

Heart Health Screening



Researchers at the National Heart, Lung and Blood Institute at the National Institutes of Health (NIH) Clinical Center in Bethesda, Maryland, seek volunteers who could possibly be at risk for obesity and heart health issues.

Participate in a heart health screening and needs assessment that will assess your body mass index (BMI), physical activity, dietary intake, cholesterol level, blood pressure, and blood sugar.

There is no cost to you for study-related tests. Participants will receive compensation after completing each part of the study.

You may be eligible if you:

- Are 19-85 years of age
- Attend this church
- Are able to read and speak English

You may not be eligible if you:

- Are pregnant

**For more information, please call:
301-594-3735 (TTY: 1-866-411-1010)
Or go online, clinicaltrials.gov
Search for study: 13-H-0183**

NIH...Turning Discovery Into Health Site:
Department of Health and Human Services
National Institutes of Health
National Heart, Lung and Blood Institute

Figure 1. Culturally tailored flyer used for community awareness and recruitment.

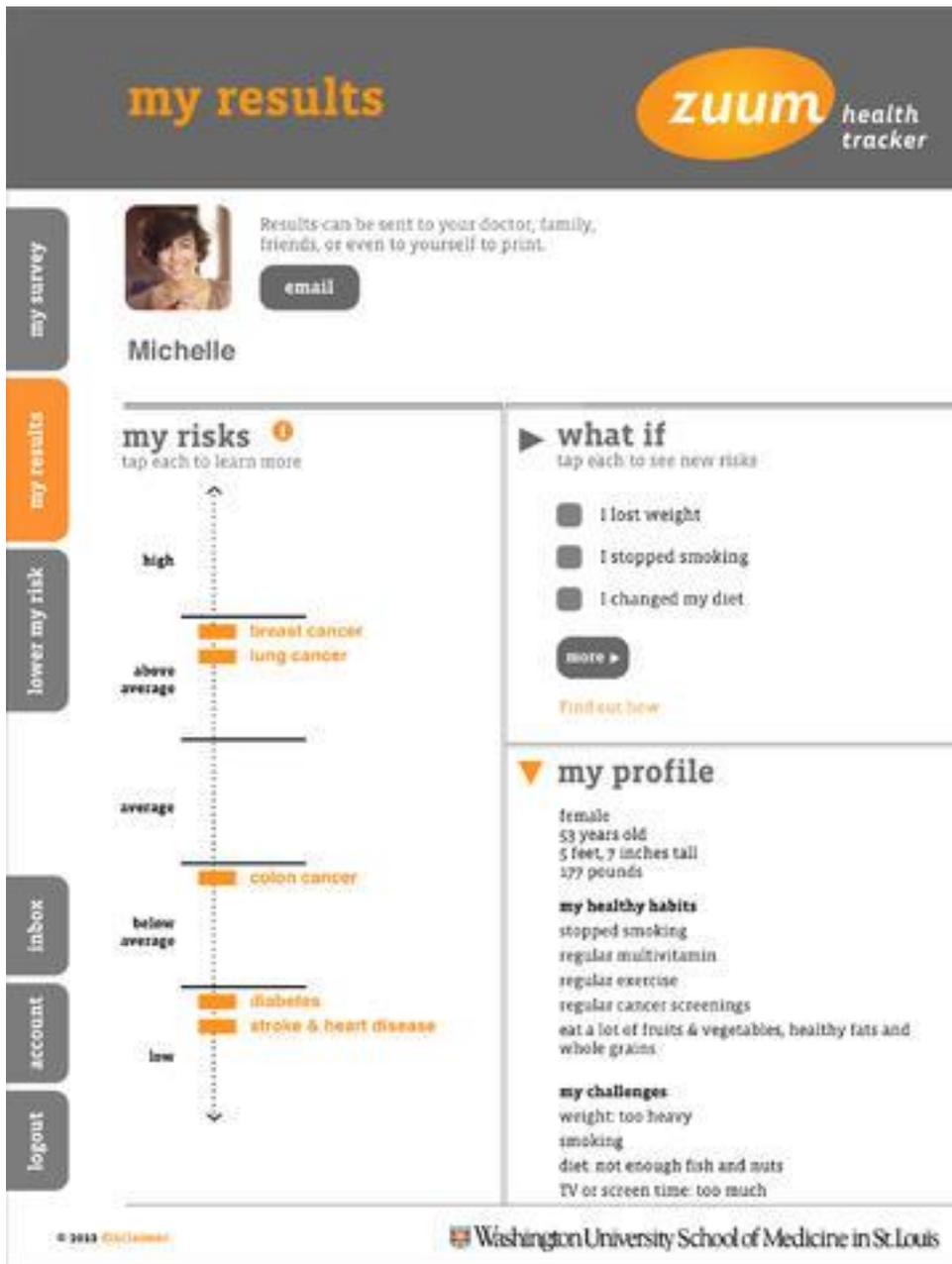


Figure 2. Screenshot of the Zuum application used to provide cardiovascular health risk assessments. (Please provide us a sufficiently high-resolution figures (minimum 1000 pixels width/height, or a resolution of 300 dpi or higher), we could not see the letters clearly.)