

Supplementary S1. Correlations among the Variables.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
2	.87	1																											
3	.73	.74	1																										
4	.44	.43	.33	1																									
5	.43	.42	.33	.88	1																								
6	.35	.36	.29	.72	.74	1																							
7	-.43	-.43	-.43	-.24	-.24	-.22	1																						
8	-.42	-.43	-.43	-.23	-.23	-.22	.84	1																					
9	-.41	-.41	-.41	-.23	-.21	-.19	.66	.68	1																				
10	-.29	-.30	-.22	-.47	-.44	-.43	.30	.30	.28	1																			
11	-.30	-.31	-.23	-.49	-.47	-.43	.31	.32	.30	.80	1																		
12	-.28	-.29	-.23	-.42	-.41	-.39	.29	.27	.31	.64	.65	1																	
13	.17	.17	.18	.13	.12	.13	-.18	-.21	-.19	-.11	-.13	-.10	1																
14	.18	.18	.19	.11	.11	.12	-.13	-.16	-.15	-.09	-.08	-.09	.41	1															
15	.17	.19	.16	.13	.11	.12	-.18	-.19	-.17	-.13	-.12	-.12	.45	.50	1														
16	.13	.14	.15	.10	.10	.11	-.15	-.17	-.13	-.07	-.06	-.06	.45	.55	.50	1													
17	.16	.16	.14	.21	.20	.19	-.13	-.14	-.11	-.18	-.19	-.13	.19	.17	.20	.21	1												
18	.13	.14	.12	.21	.21	.18	-.14	-.13	-.12	-.17	-.17	-.16	.08	.22	.18	.16	.50	1											
19	.14	.17	.12	.22	.24	.23	-.16	-.15	-.11	-.21	-.21	-.19	.12	.14	.20	.17	.53	.56	1										
20	.14	.15	.12	.20	.19	.19	-.12	-.12	-.10	-.14	-.15	-.09	.08	.16	.15	.21	.54	.60	.55	1									
21	.11	.12	.09	.09	.08	.05	-.17	-.19	-.14	-.07	-.09	-.09	.14	.08	.14	.08	.03	.07	.09	.03	1								
22	-.02	-.02	-.03	.04	.02	.02	.02	.01	.04	-.01	.01	-.01	-.03	-.01	-.03	-.04	-.03	.03	-.01	.00	.14	1							
23	.00	-.01	-.02	.01	.05	.05	-.03	-.04	-.01	-.03	-.04	.00	.08	.07	.08	.10	.03	.06	.06	.05	.09	.06	1						
24	-.20	-.22	-.14	-.16	-.16	-.10	.13	.13	.14	.13	.12	.09	-.11	-.09	-.11	-.04	-.09	-.07	-.10	-.06	-.12	.09	-.05	1					
25	.00	.00	.02	.00	-.03	.01	.00	.01	.04	.04	.06	.00	.00	.01	-.03	.00	-.05	-.08	-.09	-.02	.01	.04	-.01	.11	1				
26	.03	.02	.03	.02	.00	.00	.00	.00	.04	.01	.05	-.02	.00	.00	.00	.03	-.08	-.09	-.08	-.03	.03	.06	.03	.14	.88	1			
27	-.01	-.02	-.01	-.01	-.03	-.01	.00	.01	.06	.05	.07	.02	-.02	-.02	-.02	.00	-.08	-.11	-.08	-.04	.02	.06	.05	.14	.83	.90	1		
28	.05	.05	.05	.05	.05	.04	-.04	-.07	-.05	-.07	-.06	-.05	.06	.04	.08	-.01	.06	.08	.06	.03	.02	-.01	-.02	-.13	-.03	-.01	-.02	1	
29	.09	.10	.09	.05	.04	.04	-.11	-.10	-.12	-.08	-.08	-.07	.06	.02	.04	.00	.04	.05	.07	.01	.07	-.04	-.02	-.18	-.05	-.05	-.05	.34	1
30	.10	.10	.09	.09	.08	.06	-.11	-.11	-.13	-.10	-.08	-.07	.06	.02	.06	.01	.05	.02	.03	.01	.05	.00	.00	-.16	-.04	-.05	-.06	.26	.45

Note. Red indicates a significant positive correlation. Blue indicates a significant negative correlation.

- [1] Mother's happiness - In general, I consider myself happy;
- [2] Mother's happiness - Compared with most of my peers, I consider myself happy;
- [3] Mother's happiness - I enjoy life regardless of what is going on;
- [4] Father's happiness - In general, I consider myself happy;
- [5] Father's happiness - Compared with most of my peers, I consider myself happy;
- [6] Father's happiness - I enjoy life regardless of what is going on;
- [7] Mother's parenting stress – I am not sure if I could be a good parent;
- [8] Mother's parenting stress – I am not confident that I can raise my child properly;
- [9] Mother's parenting stress – I feel my child is behind his/her peers because I do not parent him/her well;
- [10] Father's parenting stress – I am not sure if I could be a good parent;
- [11] Father's parenting stress – I am not confident that I can raise my child properly;
- [12] Father's parenting stress – I feel my child is behind his/her peers because I do not parent him/her well;
- [13] Mother's play engagement – I do arts and crafts with my child;
- [14] Mother's play engagement – My child and I play board games and do puzzles together;

- [15] Mother's play engagement - My child and I talk about nature and do science projects together;
- [16] Mother's play engagement - My child and I build something or play with toys together;
- [17] Father's play engagement - I do arts and crafts with my child;
- [18] Father's play engagement - My child and I play board games and do puzzles together;
- [19] Father's play engagement - My child and I talk about nature and do science projects together;
- [20] Father's play engagement - My child and I build something or play with toys together;
- [21] Child healthy eating;
- [22] Child unhealthy eating;
- [23] Child physical activities;
- [24] Child screen time;
- [25] Child weight status at age 7;
- [26] Child weight status at age 8;
- [27] Child weight status at age 9;
- [28] Child happiness at age 7;
- [29] Child happiness at age 8;
- [30] Child happiness at age 9.

* $p < .05$