



# Article A 900-Year Isotopic Proxy Rainfall Record from Northeastern Botswana

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Abstract: A high-resolution climate archive was reconstructed based on carbon isotope analysis and radiocarbon dating of the Chapman baobab in northeastern Botswana. The Chapman baobab, which exhibited an open ring-shaped structure composed of six stems, collapsed in January 2016 during an intense El Niño event. Two samples belonging to the oldest stems were investigated in order to obtain a proxy rainfall record, which provides insight into the precipitation regime over the last millennium, evincing centennial and decadal scale variability. The results indicate that the Medieval Warm Period was marked by relatively stable precipitation, whereas rainfall variability and drought frequency increased during the Little Ice Age. The investigated area has experienced both wetter and drier conditions in the past. The wettest conditions of the last millennium were registered before 1450 while the driest period occurred in 1835. For southern Africa, inter-annual rainfall variability is mainly associated with sea surface temperatures in the Agulhas Current core region, which determine the east-west displacement of tropical temperate troughs. Previous studies suggested that positive sea surface temperature anomalies in the Mozambique Channel led to an eastward movement of the troughs but the Chapman record demonstrates a westward displacement in the past, causing drought in northeastern South Africa and wetter conditions in the central part of southern Africa. The positive rainfall correlation with SST anomalies reversed after 1900, causing a gradual decrease in precipitation and confirming the current aridity trend for Botswana. The results contribute to a better understanding of the past climate of southern Africa for which paleoclimate reconstructions remain scarce.

**Keywords:** African baobab; paleoclimate reconstruction; radiocarbon dating; stable isotope analysis; proxy rainfall record; Botswana

# 1. Introduction

The dry regions of the tropics present a high climatological risk of desertification and southern Africa is particularly vulnerable [1]. Climate simulations indicate a temperature increase of 4–6 °C associated with widespread reduction in rainfall by the end of the century [2]. The warming rate of this region is twice as high as the global trend [3] and among the most elevated in the Southern Hemisphere [4]. Temperature increases lead to significant modifications in atmospheric processes causing higher uncertainty in future



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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). precipitation prediction patterns [5,6]. Rainfall regimes are expected to shift and alter their frequency, while rainfall variability will increase and generate water insecurity [7]. An increasing number of people inhabit regions where the mean annual precipitation is considered unfamiliar compared to the previous century and, although for southern Africa annual precipitation shows no trend, precipitation extremes have increased with more intense heavy rainfall and longer dry spells [3]. Extreme climate events such as droughts, cyclones, floods, and anomalies such as heat-wave days and fire danger days are also expected to rise, while extreme cold waves will decrease [2,3].

Governance systems to reduce the impact of climate change require a long-term sustainable perspective based on a fundamental understanding of the climate. Modelling can, for example, output rainfall fields that show substantial changes without elucidating the underlying mechanisms. Future temperature projections are consistent between simulations, yet future rainfall simulations exhibit great uncertainty [2,7–9]. Poor instrumental climate records are a challenge to reducing this uncertainty. In the absence of long instrumental records, paleoclimate studies are required to reveal the mechanisms of intrinsic changes in the climate system, but this approach is undermined by a paucity of suitable paleoenvironmental sites [10,11].

Two-thirds of Botswana is a savanna desert in which evaporation rates exceed precipitation [12]. Rainfall is erratic, unpredictable, heterogeneous and unreliable, showing high variability at a regional scale. The dominant rain-fed agricultural subsistence strategies would suffer greatly even with a small decline in rainfall, especially in areas close to the limit for such practices [13,14], highlighting the importance of adaptation options to reduce food insecurity, especially in vulnerable groups. A global warming increase of  $0.5 \,^{\circ}\text{C}$ above 1.5 °C represents a transition from medium- to high-risk impact on food security as food availability in southern Africa is projected to decrease [15]. Biodiversity loss in southern Africa is foreseen to be among the highest with increasing warming [3]. Rising temperatures combined with a reduction in precipitation will exacerbate crop failure, water scarcity, famine, disease, energy demand, land degradation and desertification [3,16]. Studies on rainfall variability over the past 30 years did not identify a clear trend for southern Africa, where inter-annual rainfall variability can reach 200%, but all concur that there is an increase in the duration and intensity of dry periods [3,7,17]. According to Gimeno et al. [6], southern Africa receives moisture from only 1–2 source regions, which renders it more exposed to strong changes in the water cycle caused by climate change. The Indian Ocean has been the main rainfall source throughout the past 45 ka in the Kalahari [18]. Large-scale forcing is linked to sea-surface temperature (SST) in the Agulhas Current core region, which influences the E/W displacement of temperate tropical troughs (TTTs) that are responsible for most precipitation events in this area [19,20]. El Niño Southern Oscillation (ENSO) is not a constant driver of rainfall over the last millennium; rather, mature phases of El Niño alternated with wet/dry conditions. Funk et al. [21] found that anthropogenic forcing plays a role in exacerbating the effects of moderate to strong El Niño events in southern Africa and that western North Pacific SST appears to be a strong teleconnection [22]. Nevertheless, a clear negative association between modern-day El Niño events and southern African rainfall emerged [23,24]. Fauchereau et al. [25] suggested that El Niño generates a complex indirect influence over southern Africa; however, longer and better spatially resolved data is required to unravel this forcing.

Tree-ring chronologies could offer a suitable temporal and spatial proxy but tropical tree species are relatively short lived [26]. Furthermore, tropical trees do not necessarily form distinct annual growth rings; thus, developing accurate tree-ring chronologies is a challenging feat, especially by traditional dendrochronological means [9,27,28]. Relatively few climate reconstructions based on traditional dendroclimatological methods have been established for Africa: a 412-year record for the southwestern winter rainfall area [29], a 596-year rainfall archive for KwaZulu-Natal [30], a 600-year reconstruction for the southern coastal region of South Africa [31,32], a 200-year record for Zimbabwe [33], a 100-year record for Namibia [34], 111 years for Mozambique [35], 68 [36] and 91 years for Ethiopia [37,38],

160 years for Benin [39], 149 years for Zambia [8], and 49 years for Botswana [40]. In all studies, growing seasons were triggered by precipitation, which was often negatively correlated with temperature. The spatial and temporal resolution of these records remains inadequate to fully understand regional climate dynamics. An alternative approach to ring-width chronologies is stable isotope investigation of trees, coupled with radiocarbon dating for species with problematic growth rings. This is possible due to the active leaflevel physiological control trees exert on carbon assimilation and biochemical isotopic discrimination [41]. The Rubisco fixation process has a constant isotopic fractionation effect on wood relative to atmospheric CO<sub>2</sub>. During periods of low edaphic moisture availability, drought-avoidance mechanisms limit stomatal activity and the discrimination against  $^{12}$ CO<sub>2</sub> in favour of  $^{13}$ CO<sub>2</sub> is reduced. For southern Africa, the environmental forcing on tree C isotope ratios consists of edaphic moisture availability driven by seasonal rainfall since the temperature during the growth season is relatively high and does not present a determining factor for  $CO_2$  assimilation [20]. By analysing the variability of carbon isotopic fractionation in wood ( $\delta^{13}$ C), the rainfall series can be reconstructed. This cannot be applied to riparian specimens, nor for trees with additional moisture sources.

The use of  $\delta^{13}$ C as a proxy for rainfall in Africa was used in yellowwood trees (*Podocarpus latifolius*) [42], coastal red milkwood trees (*Minusops caffra*) [43], camel thorn (*Vachellia erioloba*) [44], Cape cheesewood (*Pittosporum viridiflorum*), African cherry (*Prunus africana*) [45], Grandidier and za baobabs (*Adansonia grandidieri*, *A. za*) [46] and matumi trees (*Breonadia salicina*), which yielded a 600-year long record that proved the changes in the carbon isotope composition reflect rainfall variability [47], whereas the oxygen isotope composition is influenced by additional factors [48].

In 2005, we started a complex research project aiming to clarify numerous controversial aspects related to the architecture, development, and age of the African baobab (*Adansonia digitata*), which gradually extended to other *Adansonia* species [49–54]. This research relies on AMS radiocarbon dating of tiny wood samples extracted from different areas of monumental trees [55–58]. Through radiocarbon investigation, we identified the unique multi-stem architecture within the genus *Adansonia*, namely the ring-shaped structure that enables specimens to reach old ages and great sizes, making the African baobab the stoutest and oldest known angiosperm in the world [59].

Such longevity makes the baobab a valuable candidate for high-resolution paleoclimate reconstructions. In 2006, Robertson et al. [60] explored the potential of  $\delta^{13}$ C from African baobabs as a climate archive and demonstrated that its growth is positively correlated with rainfall. Due to their shallow root system [61], baobabs seldom access groundwater and mainly rely on precipitation events [40]. However, the African baobab's growth ring anomalies include false, missing, indistinct, supra- or sub-annual growth rings, and in some cases, certain stems slow their radial growth to an insignificant rate for hundreds of years [27,62]. Radiocarbon dating is the sole solution for ascertaining the age and growth rates of baobab stems [27,50,63].

The first high temporal and spatial resolution proxy rainfall record based on the African baobabs was produced for the northeast of South Africa [20,64]. This reconstruction provided decadal and centennial rainfall oscillation over the past 1000 years. The records reflected a shift from wet conditions in the Medieval Warm Period (MWP) to dry conditions during the Little Ice Age (LIA). Woodborne et al. [20,64] attributed dry conditions at the Pafuri and Mapungubwe sites to an eastward shift of the TTT system. The proposed mechanism should have concurred with hyper-arid conditions in Botswana. However, a 250-year  $\delta^{13}$ C rainfall proxy record for the xeric region of southern Botswana indicates wetter conditions induced by positive SST anomalies [44]. This suggests a westward shift of the TTT with elevated SST and emphasises the need for records with improved temporal and spatial resolution. Another rainfall proxy in northern Botswana supports this hypothesis, although the region is also at the limit of ITCZ [65].

The objectives of our study are to reconstruct the past climate of northeastern Botswana by performing stable isotope analysis and radiocarbon dating on African baobab cores extracted from the historic Chapman baobab, which collapsed in 2016. The study will provide a better understanding of the southern African climate through a high-resolution rainfall record that reflects decadal and centennial variability over the past 1000 years. In particular, the reconstruction will be compared with the existing records to verify the westward displacement of the TTT hypothesis in response to SST anomalies.

### 2. Materials and Methods

## 2.1. The Baobab and Its Area

The Chapman baobab was located close to the Ntwetwe Pan of the Makgadikgadi Basin of northeastern Botswana. The GPS coordinates of this location are 20°29.404′ S, 025°14.971′ E, the altitude reaches 905 m, while the mean annual rainfall is around 450 mm [59,63].

This area belongs to the world's largest salt pan complex comprised of paleolakes [66,67], with a semi-arid climate and an average annual rainfall ranging from 359 mm in Rakops (to the west) to 545 mm in Maitengwe (to the east), along a southwest–northeast (rainfall) gradient [68]. Precipitations are highly variable and occur in the austral summer (October–April) with the highest monthly mean concentrated in January–February. July–August are the driest months and the average evapotranspiration rate exceeds 2000–2500 mm per year [68,69]. Satellite data shows a mean annual temperature of 35.2 °C for the area and a mean temperature during the summer months of 39.7 °C.

The historic Chapman baobab was a national monument of Botswana. It had a maximum height of 22.6 m and measured 25.90 m in circumference at breast height (i.e., at 1.30 m above the ground) (Figure 1A). The monumental baobab had an open ring-shaped structure composed of 6 large stems. The radiocarbon investigation revealed that the stems belonged to three distinct generations that were 1350–1400 (stem 3), 800–1000 (stems 1, 5, 6) and 500–600 (stems 2, 4) years old [59,63]. All stems collapsed (Figure 1B) on 7 January 2016 during a severe drought caused by a considerable delay in the start of the rainy season which began about 5 months later, in mid-February. The 2015–2016 El Niño episode was the strongest in the past 145 years, surpassing the dramatic episodes of 1982–1983 and 1997–1998 that wreaked havoc around the world. The event began in the spring of 2015 and peaked in November 2015–January 2016, ending in May 2016, setting records for the highest global surface temperatures and the highest increase in atmospheric CO<sub>2</sub> concentrations [3,70]. Thus, the ensuing devastating droughts that also affected Botswana contributed to the collapse of the Chapman baobab [59,63].

The only water source for the tree was rainfall, and due to the uncommonly large area covered by its network of buttressed roots, up to 65 m long, it is likely that the water table in its location was generally very low.

#### 2.2. Sampling

Two cores from the two oldest stems of the Chapman baobab, namely CH3 (originating from stem 3) and CH6 (originating from stem 6), were collected in 2016 after its demise, by a long Haglöf increment borer (1.50 m length,  $1.2 \times 10^{-3}$  m inner diameter), following the methodology of Patrut et al. [49–59]. The length of CH3 was 1.06 m and CH6 measured 1.47 m. The samples were glued onto conventional wooden sample holders and stored until further analysis.



**Figure 1.** The standing Chapman baobab with stem numbering (**A**). The baobab after its collapse in 2016 (**B**).

# 2.3. Radiocarbon Dating: Pretreatment, AMS Measurements and Calibration

For obtaining an age model, small wood segments  $(10^{-3} \text{ m})$  were extracted from predetermined positions along each sample to be aged. Eight and eleven segments were selected from CH3 and CH6, respectively. The standard  $\alpha$ -cellulose pretreatment was used for removing soluble and organic components [71]. The resulting samples were combusted to CO<sub>2</sub> via the closed tube combustion method [72] and further reduced to graphite on iron catalyst, under a hydrogen atmosphere [73]. The resulting graphite samples were analysed by AMS (accelerator mass spectrometer) either at the Woods Hole Oceanographic Institution, Woods Hole, Massachusetts, United States or at the iThemba LABS, Johannesburg, Gauteng, South Africa. The AMS radiocarbon measurements were performed on a Pelletron<sup>®</sup>Tandem 500 kV AMS system [74,75] at the Woods Hole Oceanographic Institution or on the 6 MV tandem accelerator with a configuration similar to the SUERC 5 MV Pelletron AMS system at iThemba LABS [76].

The obtained fraction modern values were converted to a radiocarbon date. Radiocarbon dates and errors were rounded to the nearest year. Radiocarbon dates were calibrated and converted into calendar dates with the OxCal v4.4 program for Windows [77] and the Southern Hemisphere terrestrial dataset SHCal20 [78].

#### 2.4. Stable Isotope Analysis

A series of wood aliquots of approximately  $0.5-1 \times 10^{-3}$  m width were separated along the length of each core. The width depended on the morphology and the state of the wood and corresponded as much as possible to a distinct growth ring. For sample CH3, we subsampled 810 aliquots while for CH6 we obtained 1426 aliquots indicating sub- and supra-annual ring formation, respectively.

The aliquots underwent a Soxhlet extraction using a toluene/ethanol solution and then were subject to hemicellulose and  $\alpha$ -cellulose reduction using acidified sodium chlorite and sodium hydroxide, respectively [71,79].

Subsamples of each aliquot  $(0.05-0.06 \times 10^{-6} \text{ kg})$  were placed in tin cups for the isotopic analysis. The  $\delta^{13}$ C measurements were performed for all 2236 aliquot subsamples at the University of Pretoria, South Africa, using a Thermoquest EA 1110 elemental analyser coupled with a Delta V Plus isotope ratio mass spectrometer with a ConFlo III interface. Laboratory standard samples (*Shorea superba*) and blanks were run at the start and end of each analysis and after every 12 unknowns [20,42,43,64]. The precision on laboratory standards is <0.15‰.

### 2.5. Age Model of the Chapman Baobab

In the absence of clear annual rings, an age model for the  $\delta^{13}C$  time series was constructed from the radiocarbon analyses. We make the assumption that two baobab stems from the same tree experienced the same environmental variation through time and should therefore have matching  $\delta^{13}$ C time series. The match between the two  $\delta^{13}$ C time series is therefore used as a constraint in the formulation of the age model. Unfortunately, the available Bayesian age/depth models that use the known age relationship between samples (whether one radiocarbon sample is older or younger than another is known a priori) are not able to accommodate the match between  $\delta^{13}C$  time series as a priori constraints. Instead, we use a series of linear age relationships between aliquot number and date (that is, assuming a linear relationship between radial growth and age) that meets the constraint that the model for each individual stem should intercept the radiocarbon ages within the 2-sigma error range and that excursions in the  $\delta^{13}$ C time series between stems should match (Figure S1). Assuming that the radial growth rate is constant over extended periods of time is obviously flawed, as the trees likely grow faster under favourable conditions and slower under unfavourable conditions, and this means that the age model only approximates the average growth over time. This error is constrained by the 2-sigma match of the age model with the radiocarbon dates, but the age model will have an inherent under- and over-approximation of the growth rate that introduces errors in the age assignment for individual aliquots in the  $\delta^{13}$ C time series. For this reason, we follow the method used by [20,64,65] and apply a 21-year biweight mean (a mean  $\delta^{13}C$  value that is weighted by the  $\delta^{13}$ C values from both stems for the 10 years prior to, and after, the aliquot in question) [80] The biweight mean also has an associated variance calculation, but this is substantially smaller than the errors in the radiocarbon dates, and while we consider it, it is not presented in the result.

This approach allows a date to be assigned to each aliquot in the  $\delta^{13}$ C time series, but it is necessary to caution against a literal interpretation of the dates. The error range in radiocarbon dating limits precision to approximately 30 years and this must be combined with the failure of the age model to approximate minor growth rate variations. The errors are less problematic with longer time series where the variability is assessed at mult-decadal to centennial ranges, but it does have a strong effect on correlating the younger part of the record with instrumental data. Even though there is an acknowledged weakness in the age model, the date errors on adjacent aliquots will be similar, and the resulting time series of water stress in the trees still provides a strong indication of the frequency and duration of protracted droughts and wet periods.

When the age model has been applied to the  $\delta^{13}$ C time series, it is necessary to make a correction for the temporal changes in the atmospheric  $\delta^{13}$ C variation through time. We used the Southern Hemisphere record of atmospheric  $\delta^{13}$ C variability [81] with online updates of the dataset (http://cdiac.ornl.gov/ftp/db1014/isotope.cgo, accessed on 25 May 2023). Changes in the intrinsic water use efficiency (iWUE) of trees have occurred in response to elevated CO<sub>2</sub> concentrations post the industrial age [82], but Woodborne et al. [20] proved that the overall effect of such iWUE changes have a relatively small effect on the isotope proxy record, and are irrelevant in the calculation.

## 3. Results and Discussion

The radiocarbon dating results, namely the radiocarbon ages, the corresponding calibrated values and the assigned years for the dated segments are presented in Table 1. The age assigned to the dated segment intersects the  $2\sigma$  (95.4%) probability distribution shown in the table; in some exceptional cases, it has a (negligible) error of a few years.

**Table 1.** Radiocarbon dating results, calibrated ranges and assigned years to investigated segments from the Chapman baobab samples CH3 and CH6.

Sample (Segment) Code	Depth into the Wood (10 <sup>-2</sup> m)	Radiocarbon Date (Error) ( <sup>14</sup> C yr BP)	Cal CE 2σ [Confidence Interval]	Assigned Year (cal CE)	Accession #
CH3-160	25	211 ± 22	1662–1699 [22.4%] 1723–1812 [71.5] 1839–1844 [0.6%] 1870–1876 [0.6%] 1932–1936 [0.4%]	1796	OS-126074
CH3-250	30	$420\pm44$	1446–1628 [95.4%]	1588	IT-C-1110
CH3-304	42.9	$470\pm34$	1421–1504 [86.6%] 1594–1616 [8.9%]	1464	IT-C-1266
CH3-325	45	$630 \pm 16$	1319–1354 [65.1%] 1360–1405 [30.4%]	1443	OS-127129
CH3-398	53	$560 \pm 35$	1327–1340 [4.1%] 1392–1450 [91.3%]	1406	IT-C-1095
CH3-511	65	$687\pm21$	1291–1328 [41.1%] 1339–1393 [54.3%]	1350	OS-126075
CH3-669	85	$841\pm22$	1211–1279 [95.4%]	1243	OS-126076
CH3-791	105	$985\pm18$	1032–1150 [95.4%]	1111	OS-125231
CH6-100	20.8	$100 \pm 36$	1697–1725 [12.8%] 1809– [82.6%]	1914	IT-C-1096
CH6-198	25	$139 \pm 22$	1696–1725 [16.6%] 1809– [78.9%]	1810	OS-127128
CH6-284	35	$340\pm30$	1497–1653 [95.4%]	1510	IT-C-1271
CH6-413	45	$347\pm18$	1503–1595 [77.5%] 1616–1643 [17.9%]	1654	OS-127130

Sample (Segment) Code	Depth into the Wood (10 <sup>-2</sup> m)	Radiocarbon Date (Error) ( <sup>14</sup> C yr BP)	Cal CE 2σ [Confidence Interval]	Assigned Year (cal CE)	Accession #
CH6-616	65	$367\pm20$	1485–1635 [95.4%]	1507	OS-127131
CH6-740	78.3	$600 \pm 33$	1318–1355 [33.6%] 1385–1436 [61.9%]	1422	IT-C-1093
CH6-790	85	$617 \pm 21$	1320–1354 [50.5%] 1386–1415 [44.9%]	1403	OS-127132
CH6–984	105	$648 \pm 17$	1314–1360 [71.8%] 1381–1402 [23.7%]	1331	OS-126137
CH6-1129	115	$800\pm30$	1220–1292 [95.4%]	1276	OS-126138
CH6-1295	127.5	$930\pm37$	1043–1223 [95.4%]	1214	IT-C-1592
CH6-1420	138	$910 \pm 35$	1046–1088 [12.7%] 1109–1121 [1.2%] 1135–1233 [77.4%] 1246–1269 [4.1%]	1167	IT-C-1524

Table 1. Cont.

The data from Table 1 show that the sample originating from stem 3 grew 1.05 m in about 900 years, resulting in a growth rate of ca. 0.11 cm per year, while CH6 grew 1.38 m in about 850 years, indicating a growth rate of 0.16 cm per year. Note that the cores did not reach the centre of each stem, so the true age of recruitment is higher.

## 3.1. Proxy Rainfall Record

The Climate Explorer program (accessible online: climexp.knmi.nl) was used for correlating the Chapman archive (Figure 2) with the rainfall reconstruction for the western part of Zimbabwe covering the last 200 years [32], the reconstructed seven-century-long ENSO index in the Niño 3.4 region [83], SST values since 1660 in the Agulhas Current core region [84] and the combined baobab record for the Limpopo province after Woodborne et al. [20], which spans over the last millennium. A 21-point biweight mean was calculated for all records. Baobab trees (*Adansonia* spp.) were used as rainfall proxy before by Woodborne et al. [20,64,65], Slotta et al. [40,85] and Razanatsoa [46], who obtained rainfall reconstructions for southwestern Madagascar spanning 775 years for Adansonia grandidieri and 765 years for *A. za*.

The closest instrumental rainfall record dates since the 1950s and was measured for Maun [86], a town located about 210 km west of the Chapman baobab. The baobab archive in Figure 2 was calibrated with this dataset. However, due to the short period registered for Maun, a correlation with the isotopic time series is not feasible.

However, the rainfall reconstruction of Therrell et al. [33] from western Zimbabwe based on samples of Pterocarpus angolensis covers 200 years. The moderately positive correlation with the Chapman series (r = 0.448, p < 0.05) shows that precipitation events in Zimbabwe correspond to somewhat drier conditions in Botswana. This relationship was stronger and more significant before 1900 (r = 0.63, p < 0.01), supporting a displacement of the TTT from the east coast inland. After 1900, the association between rainfall events in Zimbabwe and the Chapman area became weak and non-significant (r = 0.163, p > 0.05).



**Figure 2.** The  $\delta^{13}$ C isotopic excursions over the last millennium for samples CH3 (blue) and CH6 (red). The 21-point biweight mean of the combined record is outlined (thick black line). The y-axis is inverted and more negative values correspond to wetter conditions. The secondary y-axis presents the rainfall. The instrumental rainfall record for Maun after Mphale et al. [86] is shown in thin black lines.

Solar activity, which shows a well-defined periodicity of grand minima/maxima cycles of 350–400 years played a role in shaping past climate variations before the Industrial Revolution [85,86]. Thus, events that marked the past climate of the last millennium are the Dalton Minimum (ca. 1797–1825), the Maunder Minimum (ca. 1645–1715; a period of extremely low solar activity), Spörer Minimum (ca. 1460–1550), Wolf Minimum (ca. 1282–1342) and the Medieval Maximum (ca. 1100–1250) [87–89].

The Chapman archive captures periods of low precipitation levels throughout the centuries, which overlap with some of the above-mentioned minima. The Medieval Warm Period (MWP; 900–1300), which was marked by an overall warmer yet highly variable climate between 900–1300 [90], included the Oort Minimum and the Medieval Maximum. The period of the Chapman record covering this Maximum is characterised by a high rainfall amount with a peak registered between 1228–1267, after which rainfall abruptly decreases into the second longest driest period of our archive between 1288 and 1306. This dry spell spanning over decades coincides with the Wolf Minimum (ca. 1282–1342) as wetter conditions are indicated only after 1330. Afterward, the Chapman area received the highest quantity of rainfall in the last millennium, with the wettest condition registered during 1379–1446. This time frame is also the wettest evinced in the baobab record of the Lynianti region of Botswana [65].

Following 1446, rainfall gradually reduced before hitting another low between 1487 and 1515. Reduced precipitation levels occur around the year 1500, halfway through the Spörer Minimum. A relatively stable period ensues, defined by a low amplitude for almost a century between 1515 and 1594, alternating between wet episodes peaking in 1523, 1579 and 1590 and drier years in 1554–1559. After 1596, rainfall dropped abruptly, showing a protracted drought until 1620, after which it steadily increased for about two decades. After 1640, at the onset of the Maunder Minimum (ca. 1645–1715), precipitation levels decreased somewhat and stabilised until 1700 CE, followed by an abrupt reduction that culminated with the third driest period of our record between 1707 and 1716. Afterward, the area experienced an overall rainfall increase for the next 4 decades, and then the longest

protracted drought gradually developed, spanning from 1756 to 1878. Over this period, the lowest precipitation level of the Chapman archive was evinced around 1835 CE. This period, which also marks the end of the Little Ice Age (LIA), partly overlaps with the Dalton Minimum (ca. 1797–1825). Post 1878, rainfall increased for about a decade then decreased until 1906 followed by another increase peaking in 1931 and gradually decreasing towards 1960.

The aridification trend for northeastern Botswana is more pronounced after the 1750s. This concurs with several studies that indicate a continuous decrease in rainfall after 1900 [7,17,86]. This effect replicated in the Chapman record, which highlights a particularly dry spell after 1945, can be compared with the vast temporal scale of the archive to evince that the rainfall decrease is not as drastic as believed compared to the droughts registered for the last millennium. Our archive shows there were 5 drier periods during the last millennium, namely between 1814 and 1845 (overlapping with the Dalton Minimum), 1284–1311 (overlapping with the Wolf Minimum), 1710–1714 (overlapping with the Yaunder Minimum), 1612–1619 and in 1502 (during the Spörer Minimum), with the years 1814–1845 representing the least rainfall and 1502 the fifth least compared to modernday levels. Our results corroborate well with the paleoclimate reconstruction for the last 250 years for southern Botswana based on  $\delta^{13}$ C and  $\delta^{18}$ O records of Vachellia erioloba wood samples [44].

The temperature of the last millennium in southern Africa was characterised by positive anomalies during MWP, after which a variable, unstable and mostly cold climate prevailed during 1300–1850, corresponding to the LIA [90,91]. The temperatures for southern Africa over the last millennium were about 3 °C higher during MWP or about -1 °C lower during LIA, compared to the present day [91]. The very cold periods reported by Tyson and Lindsey [90] around 1600 and 1700 CE are replicated in the Chapman archive as years with lower rainfall. Tyson et al. [91] established that LIA had two mainly dry periods in 1300–1500 and 1675–1800 CE, alternating with a warmer period in 1500–1675 CE. Although a long dry period is evinced by the isotopic excursions between 1288 and 1306 CE, the wettest conditions were registered in the time frame 1379–1446.

The Chapman record underscores that wetter than current-day conditions have prevailed in northeastern Botswana over the last millennium and the area receives a declining amount of precipitation, especially since 1750, as the rainfall variability decreases after this point, which also coincides with the onset of the industrial revolution.

Clear spikes shown in time series such as wet/dry periods that cannot be linked to solar activity provide discrimination between the influence of the sun and other parameters [88] that shape the climate of Botswana, such as the sea (paleo)temperatures (ENSO/SST). The  $\delta^{13}$ C Chapman record consists of evident decadal and centennial oscillations. Thus, to understand the climate forcing of decadal variability, correlations with the El Niño–Southern Oscillation (ENSO) phenomenon and the sea-surface temperatures (SST) in the Agulhas Current core region were performed (Figure 3). SST influences the movement of the tropical temperate troughs (TTTs), which are the main rainfall drivers for southern Africa.



**Figure 3.** Comparison between the Chapman  $\delta^{13}$ C archive (black), the ENSO reconstruction [83] (grey) and the SST reconstruction [84] (orange). The isotopic excursions of CH3 can be seen in blue whereas CH6 is presented in red. The 21-point biweight mean is marked with a stronger grey, black and orange line, respectively.

## 3.2. ENSO Influence

For ENSO correlations, the dataset of Li et al. [83] was used, which is a record of the seasurface temperature for the Niño 3.4 region over the last 700 years. The results presented in Table 2 show a moderately positive significant relation of the Chapman series with ENSO from before the 19th century (r = 0.540, p < 0.001). This positive association reversed after 1900 CE, becoming less significant and moderately negative (r = -0.454, p = 0.06). The correlation of the Chapman record with ENSO for 700 years showed no relationship overall ( $r \approx 0$ ) that is non-significant. Although ENSO plays an important role in the rainfall of southern Africa, the influence is complex, erratic and non-stationary [92]. In recent times, intense El Niño events have been associated with extreme drought, but Woodborne et al. [64] showed that the transition from a positive to a negative correlation with rainfall is a recent occurrence, dating from around 1950 CE for Limpopo province of South Africa. According to the Chapman record, this reversal started earlier for northeastern Botswana, namely after 1900 CE. Before 1900 CE, La Niña episodes corresponded to droughts, while El Niño events were associated with increased rainfall. It is possible that the Pacific Decadal Oscillation plays a role in the distribution of dry–wet changes associated with ENSO, but the combination is not yet clearly understood [93]. The influence and intensity of ENSO are also modulated by the sea-surface temperature of the Indian Ocean and the propagation of the effects can be delayed by up to a year. The overall weak correlation results of the Chapmanarchive with ENSO support its irregular character. ENSO effects and influences can be enhanced or diminished by several different proximal or distal factors that remain to be fully elucidated [94].

Table 2. Correlation results between the Chapman time series with different parameters.

Parameter	Data Source	Period	r	р	n
Rainfall	Therrell et al. [33]	1826–1966 1826–1900 post 1900	0.448 0.634 0.163	0.0388 0.0062 0.6346	135 75 61
SST	Zinke et al. [84]	1800–1900 post 1900	-0.560 0.667	0.0741 0.0315	101 61
ENSO	Li et al. [83]	1330–1960 1800–1900 1900–1960	0.039 0.540 -0.454	0.6751 0.0014 0.0609	631 101 61
Limpopo province paleoclimate reconstruction ( $\delta^{13}$ C)	Woodborne et al. [20]	1600–1750 1750–1900 1900–1960	-0.544 0.662 0.169	0.0197 0.0026 0.5885	134 143 61

## 3.3. SST Influence

For analysing the influence of the SST in the Agulhas core region, the paleoclimate coral reconstruction for the Mozambique Channel, Ifaty area of the last 400 years was used [84]. The results show a moderately negative correlation of the SST with the Chapman record (r = -0.560, p = 0.07) before 1900, which is not very significant. As in the case of ENSO, the SST influence reversed after 1900, demonstrating a shift in the climate regime (r = -0.0667, p < 0.05). Thus, the positive temperature anomalies of the Mozambique Channel were responsible for a western displacement of TTT, which led to increased rainfall for Botswana until 1900. This result contradicts the findings of Richard et al. [95] and Mulenga et al. [96], which proposed an eastern movement of TTT caused by positive SST anomalies. However, this mechanism becomes apparent in the isotopic time series after 1900 CE. The proposed eastern displacement of TTT was erroneously extrapolated to the pre-1900 period based on short instrumental records available for the last century [94]. The Chapman record is one of the few paleoclimate reconstructions for southern Africa spanning over the last millennium and the westward TTT movement evinced is in good accord with the study of Woodborne et al. [44], for the last 250 years in the Mabuasehube area of southern Botswana.

#### 3.4. Comparison with the Paleoclimate Reconstruction of the Limpopo Region, South Africa

The comparison between the Chapman dataset and the combined rainfall proxy on African baobabs from the Limpopo province (Pafuri and Mapungubwe areas, South Africa) after Woodborne et al. [20] demonstrate that in northeast South Africa, conditions became increasingly arid. The correlation shows a clear negative association from 1600 up to 1750 CE (r = -0.544, p < 0.05) in rainfall occurrence between northeastern Botswana and the Limpopo province, which also supports a westward TTT displacement that ensured wetter conditions for Botswana. After 1750 CE, the correlation becomes strongly positive (r = 0.662, p < 0.01), indicating that wet episodes in the northeast of South Africa correspond to wetter conditions in northeastern Botswana and also in Zimbabwe. The influence of ENSO and

SST shifted post 1900 CE in the Chapman area, and the relationship with the Limpopo record becomes weak and non-significant (r = 0.169, p > 0.05). Figure 4 illustrates that the rainfall for the Limpopo area steeply decreased post 1600 and is much lower in the present day than in the conditions of the last millennium.



**Figure 4.** Comparison between the  $\delta^{13}$ C results of the Chapman baobab (black) and the combined proxy record of the Limpopo province, South Africa (green) [20].

#### 3.5. Aridity Trend

The instrumental records for northeastern Botswana show a clear aridity trend. Our data confirms this tendency. Recent rainfall levels have occurred in the past around the years 1320, 1500, 1620, 1700, 1760, 1800 and 1850. Lower levels of precipitation than the modern day were registered between 1800–1850 (which overlaps with the Dalton Minimum) and 1285–1320 (which overlaps with the Wolf Minimum).

# 4. Conclusions

High-resolution climate archives for southern Africa are scarce yet essential for designing and validating climate projections, as well as for providing a deeper understanding of the climate. Samples from the Chapman baobab were used as a proxy to reconstruct the precipitation over the last millennium in the salt pans of northeastern Botswana by radiocarbon dating and stable isotope analysis. The results provide valuable insight into decadal and centennial rainfall variability. The isotopic time series captures the Medieval Maximum of the MWP, which was characterised by relatively stable wetter conditions than current-day. The following LIA was marked by increased rainfall variability and drought frequency, proving that both wetter and drier conditions than in the present existed in the past. However, the Chapman archive discloses that northeastern Botswana received overall a higher rainfall amount than today throughout the last millennium, confirming the recent aridity trend. The rainfall received in this region of Botswana over the last century represents its sixth driest period of the past millennium.

The data shows that the current eastward movement of TTTs during positive SST anomalies in the Mozambique Channel is a modern occurrence, as positive SST anomalies

prior to 1900 CE corresponded to a westward displacement of TTTs. Such episodes led to increased rainfall in Botswana while drier conditions prevailed in northeast South Africa. The relationship inversion of the SST influence on the rainfall regime of Botswana coincides with a similar change with ENSO. Although the complex implications of ENSO on southern African climate are not fully elucidated, it is likely that El Niño events brought rain to the central parts of southern Africa before 1900.

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/f14091917/s1, Figure S1: Age-depth model.

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