Supplementary Material

Table S1. Associations of increased frequencies of health complaints with sociodemographic factors – crude (odds ratios – OR, and 95% confidence intervals – 95% CI).

	Headache	Stomach Ache	Backache	Intestinal Problems	Feeling Low	Irritability	Nervousness	Sleeping Difficulties	Dizziness
Age	0.98	0.99	1.00	0.99	0.99	0.99	0.99	0.99	0.98
	(0.97–0.99) ***	(0.94–1.00) *	(0.99–1.01)	(0.98 - 1.00)	(0.98–1.00) **	(0.98–1.00) **	(0.98–1.00) **	(0.98–1.00) **	(0.96–1.00) *
Gender									
Male	1	1	1	1	1	1	1	1	1
Female	1,26	1.86	1.12	1.11	2.27	1.33	1.53	1.25	1.86
	(0.97 - 1.64)	(1.26–2.74) **	(0.82–1.53)	(0.75–1.65)	(1.71–3.01) ***	(1.01–1.74)*	(1.17–2.00) **	(0.90–1.73)	(1.03–3.34) *
Highest achieved education									
Elementary school	1	1	1	1	1	1	1	1	1
Secondary vocation school	1.58 (0.89–2.81)	0.47 (0.26–0.84) *	1.00 (0.56–1.77)	0.56 (0.29–1.09)	0.69 (0.42–1.15)	1.03 (0.61–1.76)	0.76 (0.46–1.24)	0.66 (0.38–1.16)	0.38 (0.16–0.91) *
Secondary school with graduation	2.00 (1,12–3,58) *	0.47 (0.26–0.87) *	0.85 (0.47–1.54)	0.81 (0.42–1.57)	1.11 (0.67–1.83)	1.29 (0.75–2.21)	1.05 (0.64–1.73)	0.70 (0.40–1.27)	0.56 (0.24–1.32)
College	1.57 (0.81–3.03)	0.59 (0.29–1.20)	1.20 (0.62–2.32)	0.59 (0.26–1.34) Econom	1.49 (0.85–2.61) nic status	1.77 (0.98–3.20)	1.37 (0.89–2.39)	0.91 (0.48–1.76)	0.57 (0.20–1.61)
Household/un employed	1	1	1	1	1	1	1	1	1

Student	1.87	0.85	1.28	1.49	1.55	2.02	1.63	2.43	2.06		
	(0.98–3.55)	(0.37–1.93)	(0.57–2.86)	(0.65–3.42)	(0.83–2.92)	(1.02–3.99) *	(0.86–3.06)	(1.17–5.06) *	(0.61–7.00)		
Disabled/Old– aged pensioner	0.65 (0.39–1.07)	0.44 (0.24–0.80) **	1.07 (0.59–1.94)	0.58 (0.30–1.13)	0.59 (0.36–0.95) *	0.95 (0.56–1.62)1	0.76 (0.47–1.22)	0.83 (0.46–1.52)	0.90 (0.33–2.52)		
Employee	0.97	0.43	0.94	0.56	0.64	1.20	0.70	0.77	0.71		
	(0.60–1.55)	(0.25–0.76) **	(0.53–1.66)	(0.30–1.06)	(0.41–1.01)	(0.73–1.99)	(0.44–1.10)	(0.43–1.38)	(0.26–1.93)		
Self-employed	0.94	0.81	1.25	0.73	0.92	0.72	0.68	0.75	1.06		
	(0.45–1.94)	(0.35–1.90)	(0.55–2.87)	(0.27–2.00)	(0.46–1.84)	(0.31–1.67)	(0.32–1.42)	(0.29–1.91)	(0.25–4.58)		
Marital status											
Single/Divorce d/Widow(er)	1	1	1	1	1	1	1	1	1		
Married/Partn	1.14	0.96	0.99	0.80	0.86	0.82	0.82	1.08	1.00		
er relationship	(0.86–1.51)	(0.65–1.42)	(0.71–1.37)	(0.54–1.20)	(0.65–1.14)	(0.62–1.09)	(0.62–1.08)	(0.76–1.53)	(0.56–1.83)		
Faith											
Non-religious	1	1	1	1	1	1	1	1	1		
Religious	1.24	1.15	0.95	1.07	1.18	0.93	1.20	1.17	1.56		
	(0.94–1.63)	(0.78–1.69)	(0.68–1.32)	(0.71–1.61)	(0.89–1.57)	(0.70–1.23)	(0.91–1.58)	(0.84–1.65)	(0.88–2.76)		
Spirituality	1.00	1.01	1.00	1.01	1.01	1.00	1.01	1.00	1.03		
	(0.99–1.01)	(1.00–1.02) *	(0.99–1.01)	(0.99–1.02)	(1.00–1.02) *	(0.99–1.01)	(1.00–1.02)	(0.99–1.01)	(1.01–1.04) **		

Notes: * p < 0.05, ** p < 0.01, *** p < 0.001; after using Bonferroni correction, only p-values below 0.01 are considered significant.