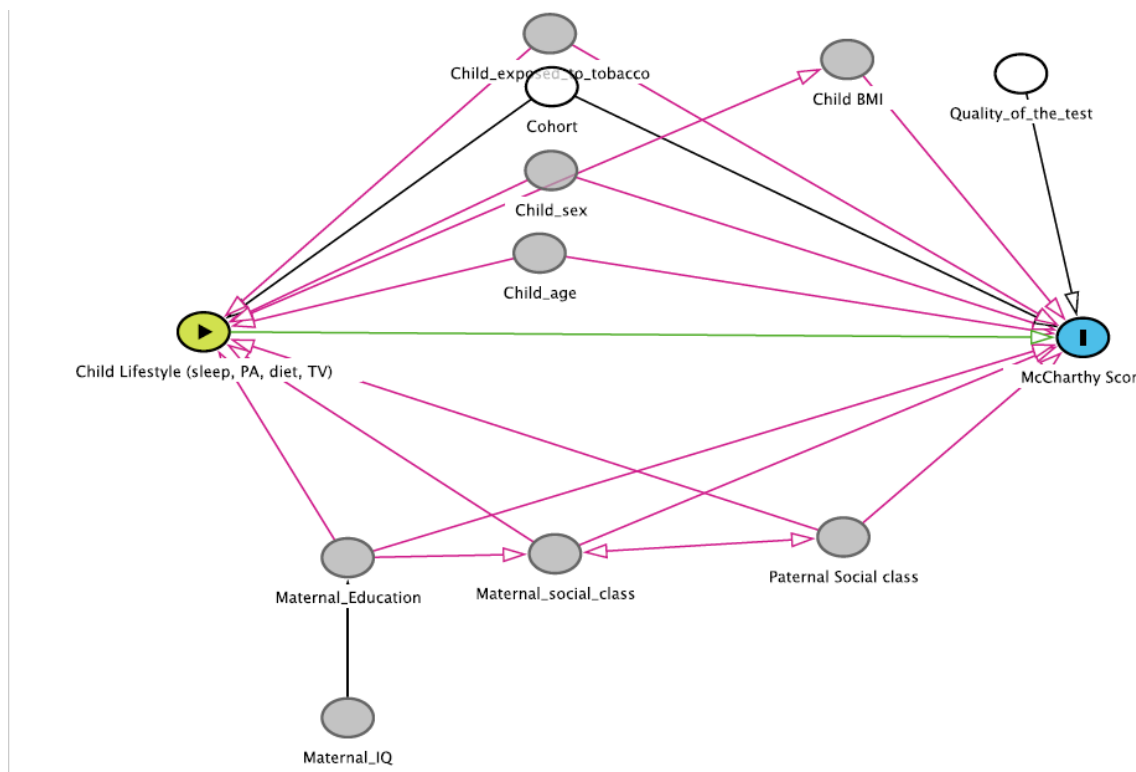**Table S1.** Estimated correlation between lifestyle factors.

Lifestyle Factors	TV (<7 Hours/Week)	Sleep (>70 Hours/Week)	Physical Activity (> Median METs of Cohort)	aMEDKID (>3 Points)
TV	-	-	-	-
Sleep	0.1599 *	-	-	-
PA	-0.0595	0.0104	-	-
aMed diet	0.1799	0.1386 *	0.0305	-
VIF (collinearity)	1.02	1.02	1.00	1.02

* Statistically significant ($p < 0.001$). Tetrachoric correlation, Binary variables made by recommended value or median specific (PA).

Figure S1. DAG model for confounding variable selection.