Supplementary Information

Table S1. Droplet sizes of dispersed intact SNEDDS and SNEDDS composed of 50% or 100% digested sesame oil in SIM (1%, w/w). Measurements were performed at 37 °C and the results are presented as the hydrodynamic diameter (nm) a,b .

SNEDDS	Media	Population 1		Population 2		Population 3		PDI
		Size (mean \pm SD) c	% vol (range)	Size (mean \pm SD) c	% vol (range)	Size (mean \pm SD) c	% vol (range)	Mean ± SD
I	Intact in SIM _{low}	$30.0 \pm 0.7 (10/10)$	100	-	-	-	-	0.097 ± 0.018
	50% digested in SIM _{low}	$18.7 \pm 0.6 \ (10/10)$	99.4–99.9	$693 \pm 627 \ (6/10)$	0.1-0.6	$4298 \pm 703 \ (7/10)$	0.1-0.2	0.297 ± 0.032
	100% digested in SIM _{low}	$27.7 \pm 1.4 \ (10/10)$	78.0-94.9	$444 \pm 134 \ (10/10)$	4.4-8.5	$3294 \pm 1055 \ (9/10)$	0.3-17.5	0.565 ± 0.023
	Intact in SIM ^{high}	$26.3 \pm 1.1 \ (10/10)$	100	-	-	-	-	0.147 ± 0.016
	50% digested in SIM ^{high}	$10.8 \pm 2.6 \ (16/16)$	99.3-100	$194 \pm 259 (13/16)$	0.2-0.6	$2905 \pm 985 \ (4/16)$	0.2-0.6	0.385 ± 0.172
	100% digested in SIMhigh	$21.9 \pm 6.7 (14/14)$	23.5-100	$7.9 \pm 1.6 (5/14)$	58.5-80.6	$3227 \pm 1241(11/14)$	0.1-0.7	0.258 ± 0.008
II	Intact in SIM _{low}	$19.5 \pm 0.7 (10/10)$	99.9–100	-		4424 ± 159 (3/10)	0.1	139 ± 0.058
	50% digested in SIM _{low}	$18.0 \pm 1.7 (10/10)$	98.7–99.8	$444 \pm 133 \ (10/10)$	0.2-1.3	-	-	0.349 ± 0.033
	100% digested in SIM _{low}	$27.4 \pm 0.4 \ (10/10)$	74.9–97.5	$381 \pm 64 \ (10/10)$	2.5-3.6	10.3 (1/10)	22.5	0.496 ± 0.018
	Intact in SIM ^{high}	$15.2 \pm 0.7 (10/10)$	100	-	-	-	-	0.158 ± 0.006
	50% digested in SIM ^{high}	$9.5 \pm 0.2 (10/10)$	100	-	-	$4273 \pm 192 (3/10)$	< 0.1	0.208 ± 0.057
	100% digested in SIM ^{high}	$9.7 \pm 1.3 \ (10/10)$	79.8-100	$29.4 \pm 1.4 (3/10)$	15.9–20.1	$3897 \pm 821 \ (8/10)$	< 0.1-0.1	0.319 ± 0.047
III	Intact in SIM _{low}	$13.0 \pm 0.3 \ (13/13)$	99.9–100	243 ± 132 (6/13)	<0.1-0.1	$5075 \pm 247 (4/13)$	< 0.1	0.223 ± 0.089
	50% digested in SIM _{low}	$12.0 \pm 0.5 \ (13/13)$	99.8–99.9	$406 \pm 359 (13/13)$	<0.1-0.2	$4926 \pm 339 (4/13)$	< 0.1	0.362 ± 0.089
	100% digested in SIM _{low}	$16.8 \pm 3.8 \ (14/14)$	38.2-99.6	$481 \pm 175 (14/14)$	0.2-0.8	6.4 (2/14)	46.1–61.5	0.406 ± 0.01
	Intact in SIM ^{high}	$10.2 \pm 0.3 \; (10/10)$	100	-	-	-	-	0.140 ± 0.049
	50% digested in SIM ^{high}	$8.3 \pm 0.1 \ (13/13)$	100	-	-	-	-	0.128 ± 0.054
	100% digested in SIM ^{high}	$7.5 \pm 0.2 \ (16/16)$	100	-	-	-	-	0.152 ± 0.049
IV	Intact in SIM _{low}	$11.2 \pm 0.4 (10/10)$	100	-	-	-	-	0.175 ± 0.040
	50% digested in SIM _{low}	$10.8 \pm 0.2 \ (10/10)$	100	$243 \pm 51.6 (3/10)$	< 0.1	5217 (2/10)	< 0.1	0.267 ± 0.085
	100% digested in SIM _{low}	$10.4 \pm 0.6 \ (10/10)$	99.9–100	$188 \pm 24.9 \ (6/10)$	<0.1-0.1	-	-	0.346 ± 0.070
	Intact in SIM ^{high}	$8.7 \pm 0.3 \ (10/10)$	100	-	-	-	-	0.168 ± 0.013
	50% digested in SIM ^{high}	$7.9 \pm 0.3 \ (13/13)$	100	-	-	-	-	0.151 ± 0.059
	100% digested in SIM ^{high}	$7.6 \pm 0.2 (13/13)$	100	-	-	-	-	0.178 ± 0.045

^a The droplet sizes of intact SNEDDSs in SIM are also shown in Figure 5. It is included here for comparative purposes; ^b All data from these measurements are included in this table although droplet sizes that was only observed once out of 10 measurements and droplet sizes with a low volume fraction (<1%) may in some cases be considered artefacts; ^c The brackets define the number of times the particular droplet size appears/and the total number of measurements.