## Supplementary material

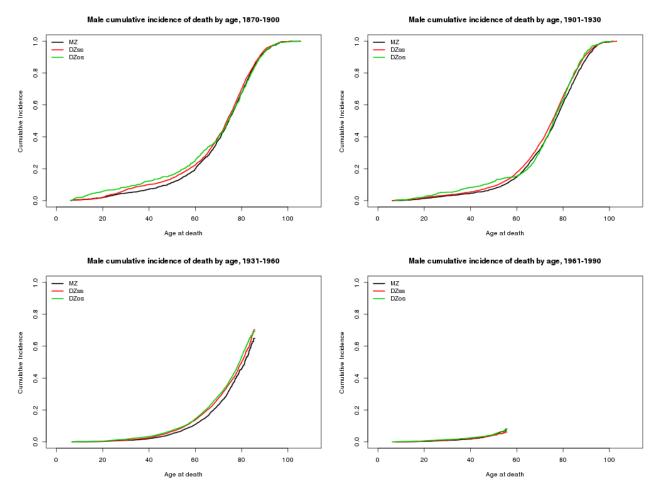


Figure S1. Cumulative incidence curves of mortality for males in each of the four cohorts

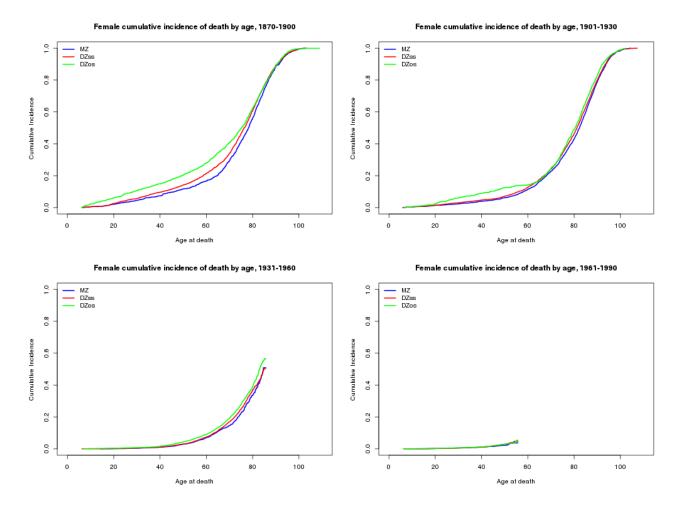


Figure S2. Cumulative incidence curves of mortality for females in each of the four cohorts

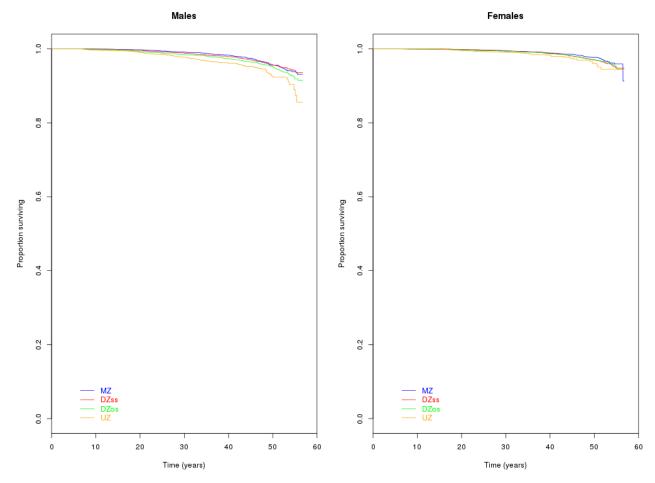


Figure S3. Kaplan-Meier survival curves for males and females in birth cohorts 1960–1990

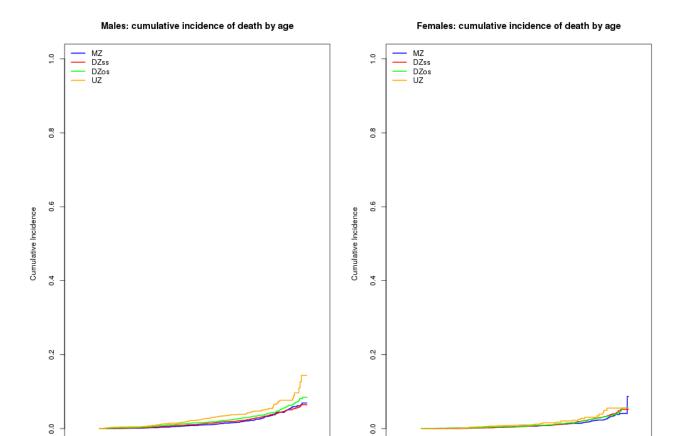


Figure S4. Cumulative incidence curves for males and females in birth cohorts 1960–1990

Age at death

Age at death

**Table S1.** Associations between mortality and zygosity in individual twins, treating all UZ-twin pairs as MZ, birth cohorts 1960–1990, surviving to age 6; among individual twins at ages up to 50 years, and from 50 years<sup>a</sup>

| tentral 1700 1770/ball village of allieng marvial are ages up to be years, and non- |                   |                   |                   |  |
|---|-------------------|-------------------|-------------------|--|
|   | All ages,         | Ages $\leq$ 50,   | Ages > 50,        |  |
|   | n = 41,053        | n = 41,053        | <i>n</i> = 10,134 |  |
| Both sexes <sup>b</sup>   | HR (95%-CI)       | HR (95%-CI)       | HR (95%-CI)       |  |
| Zygosity, n (%)   |                   |                   |                   |  |
| MZ  | Ref.              | Ref.              | Ref.              |  |
| SSDZ  | 0.90 (0.77, 1.04) | 0.91 (0.77, 1.07) | 0.82 (0.52, 1.29) |  |
| OSDZ  | 1.03 (0.89, 1.20) | 1.02 (0.87, 1.19) | 1.14 (0.75, 1.75) |  |
| Males   |                   |                   |                   |  |
| Zygosity, n (%)   |                   |                   |                   |  |
| MZ  | Ref.              | Ref.              | Ref.              |  |
| SSDZ  | 0.83 (0.68, 1.00) | 0.84 (0.69, 1.03) | 0.72 (0.38, 1.37) |  |
| OSDZ  | 1.03 (0.86, 1.23) | 0.99 (0.82, 1.20) | 1.33 (0.76, 2.33) |  |
| Females   |                   |                   |                   |  |
| Zygosity, n (%)   |                   |                   |                   |  |
| MZ  | Ref.              | Ref.              | Ref.              |  |
| SSDZ  | 1.03 (0.80, 1.31) | 1.04 (0.80, 1.36) | 0.93 (0.49, 1.77) |  |
| OSDZ  | 1.04 (0.82, 1.33) | 1.07 (0.82, 1.39) | 0.93 (0.49, 1.77) |  |

<sup>&</sup>lt;sup>a</sup>Composition of zygosities: 37.1% (MZ), 31.4 (SSDZ), 31.5 (OSDZ)

Tests for interactions between zygosity and age-interval

All: p = 0.611, males: p = 0.288, females: p = 0.863

**Table S2:** Associations between mortality and zygosity in individual twins, randomising UZ-twin pairs 1:1 to either MZ or same-sex DZ, birth cohorts 1960-1990, surviving to age 6; among individual twins at ages up to 50 years, and from 50 years<sup>a</sup>

| years                   |                   |                   |                   |
|-------------------------|-------------------|-------------------|-------------------|
|                         | All ages,         | Ages ≤50,         | Ages >50,         |
|                         | n = 41,053        | n = 41,053        | n = 10,134        |
| Both sexes <sup>b</sup> | HR (95%-CI)       | HR (95%-CI)       | HR (95%-CI)       |
| Zygosity, n(%)          |                   |                   |                   |
| MZ                      | Ref.              | Ref.              | Ref.              |
| SSDZ                    | 1.05 (0.90, 1.22) | 1.09 (0.92, 1.28) | 0.79 (0.50, 1.24) |
| OSDZ                    | 1.12 (0.95, 1.30) | 1.11 (0.94, 1.31) | 1.11 (0.72, 1.71) |
| Males                   |                   |                   |                   |
| Zygosity, n(%)          |                   |                   |                   |
| MZ                      | Ref.              | Ref.              | Ref.              |
| SSDZ                    | 1.01 (0.83, 1.23) | 1.04 (0.85, 1.27) | 0.76 (0.39, 1.43) |
| OSDZ                    | 1.13 (0.93, 1.37) | 1.10 (0.89, 1.34) | 1.35 (0.75, 2.40) |
| Females                 |                   |                   |                   |
| Zygosity, n(%)          |                   |                   |                   |
| MZ                      | Ref.              | Ref.              | Ref.              |
| SSDZ                    | 1.11 (0.87, 1.43) | 1.18 (0.90, 1.54) | 0.82 (0.43, 1.57) |
| OSDZ                    | 1.09 (0.85, 1.41) | 1.14 (0.87, 1.50) | 0.86 (0.45, 1.65) |

<sup>&</sup>lt;sup>a</sup>Composition of zygosities: 31.4% (MZ), 37.2 (SSDZ), 31.4 (OSDZ)

Tests for interactions between zygosity and age-interval

All: p = 0.593, males: p = 0.303, females: p = 0.811

<sup>&</sup>lt;sup>b</sup>Baseline hazard stratified on sex

<sup>&</sup>lt;sup>b</sup>Baseline hazard stratified on sex

**Table S3:** Associations between mortality and zygosity in individual twins, randomising UZ-twin pairs 1:2 to either MZ or same-sex DZ, birth cohorts 1960-1990, surviving to age 6; among individual twins at ages up to 50 years, and from 50 years<sup>a</sup>

|                         | All ages,         | Ages ≤50,         | Ages >50,         |
|-------------------------|-------------------|-------------------|-------------------|
|                         | n = 41~053        | n = 41~053        | n = 10 134        |
| Both sexes <sup>b</sup> | HR (95%-CI)       | HR (95%-CI)       | HR (95%-CI)       |
| Zygosity, n (%)         |                   |                   |                   |
| MZ                      | Ref.              | Ref.              | Ref.              |
| SSDZ                    | 1.13 (0.97, 1.32) | 1.17 (0.99, 1.38) | 0.85 (0.54, 1.34) |
| OSDZ                    | 1.17 (1.00, 1.37) | 1.17 (0.98, 1.38) | 1.15 (0.74, 1.79) |
| Males                   |                   |                   |                   |
| Zygosity, n (%)         |                   |                   |                   |
| MZ                      | Ref.              | Ref.              | Ref.              |
| SSDZ                    | 1.11 (0.91, 1.35) | 1.14 (0.93, 1.40) | 0.84 (0.44, 1.60) |
| OSDZ                    | 1.19 (0.98, 1.46) | 1.16 (0.94, 1.44) | 1.41 (0.79, 2.54) |
| Females                 |                   |                   |                   |
| Zygosity, n (%)         |                   |                   |                   |
| MZ                      | Ref.              | Ref.              | Ref.              |
| SSDZ                    | 1.15 (0.91, 1.51) | 1.23 (0.94, 1.62) | 0.86 (0.45, 1.65) |
| OSDZ                    | 1.13 (0.87, 1.46) | 1.18 (0.89, 1.56) | 0.89 (0.46, 1.71) |

<sup>&</sup>lt;sup>a</sup>Composition of zygosities: 29.5% (MZ), 39.1 (SSDZ), 31.5 (OSDZ)

Tests for interactions between zygosity and age-interval

All: p = 0.351, males: p = 0.267, females: p = 0.539

<sup>&</sup>lt;sup>b</sup>Baseline hazard stratified on sex