

Table S4. Mixed analysis of variance summary table for potential moderators of fathers' weekly average healthy dietary behavior scores between pre-test and post-test and between treatment (n = 35) and wait-listed control comparison (n = 46) groups.

Source of variation	<i>df</i>	<i>F</i> -value	<i>P</i>	η^{2a}
Age				
Group	1	0.28	0.59	<0.01
Time	1	5.63	0.02*	0.02
Group*Time*Age	1	0.17	0.68	<0.01
Total	161			
Educational Attainment				
Group	1	1.18	0.28	0.01
Time	1	7.06	<0.01*	0.02
Group*Time*Education	1	2.73	0.10	<0.01
Total	161			
Number of children in household				
Group	1	0.37	0.54	<0.01
Time	1	5.37	0.02*	0.02
Group*Time*Children	1	0.87	0.35	<0.01
Total	161			

Abbreviations: η^2 , eta squared; *df*, degrees of freedom. ^aEffect size estimates (η^2) were very small indicating little differences in outcomes between groups. * $p < 0.05$.