the slow evaporation of an n-hexane solution of **11**. M.p.: 297–301 °C. FT-IR (cm^{-1} , Figure S39): 3081w, 2954sh, 2917m, 2852m (C-H); 1613m, 1573w (C=O); 1532s, 1512vs (C=C); 1471s, 1386vs, 1365vs, 1261m, 1165m, 1110mb, 1045m, 1029m, 958m, 931w, 879w, 843s, 808s, 786s, 725s. ESI-MS (+) (major positive ions, CH_3OH , Figure S40), m/z (%): 678 (10) $[\text{Cu}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, 700 (100) $[\text{Cu}(\text{L}^{\text{Mes}})_2 + \text{Na}]^+$. Elemental analysis (%) calculated for $\text{C}_{42}\text{H}_{46}\text{CuO}_4$: C 74.36, H 6.84; found: C 73.88, H 7.00.

3.1.13. Synthesis of $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ (**12**)

Zinc(II) chloride (0.500 mmol, 0.068 g) and the ligand NaL^{Mes} (1.00 mmol, 0.330 g) were solubilized in a mixture of distilled water (10 mL) and ethanol (5 mL) and stirred at room temperature for 24 h. The white precipitate was filtered and dried under reduced

pressure, obtaining the whitish complex **12** with an 84% yield. A batch of good quality crystals of $[\text{Zn}(\text{L}^{\text{Mes}})_2]$, suitable for X-ray analysis, was obtained by the slow evaporation of an n-hexane solution of **12**. M.p.: 241–244 °C. FT-IR (cm^{-1} , Figure S41): 3019sh, 3003w, 2951w, 2919w, 2859wbr (C-H); 1613s, 1570sh (C=O); 1551vs, 1507vs (C=C); 1472s, 1409vs, 1379s, 1360s, 1302m, 1290m, 1248m, 1166m, 1113w, 1078w, 1050m, 1032m, 957w, 928w, 852s, 817w, 800m, 782m, 726s, 645wbr, 612m. $^1\text{H-NMR}$ (CDCl_3 , 293 K, Figure S42): δ 2.34 (sbr, 36H, CH_3), 5.71 (s, 2H, COCHCO), 6.85 (s, 8H, CH_{ar}). $^{13}\text{C}\{^1\text{H}\}$ -NMR (CDCl_3 , 293 K, Figure S43): δ 19.51 (*o*- CCH_3); 21.02 (*p*- CCH_3); 105.47 (COCHCO); 128.16, 133.58, 134.52, 138.92 (CH_{ar}); 191.19 (CO). ESI-MS (+) (major positive ions, $\text{CH}_2\text{Cl}_2/\text{CH}_3\text{CN}$) m/z (%): 309 (10) $[\text{HL}^{\text{Mes}} + \text{H}]^+$, 331 (35) $[\text{HL}^{\text{Mes}} + \text{Na}]^+$, 679 (40) $[\text{Zn}(\text{L}^{\text{Mes}})_2 + \text{H}]^+$, 702 (30) $[\text{Zn}(\text{L}^{\text{Mes}})_2 + \text{Na}]^+$. ESI-MS (major negative ions, $\text{CH}_2\text{Cl}_2/\text{CH}_3\text{CN}$) m/z (%): 170 (30) $[\text{ZnCl}_3]^-$, 443 (100) $[\text{Zn}(\text{L}^{\text{Mes}}) + 2\text{Cl}]^-$. Elemental analysis (%) calculated for $\text{C}_{42}\text{H}_{46}\text{O}_4\text{Zn}$: C 74.16, H 6.82; found: C 73.42, H 7.03.

3.1.14. Synthesis of $[\text{Mn}(\text{L}^{\text{Ph}})_2(\text{H}_2\text{O})_2]$ (**13**)

Manganese(II) acetate tetrahydrate (0.500 mmol, 0.123 g) was added to an ethanol solution (40 mL) of HL^{Ph} (1.000 mmol, 0.224 g). The reaction was stirred at room temperature for 24 h and filtered, and the precipitate was dried under reduced pressure to give the orange complex **13** with a 62% yield. M.p.: 235–238 °C. FT-IR (cm^{-1} , Figure S44): 3298br (O-H); 3058w, 3026w (C-H); 1619w, 1593s (C=O); 1545s, 1520vs (C=C); 1478s, 1453s, 1382vsbr, 1301s, 1276s, 1323s, 1184m, 1163m, 1130m, 1071m, 1058m, 1022m, 1000m, 938m, 811w, 787m, 746s, 710s. ESI-MS (+) (major positive ions, $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$, Figure S45), m/z (%): 225 (5) $[\text{HL}^{\text{Ph}} + \text{H}]^+$, 319 (100) $[\text{Mn}(\text{L}^{\text{Ph}}) + \text{CH}_3\text{CN}]^+$, 360 (30) $[\text{Mn}(\text{L}^{\text{Ph}}) + 2\text{CH}_3\text{CN}]^+$, 502 (50) $[\text{Mn}(\text{L}^{\text{Ph}})_2 + \text{H}]^+$. ESI-MS (–) (major negative ions, $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$) m/z (%): 223 (30) $[\text{L}^{\text{Ph}}]^-$. Elemental analysis calculated for $\text{C}_{30}\text{H}_{26}\text{MnO}_6$: C 67.04, H 4.88; found: C 67.80, H 4.86.

3.1.15. Synthesis of $[\text{Fe}(\text{L}^{\text{Ph}})_2]$ (**14**)

Iron(II) acetate (0.500 mmol, 0.087 g) and HL^{Ph} (1.000 mmol, 0.224 g) were solubilized in ethanol (30 mL), and the reaction mixture was stirred at room temperature for 24 h. The precipitate was filtered and washed with methanol to give the brownish-orange complex **14** with a 45% yield. M.p.: 269–273 °C. FT-IR (cm^{-1} , Figure S46): 3061wbr, 3029vw, 2970vw (C-H); 1620w, 1590m (C=O); 1519vs (C=C); 1476s, 1452s, 1440m, 1374s, 1355vs, 1311sbr, 1255s, 1180m, 1157w, 1127w, 1067m, 1025m, 1000w, 940m, 841w, 788m, 768msh, 754s, 726s, 712s, 885s, 621s, 549s. ESI-MS (+) (major positive ions, $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$, Figure S47), m/z (%): 502 (100) $[\text{Fe}(\text{L}^{\text{Ph}})_2 + \text{H}]^+$, 783 (20) $[\text{Fe}_2(\text{L}^{\text{Ph}})_3]^+$. ESI-MS (–) (major negative ions, $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$), m/z (%): 223 (60) $[\text{L}^{\text{Ph}}]^-$. Elemental analysis calculated for $\text{C}_{30}\text{H}_{22}\text{FeO}_4$: C 71.73, H 4.41; found: C 73.43, H 4.49.

3.1.16. Synthesis of $[\text{Co}(\text{L}^{\text{Ph}})_2(\text{H}_2\text{O})_2]$ (**15**)

Cobalt(II) acetate tetrahydrate (0.500 mmol, 0.125 g) was added to the ligand HL^{Ph} (1.000 mmol, 0.224 g), solubilized in ethanol (30 mL). The reaction mixture was stirred at room temperature for 16 h and filtered, and the precipitate was dried under reduced pressure. The orange complex **15** was obtained with a 90% yield. M.p.: 221–225 °C. FT-IR (cm^{-1} , Figure S48): 3349mbr (O-H); 3060w (C-H); 1620wbr, 1593m, (C=O); 1545s, 1522s (C=C); 1479s, 1454s, 1358sbr, 1303sbr, 1278s, 1233m, 1184m, 1165m, 1153m, 1131m, 1071m, 1061m, 1022m, 1000m, 940m, 926w, 810w, 789m, 745s, 710s. ESI-MS (+) (major positive ions, CH_3CN , Figure S49), m/z (%): 323 (55) $[\text{Co}(\text{L}^{\text{Ph}}) + \text{CH}_3\text{CN}]^+$, 364 (100) $[\text{Co}(\text{L}^{\text{Ph}}) + 2\text{CH}_3\text{CN}]^+$. ESI-MS (–) (major negative ions, $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$), m/z (%): 223 (60) $[\text{L}^{\text{Ph}}]^-$. Elemental analysis calculated for $\text{C}_{30}\text{H}_{26}\text{CoO}_6$: C 66.55, H 4.84; found: C 66.75, H 4.75.

3.1.17. Synthesis of $[\text{Ni}(\text{L}^{\text{Ph}})_2(\text{H}_2\text{O})_2]$ (**16**)

The ligand HL^{Ph} (1.000 mmol, 0.224 g) was added to a solution of nickel(II) acetate tetrahydrate (0.500 mmol, 0.124 g) in ethanol (30 mL) and the green mixture was stirred at room temperature for 18 h. The precipitate formed was filtered and washed with ethanol to give the light green complex **16** with an 81% yield. M.p.: 298–302 °C. FT-IR (cm^{-1} , Figure S50): 3325mbr (O-H); 3060w (C-H); 1620w, 1594s (C=O); 1548s, 1521vs (C=C); 1479s, 1454vs, 1385shvs, 1303sbr, 1279s, 1234s, 1185m, 1163m, 1132m, 1072m, 1063m, 1023m, 1000m, 942m, 926w, 810w, 790m, 744s, 719shs, 711vs. ESI-MS (+) (major positive ions, CH_3CN , Figure S51), m/z (%): 322 (50) $[\text{Ni}(\text{L}^{\text{Ph}}) + \text{CH}_3\text{CN}]^+$, 363 (100) $[\text{Ni}(\text{L}^{\text{Ph}}) + 2\text{CH}_3\text{CN}]^+$. ESI-MS (–) (major negative ions, $\text{CH}_3\text{OH}/\text{CH}_3\text{CN}$), m/z (%): 223 (60) $[\text{L}^{\text{Ph}}]^-$. Elemental analysis calculated for $\text{C}_{30}\text{H}_{26}\text{NiO}_6$: C 66.58, H 4.84; found: C 65.57, H 4.91.

3.1.18. Synthesis of $[\text{Cu}(\text{L}^{\text{Ph}})_2]$ (**17**)

Copper(II) acetate monohydrate (0.500 mmol, 0.100 g) was added to an ethanol solution (30 mL) of the ligand HL^{Ph} (1.000 mmol, 0.224 g). The reaction mixture was stirred at room temperature for 16 h and, after filtration, the precipitate was dried under reduced pressure to give the dark green complex **17** with a 95% yield. M.p.: 318–322 °C. FT-IR (cm^{-1} , Figure S52): 3063m, 3026m (C-H); 1619w, 1592s (C=O); 1538vs, 1523vs (C=C); 1483s, 1473s, 1454vs, 1395vs, 1313vs, 1320s, 1182s, 1166s, 1149s, 1128s, 1094s, 1066s, 1022s, 997s, 972s, 944s, 933s, 841m, 809m, 790s, 740vs, 706vs. ESI-MS (+) (major positive ions, CH_3OH , Figure S53), m/z (%): 225 (20) $[\text{HL}^{\text{Ph}} + \text{H}]^+$, 304 (100) $[\text{Cu}(\text{L}^{\text{Ph}}) + \text{H}_2\text{O}]^+$, 532 (40) $[\text{Cu}(\text{L}^{\text{Ph}})_2 + \text{Na}]^+$, 567 (40) $[\text{Cu}(\text{L}^{\text{Ph}})_2 + 2\text{H}_2\text{O} + \text{Na}]^+$. ESI-MS (–) (major negative ions, CH_3OH), m/z (%): 223 (30) $[\text{L}^{\text{Ph}}]^-$, 255 (30) $[\text{L}^{\text{Ph}} + \text{CH}_3\text{OH}]^-$. Elemental analysis calculated for $\text{C}_{30}\text{H}_{22}\text{CuO}_4$: C 70.65, H 4.35; found: C 70.88, H 4.28.

3.1.19. Synthesis of $[\text{Zn}(\text{L}^{\text{Ph}})_2] \cdot 2\text{H}_2\text{O}$ (**18**)

To the ligand HL^{Ph} (1.000 mmol, 0.224 g) solubilized in ethanol (50 mL), zinc(II) acetate (0.092 g, 0.500 mmol) was added, and the reaction was stirred at room temperature for 24 h. The mixture was filtered, and the precipitate was dried at reduced pressure. The light green complex **18** was obtained with an 88% yield. M.p.: 221–225 °C. FT-IR (cm^{-1} , Figure S54): 3307br (O-H); 3059w, 3026w (C-H); 1620w, 1594s (C=O); 1547s, 1521vs (C=C); 1479s, 1454s, 1386vs, 1302s, 1276s, 1233sm, 1184m, 1164m, 1131m, 1071m, 1060m, 1022m, 1000m, 939m, 926m, 811w, 788m, 746s, 711s. $^1\text{H-NMR}$ (CDCl_3 , 293 K, Figure S55): δ 6.89 (s, 1H, COCHCO); 7.48–8.05 (m, 20H, CH_{ar}). $^{13}\text{C}\{^1\text{H}\}\text{-NMR}$ (CDCl_3 , 293 K, Figure S56): δ 95.00 (COCHCO); 127.65, 128.39, 131.66, 139.70 (CH_{ar} and C_{ar}); 188.46 (CO). ESI-MS (+) (major positive ions, EtOH), m/z (%): 247 (30) $[\text{HL}^{\text{Ph}} + \text{Na}]^+$, 511 (70) $[\text{Zn}(\text{L}^{\text{Ph}})_2 + \text{H}]^+$, 533 (20) $[\text{Zn}(\text{L}^{\text{Ph}})_2 + \text{Na}]^+$. ESI-MS (–) (major negative ions, EtOH), m/z (%): 223 (60) $[\text{L}^{\text{Ph}}]^-$, 359 (40) $[\text{Zn}(\text{L}^{\text{Ph}}) + 2\text{Cl}]^-$, 545 (10) $[\text{Zn}(\text{L}^{\text{Ph}})_2 + \text{Cl}]^-$. Elemental analysis calculated for $\text{C}_{30}\text{H}_{26}\text{O}_6\text{Zn}$: C 65.76, H 4.78; found: C 65.94, H 4.71.

3.2. X-ray Data Collection and Structure Determination

A suitable crystal covered with a layer of hydrocarbon/Paratone-N oil was selected and mounted on a Cryo-loop, then immediately placed in the low temperature nitrogen stream. The X-ray intensity data of $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ (**11**) and $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ (**12**) were measured at 100 K while the data of $[\text{Cu}(\text{L}^{\text{CF}_3})_2(\text{THF})]$ were measured at 200 K (due to crystal cracking issues at 100 K) on a Bruker SMART APEX II CCD area detector system, equipped with an Oxford Cryosystems 700 series cooler, a graphite monochromator, and a Mo $\text{K}\alpha$ fine-focus sealed tube ($\lambda = 0.71073 \text{ \AA}$). Intensity data were processed using the Bruker APEX3, Version 2016.5-0 program suite. Absorption corrections were applied using SADABS 2016/2 [100]. Initial atomic positions were located by SHELXT Version 2018/2 [101], and the structures of the compounds were refined by the least-squares method using SHELXL Version 2019/3 [102] within Olex2-1.5 GUI [103]. All the non-hydrogen atoms were refined anisotropically. Hydrogen atoms were included at calculated positions and refined using appropriate riding models. The copper center of $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ molecule

sits on a center of inversion. $[\text{Cu}(\text{L}^{\text{CF}_3})_2(\text{THF})]$ crystallizes in the P-1 space group, with two additional molecules of THF in the asymmetric unit. All three THF molecules and fluorine atoms of six CF_3 groups show positional disorder, which was resolved satisfactorily. The X-ray structural figures were generated using Olex2. CCDC 2279303–2279305 files contain the supplementary crystallographic data. These data files have been deposited at Cambridge Crystallographic Data Centre (CCDC), 12 Union Road, Cambridge, CB2 1EZ, UK). Additional details are provided in the Supporting Information section.

3.3. Biology

Metal complexes were dissolved in DMSO just before the experiment, and a calculated volume of the drug solution was added to the cell growth medium to a final solvent concentration of 0.5%, which had no detectable effects on cell viability. Cisplatin was dissolved in 0.9% sodium chloride solution. MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) and cisplatin were obtained from Sigma Chemical Co, St. Louis, MO, USA.

3.4. Cell Cultures

Human SCLC (U1285), testicular (NTERA-2), colon (HCT-15), breast (MCF-7) and pancreatic (BxPC3) carcinoma cell lines were obtained from American Type Culture Collection (ATCC, Rockville, MD, USA). Cell lines were maintained in the logarithmic phase at 37 °C under a 5% carbon dioxide atmosphere using the Roswell Park Memorial Institute (RPMI)-1640 or Dulbecco's Modified Eagle Medium (DMEM) medium (EuroClone, Milan, Italy) containing 10% fetal calf serum (EuroClone, Milan, Italy), antibiotics (50 units per mL penicillin and 50 $\mu\text{g mL}^{-1}$ streptomycin) and 2 mM L-glutamine.

3.5. MTT Assay

The growth inhibitory effect toward tumor cells was evaluated by means of the MTT assay, as previously described [104]. Briefly, $3\text{--}8 \times 10^3$ cells/well, dependent upon the growth characteristics of the cell line, were seeded in 96-well microplates in a growth medium (100 μL). After 24 h, the medium was removed and replaced with a fresh one containing the compound to be studied at the appropriate concentration (0.5–50 μM concentration range). Triplicate cultures were established for each treatment. IC_{50} values, the drug concentrations that reduce the mean absorbance at 570 nm to 50% of those in the untreated control wells, were calculated using the four-parameter logistic (4-PL) model. The evaluation was based on means from at least three independent experiments.

4. Conclusions

In this study, the β -diketone ligands 1,3-dimesitylpropane-1,3-dione (HL^{Mes}), 1,3-bis(3,5-bis(trifluoromethyl)phenyl)-3-hydroxyprop-2-en-1-one (HL^{CF_3}) and 1,3-diphenylpropane-1,3-dione (HL^{Ph}) were used to synthesize novel homoleptic complexes with 3d transition metals (Mn(II), Fe(II), Co(II), Ni(II), Cu(II) and Zn(II)). The compounds were fully characterized both in the solid state and in solution. The compound $[\text{Cu}(\text{L}^{\text{CF}_3})_2]$ crystallizes as a square pyramidal complex $[\text{Cu}(\text{L}^{\text{CF}_3})_2(\text{THF})]$ with an apical THF ligand. The non-fluorinated complex $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ features a square planar geometry at copper, while $[\text{Zn}(\text{L}^{\text{Mes}})_2]$ adopts a distorted tetrahedral geometry at zinc.

In general, apart from Fe(II) complexes, the newly synthesized metal(II) complexes showed a marked cytotoxic activity, even against human colon cancer cells with poor sensitivity to cisplatin. The preliminary screening allowed the identification of the complexes $[\text{Mn}(\text{L}^{\text{Mes}})_2(\text{H}_2\text{O})_2]$ (7) and $[\text{Cu}(\text{L}^{\text{Mes}})_2]$ (11) as the most effective derivatives of the series, being much more effective than cisplatin towards all tested cancer cell lines. In particular, against HCT-15 cancer cells, $[\text{Mn}(\text{L}^{\text{Mes}})_2(\text{H}_2\text{O})_2]$ (7) was up to 15-fold more efficacious than cisplatin in decreasing cell proliferation, thus providing a foundation for also developing β -diketonate Mn(II) complexes, other than Cu(II) ones, as anticancer agents.

Supplementary Materials: The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/ijms25042038/s1>.

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