

# Environmental Restrictors to Occupational Participation in Old Age: Exploring Differences across Gender in Puerto Rico

## Interview Guide

Code number: \_\_\_\_\_ Interviewer: \_\_\_\_\_  
Date: \_\_\_\_\_ Duration of the interview: \_\_\_\_\_  
Interview context description: \_\_\_\_\_

Participant’s characteristics: \_\_\_\_\_

**Preamble:** I want to ask you about your experience related to participating in the activities of daily living as an older adult who lives alone. I am particularly interested in what things do you think contribute to experiencing difficulties to engage in the activities that you want to do every day.

Questions	Field Notes
<b>Meaning of occupation:</b>  (1). What are your most important activities of daily living?	
<b>Experience of occupational challenges</b>  (2). What kind of difficulties have you experienced in participating in daily activities?  (3). What do you think are the barriers or obstacles to do what you want to do every day?  (4). What is the hardest thing for you as an older adult who lives alone?	

<b>Closing question:</b>  (5) Is there anything else that I should know about the obstacles that you face to participate in your daily life activities?	

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