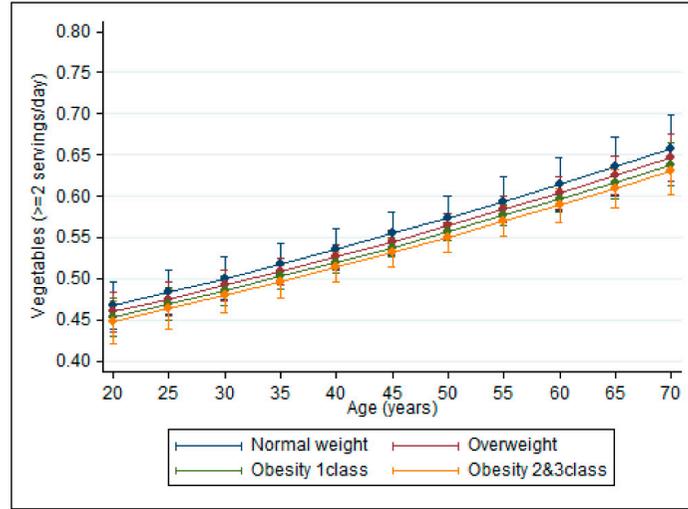
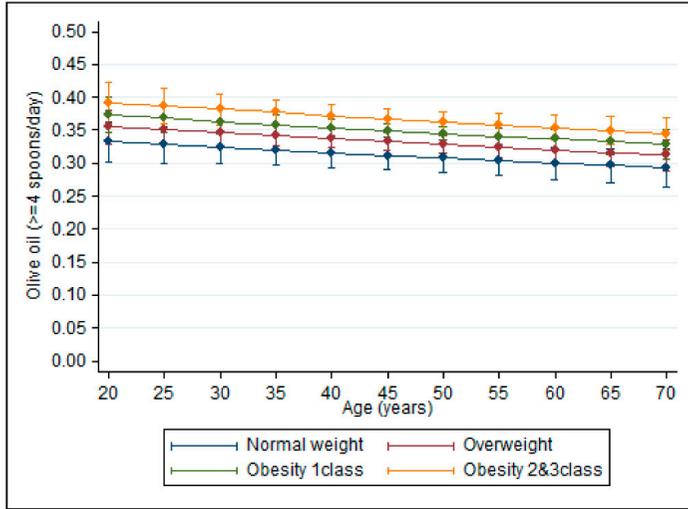
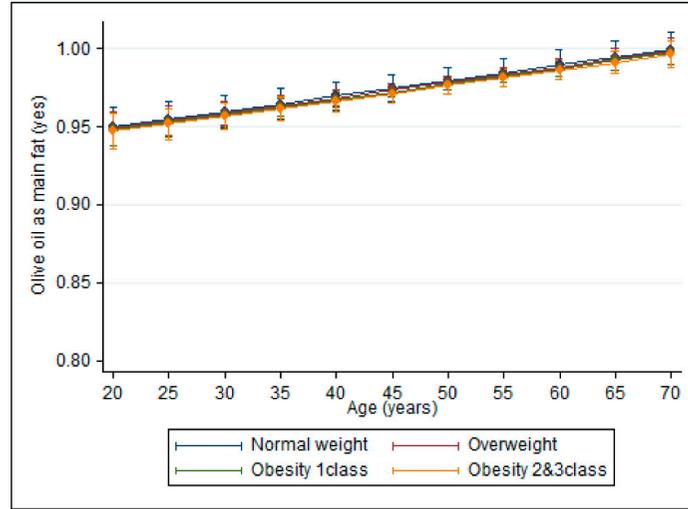
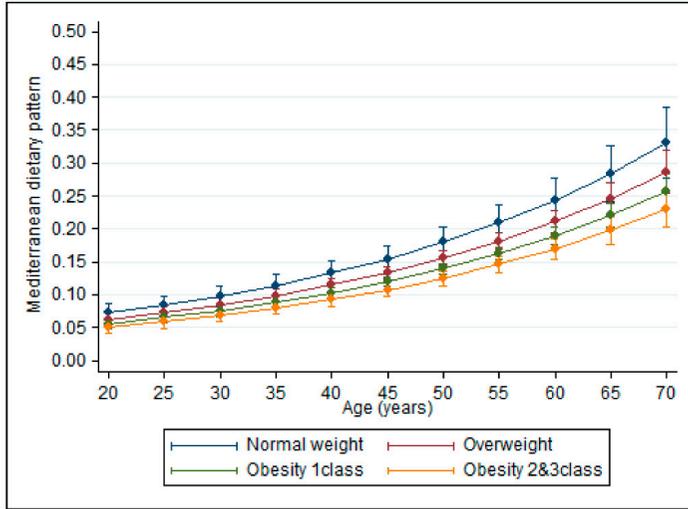
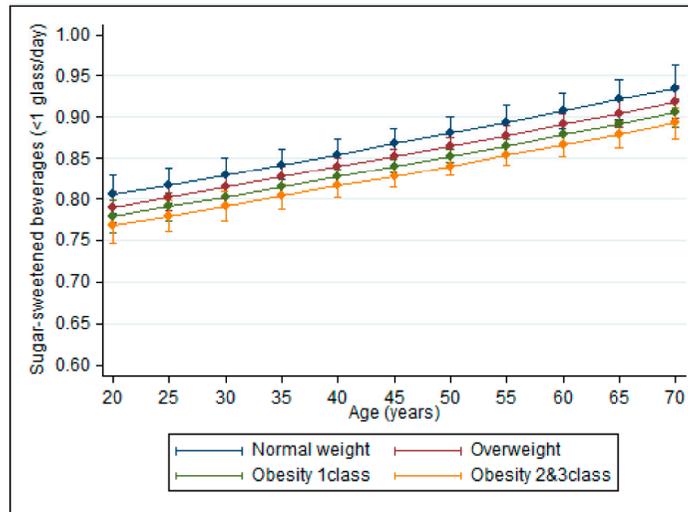
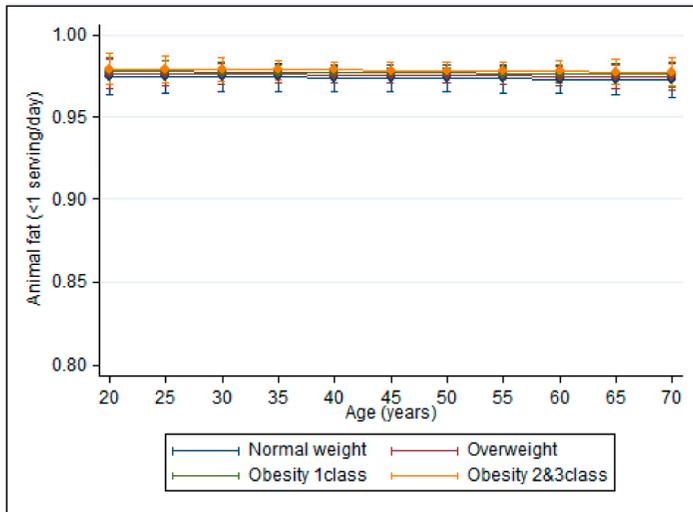
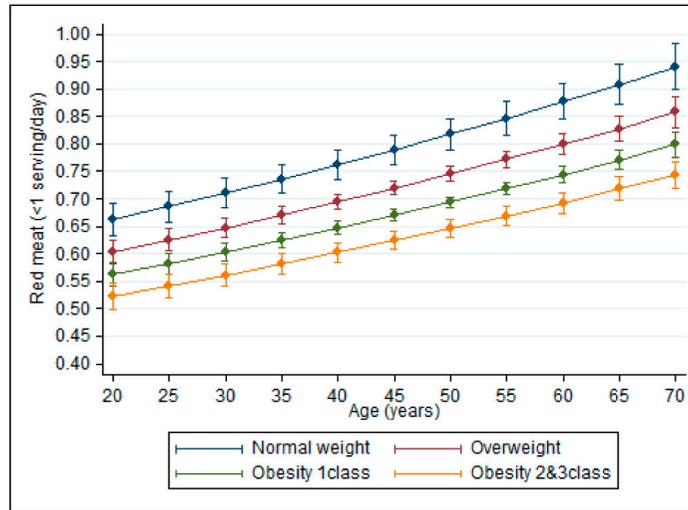
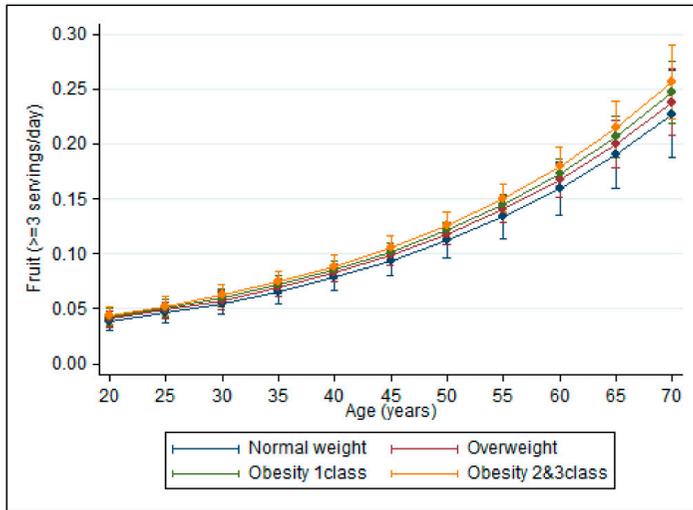


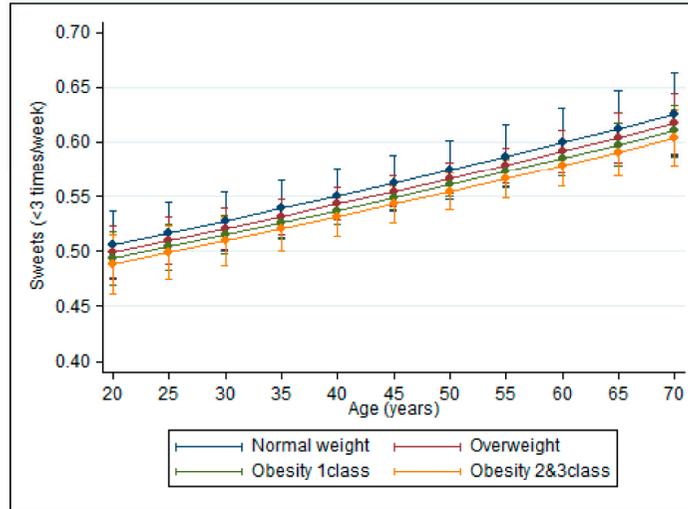
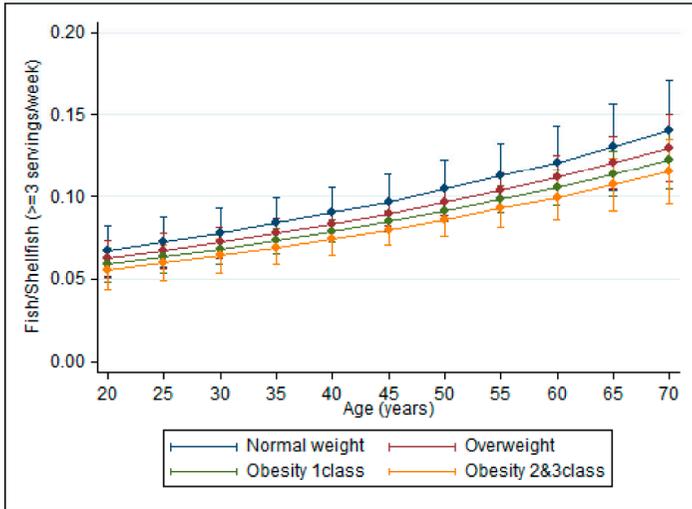
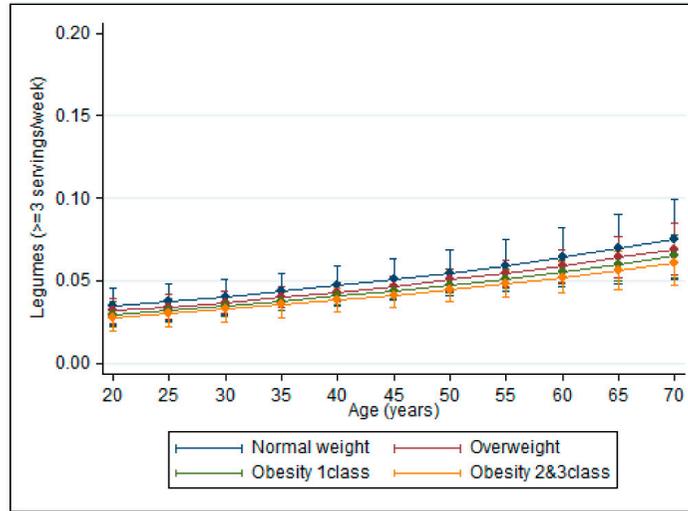
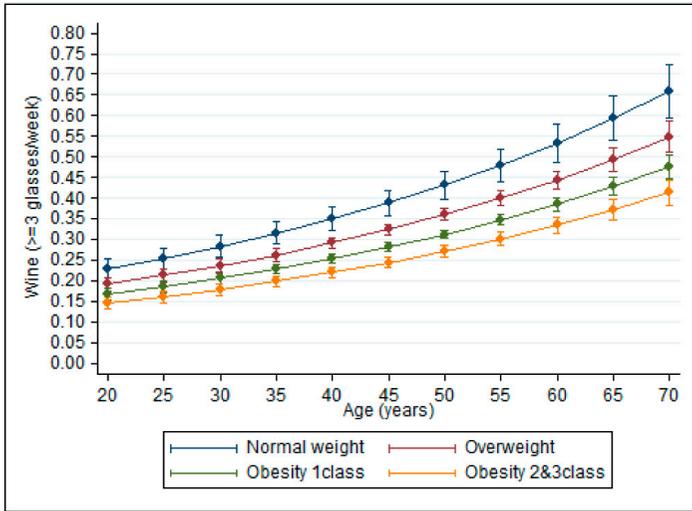


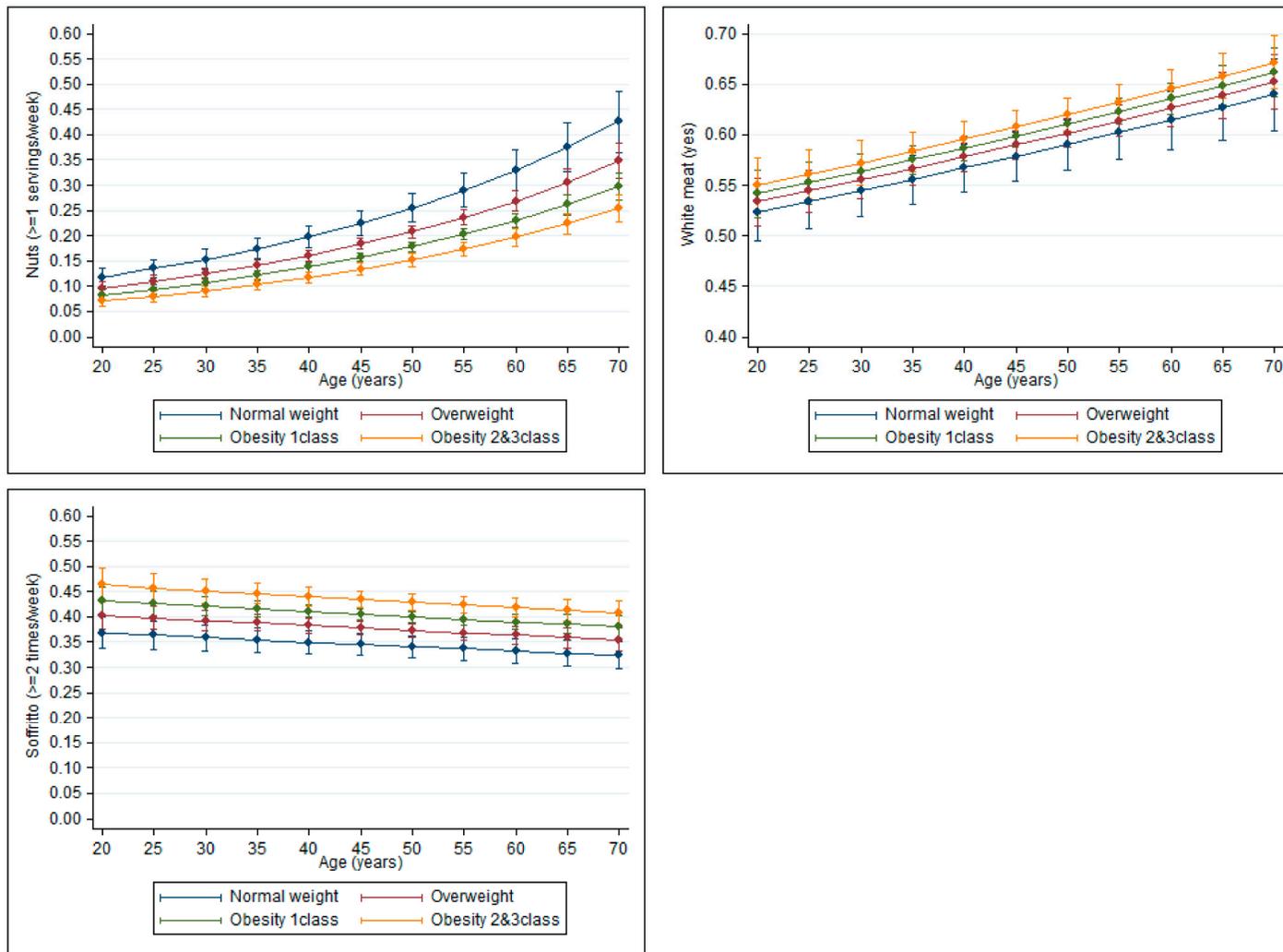
Non-worker	0.15	0.96	0.33	0.59	0.14	0.69	0.97	0.86	0.29	0.05	0.09	0.64	0.17	0.62	0.42	
	[0.14,0.17]	[0.95,0.97]	[0.31,0.36]	[0.57,0.62]	[0.12,0.16]	[0.67,0.71]	[0.96,0.98]	[0.85,0.88]	[0.27,0.32]	[0.04,0.06]	[0.07,0.10]	[0.61,0.66]	[0.15,0.18]	[0.60,0.64]	[0.39,0.44]	
Worker	0.13	0.98	0.35	0.53	0.11	0.69	0.98	0.84	0.31	0.04	0.09	0.53	0.18	0.59	0.40	
	[0.13,0.14]	[0.97,0.98]	[0.34,0.36]	[0.52,0.55]	[0.10,0.12]	[0.67,0.70]	[0.97,0.98]	[0.83,0.85]	[0.30,0.32]	[0.04,0.05]	[0.08,0.10]	[0.52,0.54]	[0.17,0.19]	[0.58,0.61]	[0.38,0.41]	
<b>Marital status</b>																
Single	0.13	0.97	0.33	0.53	0.12	0.71	0.98	0.83	0.30	0.05	0.10	0.55	0.19	0.60	0.36	
	[0.12,0.14]	[0.97,0.98]	[0.31,0.34]	[0.52,0.55]	[0.11,0.13]	[0.69,0.72]	[0.98,0.98]	[0.82,0.85]	[0.29,0.32]	[0.04,0.06]	[0.09,0.11]	[0.53,0.56]	[0.17,0.20]	[0.58,0.61]	[0.34,0.37]	
Married	0.15	0.98	0.36	0.56	0.12	0.67	0.97	0.86	0.31	0.04	0.08	0.56	0.17	0.60	0.44	
	[0.14,0.16]	[0.97,0.98]	[0.35,0.38]	[0.54,0.57]	[0.11,0.13]	[0.66,0.68]	[0.97,0.98]	[0.85,0.87]	[0.30,0.32]	[0.04,0.05]	[0.07,0.09]	[0.55,0.57]	[0.16,0.18]	[0.59,0.62]	[0.42,0.45]	
<b>Smoking</b>																
Non-smoker	0.13	0.97	0.33	0.55	0.13	0.69	0.98	0.85	0.26	0.05	0.09	0.53	0.17	0.62	0.40	
	[0.12,0.14]	[0.97,0.98]	[0.31,0.34]	[0.53,0.56]	[0.12,0.14]	[0.68,0.70]	[0.97,0.98]	[0.84,0.86]	[0.24,0.27]	[0.04,0.05]	[0.08,0.10]	[0.52,0.55]	[0.16,0.18]	[0.61,0.64]	[0.38,0.41]	
Smoker	0.14	0.97	0.37	0.53	0.10	0.67	0.98	0.83	0.37	0.05	0.08	0.58	0.16	0.57	0.41	
	[0.12,0.15]	[0.97,0.98]	[0.34,0.39]	[0.50,0.55]	[0.09,0.11]	[0.65,0.69]	[0.97,0.98]	[0.81,0.85]	[0.35,0.39]	[0.04,0.05]	[0.07,0.09]	[0.55,0.60]	[0.15,0.18]	[0.55,0.59]	[0.38,0.43]	
Ex-smoker	0.16	0.98	0.38	0.56	0.11	0.70	0.98	0.85	0.36	0.04	0.10	0.58	0.20	0.58	0.41	
	[0.15,0.18]	[0.97,0.99]	[0.35,0.40]	[0.54,0.58]	[0.10,0.12]	[0.68,0.72]	[0.97,0.99]	[0.84,0.87]	[0.34,0.38]	[0.03,0.05]	[0.09,0.11]	[0.56,0.61]	[0.18,0.22]	[0.56,0.60]	[0.39,0.43]	
<b>Physical activity</b>																
No	0.12	0.97	0.36	0.51	0.11	0.67	0.97	0.83	0.30	0.04	0.07	0.53	0.15	0.58	0.41	
	[0.11,0.13]	[0.97,0.98]	[0.35,0.37]	[0.49,0.52]	[0.10,0.12]	[0.66,0.68]	[0.97,0.98]	[0.82,0.84]	[0.29,0.32]	[0.04,0.05]	[0.07,0.08]	[0.52,0.54]	[0.14,0.16]	[0.56,0.59]	[0.40,0.43]	
Yes	0.16	0.97	0.33	0.60	0.13	0.71	0.98	0.87	0.31	0.05	0.11	0.59	0.20	0.63	0.38	
	[0.15,0.18]	[0.97,0.98]	[0.31,0.34]	[0.58,0.61]	[0.12,0.14]	[0.70,0.73]	[0.98,0.98]	[0.86,0.88]	[0.30,0.33]	[0.04,0.05]	[0.10,0.12]	[0.57,0.60]	[0.19,0.22]	[0.62,0.65]	[0.37,0.40]	

Values are marginal probabilities with 95% confidence intervals estimated for year of recruitment, sex, education, occupation, marital status, smoking status and physically activity level using the multivariable PWRM. Abbreviations: sp = spoons; d = day; s = servings; u=units; gl = glass; w = week; t = times.









**Figure S1.** Marginal probabilities of adherence to the Mediterranean dietary pattern and its individual components as a function of age and nutritional status. The estimated probabilities were obtained using Poisson working regression models adjusted for socio-demographic characteristics, nutritional status, lifestyle variables and year of recruitment (see statistical analysis section for details).