

Supplementary Materials

Table S1: STROBE checklist of items that should be included in reports of cross-sectional studies.

	Item No	Recommendation	Page No
Title and abstract	1	(a) Indicate the study’s design with a commonly used term in the title or the abstract	1
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	1
Introduction			
Background/ rationale	2	Explain the scientific background and rationale for the investigation being reported	1-2
Objectives	3	State specific objectives, including any prespecified hypotheses	1-2
Methods			
Study design	4	Present key elements of study design early in the paper	1-2
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	2
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up	2
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	2-3
Data sources/ measurement	8	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	2-3
Bias	9	Describe any efforts to address potential sources of bias	2-3
Study size	10	Explain how the study size was arrived at	2
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	2-3
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	2-3
		(b) Describe any methods used to examine subgroups and interactions	2-3
		(c) Explain how missing data were addressed	3
		(d) If applicable, explain how loss to follow-up was addressed	n.a.
		(e) Describe any sensitivity analyses	n.a.
Results			
Participants	13	(a) Report numbers of individuals at each stage of study—e.g. numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analyzed	3-4
		(b) Give reasons for non-participation at each stage	n.a.
		(c) Consider use of a flow diagram	n.a.
Descriptive data	14	(a) Give characteristics of study participants (e.g. demographic, clinical, social) and information on exposures and potential confounders	3-4
		(b) Indicate number of participants with missing data for each variable of interest	4

		(c) Summarize follow-up time (e.g., average and total amount)	n.a.
Outcome data	15	Report numbers of outcome events or summary measures over time	3-7
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (e.g., 95% confidence interval). Make clear which confounders were adjusted for and why they were included	3-7
		(b) Report category boundaries when continuous variables were categorized	3-7
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	n.a.
Other analyses	17	Report other analyses done—e.g. analyses of subgroups and interactions, and sensitivity analyses	3-7
Discussion			
Key results	18	Summarize key results with reference to study objectives	7-9
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	7-9
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	7-9
Generalizability	21	Discuss the generalizability (external validity) of the study results	7-9
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	9

Table S2: Core and skin temperature as measured using a wearable sensor.

	Core temperature (°C) (n=15)	Skin temperature at the chest (°C) (n=15)	Skin temperature at the shin (°C) (n=7)
Average	37.8 (37.4-38.0)	34.2 (33.0-35.0)	25.4 (24.7-31.0)
Minimum	37.0 (36.8-37.2)	33.2 (31.1-34.6)	24.6 (23.7-29.1)
Maximum	38.6 (37.7-38.9)	35.2 (34.2-35.8)	26.2 (25.0-32.9)

Data are presented as median (Q1-Q3).

Figure S1: Overview of the location of the absorbent patches for sweat collection (A), and sensors for heart rate (B) and core temperature measurements (C).

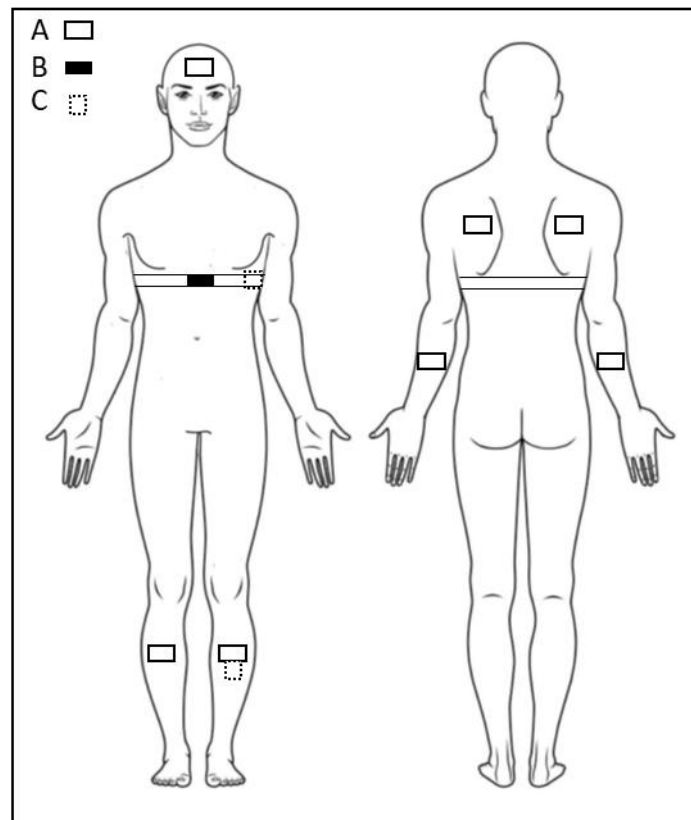


Figure S2: Scatter plots for sweat rate versus A) average heart rate ($r_s = 0.61$, $p = 0.021$) and B) sodium concentration at the left scapula versus ($r_s = 0.79$, $p = 0.006$).

