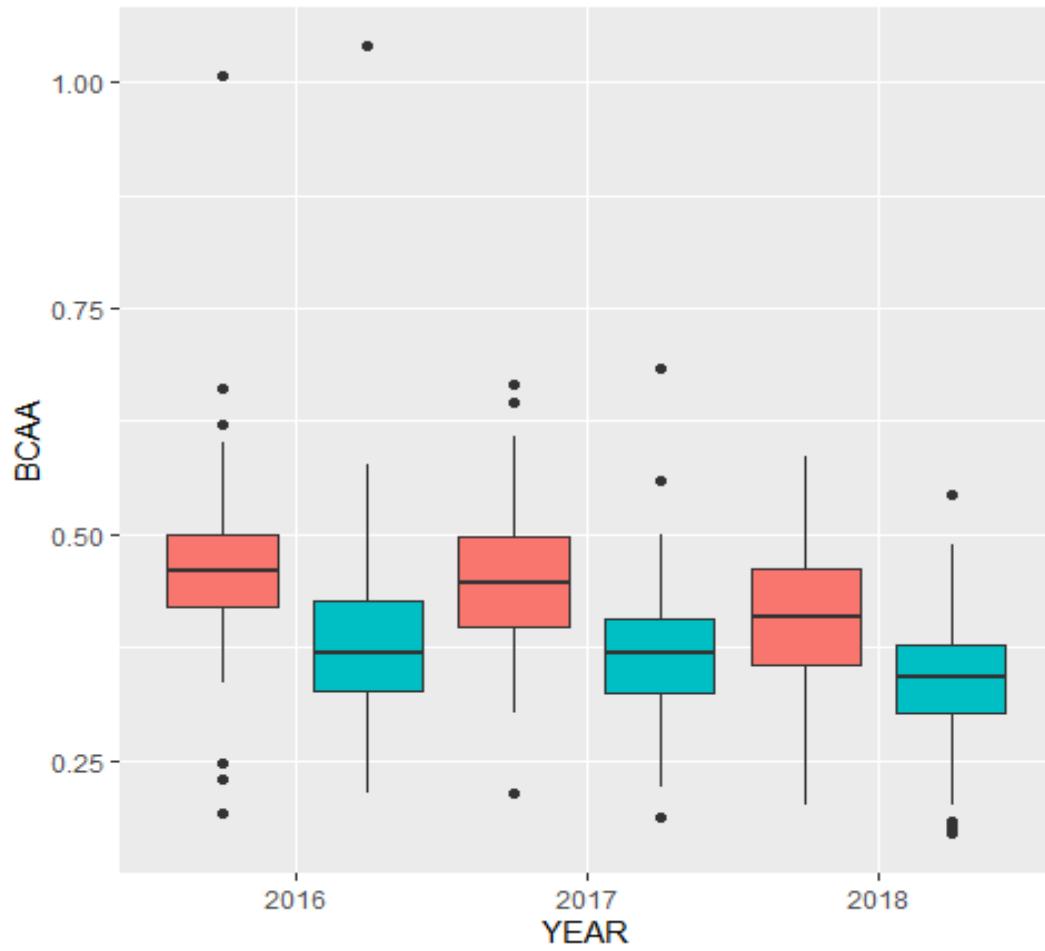
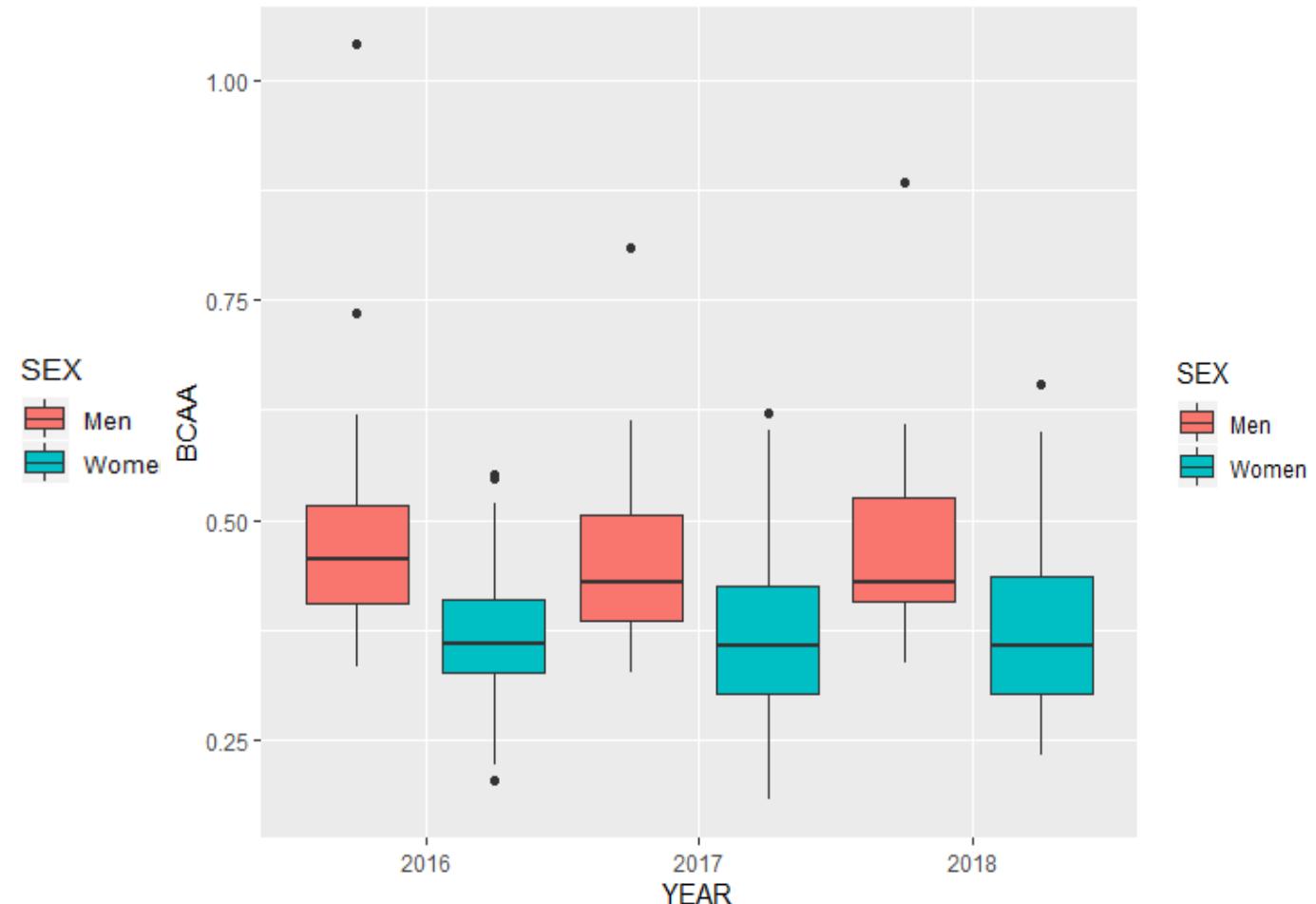


**Supplemental Figure 2. BCAA concentration evolution according to sex in both group**

**Intervention group (N=151)**



**Control group (N=115)**



	2016 (N=151)	2017 (N=151)	2018 (N=151)	p <sup>1</sup>	p <sup>2</sup>
<b>Men BCAA concentration, nmole/nL (N=51)</b>	465 ± 118.5	449 ± 89.0	411 ± 79.8	<0.001	<0.001
<b>Women BCAA concentration, nmole/nL (N=100)</b>	383 ± 100	368 ± 72.1	338 ± 69.5	<0.001	

	2016 (N=151)	2017 (N=151)	2018 (N=151)	p <sup>1</sup>	p <sup>2</sup>
<b>Men BCAA concentration, nmole/nL (N=39)</b>	479 ± 123	454 ± 99.2	464 ± 104	0.293	<0.001
<b>Women BCAA concentration, nmole/nL (N=76)</b>	369 ± 71.6	374 ± 103	370 ± 87.0	0.870	

**Supplemental Figure 3. Correlation between Baseline levels of BCAA and RBP4 with clinical parameters (N=266)**

