## Supplementary table:

Table S1. Sitting and standing time at the start and the end of the school year

	Start of school	End of school year
	year	
Standing desk		
Standing time		
(mins/school day (95%		
confidence intervals)	81 (64 to 94)^	95 (84 to 107)^
Sitting time		
(mins/school day (95%		
confidence intervals)	211 (198 to 224)*	175 (164 to 187)*
Traditional seated desk		
Standing time		
(mins/school day (95%		
confidence intervals)	64 (53 to 76)^	69 (58 to 81)^
Sitting time		
(mins/school day (95%		
confidence intervals)	228 (217 to 239)*	215 (203 to 226)*

<sup>\*</sup> Significant reduction in sitting time when using a standing desk at both time points

<sup>^</sup> Significant increase in standing time when using a standing desk at both time points