Personal determinants

Behavior and environmental factors

Health problems

Quality of life

Self-efficacy/lack of skills: Limited trainabilitiy in memory-specificity

Clients do not retrieve specific, positive memories after PM

Depressive symptoms return after PM

Decrease in quality of life

Attitudes: Lack of attitude that maintenance is important
Knowledge: Lack of knowledge about maintenance
Self-efficacy: Lack of skills to support clients in maintenance

Psychologists do not support clients to retrieve specific, positive memories after PM

Figure S1. Logic model of the problem