

Article

# Correlations between self-reported cooking confidence and creativity and use of convenience cooking products in an Australian cohort.

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## Supplementary Methods

Cooking confidence scale

	Strongly disagree 1	2	3	4	Strongly agree 5
I am a good cook	<input type="radio"/>				
Others view me as a good cook	<input type="radio"/>				
I am a relatively better cook than my friends/family	<input type="radio"/>				
I get a sense of satisfaction from preparing and cooking meals	<input type="radio"/>				
I am confident that whatever I cook will turn out well	<input type="radio"/>				
Others don't consider me to be a good cook	<input type="radio"/>				
I don't consider myself to be a good cook	<input type="radio"/>				

Cooking creativity scale

Please indicate the extent to which you agree or disagree with the following statements.

	Strongly disagree 1	2	3	4	Strongly agree 5
I consider myself to be very creative with food	<input type="radio"/>				
I am good at coming up with new and different recipe ideas	<input type="radio"/>				
I dont have much of an imagination about things to cook	<input type="radio"/>				
People who know me would say that I am more creative with food than most people	<input type="radio"/>				
I like thinking of original and new things to cook	<input type="radio"/>				
I prefer to follow recipes in cook books	<input type="radio"/>				