Annoyance, Sleep and Concentration Problems due to Combined Traffic Noise and the Benefit of Quiet Side

Table S1. Proportion annoyed due to road traffic or railway noise based on objective and subjective access to quiet side percent (n).

LAeq24h dB(A) COMBINED		<40	40–44	45–49	50-54	55–59	≥60	Total
Annoyed (total)		4% (4)	7% (32)	20% (124)	32% (199)	43% (259)	65% (82)	27% (700)
Window(s) facing green space	No	5% (1)	8% (7)	32% (51)	47% (91)	54% (105)	75% (39)	42% (294)
	Yes	3% (3)	6% (25)	16% (71)	25% (108)	39% (154)	58% (42)	22% (403)
				*	*	*		*
Bedroom window facing green space	No	4% (1)	13% (15)	31% (69)	50% (126)	52% (149)	71% (57)	42% (417)
	Yes	4% (3)	5% (17)	14% (53)	19% (69)	35% (105)	56% (25)	18% (272)
			*	*	*	*		*
Subjective access to quiet indoor space	No	15% (2)	16% (12)	35% (77)	50% (140)	57% (183)	79% (62)	48% (476)
	Yes	2% (2)	5% (20)	11% (44)	17% (57)	27% (74)	41% (19)	14% (216)
			*	*	*	*	*	*

Note: * Difference between Yes and No p < 0.05.

Table S2. Bad sleep quality in relation to noise from combined sources, by three different measures of access to quiet side.

LAeq24h dB(A) COMBINED		<40	40–44	45–49	50-54	55–59	≥60	Total
Window(s) facing green space	no	21% (4)	16% (13)	16% (25)	24% (45)	32% (62)	24% (12)	23% (161)
	yes	9% (8)	12% (48)	18% (82)	20% (84)	22% (85)	25% (17)	18% (324)
						*		*
Bedroom	no	14% (4)	17% (18)	19% (41)	23% (58)	29% (81)	26% (20)	23% (222)
window facing green space	yes	10% (8)	12% (42)	17% (66)	20% (71)	21% (63)	23% (10)	17% (260)
-						*		*
Subjective access	no	15% (2)	16% (12)	24% (53)	27% (74)	28% (90)	27% (20)	26% (251)
to quiet indoor space	yes	10% (10)	12% (49)	14% (53)	16% (55)	21% (56)	22% (10)	15% (233)
				*	*	*		*

Note: * Difference between Yes and No p < 0.05.

Table S3. Concentration difficulties in relation to noise from combined sources, by three different measures of access to quiet side.

LAeq24h dB(A) COMBINED		<40	40–44	45–49	50-54	55–59	≥60	Total
Window(s)	no	26% (5)	18% (15)	27% (42)	25% (47)	33% (64)	33% (16)	27% (189)
facing green space	yes	17% (15)	16% (63)	20% (91)	21% (89)	23% (89)	25% (17)	20% (364)
						*		*
Bedroom	no	18% (5)	18% (20)	24% (52)	27% (67)	30% (85)	32% (24)	26% (253)
window facing green space	yes	19% (15)	16% (56)	21% (79)	19% (69)	22% (66)	23% (10)	19% (295)
					*	*		*
Subjective	no	15% (2)	25% (18)	29% (63)	26% (72)	32% (103)	28% (21)	29% (279)
access to quiet indoor space	yes	20% (19)	15% (59)	18% (68)	19% (64)	18% (49)	28% (13)	18% (272)
				*	*	*	*	*

Note: * Difference between Yes and No p < 0.05.

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