

Article The Occurrence of Catastrophic Multiple-Fatality Flash Floods in the Eastern Mediterranean Region

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Abstract: Despite recent technological advances, many parts of the world continue to experience flood disasters accompanied by significant loss of human lives. Understanding how frequent these deadly catastrophes are creates many uncertainties, especially in areas where disaster records are scarce or have short timeframes. It is, however, very important from a preparedness and civil protection standpoint to assess the frequency of such high-mortality events, especially considering the threat of climate change. This work develops a high-mortality flood event database using multiple international sources, covering a relatively long time window (1882-2021), exploring the deadliest floods in the Eastern Mediterranean region, and examining their seasonal distribution, their temporal evolution, and their basic spatial patterns. The study identifies 132 flash flood events (causing ≥ 10 fatalities) with a return period of only 1.56 years. Additionally, higher-magnitude events (>85th percentile) were found to be less common but still not very rare (return period = 9.1 years). The number of events shows an increase in recent decades, while seasonal and spatial patterns were identified as well. Overall, the findings provide a foundation for understanding how common catastrophic flood events are in the region, are beneficial for policymakers and relevant professionals, and are an important stepping stone towards a complete understanding of how extreme floods have changed in the last century or will change in the near future.

Keywords: flood mortality; extreme floods; flood fatalities; climate change; Mediterranean; flash floods

1. Introduction

Despite significant advances in flood risk management [1–3], extreme rainfall, and flood forecasting and warning [4,5], there is still an alarming occurrence of severe floods with multiple human losses worldwide [6–10]. Recent catastrophic events, such as the flood of 2021 in central Europe, show that high mortality in extreme flash floods is not on the decline, even in parts of the world with sophisticated risk mitigation measures [6,11,12].

South Europe is one of these areas [13]. Relatively recent flood disasters have shown that the region continues to record deadly flash floods, inducing considerable numbers of fatalities [9,13–15]. These high-magnitude, high-mortality events are of particular interest, as they can have lasting impacts on communities [16–20].

In order to enhance preparedness and resilience, and to deal with these impacts, governments, local authorities, risk professionals, and the public are interested to know how common such events are or will be [21], especially in light of the threat of climatic change [22,23]. The answer to this question is essential both from a civil protection and a risk management policy point of view. In addition, given the particular sensitivity of the Mediterranean region to climate change [24,25] and the threat of a rise in extreme weather events [26,27], it becomes crucial to understand better the frequency and distribution of high-mortality flash floods. The extreme importance of monitoring, collecting, and studying



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). loss and damage data associated with climate change, including non-economic losses such as loss of life, has also been recently highlighted by international conventions such as the UNFCCC and the UNDRR Sendai Framework.

Recent works have studied flood deaths and shed light on the conditions under which flood-related fatal accidents occur [10,28–34]. However, in the field of temporal variations of flood mortality, previous studies have explored relatively short periods [14,15,30], hampering a more realistic assessment of the occurrence frequency of rare events. Thus, given their rarity and high variability, the relevant studies do not provide a definitive answer on the frequency and trends of such extreme events.

This work exploits disaster databases and other sources of information to develop a high-mortality flash flood events database covering the Eastern Mediterranean for 14 decades (1882–2021). The aim of the present study is to analyze this catalog of flash flood events (excluding other flood types) to provide a better understanding of their temporal evolution, their seasonal distribution, and their regional patterns. In detail, in the following chapters, this work provides insights into how often these high-mortality flash floods occur in the region and their probability of occurrence depending on their magnitude, and it explores possible temporal trends and potential differences in their seasonality across the region.

2. Materials and Methods

2.1. Study Area and Data Sources

In exploring the occurrence of patterns of high-mortality flash flood disasters, we developed a database of flash flood events causing ten fatalities or more in the broader Eastern Mediterranean region, covering the following countries: Albania, Bosnia and Herzegovina, Bulgaria, Croatia, Egypt, Greece, Israel, Italy, Lebanon, Libya, Montenegro, North Macedonia, and Turkey (Figure 1). The area is home to many diverse landscapes, characterized by its varied geography, with mountainous regions, coastal plains, sharp relief, long coastlines, and spectacular gorges, as well as desert and semi-desert areas with smaller or larger river networks. However, the Eastern Mediterranean has a warm and temperate climate, with hot and dry summers and mild and wet winters. Nevertheless, the region has a rich history of notable catastrophic flash flood events that have inflicted important impacts on the local, mostly coastal settlements and their populations [35,36], which maintain a continuous historically and culturally rich presence.

The examined period of 140 years, 1882–2021, allows for assessing such events' frequency. The flash flood events with ten or more fatalities were chosen not arbitrarily but based on the current practice as it is reflected in the literature [10,15,37]. In addition, the threshold of 10 fatalities is also a condition for entering a fatal event in international disaster databases (e.g., EM-DAT) [38] when the other criteria for being classified as catastrophic are not met.

Furthermore, to ensure the database's highest completeness and accuracy, we collected flood event and fatality data from various independent sources, including international databases, country-specific reports or studies, country-level databases, scientific publications, and extensive press archives. The different sources were cross-referenced and compared for each event separately. In detail, we based our analysis on publicly available international disaster and fatality databases, including the following:

- EM-DAT [38], since 1900
- Global Active Archive of Large Flood Events, Dartmouth Flood Observatory, University of Colorado [39], since 1985
- Hanze-E [40], covering the period 1870–2016
- European Past Floods (EPF) [41], covering the period 1980–2015
- FFEM-DB [13], covering the period 1980–2020



Figure 1. Map of the countries included in the database. Note the abbreviations: ALB: Albania, BIH: Bosnia and Herzegovina, BGR: Bulgaria, HRV: Croatia, CYP: Cyprus, EGY: Egypt, GRC: Greece, ISR: Israel, ITA: Italy, LBN: Lebanon, LBY: Libya, MNE: Montenegro, MKD: North Macedonia, TUR: Turkey.

Consequently, each event was investigated thoroughly in terms of the type of flood and its coexistence with other hazards. This database hosts only "flash floods," that is, rapid-onset flooding events caused by short-duration, high-intensity rainfall of mainly convective origin that occur locally and usually impact basins smaller than 1000 km² within hours of the triggering storm [35]. Further, the fatalities caused by accompanying hazards, such as landslides or other mass movement phenomena, dam breaks, and riverine or coastal flooding, were excluded, following the flood-type classification or characterization recorded in the data sources or based on evidence presented in them. Table 1 details the various sources used per country to cover all the reported flash flood events in 1882–2021. Moreover, in cases where the fatality estimate of a certain event was different between sources, we examined additional sources focusing on local studies, event-specific reports, or country-level datasets to determine a better estimate of the number of deaths.

The population data used in the analysis were drawn from the UN data portal (2022) for 1950–2021. During the period before 1950, various relevant sources were investigated (https://ourworldindata.org/ (accessed on 20 November 2022); https://www.statista.com/ (accessed on 20 November 2022); https://www.jewishvirtuallibrary.org/jewish-and-non-jewish-population-of-israel-palestine-1517-present (accessed on 20 November 2022) to record the population of each region at the beginning of each decade, while in the intervening years, statistical interpolation was applied.

	International Databases						Number of
Country *	EM-DAT	DFO	FFEM-DB HANZE-E EPF		EPF	- Other Sources	Fes ** with >10FFs ***
ALB		V				Toto and Massabo [42] ^a Bogdani and Selenica [43] ^c GIZ [44] ^b	2
BIH	\checkmark	\checkmark				ACAPS [45] ^f Floodlist.com [46] ^f Kundzewicz [47] ^d Vidmar [48] ^c	3
BGR	\checkmark	\checkmark				EU ECHO [49] ^d Floodlist.com [46] ^f	3
HRV						Bonacci & Ljubenkov [50] ^c Kovačić, T. [51] ^c	1
СҮР						Polignosi [52] ^b WDD [53] ^a	2
EGY	\checkmark	V				Abdel-Fattah et al. [54] ^c El Afandi & Morsy [55] ^c El Gohary [56] ^c IFRC [57] ^d Negm [58] ^c New York Times [59] ^e Omran [60] ^c UN DHA [61] ^f Saber et al. [62] ^c	14
GRC	\checkmark	V	\checkmark	\checkmark		IERSD/NOA catalogs ^a Papagiannaki et al. [63] ^c Diakakis and Deligiannakis [64] ^c Diakakis [65] ^c floodlist.com [46] ^f	12
ISR						Inbar [66] ^a floodlist.com [46] ^f	3
ITA	V	V	V	V	V	APAT [67] ^b Aronica et al. [68] ^c floodlist.com [46] ^f Faccini et al. [69] ^c New York Times [59] ^e Petrucci & Pasqua [70] ^c	51
LBN						Gaume [71] ^c New York Times [59] ^e Suwaydan [72] ^c	2
LBY						Floodlist.com [46] ^f New York Times [59]	1
MNE						Floodlist.com [46] ^f UN/ISDR [73] ^d	1
MKD						Floodlist.com [46] ^f Malevski [74] ^c	2

Table 1. Details on the data sources used for each country that is included in the database and the number of flash flood events found.

Country *	International Databases						Number of
	EM-DAT	DFO	FFEM-DB	HANZE-E	EPF	Other Sources	>10FFs ***
TUR	V	\checkmark	\checkmark		\checkmark	EBSB [75] ^a Haltas et al. [76] ^c Uluatam [77] ^c TAAB Database (Koç et al. [78]) ^a New York Times [59] ^e Kaymaz [79] ^c Ballar [80] ^c Gürer [81] ^c	35
							Total events (1882–2021) = 132

Table 1. Cont.

Notes: * Country abbreviations: ALB: Albania, BIH: Bosnia and Herzegovina, BGR: Bulgaria, HRV: Croatia, CYP: Cyprus, EGY: Egypt, GRC: Greece, ISR: Israel, ITA: Italy, LBN: Lebanon, LBY: Libya, MKD: North Macedonia, TUR: Turkey, ** FE = flood event; *** FF = Flood Fatality, ^a country-level database; ^b country-level report; ^c country-specific scientific publication; ^d an international disaster report/database; ^e a press digital archive; ^f an international media organization.

2.2. Database Evaluation

In order to evaluate the completeness of this dataset, the number of events was compared to that of international databases for the respective spatial and temporal coverage. Table 2 presents the comparative analysis of the total covered events for various thresholds of flash flood fatalities between the present paper and each database separately. Overall, the results reveal the greater coverage achieved by using multiple sources.

2.3. Database Structure and Analysis

The database entry for each event corresponds to one flood event (FE), recording its date, the country and specific areas affected, and the number of flood fatalities recorded in each data source. For example, the three variables complement each FE further, specifically the minimum, the maximum, and the average number of flood fatalities (FFs) from the corresponding sources. The deviations between the min and max values are slight, so the average number is used in the analyses. As shown in Figure 2, the min and max values are highly correlated (Spearman's rho, 0.93), while they do not deviate in 54% of the FE observations.

In addition, to facilitate the interpretation of the analysis, we produced a 3-level index of the flood impact magnitude (FI) by classifying FEs based on the number of FFs. Specifically, we defined the low (FI1), moderate (FI2), and high (FI3) impact magnitude classes based on two critical values of the number of FFs corresponding to the 50th and 85th percentiles of their frequency of occurrence. Additionally, these thresholds have been widely used in flood risk and impact analyses [82,83] as an easily interpretable index that is suitable to serve as a meaningful classification index, indicating a distinct classification of events according to the associated severity.

	Event Magnitude	Number of Events	This Study	Difference (%)
	10 fatalities	41	64	56%
DFO ^a	\geq 20 fatalities	19	29	53%
	\geq 50 fatalities	7	11	57%
	≥ 100 fatalities	3	3	0%
	≥ 10 fatalities	70	125	79%
The Detter	\geq 20 fatalities	39	67	72%
EM-DAT [®]	\geq 50 fatalities	22	33	50%
	≥ 100 fatalities	10	16	60%
	≥ 10 fatalities	36	46	28%
	\geq 20 fatalities	19	22	16%
EPF	\geq 50 fatalities	8	9	13%
	\geq 100 fatalities	1	1	0%
	≥ 10 fatalities	38	46	21%
FFEM-DB ^d	\geq 20 fatalities	12	19	58%
	\geq 50 fatalities	4	8	100%
	≥ 100 fatalities	0	1	-
HANZE-E ^e	≥ 10 fatalities	59	66	12%
	\geq 20 fatalities	30	39	30%
	\geq 50 fatalities	14	18	29%
	≥ 100 fatalities	8 *	7 *	-13% *

Table 2. Comparison of the number of flash flood events per event magnitude of the current study against other international databases. It should be mentioned that the thresholds of event magnitudes were selected arbitrarily for illustrative purposes. Only flash flood events and flash flood-related fatalities are considered. Other flood types are excluded.

Notes: ^a refers to the common time period: 1985–2021/Countries: All; ^b refers to the common time period: 1900–2021/Countries: All. ^c Refers to the common time period: 1980–2015/Countries: ALB, BIH, BGR, HRV, CYP, GRC, ITA, MKD, TUR. ^d refers to the common time period: 1980–2020/Countries: GRE, ISR, ITA, TUR, CYP. ^e refers to the common time period: 1882–2016/Countries: BGR, HRV, CYP, GRC, ITA. * All 8 events included in the HANZE-E database are included in the present study. However, one of them (the FE of 1951) has been assigned to a different category since taking into account event-specific records that presented the number of FFs as being smaller than 100.



Figure 2. Relationship between the minimum and maximum number of FFs, as reported by the various sources for each FE. Each dot in the diagram corresponds to a flash flood event indicating the respective combination of minimum and maximum number of FFs recorded for this event.

Subsequently, we performed a statistical analysis of the temporal distribution of FFs as a total and per impact magnitude category to examine their trends and frequencies over the last 140 years. In order, to estimate the return period of flash flood events causing ten or more fatalities in the study area, we calculated the following equation based on Weibull's [84] distribution:

$$T = (n + 1)/m,$$
 (1)

in which the return period, T, is the reciprocal of the expected frequency of the event whose magnitude is equal to or above a specified magnitude; n is the number of years on record; and m is the rank of the annual observation when arranged in descending order. The maximum yearly number of FFs in the study area was modelled to fit the following polynomial function and estimate the expected FFs magnitude of an event as a function of the return period.

$$y = ax^2 + bx + c \tag{2}$$

where y is the expected number of FFs and x is the return period T in years.

Finally, the spatial analysis of FEs and FFs was made at the country level. The monthly and seasonal distributions for various geographical zones were analyzed to identify possible climatological factors.

3. Results

Overall, 132 FEs caused 6974 FFs in the study area from 1882 to 2021. The FFs per FE ranged from 10 to 598 (M = 53, SD = 80.7). Figure 3 shows the frequency distribution (histogram) of FFs observations. However, according to the distribution, 50% of observations were associated with up to 22 FFs. Table 3 shows the specifications for classifying FEs in the three flood impact magnitude classes. Specifically, FEs were classified as FI1 (low impact) for FFs between 10 and 22, FI2 (moderate impact) for FFs between 23 and 82, and FI3 (high impact) for FFs above 82.



Figure 3. Frequency distribution (histogram) of flood fatalities (FFs) per flood event (FE) in the study period 1882–2021.

Class	FFs Number	Corresponding Percentiles	Number of Observations
FI1—Low	10–22	Minimum—50th	67
FI2—Moderate	23-82	50th-85th	45
FI3—High	>82	>85th	20

Table 3. Specifications for the classification of FEs according to flood impact magnitude (FI index)

3.1. Temporal Evolution

Figure 4 depicts the annual distribution of total FFs, which show a slight but statistically significant increase (Poisson coef. = 0.01, p < 0.001). Overall, the interannual variability is considerable. The three highest amounts of annual FFs occurred in the latest decades. Specifically, 681 total FFs occurred in 1994, 440 in 1955, and 308 in 1985. Additionally, the highest average annual number of FFs per decade, 130 FFs, is attributed to the 1992–2001 decade. The population of the study area has increased by a factor of 4.8 since 1882.



Figure 4. Annual number of flood fatalities (FFs) for the period 1882–2021.

The impact magnitude of FFs caused by FI1 and FI2 events showed a slight statistically significant yearly increase (Poisson coef. = 0.02 and 0.01, respectively; p < 0.001), while the trend of FFs caused by FI3 events was not found to be statistically significant.

A temporal analysis at the 10-year level was also performed to account for the high interannual variability of the FEs number. As Figure 5 shows, we observe an upward trend in the 10-year aggregated FFs and FEs. Specifically, there is a statistically significant increase in the 10-year FFs (Poisson coef. = 0.06, p < 0.001) and FEs (Poisson coef. = 0.12, p < 0.001). In addition, the trends reveal a growing disentanglement (Figure 5) of the FFs trend from the FEs trend after the 1942–1951 decade. Namely, the 10-year FFs increase at a slower pace.

Figure 6 shows the 10-year distribution of FEs and FFs per FI. According to the statistical analyses, the 10-year FI1 FEs show a strong and statistically significant increase (Poisson coef. = 0.18, p < 0.001), and the FI2 FEs exhibit a weaker but statistically significant increase (Poisson coef. = 0.13, p < 0.01). At the same time, the change in the FI3 FEs at the 10-year level is not statistically significant. The number of 10-year FI1 and FI2-related FFs also exhibits strong and statistically significant increases (Poisson coef. = 0.17, p < 0.001, and Poisson coef. = 0.13, p < 0.001, respectively). Finally, the change in the FI3-related FFs is not statistically significant.



Figure 5. Number of events, FEs, and associated fatalities, FFs, per 10-year period



Figure 6. Number of 10-year events, FEs (**a**), and associated fatalities, FFs (**b**), per flood impact magnitude class, FI.

3.2. Return Period of Flash Flood Events with Ten or More Fatalities

The annual maximum number of FFs per FE was ranked to estimate their probability of occurrence and the respective return period in years. Figure 7 presents the fitted polynomial function graph between the FFs variable and the return period (logarithmic scale). The return period of FEs with ten or more FFs in the study area was estimated at 1.56 years. In other words, there is a 64.1% probability of exceeding the threshold of 10 FFs per FE in a given year in the region. In addition, Table 4 presents the return period and probability of occurrence for different categories of events regarding the flood impact magnitude (FI index).



Figure 7. Yearly maximum number of flood fatalities (FFs) per flood event (FE) against their return period (T) in years

Table 4. Return periods of different categories of events in terms of flood impact magnitude (FI index) across the whole study area

Flood Impact Magnitude Class (FI Index)	Return Period	Probability of Occurrence in a Single Year
FI1	1 event in 1.56 years	0.641
FI2	1 event in 2.78 years	0.360
FI3	1 event in 9.11 years	0.110

The possible variation in the return periods of FEs in different parts of the study area were examined by grouping the countries into three geographical regions: the western part of the study area (ITA, LBY: 52 FEs), the middle (ALB, BIH, BGR, GRC, MKD, HRV, MNE: 24 FEs), and the eastern part (CYP, EGY, ISR, LBN, TUR: 57 FEs). Table 5 presents the return periods of different categories of events (FI index) for each of the three geographical areas.

Flood Impact Study Area Probability of **Return Period** Magnitude Class Segmentation Occurrence in a Year (FI Index) Western 1 event in 3.38 years 0.296 Middle 1 event in 6.61 years 0.151 FI1 Eastern 1 event in 3.5 years 0.286 Western 1 event in 5.44 years 0.184 Middle 0.085 FI2 1 event in 11.81 years Eastern 1 event in 5.43 years 0.184 Western 1 event in 16.39 years 0.061 FI3 Middle 1 event in 40.38 years 0.025 Eastern 1 event in 15.31 years 0.065

Table 5. Return periods of different categories of events (FI index) for three geographical areas.

The adjusted R-squared was calculated at 0.98, 0.93, and 0.98 for the western, middle, and eastern areas, respectively. The results show that eastern and western regions have roughly similar return periods. However, the middle area, which includes the Balkan countries, shows higher return periods in all FI classes. Especially regarding FI3 events,

we expect such FEs to occur with a return period of about 40 years, which is considerably higher than the approximately 15 to 16 years recorded in the western and eastern regions.

3.3. Seasonal Distribution

The monthly distributions (Figure 8) show that both the occurrence of FEs and the number of FFs are maximized in the fall, especially in November and October. The month of February shows the highest share of high-impact (FI3) FEs (29%), while the month of December has the highest share of high-impact (FI3) FFs (83%). No FI3 FEs were recorded in January, April, or May. An event with 200 FFs in Albania in 1905 was excluded from the seasonal analysis due to a lack of sources about its date.



Figure 8. Monthly distribution of flood events FEs (**left**), and flood fatalities FFs (**right**), over the flood impact magnitude classes (FI).

The possible variations in the seasonal distribution of FEs between different parts of the study area were examined by the analysis over the different geographical entities defined in Section 3.2. According to the boxplot results (Figure 9), FEs in the western area were concentrated around October (50% between September and November). In the middle area, FEs mainly occurred in November, but monthly variability is high, with 50% of FEs spreading between June and November. However, in the eastern area, the degree of variability is also significant, with 50% of FEs occurring between May and October.



Figure 9. Distribution (boxplot) of monthly occurrences over three geographical regions of the study area: west (ITA, LBY), middle (ALB, BIH, BGR, GRC, MKD, HRV, MNE), and east (CYP, EGY, ISR, LBN, TUR), along with a map illustrating the separation of regions. Blue dots represent outlier events.

In splitting the study area into northern (ITA, ALB, BIH, BGR, GRC, MKD, HRV, MNE, TUR) and southern (CYP, EGY, ISR, LBN, LBY) provinces, a stronger seasonality in the south is observed, with the majority of events occurring between October and December, while there are no FEs between May and September (Figure 10). The north shows an abundance of events between October and November; however, there is a noteworthy number of summer flash floods.



Figure 10. Distribution (boxplot) of monthly occurrences over two geographical regions of the study area: northern (ITA, ALB, BIH, BGR, GRC, MKD, HRV, MNE, TUR) and southern (CYP, EGY, ISR, LBN, LBY), along with a map illustrating the separation of regions. Blue dots represent outlier events.

4. Discussion

This research develops a database of high-mortality extreme flash flood events (10 or more FFs) in the Eastern Mediterranean region and explores their temporal and seasonal patterns. Overall, 132 events were identified in a 140-year period (1882–2021) in 13 countries bordering the eastern part of the Mediterranean Sea. The highest number of events were recorded in Italy (51), Turkey (35), Egypt (14), and Greece (12), whereas most of the rest recorded one to three events in the whole period. However, all countries had at least one event of 10 or more fatalities in the examined period.

Overall, the study provides answers to broader questions regarding how common such high-mortality events are in the Eastern Mediterranean region and whether their frequency changes over the period examined. In addition, it records various patterns concerning seasonality and probability of occurrence for such catastrophic events.

The study finds that high-mortality flash flood events are not uncommon in the region, with a return period of approximately 1.5 years in the whole study area. As expected, smaller events, in terms of mortality, are more frequent than high-impact ones. Events in the lower magnitude category (FI1, with less than 22 fatalities) record an annual probability of occurrence equal to 0.64. On the other hand, events in the upper magnitude category (FI3, with more than 82 fatalities) present an annual probability of occurrence equal to 0.11 and are approximately six times less frequent than the FI1 group.

The regional differences were also identified, with the Balkans exhibiting a lower frequency of extreme events, with approximately double values in the return periods of FI1 and FI2 magnitude floods and more than double values in the FI3 group.

These observations indicate the presence of fewer extreme events in the Balkans compared to Italy and Turkey. This spatial pattern presents a rather complete picture of the distribution of high-magnitude flash flood events occurring in the region, which has not been acknowledged before in the relevant literature (to the best of the authors' knowledge). Previous works [71,85] have described in the past either the west or the east as more prone

to catastrophic events, but they do not present the whole pattern and thus are only partly in agreement with the present findings.

In considering the magnitude categories, it can be noted that the magnitude group thresholds reflect percentiles used commonly in the literature and are selected to develop a meaningful, easily interpretable scale rather than represent a specific natural boundary. The selection of other threshold values in future research cannot be considered inappropriate, as we expect that it would not change substantially the trends identified in the present study.

Additionally, the frequency and probability values are liable to change under nonstationarity [86] and thus could be different in the future. In fact, the FE frequency varies even within the study period. Apart from the statistically significant increasing trends in the number of fatalities (FFs) and the number of high-mortality events (FEs), there is a noteworthy rise in the number of events in the more recent decades, clearly shown in Figure 11 when the study period is split into four equal segments. Moreover, the frequency of FEs was found to be rising for lower impact events (groups FI1 and FI2), whereas for higher intensity ones (FI3), the trend did not show statistically significant changes and can be considered inconclusive. The latter could indicate actual stability in terms of the average rate of occurrence. However, one could not exclude the possibility of a gradual change over different temporal extents that can only be observed by studying even broader time periods that are not available in the present study. Nevertheless, the rise of FI1 and FI2 level events indicates that such events could be more frequent in the future.



Figure 11. Graph showing the number of flood events (FEs) in four 35-year segments of the study period (1882–2021).

In observing seasonality, we found a strong pattern with high percentages of October and November occurrences of FEs. For example, the period between September and December hosts more than 50% of the events, although only October and November stand out from the rest of the months (with approximately 40% of the total).

Additionally, in different parts of the study area, we found that the Western region (mostly Italy) has a strong seasonality, with fall being the season with the vast majority of occurrences. However, the middle (Balkans) and eastern regions exhibit a weaker seasonality, with a significant percentage of events occurring in the summer months and a high degree of variability. The examination of patterns in seasonality between the north and south parts of the study area shows that the most prominent difference is the lack of events from May to September (i.e., no summer events) in the south, contrary to the significant percentage (approximately 40%) of FEs recorded in the north in the same months. The results in this aspect are in line with previous findings in the region [36,87].

The distribution recorded could be attributed to local seasonal storm-intensity patterns, which in turn follow the characteristics of broader systems in the region, including, for instance, the particular climatic attributes of the Southern Levant (i.e., the Cyprus Lows [88]), the Hadley cell [89] and others [90], as expressed, for example, with the higher number of days of extreme rainfall in autumn in Greece [91,92] or the seasonal distribution of precipitation recorded by the Global Historical Climatology Network (GHCN) [93]. It was observed that no noteworthy differences occurred between the seasonal distribution and the different groups of events (i.e., FI1, FI2, FI3).

The division between parts of the study area was for purposes of comparative analysis of the seasonality distribution and for the probability of occurrence of the flash flood events under study. In addition, the different country groups were selected in a way to represent broad geographical entities (e.g., the Balkans or the area of the Levant and North Africa) that, in turn, reflect coarsely different geographical and climatological characteristics as described above. In future research, focus can be placed on the patterns identified to explore correlations between specific regional characteristics and the occurrence of extreme events.

Although specific data are not currently available, the disentangling of trends between FFs and FEs and population could be an indication that the population in the region is better protected, as despite the occurrence of events and the rising population density, fatalities do not follow the same pace. In the future, research should be directed toward exploring the role of population density and temporal trends of flood mortality in the region in depth. In addition, although there is currently a lack of systematic data on flood impacts, future steps in research should enhance efforts to incorporate flood damage indicators into temporal evolution analysis.

In terms of practical implications, this study provides a foundation for understanding how common catastrophic flash flood events with multiple fatalities are, a particularly important measure for civil protection authorities, risk professionals, policymakers, engineers involved in flood protection measure development, and the insurance industry.

In addition, it is an important stepping stone towards a complete understanding of how extreme floods have changed in the last century or will change in the near future, affected by climatic changes or other factors (e.g., land use changes). The uniqueness of the present study lies in the fact that it examines these extreme events over a long period, i.e., 140 years, which is necessary to obtain a more reliable assessment of the frequency of such rare events.

Although flood fatalities can occur at any time of the year, these high percentages have value from a civil protection standpoint, as authorities and the general public in the region could use this information as a stepping stone to assess and reconsider their levels of preparedness against flooding and maybe set mechanisms or initiatives (e.g., awareness campaigns) to increase it.

In future research, there could be an expansion to other metrics of extreme floods, such as impacts on the natural or built environment, and even a reassessment the occurrence of FEs in the coming decades in the context of continuous monitoring of changes in their frequency. The spatial patterns identified could be attributed to population density-, infrastructure-, climatic-, geomorphology-, and land use-related reasons. It would be useful for future research to explore further the spatial dimension of the occurrence of extreme flood events and the factors associated with them.

The limitations to be noted are that the probability of events missing from the database cannot be entirely excluded. However, we consider this probability to be at a minimum level, given the fact that we have used multiple independent sources of data, including event-specific reports, country-level databases, and scientific publications. Further, catastrophic events attract scientific and social attention and are rarely missed by the press or any other publications. Thus, the overall estimated return periods and the trends identified in this study are not expected to change even in the case of missing events.

Moreover, to exclude or include a flood event in the database, this study followed the classification of flood types found in the relevant sources or classified events as flash floods based on the evidence presented in them. However, especially in the early stages of the study period, a source of uncertainty is associated with unclassified events or events with vague or ambiguous descriptions. In these cases, we used documentary evidence and included only the events with characteristics that matched those of flash floods.

With regard to return period estimation, the use of polynomial functions for developing the best fit line (following previous works [94]) was preferred over logarithmic in representing the data series (Figure 7) due to a significantly better fit (Adj. R² was in the area of 0.98). It should be noted that if other distributions were used, results on return periods could be slightly different. For example, the logarithmic function leads to an overestimation of the frequency of extreme events (FI3 group) and a systematic underestimation of the frequency of low-magnitude ones (FI1 group). Nevertheless, it should be noted that there is uncertainty regarding the extreme values, as their return period may be larger than the study period examined.

It has to be stressed that the reported events do not reflect the whole of the flood mortality in the area, as literature shows that a large number of low-mortality events can be an important portion of the total number of fatalities [95,96].

5. Conclusions

In this study, a flood event database was developed and exploited to estimate how common high-mortality flood disasters are in the Eastern Mediterranean region and explore their seasonal, temporal, and regional patterns. To this end, we examine flash floods that have caused 10 or more fatalities in 13 countries in the region in the period 1882–2021, collecting data from five international databases and multiple country- or event-specific reports and databases.

A total of 132 events that have caused multiple fatalities (ranging from 10 to 598 deaths) in various locations in the region were identified. Although significant variations were found throughout the study period, the findings clearly show that high-mortality events are not uncommon, appearing with a return period of 1.56 years (events with >10 fatalities), 2.78 years (events with >22 fatalities), and 9.1 years (events with >82 fatalities), showing a relatively high probability of occurrence in any given year. Additionally, the findings indicate a significant increase, especially in the last quarter of the study period, which is confined to events of lower magnitude in terms of mortality. The most extreme and rare events in this dataset (15%) did not show changes in terms of frequency within the study period. The seasonal patterns were also identified, with events located in the southeastern part of the study area recording fewer summer occurrences in comparison with those identified in the north and northwest.

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