

Supplementary Materials

Knowledge of Dietitians on Gut Microbiota in Health—An Online Survey of the European Federation of the Associations of Dietitians (EFAD)

Evdokia K. Mitsou ^{1,*}, Christina N. Katsagoni ^{2,3} and Katarzyna Janiszewska ³

¹ Department of Nutrition and Dietetics, School of Health Science and Education, Harokopio University, 17671 Athens, Greece

² Department of Clinical Nutrition, Agia Sofia Children's Hospital, 11527 Athens, Greece; christina.katsagoni@gmail.com

³ The European Federation of the Associations of Dietitians (EFAD), Gooimeer 4-15, 1411 DC Naarden, The Netherlands; katarzyna.janiszevska@efad.org

* Correspondence: emitsou@hua.gr; Tel.: +30-210-9549301

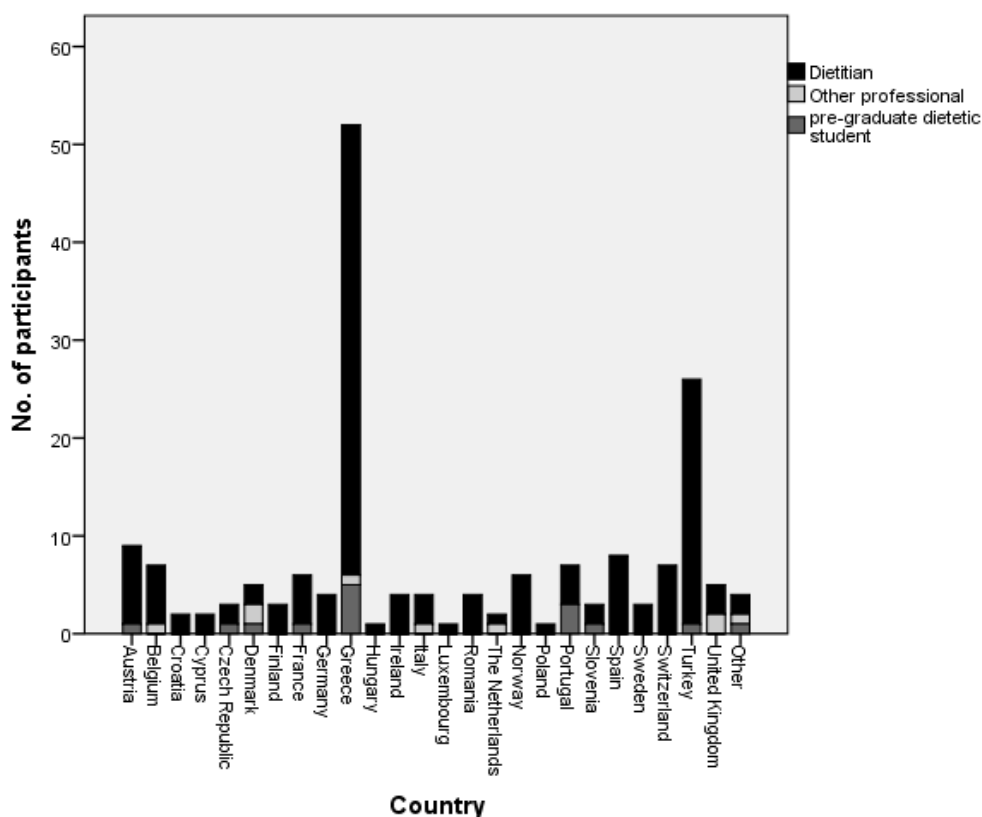


Figure S1. Number of participants (dietitians, pre-graduate dietetic students, other professionals) with full responses according to country origin (N=179).

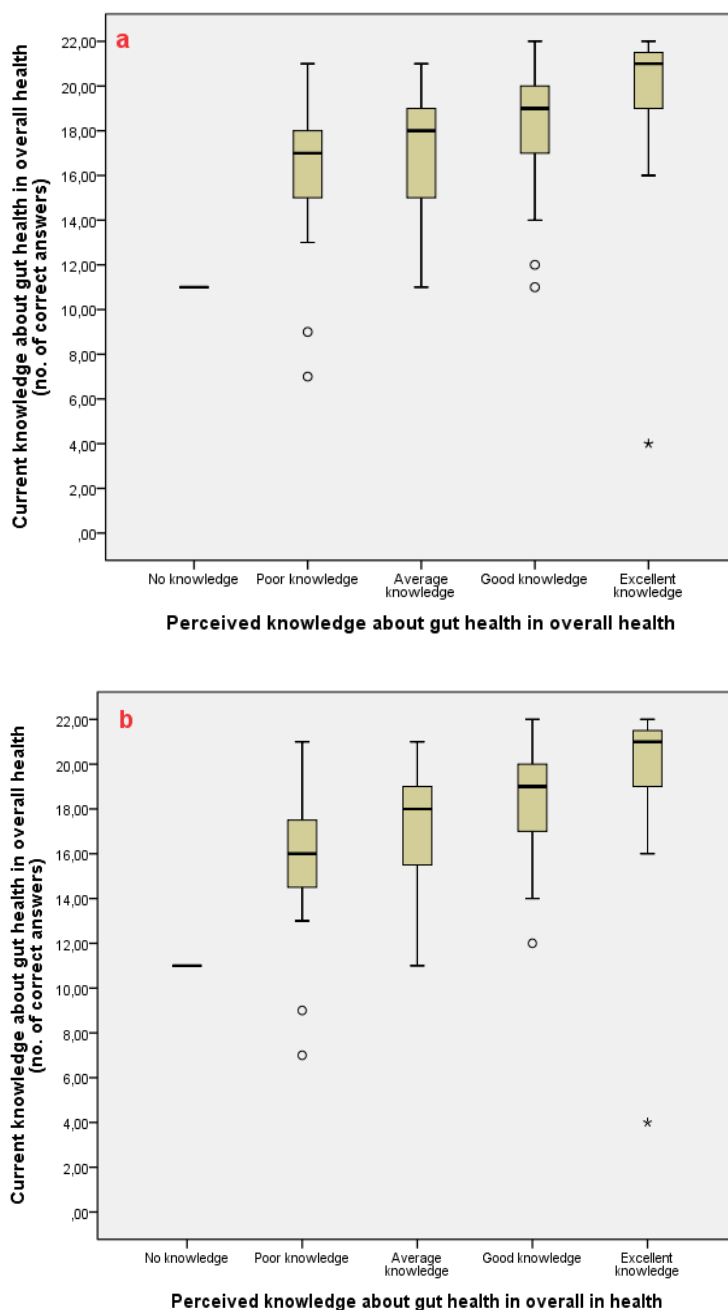


Figure S2. (a,b) Current knowledge score according to perceived knowledge classification about the role of gut health in overall health for (a) all participants (N=179) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's rho 0.353, $p < 0.001$) and (b) for dietitians (n=155) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's rho 0.372, $p < 0.001$); Score values (no. of correct responses out of 22 questions) are illustrated as boxplots.

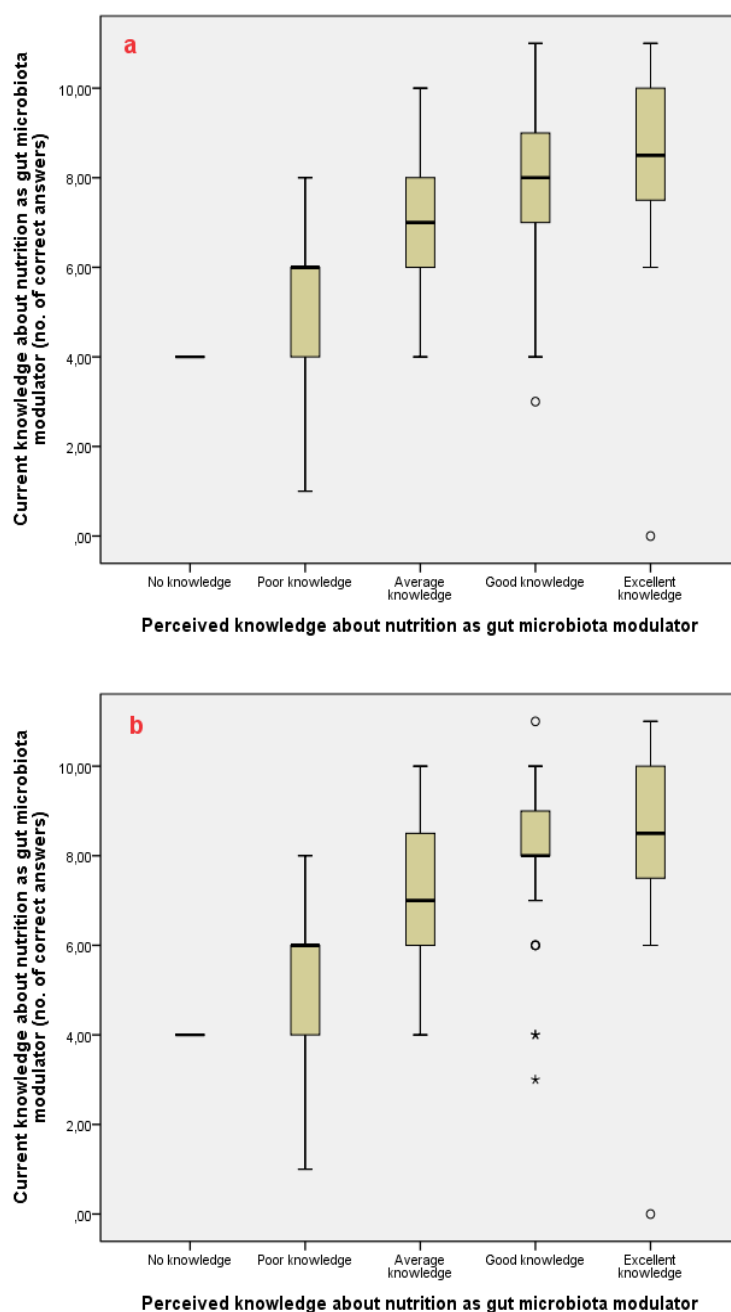


Figure S3. (a,b) Current knowledge score according to perceived knowledge classification about the role of nutrition as gut microbiota modulator for (a) all participants (N=179) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's ρ 0.454, $p < 0.001$) and (b) for dietitians (n=155) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's ρ 0.447, $p < 0.001$); Score values (no. of correct responses out of 11 questions) are illustrated as boxplots.

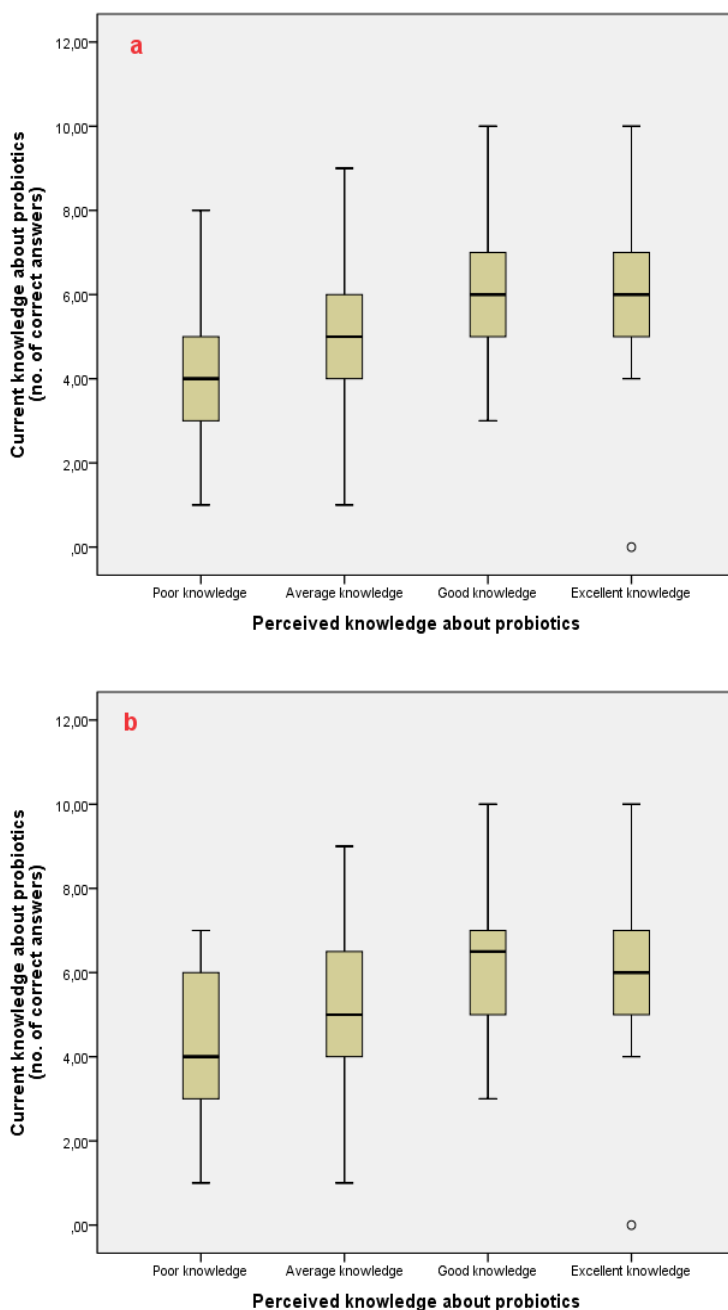


Figure S4. (a,b) Current knowledge score according to perceived knowledge classification about the role of probiotics in health for (a) all participants (N=179) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's rho 0.362, $p < 0.001$) and (b) for dietitians (n=155) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's rho 0.361, $p < 0.001$); Score values (no. of correct response out of 12 questions) are illustrated as boxplots.

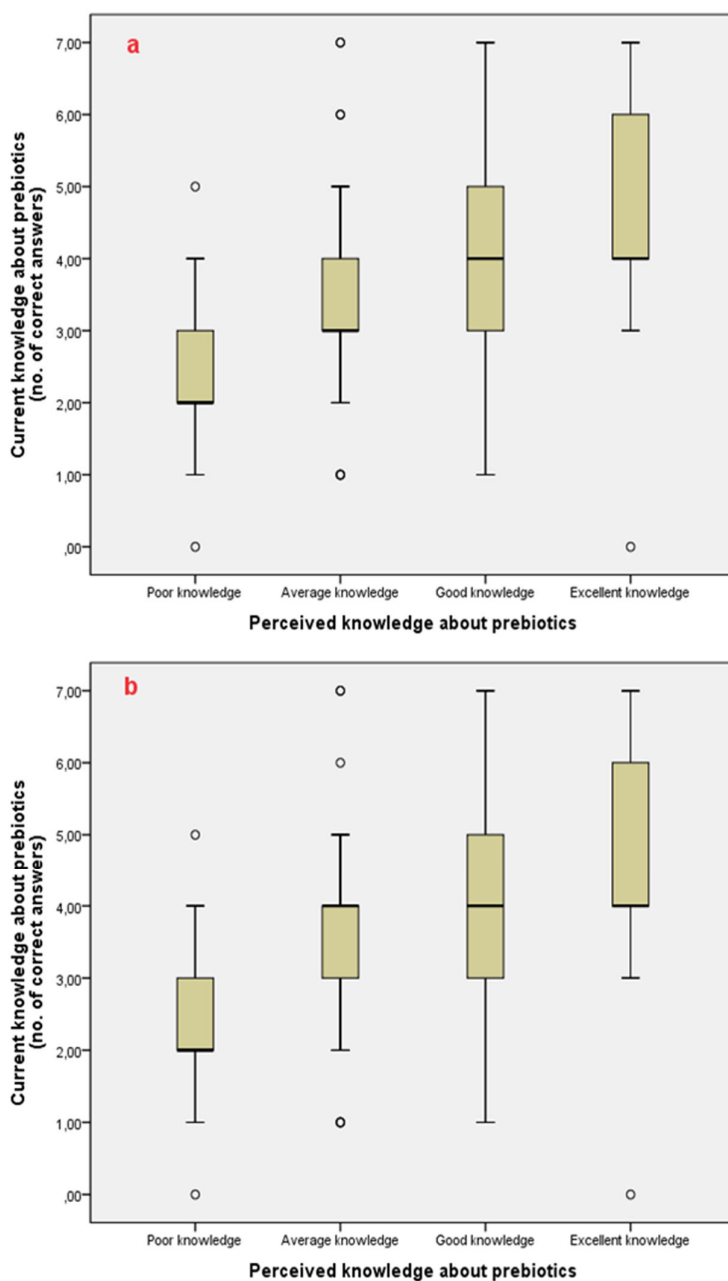


Figure S5. (a,b) Current knowledge score according to perceived knowledge classification about the role of prebiotics in health for (a) all participants (N=179) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's rho 0.351, $p < 0.001$) and (b) for dietitians (n=155) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's rho 0.347, $p < 0.001$); Score values (no. of correct response out of seven questions) are illustrated as boxplots.

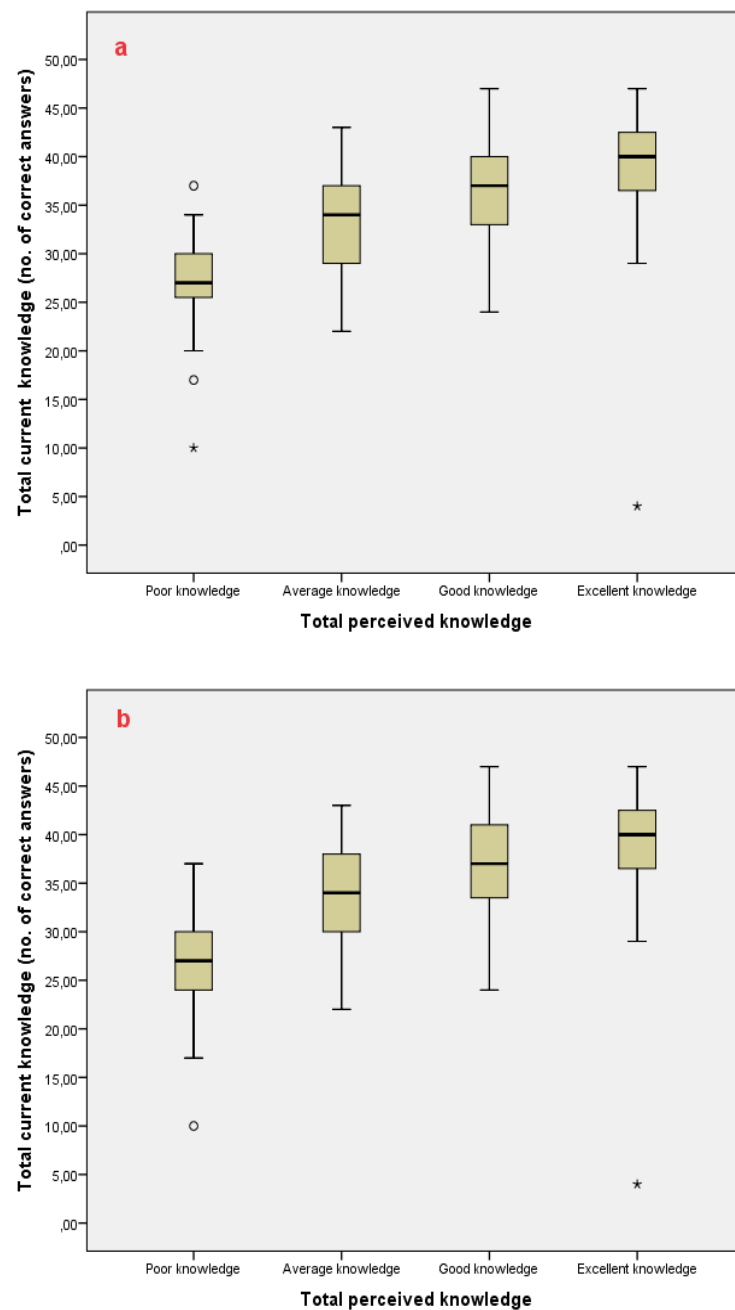


Figure S6. (a,b) Total current knowledge score according to overall perceived knowledge for all tested sections for (a) all participants (N=179) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's rho 0.459, $p < 0.001$) and (b) for dietitians (n=155) (Kruskal-Wallis test, overall $p < 0.001$; Spearman's rho 0.460, $p < 0.001$); Score values (no. of correct responses out of 52 questions) are illustrated as boxplots.