

**Figure S1.** Chemical structure of resveratrol (A), piceid (B), gallocatechin gallate (C) and theaflavin (D).



**Figure S2.** (i) Length and (ii) height distribution of  $A\beta_{42}$  aggregates obtained from 24 h incubation (**A**) without polyphenols and with (**B**) resveratrol, (**C**) piceid, (**D**) gallocatechin gallate and (**E**) theaflavin.  $A\beta_{42}$  was incubated at 80  $\mu$ M in Tris buffer (20 mM, pH 7.4). The samples ware using atomic force microscopy (AFM) in a dynamic force mode. All AFM operations were performed in an

automated moisture control box with 30–40% humidity at room temperature. The length and height of A $\beta_42$  aggregates were analysed using Image J and SPI software, respectively.

Table S1. The current detected for peak potentials of polyphenol (80  $\mu$ M) solutions incubated at 37 °C for 0 h, 12 h and 24 h.

	Current (µA)														
Compounds	0 h							12 h					24 h		
	1	2	3	4	5	6	7	1	2	3	4	1	2	3	
GCG						0.7		0.65			0.44	0.5			
Theaflavin	1.86	0.54		1	1.04	0.97	1.43	0.97		0.49	0.77	0.64	0.45	0.72	
Resveratrol	1.43	0.75	1.05			1.43		1.13		0.59	0.83	0.45	0.38	0.62	
Picied		0.53				1.15			0.65	0.65	1.46		0.61	1.18	
Αβ-42						0.29									

Table S2. The current detected for peak potentials of polyphenol (80  $\mu$ M) solutions incubated with A $\beta$ \_42 at 37 °C for 0 h, 12 h and 24 h.

	Current (µA)												
Polyphenols		0	h			12	2 h		24 h				
	1	2	3	4	1	2	3	4	1	2	3	4	
GCG	0.28		0.45		0.38				0.33				
Theaflavin	0.64		0.49	0.99	0.28		0.24	0.34		0.26	0.3		
Resveratrol		0.61	0.77				0.36	0.59			0.36		
Picied		0.42	0.64			0.53	0.58	1.3		0.47		0.93	