## Supplementary Material

Table S1. Associations of increased frequencies of health complaints with sociodemographic factors - crude (odds ratios - OR, and 95\% confidence intervals - 95\% CI).

|  | Headache | Stomach Ache | Backache | Intestinal <br> Problems | Feeling Low | Irritability | Nervousness | Sleeping <br> Difficulties | Dizziness |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |


| Student | $\begin{gathered} 1.87 \\ (0.98-3.55) \end{gathered}$ | $\begin{gathered} 0.85 \\ (0.37-1.93) \end{gathered}$ | $\begin{gathered} 1.28 \\ (0.57-2.86) \end{gathered}$ | $\begin{gathered} 1.49 \\ (0.65-3.42) \end{gathered}$ | $\begin{gathered} 1.55 \\ (0.83-2.92) \end{gathered}$ | $\begin{gathered} 2.02 \\ (1.02-3.99)^{*} \end{gathered}$ | $\begin{gathered} 1.63 \\ (0.86-3.06) \end{gathered}$ | $\begin{gathered} 2.43 \\ (1.17-5.06)^{*} \end{gathered}$ | $\begin{gathered} 2.06 \\ (0.61-7.00) \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Disabled/Old- aged pensioner | $\begin{gathered} 0.65 \\ (0.39-1.07) \end{gathered}$ | $\begin{gathered} 0.44 \\ (0.24-0.80){ }^{* *} \end{gathered}$ | $\begin{gathered} 1.07 \\ (0.59-1.94) \end{gathered}$ | $\begin{gathered} 0.58 \\ (0.30-1.13) \end{gathered}$ | $\begin{gathered} 0.59 \\ (0.36-0.95) \end{gathered}$ | $\begin{gathered} 0.95 \\ (0.56-1.62) 1 \end{gathered}$ | $\begin{gathered} 0.76 \\ (0.47-1.22) \end{gathered}$ | $\begin{gathered} 0.83 \\ (0.46-1.52) \end{gathered}$ | $\begin{gathered} 0.90 \\ (0.33-2.52) \end{gathered}$ |
| Employee | $\begin{gathered} 0.97 \\ (0.60-1.55) \end{gathered}$ | $\begin{gathered} 0.43 \\ (0.25-0.76){ }^{* *} \end{gathered}$ | $\begin{gathered} 0.94 \\ (0.53-1.66) \end{gathered}$ | $\begin{gathered} 0.56 \\ (0.30-1.06) \end{gathered}$ | $\begin{gathered} 0.64 \\ (0.41-1.01) \end{gathered}$ | $\begin{gathered} 1.20 \\ (0.73-1.99) \end{gathered}$ | $\begin{gathered} 0.70 \\ (0.44-1.10) \end{gathered}$ | $\begin{gathered} 0.77 \\ (0.43-1.38) \end{gathered}$ | $\begin{gathered} 0.71 \\ (0.26-1.93) \end{gathered}$ |
| Self-employed | $\begin{gathered} 0.94 \\ (0.45-1.94) \end{gathered}$ | $\begin{gathered} 0.81 \\ (0.35-1.90) \end{gathered}$ | $\begin{gathered} 1.25 \\ (0.55-2.87) \end{gathered}$ | $\begin{gathered} 0.73 \\ (0.27-2.00) \\ \text { Mari } \end{gathered}$ | $\begin{gathered} 0.92 \\ (0.46-1.84) \end{gathered}$ <br> status | $\begin{gathered} 0.72 \\ (0.31-1.67) \end{gathered}$ | $\begin{gathered} 0.68 \\ (0.32-1.42) \end{gathered}$ | $\begin{gathered} 0.75 \\ (0.29-1.91) \end{gathered}$ | $\begin{gathered} 1.06 \\ (0.25-4.58) \end{gathered}$ |
| Single/Divorce d/Widow(er) | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| Married/Partn er relationship | $\begin{gathered} 1.14 \\ (0.86-1.51) \end{gathered}$ | $\begin{gathered} 0.96 \\ (0.65-1.42) \end{gathered}$ | $\begin{gathered} 0.99 \\ (0.71-1.37) \end{gathered}$ | $\begin{gathered} 0.80 \\ (0.54-1.20) \end{gathered}$ | $\begin{gathered} 0.86 \\ (0.65-1.14) \end{gathered}$ | $\begin{gathered} 0.82 \\ (0.62-1.09) \end{gathered}$ | $\begin{gathered} 0.82 \\ (0.62-1.08) \end{gathered}$ | $\begin{gathered} 1.08 \\ (0.76-1.53) \end{gathered}$ | $\begin{gathered} 1.00 \\ (0.56-1.83) \end{gathered}$ |
| Faith |  |  |  |  |  |  |  |  |  |
| Non-religious | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| Religious | $\begin{gathered} 1.24 \\ (0.94-1.63) \end{gathered}$ | $\begin{gathered} 1.15 \\ (0.78-1.69) \end{gathered}$ | $\begin{gathered} 0.95 \\ (0.68-1.32) \end{gathered}$ | $\begin{gathered} 1.07 \\ (0.71-1.61) \end{gathered}$ | $\begin{gathered} 1.18 \\ (0.89-1.57) \end{gathered}$ | $\begin{gathered} 0.93 \\ (0.70-1.23) \end{gathered}$ | $\begin{gathered} 1.20 \\ (0.91-1.58) \end{gathered}$ | $\begin{gathered} 1.17 \\ (0.84-1.65) \end{gathered}$ | $\begin{gathered} 1.56 \\ (0.88-2.76) \end{gathered}$ |
| Spirituality | $\begin{gathered} 1.00 \\ (0.99-1.01) \\ \hline \end{gathered}$ | $\begin{gathered} 1.01 \\ (1.00-1.02) * \\ \hline \end{gathered}$ | $\begin{gathered} 1.00 \\ (0.99-1.01) \\ \hline \end{gathered}$ | $\begin{gathered} 1.01 \\ (0.99-1.02) \\ \hline \end{gathered}$ | $\begin{gathered} 1.01 \\ (1.00-1.02)^{*} \\ \hline \end{gathered}$ | $\begin{gathered} 1.00 \\ (0.99-1.01) \\ \hline \end{gathered}$ | $\begin{gathered} 1.01 \\ (1.00-1.02) \\ \hline \end{gathered}$ | $\begin{gathered} 1.00 \\ (0.99-1.01) \\ \hline \end{gathered}$ | $\begin{gathered} 1.03 \\ (1.01-1.04)^{* *} \\ \hline \end{gathered}$ |

Notes: ${ }^{*} p<0.05,{ }^{* *} p<0.01,{ }^{* * *} p<0.001$; after using Bonferroni correction, only $p$-values below 0.01 are considered significant.

