

Article

Long-Term Study of the Crop Forcing Technique on cv. Tempranillo (*Vitis vinifera* L.) Vines and Suggested Irrigation Strategies to Improve Water Use Efficiency of Forced Vines

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Abstract: Recently, the crop forcing technique (summer pruning that “forces” the vine to start a new cycle) has proven to be effective in delaying the harvest date and increasing must acidity, but also reducing the yield. However, recent information on deficit irrigation strategies combined with the crop forcing technique reveals that the crop forcing technique reduces irrigation water use efficiency. Two experiments were conducted. Experiment 1 was a 4-year trial to test the effect of the forcing pruning date on the phenology, yield, yield components and water requirements when post-veraison water stress is applied. In this experiment, the treatments were unforced vines (UF-RDI) and forced vines with a forcing pruning date about 70 (F1-RDI) and 100 (F2-RDI) days after budburst. The harvest date was delayed 34 (F1) and 66 (F2) days increasing the must acidity and malic acid concentration in the forced treatments. However, both forced treatments had a reduced yield (36% in F1 and 49% in F2) and irrigation water use efficiency (12% in F1 and 65% in F2). Experiment 2 was a 2-year trial in which irrigation was suppressed before the forcing pruning in F1 (F1-Pre) and F2 (F2-Pre) and after veraison. The yield, yield components, must quality and irrigation were compared to forced vines with irrigation suppression only after veraison (F1-RDI and F2-RDI). For the entire experiment, both treatments in which irrigation was suppressed before the forcing pruning reduced the amount of irrigation supplied (10% in F1-Pre and 30% in F2-Pre) with no negative effects on the yield, yield components or must quality when compared to F-RDI treatments.

Keywords: forcing regrowth; grapevine; ripening delay; climate change; canopy management; phenology; source:sink



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1. Introduction

Recently, some research in viticulture has focused on different management techniques with the aim of minimizing the effects of climate change on grape and wine quality [1,2]. Some of the main negative effects of global warming on berry and must quality are lower must acidity and anthocyanin content and increased sugar content [1]. The crop forcing technique (also known as the forcing regrowth technique) has become a topic of research interest since it has proven to be a useful technique to delay the harvest date by as much as two months [3]. As a result, the berries ripen under cooler conditions with an increase in must acidity and malic acid concentration [3–7]. However, vines in which the crop forcing technique is carried out have a reduced yield [4–7]. The crop forcing technique consists of a summer pruning (removing all the leaves, grapes and laterals and trimming the remaining shoots to a number of buds ranging from two to eight), which forces the vines to start a new biological cycle after the dormant buds are forced to unlock, because removing the shoot tips breaks correlative inhibition [3]. The exact date on which the forcing pruning should be performed has been a topic of research. If the forcing pruning date is too late, the

yield is reduced to almost zero [3,5], but if forcing pruning is performed too early (at full bloom), the number of bunches per vine may be reduced [3–7].

As global warming advances, irrigation strategies that minimize water consumption and improve the yield and berry quality are necessary tools in hot and semiarid areas [8]. In Spain, the most common irrigation strategy in red varieties is to stop irrigation after veraison, partly because of some Spanish wine quality certificate restrictions and partly because of the belief that irrigation after veraison impairs the berry quality [9]. However, with a post-veraison water deficit strategy, forced vines have a reduced irrigation water use efficiency (IWUE), which is the ratio between the yield and the amount of water applied through irrigation, when compared to unforced vines with the same irrigation strategy [7]. Recently, a pre-veraison irrigation deficit strategy based on a stem water potential threshold of -1.1 MPa to activate irrigation also failed to improve IWUE in forced vines when compared to unforced vines [10]. However, promising results were found in forced vines with a forcing pruning date (the time when the vines are pruned to force the dormant buds to unlock) 85 days after budburst when irrigation was suppressed in the pre-forcing pruning period, although this strategy reduced the number of bunches per vine and, therefore, the yield [7]. Therefore, since in a water scarcity scenario techniques that increase water use efficiency must be a priority [11], it seems that the crop forcing technique does not presently meet the required objective.

The goal of this study is to assess the crop forcing technique in terms of the phenology, yield, yield components and must quality on two different dates of crop forcing pruning (F1 crop forcing pruning 70 and F2 100 days after budburst) with a post-veraison irrigation water deficit in four consecutive years (2017, 2018, 2019 and 2020). In addition, an analysis is made of the attempt to improve irrigation water use efficiency in forced vines through the addition of two treatments with pre-forcing pruning irrigation suppression (F1-Pre and F2-Pre) in two consecutive years (2019 and 2020).

2. Materials and Methods

2.1. Experimental Site

The trial was divided into two sub-experiments (Experiment 1 and Experiment 2) and was conducted in 2017, 2018, 2019 and 2020 in a commercial vineyard in Lleida (Spain) ($41^{\circ}39'2''$ N; $0^{\circ}31'9''$ E; 320 m above sea level) on Tempranillo vines grafted on R110 rootstock and planted in 2013. The rows were north–south (31.6° N-E) oriented with a slope of 2% and with 1.65 m between vines and 2.5 m between rows. Vines were trained with double cordons and had a vertically positioned canopy. The criterion for winter pruning was to leave about 12 spurs on each vine and two buds per spur. The soil was poor in organic matter ($<1.5\%$), non-saline ($EC = 0.27$ dS/m) and stony ($\approx 35\%$), with a silty loam texture (22.7% clay, 49.3% silt, 28% sand) and a maximum deepness explorable by the roots of 1 m. Vines were drip irrigated with 2.3 L/h pressure compensating emitters spaced at 0.6 m intervals. The climate is characterized by cold winters with fog and hot summers with the possibility of heat waves with temperatures above 40°C exceptionally. The regional Winkler index is 1905 growing degree days (GDD) calculated according to the Winkler method [12] and classified as III but close to IV. The mean annual precipitation and reference evapotranspiration are 340 mm and 1064 mm, respectively (data from 2007 to 2017). Rainfall events occur mainly in spring and autumn, mostly outside the growing season.

2.2. Experiment 1: Assessing the Long-Term Effect of the Crop Forcing Technique Performed on Two Different Dates: Experimental Design

This experiment was designed to assess the long-term effects of two crop forcing pruning dates. Three treatments were tested from season 2017 to season 2020: unforced vines conducted conventionally (UF-RDI), forced vines about 70 days after budburst (DABB) (F1-RDI) and forced vines about 100 DABB (F2-RDI). The main phenological stages and forcing dates for each year are summarized in Table 1. The crop forcing pruning was performed mechanically with a pre-pruner (Pellenc DISCO, Pellenc SAS, Pertuis, France)

attached to a tractor, leaving 6–8 buds per shoot, and manually removing the remaining leaves and bunches. In UF-RDI vines, a standard removal of excessive/basal lateral shoots was undertaken in early summer, together with the removal of the bunch zone leaves (below nodes 3–6) to allow exposure of the bunch to the sun, and mechanical hedging and lateral trimming were executed. Additionally, fruit thinning was performed 1 month before veraison to establish a fruit load of about 20 bunches per vine. In forced treatments, no other management operation was performed apart from the crop forcing. Due to requirements of the plot owners to facilitate differentiated disease and pest control and to reduce experimental costs, plots were not randomly distributed in Experiment 1. Based on a high-resolution Normalized Difference Vegetation Index (NDVI) map generated in 2016 of the same field and previously described in [13], in an area as homogeneous as possible, three parallel and adjacent plots with four rows of 300 m (182 vines per row) per plot were established. In each plot, one forcing treatment was assigned randomly. Then, each plot was divided into four replicates of 88 vines (four rows of 22 vines) per replicate following the most likely gradient of vigor observed in the NDVI map. In each repetition, 20 central vines were used as the main plot and the rest as borders. The maximum distance between two vines of each replicate of different treatments was 22.5 m (between the UF and the F1). The experimental design and the NDVI map mentioned above are depicted in Figure S1.

Table 1. Main phenological stages, forcing dates and harvest dates for each year of the experiment in Julian days and growing degree days (GDD) in brackets. For UF treatment, GDD are computed from budburst to each phenological stage. For F treatments, GDD are computed from the time when forced buds unlock to each phenological stage.

Treatment	Year	Forcing	Budburst	Full Bloom	Fruit Set	Veraison	Harvest
UF	2017	-	88	142 (290)	148 (365)	207 (1152)	262 (1828)
	2018	-	94	152 (322)	157 (395)	213 (1145)	264 (1850)
	2019	-	85	149 (281)	158 (369)	211 (1112)	259 (1725)
	2020	-	93	142 (302)	150 (395)	206 (1076)	244 (1651)
F1	2017	156 (441)	170	194 (332)	200 (423)	249 (1097)	283 (1359)
	2018	165 (473)	173	199 (386)	204 (452)	253 (1169)	298 (1559)
	2019	154 (336)	165	187 (420)	192 (474)	245 (1261)	289 (1659)
	2020	160 (490)	170	196 (364)	201 (428)	254 (1032)	295 (1316)
F2	2017	186 (847)	196	216 (305)	222 (379)	278 (968)	325 (1162)
	2018	194 (886)	207	227 (328)	237 (459)	285 (975)	326 (1105)
	2019	182 (676)	192	214 (413)	219 (413)	275 (1068)	315 (1247)
	2020	189 (957)	198	223 (399)	230 (500)	279 (1007)	326 (1157)

Weather data were collected from a weather station located 6.8 km from the plot. The weather station forms part of the regional weather service of Catalonia. Vine phenology was assessed weekly according to the modified E-L system [14] and a particular phenological stage was considered to have been reached when 50% of the population was at the same phenological stage. Growing degree days (GDD) were calculated with 10 °C as the baseline temperature [12].

2.3. Experiment 1: Irrigation Management and Vine Water Status

In the year 2017, all treatments were irrigated according to the owners' criteria and no irrigation data were taken. From 2018 to 2020, all the treatments were irrigated following a regulated deficit irrigation (RDI) strategy consisting of providing 100% of the estimated plant water requirements until veraison, when irrigation was suppressed up to harvest. This irrigation strategy is the most common irrigation management in the region. The daily irrigation amount (mm/day) was calculated through Equation (1):

$$\text{Irrigation Amount} = \left(\frac{\text{ET}_c - P_{\text{eff}}}{0.9} \right) / 7 \quad (1)$$

where ETc is the weekly crop evapotranspiration (mm/week) for non-stressed vines calculated from the ETo Penman–Monteith formula of $ETc = ETo Kc$ [15] with crop coefficients $Kc1 = 0.2$ (from budburst), $Kc2 = 0.7$ (mid-season, from veraison until harvest) and $Kc3 = 0.3$ (at leaf senescence) based on a maximum Kc of 0.7 for vines with a midday percent shaded area of 40% [16]. P_{eff} is the effective rainfall in mm/week, estimated as 60% of the rainfall for a week with more than 10 mm of precipitation and otherwise considered to be zero. The factor 0.9 is the efficiency of the irrigation system. Unfortunately, irrigation applied was not measured in the year 2017 due to technical issues.

The stem water potential (Ψ_s) was measured every 15 days from May to October following a method described in [17]. On two vines per replicate, a shaded leaf located near the trunk was placed in an aluminum bag 30 min before the measurement. Measurements were carried out between 11:30 and 12:30 (GMT) using a pressure chamber (Model 3005, Soil Moisture Equipment Co., Ltd. Sta. Barbara, CA, USA). The Ψ_s thresholds for well-hydrated vines were -0.6 MPa from budburst to fruit set and -0.75 MPa from fruit set to veraison [7].

The irrigation water use efficiency (IWUE) (kg/(mm ha)) was calculated as the ratio between the yield in kg/ha and the water provided by irrigation in mm during the growing season (from non-forced budburst to leaf fall).

2.4. Experiment 1: Fraction of Intercepted Radiation

In 2017, the fraction of photosynthetically active radiation intercepted by the vines (FIPAR) was not measured due to technical problems with the equipment. From 2018 to 2020, FIPAR was measured before forcing and at the end of the season (considered maximum FIPAR). All measurements were carried out between 11:00 and 12:00 (GMT) using a Li-191R line quantum sensor (Li-191R, Li-Cor, Inc., Lincoln, NE, USA). For each plot, one measurement was taken above the canopy (I_{above}) and two rows of 50 measurements were taken below the canopy of 10 vines per plot (I_{below}). Measurements below the canopy were taken perpendicular to the row and 0.5 m apart to cover the entire ground allocated per vine. The FIPAR was calculated through Equation (2):

$$FIPAR = 1 - \frac{\sum I_{below}/100}{I_{above}} \quad (2)$$

2.5. Experiment 1: Yield, Yield Components and Must Quality

The optimal harvest date was set when the grape total soluble solids (TSS) content was between 23.5 and 24.5° Brix for all treatments. Thus, to ensure the optimal harvest date, from one month after veraison until harvest a sample of berries was collected approximately every three days to extract the juice and measure the TSS with a refractometer (Palette, PR-32 α , ATAGO Co., LTD., Tokyo, Japan). At harvest, the yield, number of bunches per vine and bunch weight were determined. A sub-sample of 50 berries per replicate was also weighed (berry weight). The number of berries per bunch and per vine was then estimated as the ratio between bunch weight and yield by berry fresh weight. All samples were weighed shortly after collection and dried at 65 °C to a constant weight to determine the dry weight. Berry juice was extracted from one sample of each replicate and the TSS content was determined. The same juice was used to measure the pH using a pHmeter (Crison PLG-22, HACH LANGE, SLU, Barcelona, Spain) and titratable acidity (TA). To measure the must TA (g/L tartaric acid), 10 mL of filtered juice was diluted with 10 mL of distilled water and titrated with a 0.1 N NaOH solution to a final pH of 8.2.

2.6. Experiment 2: Improving Irrigation Water Use Efficiency in Forced Vines Experimental Design

Experiment 2 was performed to improve the IWUE in forced-treatment vines by suppressing irrigation before forcing. Experiment 2 was carried out in 2019 and 2020. A new treatment was added to the F1 and F2 plots in which irrigation was suppressed before the forcing pruning and from veraison to harvest (F1-Pre and F2-Pre). Each replicate

of F1-Pre and F2-Pre was exactly equal to their analogous RDI plots and was randomly located adjacent to each RDI replicate. Therefore, the experimental design was split-plot with four replicates per treatment and the forcing treatment as the A factor and irrigation as the B factor.

The irrigation dose was estimated as described for Experiment 1. Also, FIPAR measurements were performed as described for Experiment 1 and were taken before and after forcing pruning. Vine water status was measured as described for Experiment 1. The relative Ψ_s was calculated as the ratio between the Ψ_s of the Pre and RDI treatments for each forcing pruning date.

The yield, yield components and must quality were measured as described for Experiment 1.

2.7. Statistical Analysis

A univariate analysis of variance (ANOVA) was performed to reveal differences between treatments ($p < 0.05$) for Experiment 1. In Experiment 2, a multivariate analysis of variance (MANOVA) was performed to reveal differences between treatments ($p < 0.05$). The normal distribution of experimental errors was assessed with the Shapiro–Wilk test. Homogeneity of error variances was assessed with Levene’s test ($p < 0.05$). Differences between means were determined using the Tukey test ($p < 0.05$). All statistical analyses were performed with JMP14.3 software (SAS Institute Inc., Cary, NC, USA, 1989–2021).

3. Results

3.1. Experiment 1: Phenology and Weather Data

On average, F1 delayed veraison (E-L 35) and, therefore, the onset of the berry ripening phase, by 41 days and F2 by 70 days when compared to UF, while the harvest date was delayed by 34 days (F1) and by 66 days (F2) (Table 1). However, it should be noted that the harvest date was a technical decision based on berry total soluble solids evolution. On average, F treatments required 11 days after forcing to unlock the forced buds, although this period varied by 23% (F1) and 16% (F2) between years, values which increased when GDD were considered instead of Julian days (Table 2). Forced treatments required fewer days (30 days F1 and 29 days F2) but more GDD (444 GDD F1 and 438 GDD F2) to reach the fruit-set stage (E-L 27) than UF treatments (63 days and 381 GDD). However, differences in the length of the period from fruit set to veraison were reduced between the UF (56 days) and F treatments (51 days F1 and 52 days F2), and the UF treatment required more GDD (741) from fruit set to reach veraison than F1 (696) and F2 (567). Notably, the maximum coefficient of variation observed in days was 11% (BB-FS in UF treatment) and in GDD 12.2% (FS-V in F2 treatment) (Table 2).

Climate data represented typical years of the area with hot summers (daily average temperature close to 28 °C) and cold winters and most of the rainfall events during spring and winter (mainly outside of the growing season) with isolated rainfall events in winter and summer (Figure 1). However, rainfall events were especially scarce during the last 50 days of 2017 (Figure 1A) and during the first 140 days of 2019 (Figure 1C). In contrast, the first 160 days of 2020 were considered wetter than usual in the region (Figure 1D). During summer, the daily ETo reached exceptional values above 7 mm in 2019 (Figure 1C), although it was between 5 and 6.5 mm most of the time (Figure 1A–D). F1 reduced by 5.5 °C and F2 by 10.7 °C the average temperature from veraison to harvest compared to UF (Table 3). However, from budburst to fruit set, the maximum temperature increased by 18% (F1) and 24% (F2) on average, and the average temperature by 60% (F1) and 62% (F2) when compared to UF. The coefficient of variation of Tmax and Tavg never exceeded 8% and therefore, they were quite stable parameters during these four years. Although variance in the ETo parameter was high (reaching 18.2% from veraison to harvest in F2), the cumulative ETo was reduced due to the forcing pruning for each phenological stage in F1 and F2 when compared to UF. Rainfall was an extremely erratic parameter between years, with the coefficient of variance ranging from 15.1% to 89.9%.

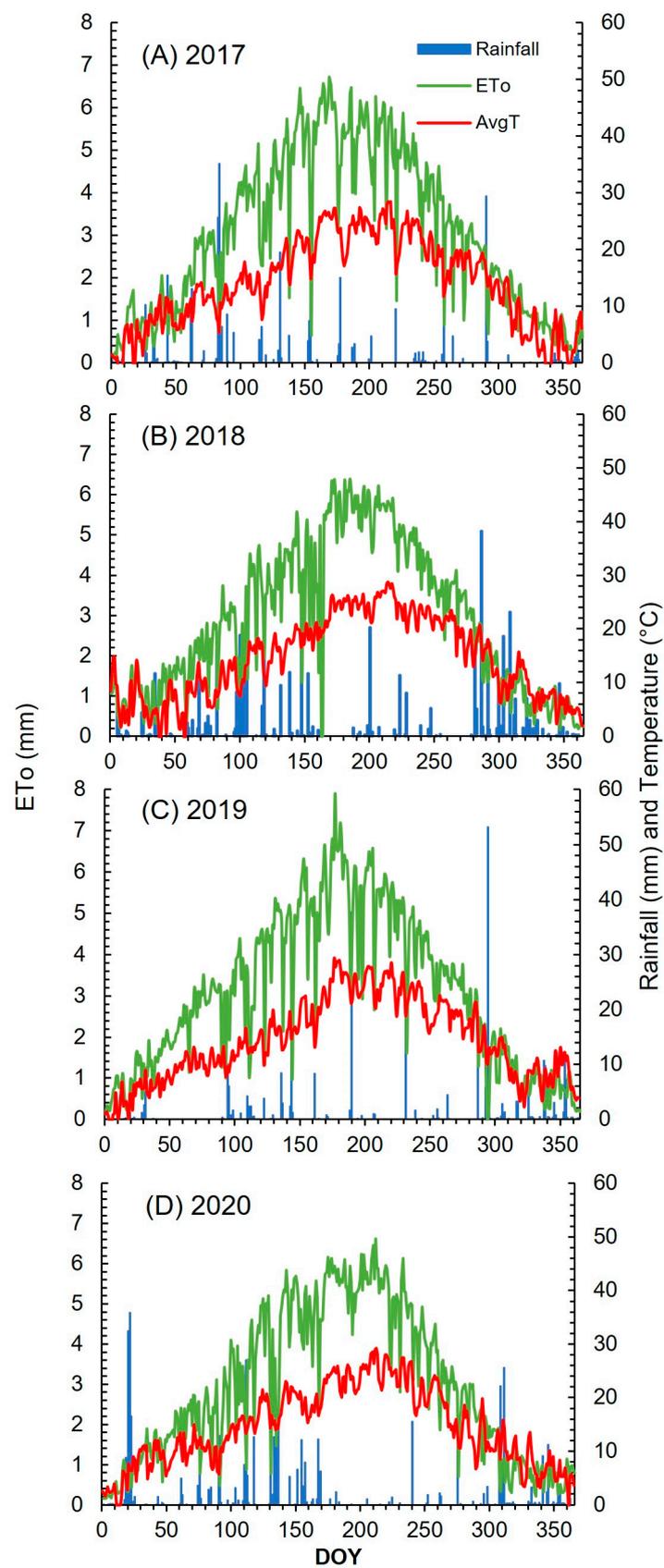


Figure 1. Local daily evapotranspiration (ETo), rainfall and average temperatures (AvgT) for 2017 (A), 2018 (B), 2019 (C) and 2020 (D). DOY = day of year in Julian days.

Table 2. Mean and coefficient of variation (CV) of the length in days and in growing degree days (GDD) for the four years of Experiment 1 for the most relevant phenological stages and for the period between forcing pruning and the time when buds unlock (forced buds budburst). F = forcing pruning; BB = budburst; FS = fruit set; V = veraison; H = harvest date. Note that phenological stages did not coincide with dates between treatments.

	Phenology	Length (Days)			Length (GDD)		
		UF	F1	F2	UF	F1	F2
Mean	F-BB	-	11	11	-	117	181
	BB-FS	63	30	29	381	444	438
	FS-V	56	51	52	741	696	567
	V-H	48	41	44	641	333	163
	Total	167	122	125	1763	1473	1168
CV (%)	F-BB	-	23.2	16.5	-	47.7	21.4
	BB-FS	11.0	6.4	9.6	4.3	5.3	12.1
	FS-V	4.4	4.5	8.3	5.7	11.0	12.2
	V-H	15.1	12.1	8.6	9.4	21.1	17.6
	Total	6.6	4.8	3.7	5.3	11.1	5.0

Table 3. Mean of maximum temperature registered (Tmax), average temperature (Tavg), evapotranspiration (ETo) and rainfall during the 4 years of Experiment 1 for the time between the most relevant phenological stages of UF, F1 and F2 treatments. CV = coefficient of variation. BB = budburst; FS = fruit set; V = veraison; H = harvest date. Note that phenological stages did not coincide with dates between treatments.

	Phenology	Tmax (°C)			Tavg (°C)			ETo (mm)			Rainfall (mm)		
		UF	F1	F2	UF	F1	F2	UF	F1	F2	UF	F1	F2
Mean	BB-FS	31.0	36.6	38.3	15.4	24.0	25.0	241	167	153	106.3	25.6	10.8
	FS-V	36.9	38.3	35.0	23.0	24.0	20.4	299	251	199	50.3	24.7	29.9
	V-H	38.0	31.6	27.0	23.1	17.6	12.4	225	127	77	25.4	34.4	84.2
CV (%)	BB-FS	6.1	7.7	2.6	5.2	2.5	1.2	12.9	4.8	11.8	42.2	48.0	89.8
	FS-V	7.0	2.6	5.4	3.9	1.7	3.4	3.7	6.4	13.1	26.2	19.0	15.1
	V-H	3.2	4.4	5.2	5.2	5.7	7.3	8.9	14.2	18.2	19.3	80.8	48.5

3.2. Experiment 1: Irrigation, Plant Water Status and Fraction of Intercepted Radiation

In 2018 and 2020, neither the F1-RDI nor the F2-RDI treatment saved water compared to UF-RDI (Figure 2). Only in the 2019 season was cumulative irrigation lower (16%) in F1-RDI compared to UF-RDI and F2-RDI.

In 2017, since irrigation was managed according to the criteria of the vineyard owners, water stress was observed for all treatments and all phenological stages (Table 4). However, Ψ_s was higher (less negative) in F2 than F1 and UF from fruit set to veraison and both forced treatments increased Ψ_s when compared to UF from veraison to harvest. In 2018, 2019 and 2020, from budburst to fruit set, Ψ_s was generally reduced (more negative) in F2 compared to UF and F2, except for 2018, when no differences were observed between F1 and F2. From fruit set to veraison, both forced treatments tended to show a more negative Ψ_s except, for 2018, when no differences were observed. Although no differences were observed in average Ψ_s from veraison to harvest in 2019, the UF treatment tended to be more stressed than the forced treatments.

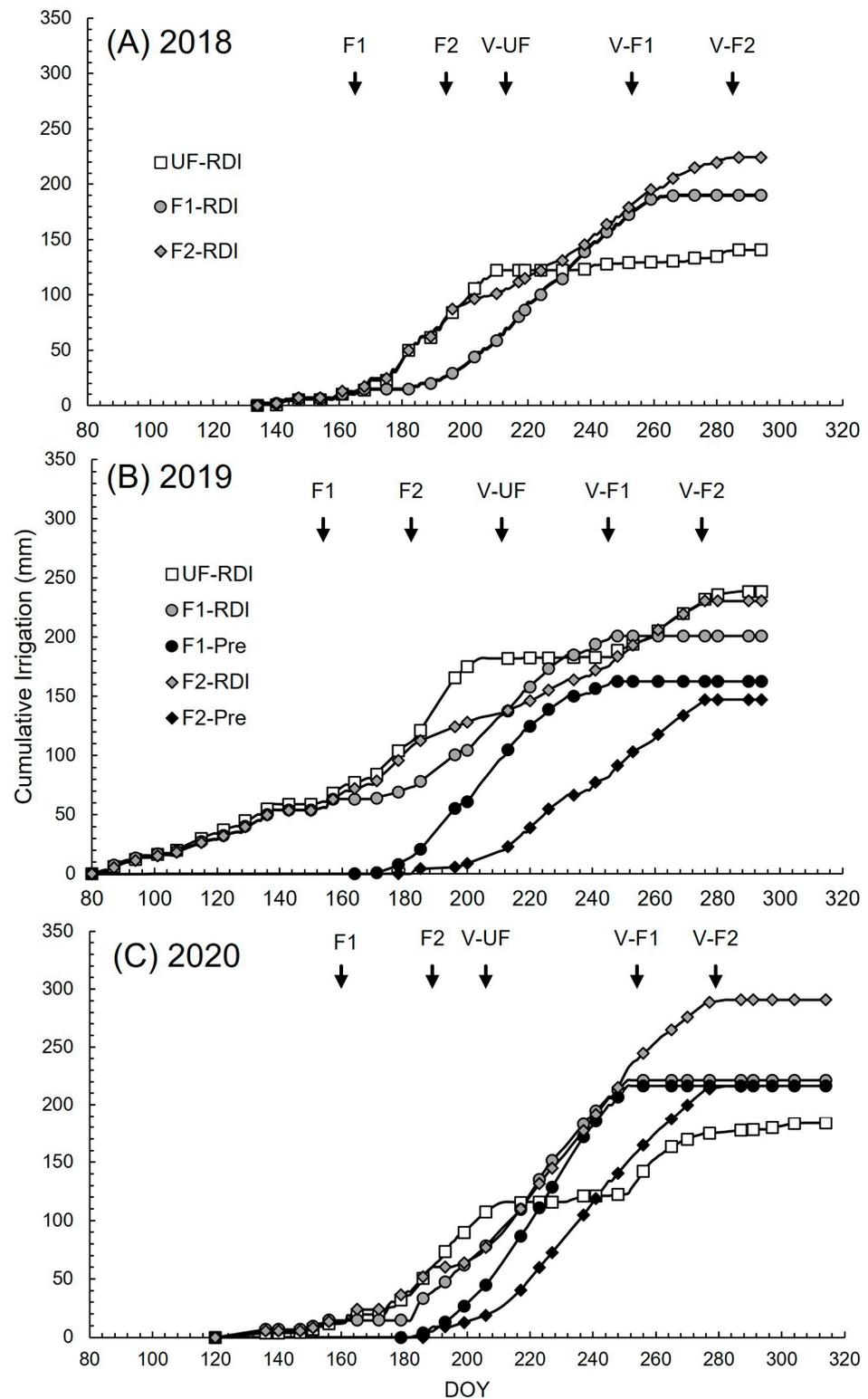


Figure 2. Cumulative irrigation for 2018 (A), 2019 (B) and 2020 (C). Note that (A) only includes treatments involved in Experiment 1 and (B,C) include treatments involved in Experiment 1 and Experiment 2. F1 = forcing pruning for F1 treatments; F2 = forcing pruning for F2 treatments; V-UF = veraison for UF treatment; V-F1 = veraison for F1 treatment; V-F2 = veraison for F2 treatment. Note that treatments of Experiment 1 and Experiment 2 are included in plots (B,C). DOY = day of year in Julian days.

Table 4. Average Ψ_s (MPa) for each treatment and the period between the most relevant phenological stages. For forced treatments, only phenological stages after the forcing pruning are included. BB = budburst; FS = fruit set; V = veraison; H = harvest. Note that phenological stages did not coincide with dates between treatments.

Year	Treatment	Phenology		
		BB-FS	FS-V	V-H
2017	UF	-	−1.48 a	−1.34 a
	F1	-	−1.13 a	−1.06 b
	F2	-	−0.93 b	−1.05 b
2018	UF	−0.40 b	−0.57	−0.88 a
	F1	−0.64 a	−0.64	−0.70 b
	F2	−0.64 a	−0.53	−0.55 b
2019	UF	−0.46 b	−0.45 b	−0.95
	F1	−0.47 b	−0.66 a	−0.81
	F2	−0.59 a	−0.58 a	−0.82
2020	UF	−0.47 b	−0.44 b	−0.86 a
	F1	−0.48 b	−0.66 a	−0.73 b
	F2	−0.64 a	−0.64 a	−0.68 b

Treatment effects were analyzed using ANOVA and the means were separated with the Tukey test. Means followed by different letters are different at $p < 0.05$. Values are the mean of 4 repetitions per treatment.

When FIPAR was measured before forcing pruning for F1 (DOY 144, 141 and 149 for 2018, 2019 and 2020, respectively), only in 2018 was the FIPAR of F1 reduced when compared to UF (Figure 3A–C). Although on DOY 141 for 2019 and DOY 149 for 2020 F2 FIPAR was reduced (Figure 3B,C), this reduction was not observed in measurements taken 40 days (DOY 141 in 2019) and 39 days (DOY 188 in 2020) after. At the last measurement of each year, F2 did not reach FIPAR values comparable to F1 or UF. However, it should be noted that the last measurement in 2018 was performed on DOY 242, when vines might still have been growing.

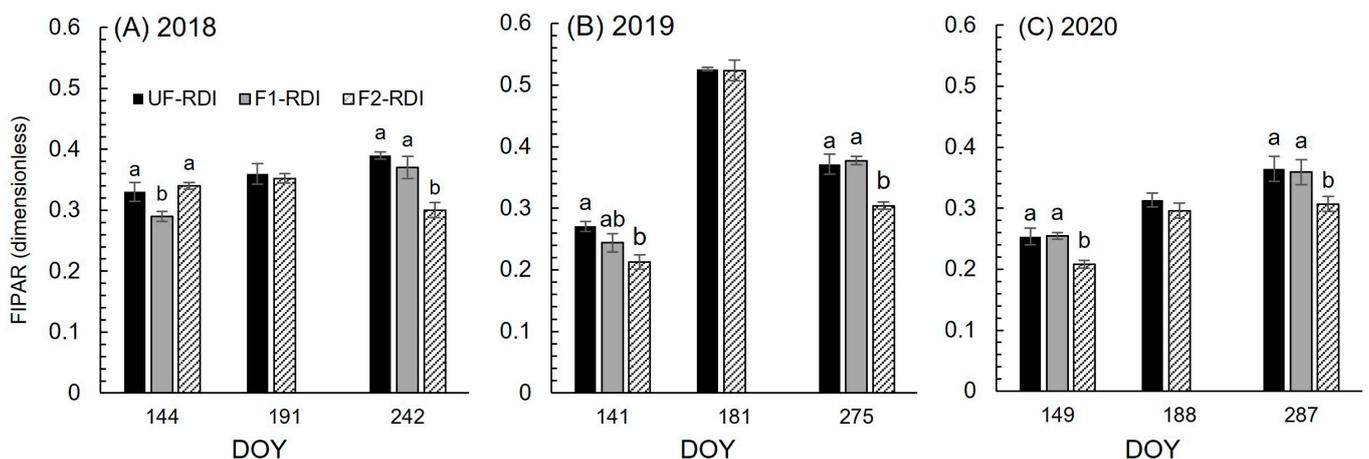


Figure 3. Fraction of intercepted photosynthetically active radiation (FIPAR) for the treatments of Experiment 1 for 2018 (A), 2019 (B) and 2020 (C). DOY = day of year in Julian days. Means followed by different letters are different at $p < 0.05$.

3.3. Experiment 1: Yield, Yield Components, Irrigation Use Efficiency and Must Quality

After the 4 years of Experiment 1, the yield was reduced in F1-RDI (26%) and F2-RDI (59%) when compared to UF-RDI (Table 5). Interestingly, except for 2018, the yield in F2-RDI was quite stable at about 7 Mg/ha. It should also be noted that in 2018 and 2020 the UF-RDI treatment was affected by downy mildew, which severely impaired the yield and especially the bunch weight due to a reduced number of berries per bunch. Nonetheless,

forcing pruning reduced the bunch weight, berry fresh and dry weight and the number of berries per bunch, and the later the forcing pruning date the higher the reduction, meaning that F2-RDI had the greatest reduction in the previously mentioned yield components when compared to F1-RDI. However, the number of bunches per vine was not reduced in forced treatments and in some years even increased when compared to UF-RDI (2018 and 2020 for F1-RDI and 2019 for F2-RDI). The number of berries per vine was reduced in F2 when compared with F1, although this result was not consistent each year. On average, IWUE was only reduced in F2-RDI when compared to UF-RDI. However, the results are difficult to interpret because of the lack of irrigation data in 2017 and the mildew effect in 2018 and 2020. In 2019, IWUE was reduced in the F1-RDI treatment (40%).

Table 5. Yield, yield components and irrigation water use efficiency (IWUE) for the treatments (T), years and the interaction of treatment and year (T × Year) in Experiment 1.

Parameter	T	2017	2018	2019	2020	Average	T	Year	T × Year
Yield (Mg/ha)	UF-RDI	23.2 a	8.2 a	17.5 a	6.9 b	14.0 a			
	F1-RDI	4.1 b	10.3 a	8.5 b	12.7 a	8.9 b	**	**	**
	F2-RDI	6.8 b	0.8 b	7.3 b	7.7 b	5.7 c			
Bunches/Vine	UF-RDI	35 a	16 b	21 b	16 b	22 b			
	F1-RDI	14 b	35 a	23 b	39 a	28 a	*	**	**
	F2-RDI	27 ab	6 b	40 a	32 a	26 ab			
Bunch Weight (g)	UF-RDI	260 a	197 a	334 a	174 a	241 a			
	F1-RDI	115 b	118 b	143 b	129 b	126 b	**	**	**
	F2-RDI	98 b	50 c	75 c	94 c	79 c			
BerryFW (g)	UF-RDI	1.97 a	2.15 a	2.51 a	2.70 a	2.33 a			
	F1-RDI	1.45 b	1.52 b	1.94 b	1.94 b	1.71 b	**	**	ns
	F2-RDI	1.37 b	1.27 b	1.38 c	1.68 b	1.42 c			
BerryDW (g)	UF-RDI	0.51 a	0.54 a	0.62 a	0.69 a	0.59 a			
	F1-RDI	0.37 b	0.40 b	0.53 a	0.50 b	0.45 b	**	**	*
	F2-RDI	0.33 b	0.30 b	0.36 b	0.37 b	0.34 c			
Berries/Bunch	UF-RDI	132 a	92 a	133 a	64	105 a			
	F1-RDI	79 b	78 a	74 b	66	74 b	**	**	**
	F2-RDI	72 b	39 b	54 b	56	56 c			
Berries/vine	UF-RDI	4620 a	1472 b	2793 a	1024 c	2477 a			
	F1-RDI	1106 b	2730 a	1702 b	2574 a	2028 a	**	**	**
	F2-RDI	1944 b	234 c	2160 ab	1792 b	1456 c			
IWUE (kg/(ha mm))	UF-RDI	-	58 a	73 a	42 ab	58 a			
	F1-RDI	-	54 a	43 b	58 a	51 a	**	ns	**
	F2-RDI	-	3 b	32 b	26 b	20 b			

Treatment effects were analyzed using ANOVA and the means were separated with the Tukey test. Means followed by different letters are different at $p < 0.05$. Values are the mean of 4 repetitions per treatment. Significance levels: ns = not significant; * = significant at $p < 0.05$; ** = significant at $p < 0.01$.

When compared to UF, the F1-RDI treatment had a reduced TSS, although it was in the range accepted for well-ripened grapes (Table 6). In contrast, F2-RDI had difficulties reaching the optimum TSS value and was harvested due to adverse climatic conditions favorable for grape diseases. Both forced treatments, when compared to UF-RDI, increased TA, reduced pH and increased malic acid concentration and, because of the reduced TSS and high TA, the TSS:TA ratio was reduced in the forced treatments. These effects were markedly more pronounced in F2-RDI than in F1-RDI.

Table 6. Must quality parameters for the treatments (T), years, and interaction of treatment and year (T × Year) in Experiment 1.

Parameter	Year	Treatments			Significance		
		UF-RDI	F1-RDI	F2-RDI	T	Year	T × Year
TSS °Brix	2017	24.8 a	24.0 a	22.5 b			
	2018	25.1 a	23.7 b	21.6 c			
	2019	24.3	24.0	23.6	**	**	**
	2020	25.1 a	24.2 a	20.2 b			
	Average	24.8 a	23.9 b	22.0 c			
TA (g/L)	2017	5.9 c	12.2 b	16.7 a			
	2018	7.1 c	10.6 b	16.7 a			
	2019	4.0 c	6.7 b	10.7 a	**	**	**
	2020	5.6 c	9.5 b	13.9 a			
	Average	4.8 c	7.6 b	11.2 a			
pH	2018	3.6 a	3.3 b	3.1 c			
	2019	3.5 a	3.3 b	3.1 c	**	*	**
	2020	3.6 a	3.2 b	3.0 b			
	Average	3.6 a	3.2 b	3.1 c			
Ac Malic (g/L)	2019	1.6 c	3.6 b	6.7 a			
	2020	2.1 c	4.6 b	7.2 a	**	**	**
	Average	1.8 d	4.1 c	6.9 b			
TSS:TA	2017	42.6 a	19.6 b	13.5 b			
	2018	35.5 a	22.4 b	13.0 c			
	2019	61.1 a	36.0 b	22.2 c	**	**	**
	2020	45.4 a	28.4 b	17.2 c			
	Average	46.1 a	26.6 b	16.5 c			

Treatment effects were analyzed using ANOVA and the means were separated with the Tukey test. Means followed by different letters are different at $p < 0.05$. Values are the mean of 4 repetitions per treatment. Significance levels: ns = not significant; * = significant at $p < 0.05$; ** = significant at $p < 0.01$.

3.4. Experiment 2: Irrigation and Vine Water Status

In 2019, F1-Pre had a reduced irrigation by 18.5% when compared to F1-RDI, and F2-Pre had a reduced irrigation by 34% when compared to F2-RDI (Figure 2B). Notably, F2-Pre was the treatment in which the least cumulative irrigation was applied (147 mm), while F2-RDI was the treatment with the most applied irrigation (230 mm) of the four treatments studied in Experiment 2. On the other hand, in 2020, no reduction in cumulative irrigation was observed in F1-Pre when compared to F1-RDI, whereas F2-Pre had a reduced cumulative irrigation by 24% when compared to the F2-RDI treatment (Figure 2C). When comparing all the treatments involved in Experiment 2, F1-RDI, F1-Pre and F2-Pre used around 216 mm, whereas F2-RDI used 291 mm.

In 2019 during the pre-forcing period, non-irrigated treatments decreased Ψ_s to values of -0.6 MPa (F1-Pre) and -0.78 MPa (F2-Pre), while irrigated treatments were above -0.5 MPa (F1-RDI) and -0.61 MPa (F2-RDI) (Figure 4A). In fact, during the pre-forcing period, the relative Ψ_s (the ratio between Pre and RDI treatments) was in the range of 1.25 and 1.35, except for DOY 151 for F2 treatments (Figure 4B). After forcing pruning, Ψ_s tended to be higher (less negative) in Pre treatments (F1-Pre and F2-Pre) than in RDI treatments (F1-RDI and F2-RDI) (Figure 4A) until they stabilized (Figure 4B). After veraison, F1 treatments saw a fall in Ψ_s to -0.96 MPa (F1-RDI) and -1.15 MPa (F1-Pre) on DOY 183 and F2 treatments to -0.85 MPa (Figure 4A). After veraison, the F1 relative Ψ_s increased, which means that F1-Pre tended to be more stressed than F1-RDI (Figure 4B). The latter observation was not observed in F2 treatments.

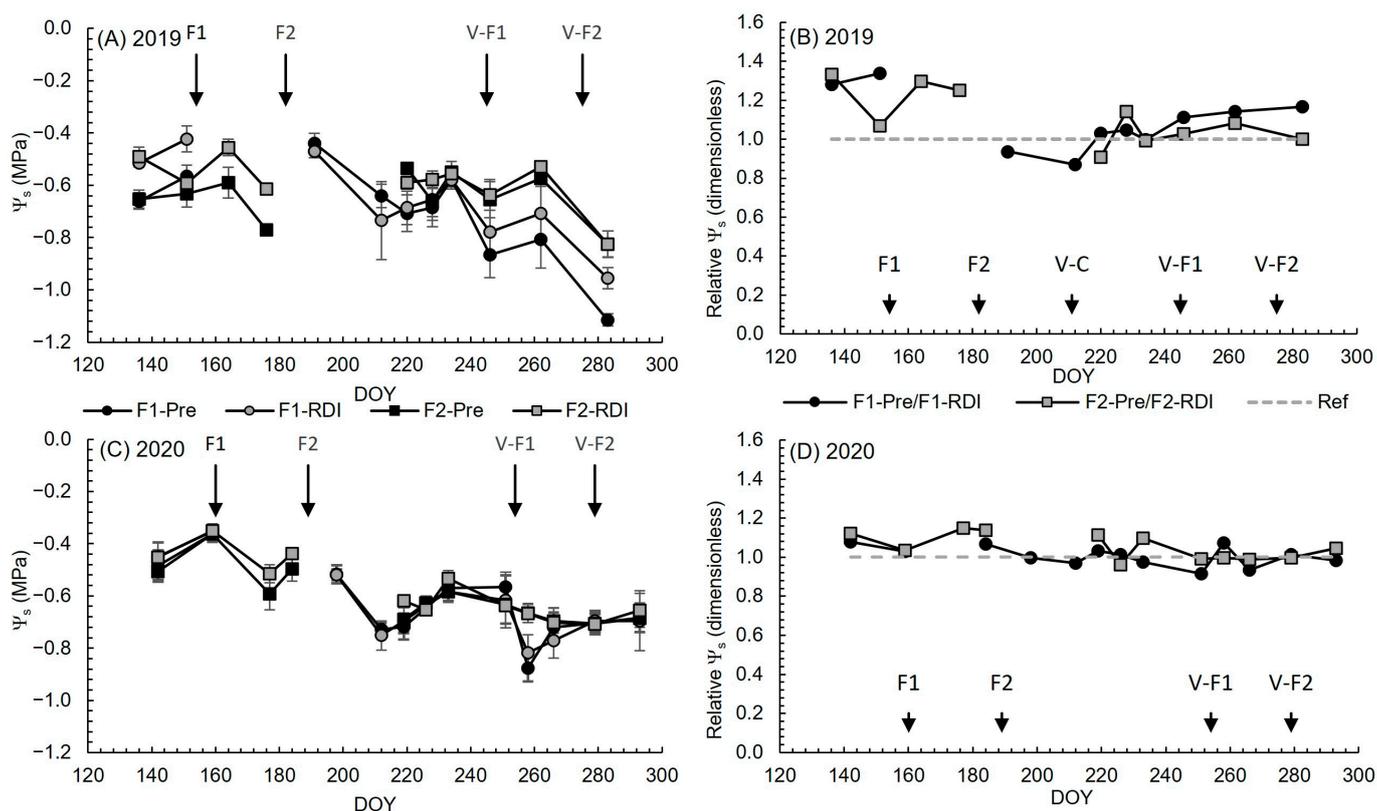


Figure 4. Measured Ψ_s (A) and relative Ψ_s (B) in 2019 and measured Ψ_s (C) and relative Ψ_s (D) in 2020 for Experiment 2. Reference line in panels (B,D) means the constant relative $\Psi_s = 1$. DOY = day of year in Julian days.

In 2020, during the pre-veraison period, only F2-Pre reached Ψ_s values of -0.6 MPa on DOY 177, whereas the other treatments were always above this value (Figure 4C). Only F2-Pre Ψ_s tended to be lower than F2-RDI (ratio F2-Pre/F2 RDI of 1.15 on DOY 177 and 184) (Figure 4D). After forcing pruning, the relative Ψ_s tended to be quite constant for all treatments until the last measurement (Figure 4D), and after veraison, only the F1 treatments saw a fall in Ψ_s below -0.8 MPa and only on DOY 258 (Figure 4C), after which Ψ_s was close to -0.7 MPa for all treatments.

3.5. Experiment 2: FIPAR, Yield, Yield Components, Irrigation Use Efficiency and Must Quality

Neither FIPAR nor any yield or yield component was affected by the irrigation factor (Table 7). Except for the yield in 2019 (when no differences were observed due to forcing) and the number of berries per vine (which was higher in F2 than F1 in 2019 but lower in F2 than F1 in 2020), F2 treatments had a reduced yield and other yield parameters when compared to F1. IWUE was clearly enhanced in Pre compared to RDI treatments in 2019 but not in 2020, when only F2-Pre had an improved IWUE compared to F2-RDI but no improvement was observed in F1 treatments.

A tendency of increasing TA and malic acid concentration was observed in the Pre treatments (Table 8). All other must quality parameters were not affected by the irrigation strategy. However, as expected, the forcing pruning date affected the must quality parameters in the same way as Experiment 1.

Table 7. Fraction of intercepted photosynthetically active radiation (FIPAR), yield, yield components and irrigation water use efficiency (IWUE) for the forcing (F) and irrigation (I) treatments in Experiment 2.

Parameter	Year	Treatments				Significance		
		F1-RDI	F1-Pre	F2-RDI	F2-Pre	F	I	F × I
Pre-forcing FIPAR (dimensionless)	2019	0.34 b	0.32 b	0.52 a	0.48 a	**	ns	*
	2020	0.25 b	0.25 b	0.30 a	0.30 a	**	ns	ns
	Average	0.30 b	0.29 b	0.41 a	0.39 a	**	ns	ns
Post-forcing FIPAR (dimensionless)	2019	0.38 a	0.39 a	0.30 b	0.33 ab	**	ns	ns
	2020	0.37 a	0.36 ab	0.31 c	0.32 bc	**	ns	ns
	Average	0.38 a	0.38 a	0.31 b	0.32 b	**	ns	ns
Yield (Mg/ha)	2019	8.5	9.3	7.3	7.5	ns	ns	ns
	2020	12.7 a	12.8 a	7.7 b	7.8 b	*	ns	ns
	Average	10.6 a	11.0 a	7.5 b	7.7 b	*	ns	ns
Bunches/Vine	2019	23 b	27 b	40 a	42 a	**	ns	ns
	2020	39	39	32	34	*	ns	ns
	Average	31	33	36	38	*	ns	ns
Bunch Weight (g)	2019	143 a	137 a	75 b	73 b	**	ns	ns
	2020	129 b	127 b	94 c	89 c	**	ns	ns
	Average	136 a	132 a	84 b	81 b	**	ns	ns
BerryFW (g)	2019	1.94 a	2.00 a	1.38 b	1.43 b	*	ns	ns
	2020	1.94	1.95	1.68	1.89	ns	ns	ns
	Average	1.94 a	1.98 a	1.53 b	1.66 ab	*	ns	ns
BerryDW (g)	2019	0.53 a	0.54 a	0.36 b	0.34 b	**	ns	ns
	2020	0.50 a	0.51 a	0.37 b	0.40 ab	*	ns	ns
	Average	0.52 a	0.53 a	0.36 b	0.37 b	*	ns	ns
Berries/Bunch	2019	74 a	68 a	54 b	51 b	**	ns	ns
	2020	66	65	56	47	*	ns	ns
	Average	70 a	67 ab	55 bc	49 c	*	ns	ns
Berries/Vine	2019	1702	1836	2160 a	2142 a	*	ns	ns
	2020	2574	2535	1792	1598	*	ns	ns
	Average	2138	2186	1976	1870	ns	ns	ns
IWUE (kg/(ha mm))	2019	42 ab	55 a	32 b	51 a	ns	**	ns
	2020	58 a	59 a	26 b	36 ab	**	ns	ns
	Average	50 a	57 a	29 b	44 a	**	**	ns

Treatment effects were analyzed using MANOVA and the means were separated with the Tukey test. Means followed by different letters are different at $p < 0.05$. Values are the mean of 4 repetitions per treatment. Significance levels: ns = not significant; * = significant at $p < 0.05$; ** = significant at $p < 0.01$.

Table 8. Must quality parameters for the forcing (F) and irrigation (I) treatments in Experiment 2.

Parameter	Year	Treatments				Significance		
		F1-RDI	F1-Pre	F2-RDI	F2-Pre	F	I	F × I
TSS °Brix	2019	24.1	24.1	23.6	23.1	ns	ns	ns
	2020	23.7 a	24.2 a	20.2 b	19.8 b	**	ns	ns
	Average	24.0 a	24.1 a	21.9 b	21.4 b	**	ns	ns
TA (g/L)	2019	6.7 b	6.7 b	10.7 a	11.3 a	**	ns	ns
	2020	8.5 d	9.0 c	11.7 b	12.2 a	**	ns	**
	Average	7.6 c	7.8 c	11.2 b	11.7 a	**	*	ns
pH	2019	3.3 a	3.3 a	3.1 b	3.1 b	*	ns	ns
	2020	3.1	3.1	3.0	3.0	ns	ns	ns
	Average	3.2 a	3.2 a	3.1 b	3.1 b	*	ns	ns

Table 8. Cont.

Parameter	Year	Treatments				Significance		
		F1-RDI	F1-Pre	F2-RDI	F2-Pre	F	I	F × I
Ac Malic (g/L)	2019	3.6 c	3.7 c	6.7 b	7.2 a	**	*	ns
	2020	4.6 b	5.1 b	7.2 a	7.9 a	*	ns	*
	Average	4.1 c	4.4 c	6.9 b	7.5 a	**	**	ns
TSS:TA	2019	36.0 a	36.5 a	22.2 b	20.5 b	**	ns	ns
	2020	26.2 a	28.4 a	17.2 b	16.2 b	*	ns	ns
	Average	32.2 a	31.4 a	19.7 b	18.4 b	**	ns	ns

Treatment effects were analyzed using MANOVA and the means were separated with the Tukey test. Means followed by different letters are different at $p < 0.05$. Values are the mean of 4 repetitions per treatment. Significance levels: ns = not significant; * = significant at $p < 0.05$; ** = significant at $p < 0.01$.

4. Discussion

4.1. Weather Conditions and Phenology

After the 4-year trial, Experiment 1 confirmed the crop forcing technique as a successful technique to delay the berry ripening period to a cooler and less evaporative environment, improving the must acidity and malic acid concentration, as reported in previous studies [3–6]. The number of days required from forcing pruning to the time when forced buds unlock (forced budburst) ranged from 8 to 14 independently of the forcing date, which is slightly higher than the time required of 7–9 days reported in another study in the south of Spain [6] but close to the 7–12 days reported in a more recent study located near the experiment presented in this paper [7]. However, soon after forcing, the daily temperature is extremely high, which reduces the number of days required to reach fruit set by half when compared to a non-forced cycle, since plant development is dependent on temperature [18]. In addition, forced treatments required more GDD to reach fruit set than unforced treatments, which may be related to the competition of plant development with fast-growing organs for a reduced carbohydrate reserve availability [6]. The previously cited observation is consistent with the minimum of carbohydrate reserve availability observed at the forcing pruning date [13,19]. However, GDD from fruit set to veraison was reduced in forced treatments, which equalized for F1 or even reduced for F2 the total (from budburst) GDD required to reach veraison when compared to unforced vines. This last observation is rather controversial. Contrary to our observations, some studies have reported that forced vines require more GDD to reach veraison than unforced vines [6,10], whereas studies realized in the same region as the present studies are in accordance with our results [7,13]. These contradictory results suggest that GDD should be taken with caution when comparing data from different climatic regions and with different irrigation strategies and when comparing unforced with forced vines, since other parameters besides temperature (including photoperiod, carbohydrate availability and periods of extreme high temperatures) may alter phenology [20]. Therefore, because even mild water stress limits photosynthesis and hence, plant carbon availability [8], pre-veraison water stress may reduce carbon availability for vine developmental processes and vine growth, increasing the thermal time required to reach veraison.

On the other hand, although the temperature was reduced during the berry ripening phase (veraison to harvest), the time required from veraison to harvest was generally slightly reduced in both forced treatments when compared to the unforced treatment, which is consistent with other studies [7,10]. However, in other studies with cv. Cabernet Sauvignon, longer berry ripening periods were observed [3]. In addition, we observed that the berry ripening phase required lower GDD in forced than in non-forced vines, which agrees with observations previously reported [7,10]. However, it should be considered that the harvest date is a technical decision (note that F2 had not always completed the ripening phase, reaching the desired 23.5 °Brix) and other factors such as the source:sink ratio play a major role in sugar accumulation [21]. In addition, it has been suggested that 10 °C as a

baseline to compute GDD loses reliability from veraison to harvest, since some physiological processes involved in berry ripening may still work at a lower temperature [20].

4.2. Water Consumption and Plant Water Status

The crop coefficients (K_c) used in this study, and therefore the estimated potential ET_c , matched perfectly those reported using weighing lysimeters with cv. Tempranillo for a FIPAR of 30–40% [22]. In Experiment 1, it was evident that the crop forcing technique with a local commonly used post-veraison RDI strategy (no irrigation from veraison to harvest) was not effective in terms of saving water. Only the F1 treatment saved irrigation water in 2019 when compared to UF. The difficulty of forced vines to save water when compared to unforced vines using post-veraison RDI has been reported previously [7] and even when a strategy of pre-veraison RDI is used [10,23]. It has been suggested that the main reasons why it is difficult to save irrigation water in forced treatments with a post-veraison RDI strategy are: (i) the berry ripening period in which irrigation is suppressed is shortened; (ii) the environmental evaporative demand is high when the vines are growing and low after veraison when the vines are at their maximum size; and (iii) generally, differently to non-forced vines, the forced cycle starts with a drier soil and low rainfall events when vines are growing [7], which is completely in accordance with our observations. However, our results confirm that the crop forcing technique is a good tool to maintain a better vine status during the berry ripening period due to a less evaporatively demanding environment [6,7]. Although all treatments were fully irrigated, Ψ_s was more negative in F2 than the other treatments from budburst to fruit set and in both F treatments from fruit set to veraison than in UF. The reason may be related to the sensitivity of Ψ_s to the vapor-pressure deficit [24], which is higher during the first phenological stages after forcing of F treatments than in conventional UF vines.

In Experiment 2, in 2019, pre-forcing irrigation suppression treatments (Pre treatments) succeeded in saving irrigation water, reducing Ψ_s by as much as 30% (although never lower than -0.8 MPa) in both F1-Pre and F2-Pre when compared to their respective RDI treatments. However, in 2020, only F2-Pre had reduced water irrigation, with a small effect of 15% in Ψ_s (never below -0.6 MPa). In 2019, the winter–spring period was dry (only 98 mm from 1 January until F1 and 108 mm until F2 forcing pruning), whereas the winter–spring period in 2020 was unusually rainy for the region (324 mm until F1 and 350 mm until F2 forcing pruning), and therefore, almost no irrigation was required in F1-RDI before the forcing pruning and the F2-RDI treatment required irrigation only from the period between the F1 and F2 forcing dates. Therefore, the water-saving capacity before the forcing pruning is logically dependent on the soil water availability provided by rainfall before the forcing pruning [7] and the date of forcing pruning.

4.3. Vine Performance and Grape Quality Responses to Forcing Date and Irrigation Strategy

The results of Experiment 1 confirmed that the crop forcing technique increases the must acidity and malic acid concentration but reduces the bunch and berry weight, which generally results in a reduction in yield [5–7,23], although when using Cabernet Sauvignon, a reduction in yield was not always observed [3]. In our experimental conditions, the F2 treatments had a reduced bunch and berry weight and, therefore, yield when compared to F1, which may be caused by a slowdown of berry growth after veraison due to low temperatures [5]. This is consistent with the difficulty observed in F2 to accumulate sugars, which is also dependent on temperature [25]. We did not observe a reduction in the number of bunches per vine in F1 when compared to F2. This observation is contrary to other short-term (maximum 2-year trial) studies using similar forcing pruning dates, in which it was observed that the number of bunches per vine increased when forcing was carried out later [5,6,13]. No clear effects of the forcing date on the number of bunches per vine was observed in long-term studies [10]. In non-forced vines, the number of bunches per vine is dependent on the carbohydrate reserves at budburst [26]. Therefore, our hypothesis is that the number of forced bunches per vine may be linked to the state of the carbon reserves

at non-forced budburst and therefore, to the carbon balance and competence for carbon between the refilling of the carbohydrate reserve and other sink organs of the previous year, as well as the carbon balance and sink activity during the pre-forcing period of the same year [13].

Apparently, F2 vines had difficulties reaching FIPAR values comparable to UF and F1 vines at the F1 forcing date. However, on F2 forcing pruning dates, F2 vines reached UF FIPAR values. This observation suggests some slight carry-over effects for the late forcing treatment at the beginning of vegetative growth. After budburst, vegetative growth is exclusively dependent on carbohydrate reserves from permanent structures [27]. Therefore, the slower growth of F2 may be related to the lower availability of carbohydrate reserves after winter dormancy. However, this slower growth was also observed in 2019 after an extremely low yield in 2018, which may have resulted in a better carbohydrate reserve status due to reduced competition between carbohydrate reserve accumulation and fruit production [13]. Therefore, based on our data and the fact that budburst uniformity depends on the duration of the chilling period [28], we cannot rule out that the slower initial vegetative growth in F2 may be related to a less-uniform budburst caused by the phenological shift in F2 the previous year. Further research is necessary to better determine what causes slower vegetative growth in late forcing treatments. After forcing pruning, F2 was unable to reach FIPAR values comparable to F1 and UF, therefore reducing the whole-canopy photosynthetic capacity [13]. The latter observation is consistent with other studies [10,13] and may be related to the high temperatures soon after forced budburst, which encourage organs to develop fast and, therefore, increase the competition between organs for carbohydrate reserves, which are minimum when forced buds unlock [13]. The latter argument would also explain the slight reduction in F2 in the number of berries per bunch when compared to F1, since the number of berries per bunch is negatively correlated with extreme temperatures during flowering [29].

When compared to UF-RDI and except when UF was affected by mildew (2020), F1-RDI and F2-RDI were not useful methods to increase IWUE, since the yield was reduced and water use was increased in both F treatments. This IWUE reduction was markedly more evident in the F2-RDI treatment. However, in Experiment 2, the suppression of irrigation prior to forcing pruning succeeded in increasing IWUE, especially in F2-Pre in 2019 when the spring was dry, with no negative effects on must quality and no reduction in yield or any yield component. These results do not concur with those observed in a 3-year study with a forcing pruning date 85 days after budburst (exactly between F1 and F2) [7], in which not only did IWUE not increase but the number of bunches per vine was reduced in those treatments with irrigation suppression before the forcing pruning. This discrepancy suggests that the date of forcing pruning may play a significant role in the sensitivity of forced vines to pre-forcing water deficit. Based on our results, since veraison seems to be quite predictable based on GDD with 10 °C as a baseline, we suggest suppressing irrigation at about 100 GDD prior to veraison (approximately 7 days for F1 and 10 days for F2), always avoiding exceeding the threshold of Ψ_s of -1.2 MPa, which we consider appropriate for post-veraison water stress to improve IWUE in forced vines.

Although the crop forcing technique is one of the most effective techniques in delaying the harvest date, resulting in modified berry properties, promising results were obtained with other techniques [2]. For example, using cv. Tempranillo in the north of Spain, severe shoot trimming soon after fruit set delayed the date of veraison by about 20 days, with a reduction in berry TSS (10–15%) and pH (0.1–0.3) and increase in acidity, but with a yield reduction of about 10% [30]. The late-winter pruning technique (vines pruned in spring) using cv. Sangiovese in Central Italy successfully slowed down TSS accumulation and increased acidity (28%) at harvest but decreased the yield (35%) compared to vines conventionally pruned and the results were obtained only after a three-year trial [31]. Promising results were obtained when Tempranillo vines were minimally pruned, resulting in a 17-day delay of the harvest date, increasing the yield (53%), although berries from minimally pruned vines did not always have increased acidity [32]. However, most of the

techniques mentioned above do not have the capacity to delay the berry ripening phase as much as the crop forcing technique does. Recently, a variation of the crop forcing technique called double cropping, in which the primary crop and basal leaves are not removed at the crop forcing pruning date, showed similar results to the crop forcing technique using cv. Pinot Noir for sparkling wine in terms of berry quality but with no negative impact on the yield [33]. However, to our knowledge, no references are available when combining irrigation strategies and the double crop forcing technique. Therefore, the present paper may provide valuable information on managing irrigation not only when using the crop forcing technique but also when using other techniques in which the berry ripening phase is significantly delayed to a cool environment, such as in the case of the double cropping technique.

5. Conclusions

Controversies about the thermal time requirements and the duration of each phenological stage were found between this study and others using the crop forcing technique, suggesting the need to focus research on phenological models adapted to the crop forcing technique. Nevertheless, after a four-year trial, this study confirmed that the crop forcing technique is a useful tool to delay berry ripening to a cooler environment, enhancing the must acidity and reducing malic acid degradation. This effect is more noticeable the later the forcing pruning is carried out. However, the crop forcing technique reduces the yield, especially in terms of reduced bunch weight, and the later the forcing pruning date the higher the reduction in yield. With a post-veraison RDI strategy that is commonly used in the region of this study, the crop forcing technique was not useful in saving irrigation water or increasing IWUE. However, promising results were found when the pre-forcing pruning irrigation was suppressed, with no negative effects observed in either the yield or the must quality and an increased IWUE in dry spring years, which in a climate change scenario could become more frequent. However, discrepancies with other experiments suggest that caution should be applied with pre-forcing water deficit and that further research is required to increase IWUE in forced vines.

Supplementary Materials: The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/agronomy14010130/s1>, Figure S1: Map of the Experiment 1 (which included UF, F1-RDI and F2-RDI treatments) and the Experiment 2 (which included F1-RDI, F2-RDI, F1-Pre and F2-Pre treatments) with an Normalized Difference Vegetation Index (NDVI) map in the background performed in 2016 (one year before Experiment 1 started (2017)). Control vine corresponds to one vine in which measurements were taken. Other vines were used as borders between treatments. Rep means replicate.

Author Contributions: J.G. and O.G.-T. conceived, planned and supervised this study. J.O.-M. contributed to the planning of the experiment. J.O.-M. and M.M. performed most of the field measurements and tasks. J.O.-M. performed the processing and analysis of all the data and drafted and finalized the manuscript. J.G. and O.G.-T. reviewed the manuscript. All authors have read and agreed to the published version of the manuscript.

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