

Article

Co-Occurrence of Beauvericin and Enniatins in Edible Vegetable Oil Samples, China

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Abstract: A total of 470 edible vegetable oil samples including peanut, soybean, rapeseed, sesame seed, corn, blend, and others collected from eight provinces of China were analyzed for the concentrations of beauvericin (BEA), enniatin A (ENA), A₁ (ENA₁), B (ENB), and B₁ (ENB₁) by ultraperformance liquid chromatography/electrospray ionization tandem mass spectrometry (UPLC/ESI-MS/MS). Concentrations of BEA, ENB, and ENB₁ (average = 5.59 µg/kg, 5.16 µg/kg, and 4.61 µg/kg) in all positive samples were higher than those for ENA and ENA₁ (average = 0.85 µg/kg and 1.88 µg/kg). Frequencies of BEA and ENNs in all analyzed samples were all higher than 50% with the exception of ENA₁ (36.6%, 172/470). Levels of BEA and ENNs in all analyzed samples varied based on their sample types and geographical distributions (Kruskal–Wallis test, $p < 0.05$). The soybean and peanut oil samples were found to be more easily contaminated by BEA and ENNs than other oil samples. Concentrations of BEA and ENNs in samples obtained from Heilongjiang, Shandong and Guizhou were higher than those found in samples from other provinces. Besides, frequencies of mycotoxin co-contaminations were high and their co-contamination types also varied by oil types. BEA-ENA-ENA₁-ENB-ENB₁ was the most commonly found toxin combination type, almost in one third of the analyzed samples (30%, 141/470). Overall, these results indicate that co-occurrence of BEA and ENNs in analyzed Chinese edible vegetable oil samples is highly common, and it is vital to monitor them, both simultaneously and on a widespread level.

Keywords: edible vegetable oil; beauvericin; enniatins; China; UPLC/ESI-MS/MS

Key Contribution: The natural co-contamination of BEA and ENNs was common and firstly reported in Chinese edible vegetable oil samples.

1. Introduction

Beauvericin (BEA) and enniatins (ENNs) are emerging cyclic hexadepsipeptides mycotoxins mainly produced by the fungi of *Fusarium* species such as *F. oxysporum*, *F. avenaceum*, and *F. poae* [1,2]. They are structurally related and consisting of three alternating hydroxyisovaleryl and N-methylamino acid residues [1,2]. So far, according to the scientific opinion on the risks to human and animal health related to the presence of BEA and ENNs in food and feed, 29 naturally occurring ENN analogues have been identified, but only four ENNs including enniatin A (ENA), A₁ (ENA₁), B (ENB), and B₁ (ENB₁) are most frequently detected in various foods and feeds [3].

BEA and ENNs are gaining increasing attention due to their diverse biological activities, which include being toxic to viruses, insects, and fungi [4–7], or being genotoxic such as inducing chromosomal aberrations, sister-chromatid exchanges, and micronucleus [8]. Recently, cytotoxicities of BEA and ENNs on different human cell lines have been reported, including being the inducers

of oxidative stress, and the inhibitors of ionophores and enzymes [9–12]. Furthermore, BEA and ENNs have been found in many countries such as Morocco [13,14], Spain [15], Tunisia [16], Italy [17], Portugal [18], Poland [19], Norway [20], Finland [21], Iran [22], Sweden [23], and China [24]. The more important is that most of them are focused on cereals such as wheat, barley, maize, and oats, as well as cereal-based food [13–24]. High frequencies and concentrations of BEA and ENNs in cereal and cereal-based products have been reported in recent years [13–24]. However, to our knowledge, there are no systematic contamination data about the natural occurrence of BEA and ENNs in the edible vegetable oil samples up to now.

Edible vegetable oils extracted from seeds have gained immense popularity over animal-based fats in China, mainly due to their potential therapeutic/health-promoting potential benefits. In this study, seven kinds of edible vegetable oils totaling 470 samples collected from eight provinces of China are used to detect their levels of BEA and ENNs. These vegetable oils are mainly produced from vegetable seeds such as peanut, soybean, rapeseed seed, sesame seed, and corn. Several reports indicate that the majority of the edible oil-yielding seeds can be infected with toxin and toxin-producing fungi during their growth, their processing, and their storage period if the conditions are favorable to fungi growth and toxin production [25–28]. These toxins can be left over in the edible vegetable oils and enter the human food chain by intake of the edible oils and their related products. Increasing research on mycotoxins in the Chinese edible vegetable oil samples has been carried out over recent decades, including aflatoxins [25,26], ochratoxin A [26], zearalenone and its analogues [27], deoxynivalenol [27], nivalenol [27], T-2 toxin [27], and fumonisins [28], but none have been concerned with BEA and ENNs up to now. Therefore, the aim of this study is to evaluate the natural occurrence of BEA and ENNs in the edible vegetable oils at the national level of China by ultraperformance liquid chromatography/electrospray ionization tandem mass spectrometry (UPLC/ESI-MS/MS).

2. Results

2.1. Natural Occurrence of BEA and ENNs in All Edible Vegetable Oils of China

The histogram showing frequency distribution of the natural occurrence of BEA and ENNs in a total of 470 analyzed oil samples was presented in Figure 1. It was found that they were separated into different groups based on their concentrations, while a large number of samples with the low concentrations aggregated in the left part of Figure 1 and the distribution of the concentrations of BEA and ENNs in all analyzed samples did not follow the normal distribution with the average of 5.59 µg/kg for BEA, 0.85 µg/kg for ENA, 1.88 µg/kg for ENA₁, 5.16 µg/kg for ENB, and 4.61 µg/kg for ENB₁ in all positive oil samples, respectively.

The natural occurrence of BEA and ENNs in all analyzed oil samples was given in Table 1. BEA and ENB were the predominant toxins in terms of frequencies and concentrations. It was found that 65.1% (306/470) samples were contaminated by BEA with the concentrations higher than LOQ, followed by ENB with 57.7% (271/470), and ENB₁ with 50.9% (239/470), and ENA with 50.2% (236/470), and ENA₁ with 36.6% (172/470). The concentrations of BEA, ENA, ENA₁, ENB, and ENB₁ in all analyzed samples varied in oil types (Kruskal–Wallis test, $p < 0.05$). For 98 peanut oil samples, BEA was the predominant toxin based on the frequency and concentration, while four (4.1%) peanut oil samples were contaminated with BEA at the levels higher than 20 µg/kg, 14 (14.3%) between 10 µg/kg and 20 µg/kg, and 82 (83.7%) below 10 µg/kg. Among 133 soybean oil samples analyzed, concentrations of BEA and 4 ENNs were higher than those observed in analyzed positive peanut oil samples with the average concentration trend of BEA > ENB > ENB₁ > ENA₁ > ENA, except for ENA₁. Furthermore, the maximum levels of the five mycotoxins in analyzed 470 samples were all found in soybean oil samples with the concentration of 31.44 µg/kg for BEA, 10.73 µg/kg for ENA, 17.49 µg/kg for ENA₁, 64.21 µg/kg for ENB, and 61.89 µg/kg for ENB₁. Besides, 11 (8.3%) soybean oil samples were contaminated with BEA at the levels higher than 20 µg/kg, 20 (15.0%) between 10 µg/kg and 20 µg/kg, and 102 (76.7%) below 10 µg/kg. A total of 6 (4.5%) soybean oil samples were contaminated

with ENB at the levels higher than 20 $\mu\text{g}/\text{kg}$, 11 (8.3%) between 10 $\mu\text{g}/\text{kg}$ and 20 $\mu\text{g}/\text{kg}$, and 116 (87.2%) below 10 $\mu\text{g}/\text{kg}$. In terms of 100 rapeseed oil samples, ENB was the predominant toxin, and detected in 78.0% (78/100) samples at the levels ranging from 0.50 $\mu\text{g}/\text{kg}$ to 40.34 $\mu\text{g}/\text{kg}$ (average = 7.81 $\mu\text{g}/\text{kg}$, median = 5.60 $\mu\text{g}/\text{kg}$), which was different for those found in peanut and soybean oil samples. For 35 sesame seed oil samples, only BEA was detected at a high frequency (97.1%, 34/35). For 16 corn oils, only ENB (12.5%, 2/16) was detected in the analyzed corn oil samples. For 30 blend oils and 58 others, the average concentrations of the five mycotoxins in those positive samples were all lower than 2.00 $\mu\text{g}/\text{kg}$, but not for ENA (average = 2.14 $\mu\text{g}/\text{kg}$), ENA₁ (average = 4.63 $\mu\text{g}/\text{kg}$), and ENB₁ (average = 2.64 $\mu\text{g}/\text{kg}$) in positive blend oils, and the details were shown in Table 1.

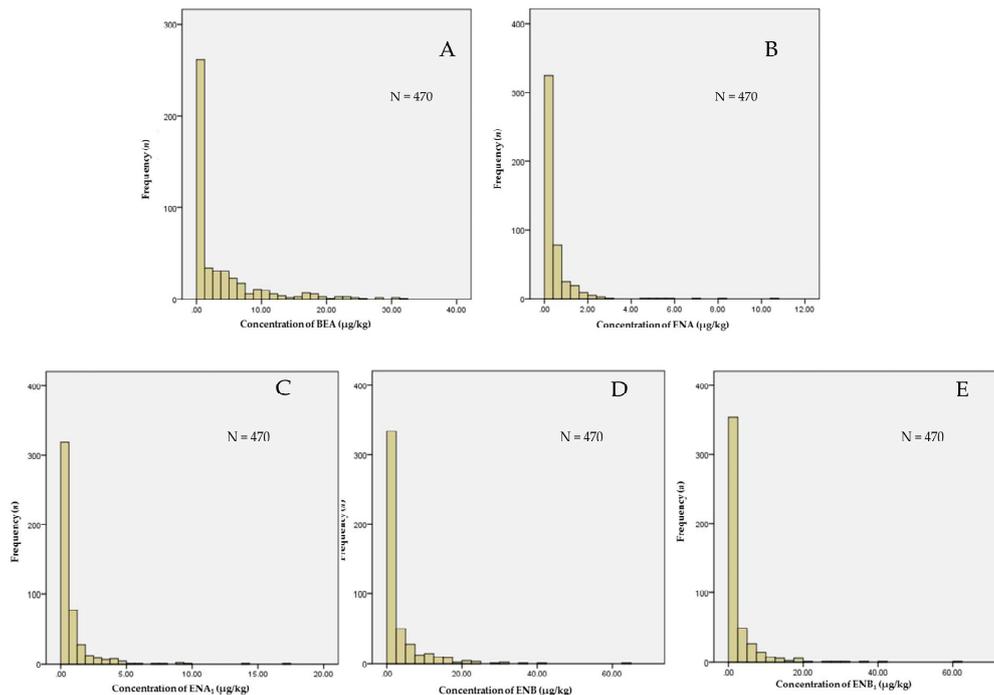


Figure 1. The histogram showing frequency distribution of the natural occurrence of BEA and ENNs in all analyzed samples. BEA = beauvericin, ENNs = enniatins, ENA = enniatin A, ENA₁ = enniatin A₁, ENB = enniatin B, ENB₁ = enniatin B₁, n = sample number, SD = standard deviation. (A): The histogram showing frequency distribution of BEA concentrations; (B): The histogram showing frequency distribution of ENA concentrations; (C): The histogram showing frequency distribution of ENA₁ concentrations; (D): The histogram showing frequency distribution of ENB concentrations; (E): The histogram showing frequency distribution of ENB₁ concentrations.

Table 1. Natural occurrence of BEA and ENNs in all edible vegetable oils in China ($n = 470$).

| Sample | Mycotoxin ^a | (\geq LOQ ^b) % (n) | Range ($\mu\text{g}/\text{kg}$) | Average ($\mu\text{g}/\text{kg}$) | Median ($\mu\text{g}/\text{kg}$) | SD ^c |
|------------------------------|------------------------|--|--------------------------------------|--|---------------------------------------|-----------------|
| Peanut oil ($n = 98$) | BEA | 78.6 (77) | 1.31–30.42 | 7.29 | 5.23 | 6.12 |
| | ENA | 55.1 (54) | 0.33–2.96 | 0.89 | 0.73 | 0.57 |
| | ENA ₁ | 8.2 (8) | 2.15–4.74 | 3.29 | 3.16 | 1.02 |
| | ENB | 42.9 (42) | 0.26–19.87 | 2.73 | 1.34 | 3.80 |
| | ENB ₁ | 41.8 (41) | 0.63–18.70 | 3.36 | 1.94 | 4.12 |
| Soybean oil ($n = 133$) | BEA | 72.2 (96) | 0.22–31.44 | 9.20 | 6.34 | 7.86 |
| | ENA | 66.9 (89) | 0.14–10.73 | 0.93 | 0.38 | 1.47 |
| | ENA ₁ | 63.2 (84) | 0.46–17.49 | 2.12 | 1.17 | 2.44 |
| | ENB | 73.7 (98) | 0.13–64.21 | 6.28 | 3.10 | 8.83 |
| | ENB ₁ | 70.7 (94) | 0.23–61.89 | 6.27 | 2.90 | 8.83 |

Table 1. Cont.

| Sample | Mycotoxin ^a | (\geq LOQ ^b) % (n) | Range ($\mu\text{g}/\text{kg}$) | Average ($\mu\text{g}/\text{kg}$) | Median ($\mu\text{g}/\text{kg}$) | SD ^c |
|-----------------------------|------------------------|--------------------------------------|--------------------------------------|--|---------------------------------------|-----------------|
| Rapeseed oil (n = 100) | BEA | 64.0(64) | 0.16–11.57 | 1.40 | 0.53 | 1.97 |
| | ENA | 83.0(83) | 0.27–8.09 | 0.76 | 0.45 | 1.22 |
| | ENA ₁ | 69.0 (69) | 0.51–14.2 | 1.44 | 0.96 | 1.95 |
| | ENB | 78.0 (78) | 0.50–40.34 | 7.81 | 5.60 | 7.71 |
| | ENB ₁ | 76.0 (76) | 0.09–42.41 | 4.18 | 2.53 | 5.87 |
| Sesame seed oil (n = 35) | BEA | 97.1 (34) | 0.33–16.79 | 4.52 | 3.11 | 4.32 |
| | ENA | 14.3 (5) | 0.33–0.54 | 0.41 | 0.37 | 0.09 |
| | ENA ₁ | 2.9 (1) | 0.87–0.87 | 0.87 | 0.87 | no ^e |
| | ENB | 22.9 (8) | 0.12–5.22 | 0.92 | 0.25 | 1.75 |
| | ENB ₁ | 5.7 (2) | 0.54–2.93 | 1.74 | 1.74 | 1.69 |
| Corn oil (n = 16) | BEA | nd ^d | nd | nd | nd | no |
| | ENA | nd | nd | nd | nd | no |
| | ENA ₁ | nd | nd | nd | nd | no |
| | ENB | 12.5 (2) | 0.23–0.52 | 0.37 | 0.37 | 0.20 |
| | ENB ₁ | nd | nd | nd | nd | no |
| Blend oil (n = 30) | BEA | 50.0 (15) | 0.20–6.57 | 0.81 | 0.36 | 1.61 |
| | ENA | 3.3 (1) | 2.14–2.14 | 2.14 | 2.14 | no ^e |
| | ENA ₁ | 6.7 (2) | 0.41–8.85 | 4.63 | 4.63 | 5.97 |
| | ENB | 56.7 (17) | 0.05–16.34 | 1.29 | 0.20 | 3.90 |
| | ENB ₁ | 33.3 (10) | 0.17–22.16 | 2.64 | 0.45 | 6.87 |
| Others (n = 58) | BEA | 34.5 (20) | 0.18–1.69 | 0.54 | 0.34 | 0.44 |
| | ENA | 6.9 (4) | 0.56–1.23 | 0.86 | 0.82 | 0.29 |
| | ENA ₁ | 13.8 (8) | 0.37–2.81 | 1.27 | 1.24 | 0.78 |
| | ENB | 44.8 (26) | 0.05–4.59 | 1.12 | 0.50 | 1.34 |
| | ENB ₁ | 27.6 (16) | 0.20–6.40 | 1.80 | 0.89 | 1.88 |
| Total (n = 470) | BEA | 65.1 (306) | 0.16–31.44 | 5.59 | 3.34 | 6.55 |
| | ENA | 50.2 (236) | 0.14–10.73 | 0.85 | 0.48 | 1.19 |
| | ENA ₁ | 36.6 (172) | 0.37–17.49 | 1.88 | 1.07 | 2.24 |
| | ENB | 57.7 (271) | 0.05–64.21 | 5.16 | 2.51 | 7.41 |
| | ENB ₁ | 50.9 (239) | 0.09–61.89 | 4.61 | 2.36 | 6.95 |

^a: BEA = beauvericin, ENA = enniatin A, ENA₁ = enniatin A₁, ENB = enniatin B, ENB₁ = enniatin B₁; ^b: LOQ = limit of quantification; ^c: SD = standard deviation; ^d: nd = not detected i.e., less than the limit of the quantification (<LOQ); ^e: no = without SD; n = number of samples.

2.2. Natural Occurrence of BEA and ENNs in All Edible Vegetable Oils From Different Provinces of China

The natural occurrence of the five mycotoxins in all analyzed samples from different provinces of China was presented in Table 2, and the concentrations of the five mycotoxins were significantly different in samples collected from different provinces (Kruskal–Wallis test, $p < 0.05$). In terms of BEA, the concentrations of BEA in samples from Heilongjiang (average = 8.14 $\mu\text{g}/\text{kg}$) and Shandong (average = 7.15 $\mu\text{g}/\text{kg}$) were 1.07 to 4.02 times higher than those from other provinces. Frequencies of BEA in samples from Heilongjiang (76.2%, 64/84), Shandong (82.8%, 130/157), and Guizhou (75.9%, 22/29) were higher for than those found in samples from Hebei (52.4%, 11/21), Jiangsu (38.0%, 19/50), Sichuan (49.4%, 39/79), Yunnan (53.8%, 7/13), and Guangxi (37.8%, 14/37). For ENA and ENA₁, the average concentrations of ENA in samples from different provinces were all below or close to the concentration of 1.00 $\mu\text{g}/\text{kg}$, but not for ENA in samples from Guizhou; while for ENA₁, the average concentrations of ENA₁ in samples from different provinces were all higher than 2.00 $\mu\text{g}/\text{kg}$ with the exception of ENA₁ in Jiangsu, Sichuan, and Guangxi. For ENB and ENB₁, the average concentrations of ENB and ENB₁ in samples from different provinces were higher than 1.00 $\mu\text{g}/\text{kg}$, with the maximum of 11.96 $\mu\text{g}/\text{kg}$ for ENB and 7.37 $\mu\text{g}/\text{kg}$ for ENB₁ both in Guizhou. In sum, the oil samples from Heilongjiang, Shandong, and Guizhou were more easily contaminated by the five mycotoxins than the samples from other provinces.

Table 2. Natural occurrence of BEA and ENNs in all edible vegetable oils from different provinces ($n = 470$).

| Province | Mycotoxin | (\geq LOQ) % (n) | Range ($\mu\text{g}/\text{kg}$) | Average ($\mu\text{g}/\text{kg}$) | Median ($\mu\text{g}/\text{kg}$) | SD |
|------------------------------|------------------|----------------------------|--------------------------------------|--|---------------------------------------|------|
| Heilongjiang ($n = 84$) | BEA | 76.2 (64) | 0.25–31.2 | 8.14 | 6.06 | 7.13 |
| | ENA | 71.4 (60) | 0.14–10.7 | 1.06 | 0.34 | 1.75 |
| | ENA ₁ | 65.5 (55) | 0.46–17.5 | 2.03 | 0.99 | 2.69 |
| | ENB | 82.1 (69) | 0.09–64.2 | 5.75 | 2.29 | 9.56 |
| | ENB ₁ | 75.0 (63) | 0.30–61.9 | 5.59 | 2.20 | 9.21 |
| Hebei ($n = 21$) | BEA | 52.4 (11) | 0.26–6.0 | 2.35 | 1.54 | 2.04 |
| | ENA | 23.8 (5) | 0.29–1.4 | 1.01 | 1.35 | 0.53 |
| | ENA ₁ | 19.0 (4) | 0.91–3.2 | 2.44 | 2.84 | 1.07 |
| | ENB | 47.6 (10) | 0.05–7.1 | 2.59 | 0.88 | 2.86 |
| | ENB ₁ | 28.6 (6) | 0.52–8.3 | 4.55 | 4.41 | 3.29 |
| Shandong ($n = 157$) | BEA | 82.8 (130) | 0.18–31.4 | 7.15 | 4.44 | 7.17 |
| | ENA | 47.1 (74) | 0.17–3.0 | 0.81 | 0.67 | 0.55 |
| | ENA ₁ | 23.6 (37) | 0.50–8.9 | 2.40 | 1.78 | 1.83 |
| | ENB | 51.0 (80) | 0.05–31.4 | 3.97 | 2.02 | 5.62 |
| | ENB ₁ | 43.3 (68) | 0.17–35.3 | 5.15 | 2.95 | 6.59 |
| Jiangsu ($n = 50$) | BEA | 38.0 (19) | 0.21–23.3 | 3.46 | 0.49 | 6.20 |
| | ENA | 26.0 (13) | 0.23–1.4 | 0.46 | 0.38 | 0.29 |
| | ENA ₁ | 24.0 (12) | 0.58–1.4 | 0.89 | 0.90 | 0.19 |
| | ENB | 46.0 (23) | 0.06–14.0 | 3.51 | 1.71 | 4.19 |
| | ENB ₁ | 38.0 (19) | 0.21–6.5 | 2.17 | 1.54 | 1.82 |
| Guizhou ($n = 29$) | BEA | 75.9 (22) | 0.17–4.5 | 1.91 | 1.50 | 1.51 |
| | ENA | 89.7 (26) | 0.30–8.1 | 1.40 | 0.65 | 2.03 |
| | ENA ₁ | 79.3 (23) | 0.55–14.2 | 2.44 | 1.56 | 3.16 |
| | ENB | 86.2 (25) | 0.73–40.3 | 11.96 | 10.32 | 9.77 |
| | ENB ₁ | 86.2 (25) | 0.34–42.4 | 7.37 | 5.22 | 8.98 |
| Sichuan ($n = 79$) | BEA | 49.4 (39) | 0.16–15.9 | 1.62 | 0.43 | 2.97 |
| | ENA | 53.2 (42) | 0.27–1.1 | 0.43 | 0.40 | 0.17 |
| | ENA ₁ | 41.8 (33) | 0.37–2.3 | 0.93 | 0.83 | 0.38 |
| | ENB | 60.8 (48) | 0.10–23.2 | 4.37 | 2.77 | 5.18 |
| | ENB ₁ | 54.4 (43) | 0.09–9.0 | 2.16 | 1.48 | 2.23 |
| Yunnan ($n = 13$) | BEA | 53.8 (7) | 0.17–11.6 | 2.94 | 0.55 | 4.15 |
| | ENA | 61.5 (8) | 0.46–2.1 | 1.01 | 0.86 | 0.57 |
| | ENA ₁ | 53.8 (7) | 0.67–8.9 | 2.27 | 1.27 | 2.92 |
| | ENB | 53.8 (7) | 0.08–21.1 | 8.41 | 4.61 | 8.38 |
| | ENB ₁ | 53.8 (7) | 0.38–22.2 | 5.80 | 2.32 | 7.79 |
| Guangxi ($n = 37$) | BEA | 37.8 (14) | 0.26–7.1 | 3.05 | 2.38 | 1.98 |
| | ENA | 21.6 (8) | 0.33–0.7 | 0.50 | 0.46 | 0.14 |
| | ENA ₁ | 2.7 (1) | 0.41–1.1 | 0.41 | 0.41 | no |
| | ENB | 24.3 (9) | 0.11–2.0 | 1.02 | 1.00 | 0.71 |
| | ENB ₁ | 21.6 (8) | 0.63–3.0 | 1.77 | 1.84 | 0.74 |

2.3. Contamination and Co-contamination of BEA and ENNs in All Edible Vegetable Oils in China

Contamination and co-contamination of the five mycotoxins in all analyzed oil samples were shown in Table 3. It was found that 95 (20%, 95/470) and 81 (17%, 81/470) samples were not contaminated by any kind of the five mycotoxins and contaminated by only one mycotoxin, respectively, while 294 (63%, 294/470) samples were contaminated by at least two mycotoxins. The most common combination was BEA-ENA-ENA₁-ENB-ENB₁ with 141 (30%, 141/470) samples including 6 (6%, 6/98) peanut oils, 82 (62%, 82/133) soybean oils, 51 (51%, 51/100) rapeseed oils, one (3%, 1/35) sesame seed oils, and one (2%, 1/58) other oils, which were almost one third of the analyzed samples, followed by 67 (14%, 14/470) samples co-contaminated by the two mycotoxins, 46 (10%, 46/470) by the four mycotoxins, and 40 (9%, 40/470) by the three mycotoxins, respectively.

Table 3. Contamination and co-contamination of the five mycotoxins in all edible vegetable oil samples from parts of China ($n = 470$).

| Contamination by | Frequency % (n) for Mycotoxin Contamination and Co-contamination | | | | | | | | Sum ($n = 470$) |
|------------------|--|------------------------------|-------------------------------|---------------------------------|--------------------------|---------------------------|------------------------|-----------------------|-------------------|
| | Peanut Oil ($n = 98$) | Soybean Oil ($n = 133$) | Rapeseed Oil ($n = 100$) | Sesame Seed Oil ($n = 35$) | Corn Oil ($n = 16$) | Blend Oil ($n = 30$) | Others ($n = 58$) | Sum1 ($n = 470$) | |
| ND | 13 (13) | 25 (33) | 10 (10) | 3 (1) | 88(14) | 13 (4) | 34 (20) | 20 (95) | 20 (95) |
| One mycotoxin | 19 (19) | 3 (4) | 6 (6) | 66 (23) | 12 (2) | 37 (11) | 28 (16) | 17 (81) | 17(81) |
| Two mycotoxins | 24 (24) | 2 (4) | 8 (8) | 23 (8) | 0 (0) | 40 (12) | 22 (13) | 14 (67) | 63 (294) |
| Three mycotoxins | 19 (19) | 4 (5) | 7 (7) | 6 (2) | 0 (0) | 7 (2) | 9 (5) | 9 (40) | |
| Four mycotoxins | 17 (17) | 5 (7) | 18 (18) | 0 (0) | 0 (0) | 3 (1) | 5 (3) | 10 (46) | |
| Five mycotoxins | 6 (6) | 62 (82) | 51 (51) | 3 (1) | 0 (0) | 0 (0) | 2 (1) | 30 (141) | |

ND = not contaminated by any kind of the five mycotoxins studied.

The co-contamination types of the five mycotoxins in the analyzed samples varied by oil types. BEA-ENA-ENA₁-ENB-ENB₁ was also the most frequent toxin combination in soybean oils (62%, 82/133) and rapeseed oils (51%, 51/100), followed by the two mycotoxins co-contamination in soybean oils (5%, 7/133) and rapeseed oils (18%, 18/100); while for peanut oils, sesame seed oils, blend oils, and others, the most frequent toxin co-contamination type was the two mycotoxins co-contamination with the frequency of 24% (24/98) in peanuts oils, 23% (8/35) in sesame seed oils, 40% (12/30) in blend oils, and 22% (13/58) in others, and the second frequent toxin co-contamination type in the above four oil types was all the three mycotoxins co-contamination with 19% in peanut oils, 6% in sesame seed oils, 7% in blend oils, and 9% in others. However, for corn oils, no sample was contaminated with two or more kinds of mycotoxins simultaneously, and there were only two contamination types including 88% (14/16) samples not contaminated by any kind of the five mycotoxins and 12% (2/16) samples contaminated by only one mycotoxin.

3. Discussion

China, as the country with the largest population and the greatest consumption of edible oil in the world, has a strong demand for edible vegetable oils. The annual per-capita for edible vegetable oil was increasing year by year, and increased from 2.20 kg per year in the 1980s to higher than 11.70 kg per year in 2014 [29,30]. Therefore, it is very important to ensure the safety of edible oils. As we know, in China, vegetable oils are often made from seeds such as peanut, soybean, rapeseed, and others, which may be contaminated by mycotoxins and mycotoxin-producing fungi, including BEA and ENNs and these toxins producing fungi *Fusarium* species [31–36]. Although the maximum levels and the related national standard determination method for BEA and ENNs have not been established, their toxicity in combination with high contamination levels could pose possible hazards to health. The European Commission has requested for EFSA opinion on the risks to human and animal health related to BEA and ENNs in food and feed [3]. However, to the best of our knowledge, this is the first report on the natural occurrence of BEA and ENNs in Chinese edible vegetable oils.

One interesting finding was that BEA and ENNs were found as the co-contaminations in the analyzed edible vegetable oil samples. Out of the total samples, 294 (63%, 294/470) samples were contaminated by at least two mycotoxins including 141 (30%, 141/470) samples contaminated by the five mycotoxins simultaneously. The reason might be that BEA and ENNs producing fungi *Fusarium* species such as *F. equiseti*, *F. oxysporum*, and *F. avenaceum* could infect the seeds used for oil production simultaneously [31–36]. The second interesting finding was that the levels of BEA and ENNs in those edible vegetable oil samples were lower than those found in cereal samples, which did not undergo further processing such as cooking and heating [13–23]. Most of the oil samples analyzed were collected from the big companies and needed to undergo several processing processes. The squeezing processing and the leaching technology were the two popular technologies used in the Chinese oil industry [37], both of which needed to undergo the cooking process at a high temperature (80 °C). Besides, Serrano et al. reported that the temperature facilitated a marked reduction in ENNs content during the white and whole-grain pasta processing, and up to 50% and 80% reduction of ENNs was achieved by drying pasta at 45 °C–55 °C and 70 °C–90 °C, respectively, but not for low temperature (25 °C) [38].

Furthermore, it was found that the concentrations of BEA and ENNs in all analyzed samples varied by oil types and collection provinces. Samples such as soybean and peanut oils, and samples from Heilongjiang, Shandong, and Guizhou were more easily contaminated than others. The reason for this may due to the difference of the community ecology of fungal pathogens between different seeds and different provinces. Xu and Nicholson reported that the cooler environment was more suitable for the growth of *Fusarium* species including *F. culmorum* and *F. avenaceum* [39], which may indicated that samples from the cooler district could be contaminated with high levels of BEA and ENNs. However, to date, limited information was available on the natural occurrence of BEA and ENNs and the toxin producing fungi species in seeds used for oil production.

In conclusion, we reported for the first time about the natural occurrence of emerging *Fusarium* mycotoxins BEA and ENNs in Chinese edible vegetable oil samples. We found that the co-contamination of BEA and ENNs was common in studied oils and the levels of BEA and ENNs varied by oil types and geographical distributions. Although the acceptable daily intake (ADI) and the maximum levels are not established, it is necessary to conduct the detailed BEA and ENNs monitoring programs in China based on their high frequencies and co-contaminations.

4. Materials and Methods

4.1. Chemicals and Reagents

Standard solid powers of BEA, ENA, ENA₁, ENB, and ENB₁ with purity $\geq 97\%$ were purchased from Bioaustralis (Smithfield, Australia). Acetonitrile (ACN) and methanol (MeOH), both of LC-MS grade, were obtained from Fisher Scientific (Fair Lawn, NJ, USA). Ammonium acetate was in MS grade from Sigma-Aldrich (St. Louis, MO, USA). Water was purified successively by reverse osmosis and a Millipore Milli-Q system (Millipore, Bedford, MA, USA) with a conductivity ≥ 18.2 M Ω .cm at 25 °C.

4.2. Samples Collection

A total of 470 edible vegetable oil samples including peanut oil, soybean oil, rapeseed oil, sesame seed oil, corn oil, blend oil samples and others were randomly collected by visiting supermarkets and agricultural trade markets. They were obtained from the most important edible vegetable oil-producing regions including Heilongjiang, Hebei, Shandong, Jiangsu, Guizhou, Sichuan, Yunnan, and Guangxi, and their yearly edible vegetable oil output accounted for about 70% of the total in China. Most of the oil samples analyzed are collected from the big companies which can be sold both at home and abroad, therefore several processing processes including the squeezing processing and the leaching technology are applied in oil production. All samples were kept at 4 °C until analysis. Each sample was mixed thoroughly before taking and 5 g test portion was taken for analysis.

4.3. UPLC Conditions

UPLC/ESI-MS/MS system equipped with ExionLC (SHIMADZU, Kyoto, Japan), QTRAP™ 5500 MS/MS system (AB Sciex, Foster City, CA, USA) and a MultiQuant™ Version 3.0.2 software (AB Sciex, Foster City, CA, USA) for data acquisition and analysis was used to quantify the five mycotoxins in the positive mode. Chromatographic separation was achieved using a C₁₈ column (2.1 mm × 50 mm, 1.7 μ m bead diameters, Waters, Milford, MA, USA). Temperatures of the UPLC column and autosampler were set at 35 °C and 15 °C, respectively. The gradient elution program included the mobile phase A (containing 2 mmol/L ammonium acetate) and the mobile phase B (acetonitrile) with a flow rate of 0.2 mL/min. The detailed information was shown in Table 4.

Table 4. The gradient elution program for BEA and ENNs detection.

| Time (min) | Mobile Phase A (%) | Mobile Phase B (%) |
|------------|--------------------|--------------------|
| 0 | 100 | 0 |
| 2 | 100 | 0 |
| 3 | 40 | 60 |
| 19 | 30 | 70 |
| 21 | 100 | 0 |
| 21.1 | 100 | 0 |

4.4. MS Conditions

Multiple reaction monitoring (MRM) was used for data acquisition with an optimized dwell time of 200 ms in order to obtain the optimal sensitivity and selectivity of MS conditions in positive electrospray ionization (ESI⁺) mode, and the ion source parameters for BEA and ENNs determination

were shown in Table 5. Parent and fragment ions (quantifier and qualifier) for each analyte were chosen regarding the best signal-to-noise ratios in a spiked blank sample [40]. The MRM parameters for BEA and ENNs detection were shown in Supplementary Table S1.

Table 5. Ion source parameters for BEA and ENNs detection.

| Parameter | Character |
|--------------------------------|-----------|
| Curtain gas | 30 psi |
| Collision gas | medium |
| Ion spray voltage | 5500 v |
| Source desolvation temperature | 550 °C |
| Gas 1 | 80 psi |
| Gas 2 | 80 psi |

4.5. Extraction and Analysis of BEA and ENNs

The extraction method of BEA, ENA, ENA₁, ENB, and ENB₁ from edible vegetable oil was modified on the basis of the methods developed previously [40]. Because all the edible vegetable oils were in liquid form, five grams of each oil sample were extracted with 40 mL of acetonitrile-water (85:15, vol/vol) by blending 30–60 s using vortex and then shaking for 30 min. The extract was transferred to a new 50 mL centrifuge tube and allowed standing for 15–20 min under room temperature. Each aliquot of 10 mL of supernatant was diluted with 20 mL of distilled water and the diluted extract was homogeneously blended using vortex. Four mL of the diluted extract was applied to a Sep-Pak Vac 3cc (200 mg) C₁₈ Cartridge (Waters, Milford, MA, USA), which was pre-equilibrated with 3 mL of methanol and 3 mL of water. The cartridge was washed with 3 mL of 10% acetonitrile in water followed by a wash with 3 mL of 50% acetonitrile in water. Toxins were eluted using 2.0 mL of 90% acetonitrile in water. Matrix-matched calibration was used for quantification of BEA and ENNs in edible vegetable oils. Mean recoveries, in which the matrix effect was compensated for, were in the ranges of 82.9–115.5% (BEA), 70.1–110.7% (ENA), 71.8–101.2% (ENA₁), 78.8–102.9% (ENB), and 78.8–102.9% (ENB₁) as determined from six parallel analyses of blank vegetable oil samples spiked with 5–25 µg/kg (BEA), 20–100 µg/kg (ENA), 1–5 µg/kg (ENA₁), 1–5 µg/kg (ENB) and 0.25–1.25 µg/kg (ENB₁) with the respective coefficient of variation (CV) of 9.9–13.1% for BEA, 4.4–16.5% for ENA, 10.7–12.3% for ENA₁, 10.7–12.3% for ENB, and 6.6–12.4% for ENB₁, respectively. All the regressive equations, correlation coefficient and the limits of detection and limits of quantification for BEA, ENA, ENA₁, ENB, and ENB₁ in different edible vegetable oils were presented in Table 6.

Table 6. Parameters associated with the calibration curve and method sensitivity for the detection of BEA and ENNs for different oils.

| Sample | Mycotoxin | Regressive Equation | Correlation Coefficient | LOD (µg/kg) | LOQ (µg/kg) |
|-------------|------------------|---------------------------|-------------------------|-------------|-------------|
| Peanut oil | BEA | $y = 1831910 x + 658263$ | 0.99334 | 0.29 | 1.30 |
| | ENA | $y = 4016180 x - 166542$ | 0.99371 | 0.09 | 0.31 |
| | ENA ₁ | $y = 2543860 x - 60391.4$ | 0.99367 | 0.43 | 1.78 |
| | ENB | $y = 3020570 x + 437387$ | 0.99333 | 0.08 | 0.26 |
| | ENB ₁ | $y = 1627330 x + 1130430$ | 0.99267 | 0.18 | 0.61 |
| Soybean oil | BEA | $y = 183690 x + 510190$ | 0.99862 | 0.29 | 1.30 |
| | ENA | $y = 3411850 x + 90468.4$ | 0.99919 | 0.05 | 0.16 |
| | ENA ₁ | $y = 2505060 x + 217001$ | 0.99913 | 0.04 | 0.13 |
| | ENB | $y = 3206470 x + 369942$ | 0.99889 | 0.13 | 0.43 |
| | ENB ₁ | $y = 1635060 x + 477786$ | 0.99873 | 0.04 | 0.12 |

Table 6. Cont.

| Sample | Mycotoxin | Regressive Equation | Correlation Coefficient | LOD ($\mu\text{g/kg}$) | LOQ ($\mu\text{g/kg}$) |
|-----------------|------------------|----------------------------|-------------------------|--------------------------|--------------------------|
| Rapeseed oil | BEA | $y = 266531x + 3185.30194$ | 0.99979 | 0.04 | 0.14 |
| | ENA | $y = 591485x + 9695.51985$ | 0.99550 | 0.08 | 0.27 |
| | ENA ₁ | $y = 469491x + 9159.34417$ | 0.99973 | 0.15 | 0.5 |
| | ENB | $y = 651794x + 6229.89274$ | 0.99969 | 0.14 | 0.48 |
| | ENB ₁ | $y = 610548x + 1769.24413$ | 1.00000 | 0.02 | 0.07 |
| Sesame seed oil | BEA | $y = 258595x + 6810.67455$ | 0.99969 | 0.09 | 0.29 |
| | ENA | $y = 676118x + 6329.11448$ | 1.00000 | 0.09 | 0.31 |
| | ENA ₁ | $y = 548739x + 3559.07382$ | 1.00000 | 0.12 | 0.39 |
| | ENB | $y = 387395x + 3820.26566$ | 1.00000 | 0.03 | 0.11 |
| | ENB ₁ | $y = 275432x + 3922.63450$ | 0.99972 | 0.06 | 0.19 |
| Corn oil | BEA | $y = 265163x + 2844.56953$ | 0.99998 | 0.21 | 0.7 |
| | ENA | $y = 588296x + 1879.55578$ | 0.99975 | 0.16 | 0.53 |
| | ENA ₁ | $y = 459591x + 177.44785$ | 0.99988 | 0.38 | 1.26 |
| | ENB | $y = 610548x + 1760.24413$ | 1.00000 | 0.07 | 0.23 |
| | ENB ₁ | $y = 728990x + 1788.38369$ | 0.99997 | 0.36 | 1.21 |
| Blend oil | BEA | $y = 268840x + 472.32478$ | 0.99986 | 0.06 | 0.18 |
| | ENA | $y = 599369x + 2058.81347$ | 0.99984 | 0.16 | 0.52 |
| | ENA ₁ | $y = 449363x + 1376.66349$ | 0.99965 | 0.11 | 0.35 |
| | ENB | $y = 603225x + 2395.36332$ | 0.99990 | 0.02 | 0.05 |
| | ENB ₁ | $y = 268600x + 778.00995$ | 0.99959 | 0.05 | 0.16 |

4.6. Data Analysis

The SPSS statistical package (version 19.0, IBM, Armonk, NY, USA) was applied for the calculation of all parameters including the positive rate, the average, the median, the range, and the Kruskal–Wallis test of BEA and ENNs in the analyzed samples. Kruskal–Wallis test was employed for statistical analysis in comparison of the mycotoxin concentrations in different edible vegetable oil samples.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2072-6651/11/2/100/s1>, Table S1: The MRM parameters of MS/MS conditions for BEA and ENNs detection.

Author Contributions: X.H. and J.Z. performed the experiments; X.H., J.Z. and J.X. were involved in Project administration; and X.H. and W.X. were involved in data analysis; X.H. was also involved in manuscript writing; F.L. designed the experiments, contributed to manuscript writing and decided to publish the results.

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