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Abstract: Structural relaxation and nanomechanical behaviors of La₆₅Al₁₄Ni₅Co₅Cu_{9.2}Ag_{1.8} bulk metallic glass (BMG) with a low glass transition temperature during annealing have been investigated by calorimetry and nanoindentation measurement. The enthalpy release of this metallic glass is deduced by annealing near glass transition. When annealed below glass transition temperature for 5 min, the recovered enthalpy increases with annealing temperature and reaches the maximum value at 403 K. After annealed in supercooled liquid region, the recovered enthalpy obviously decreases. For a given annealing at 393 K, the relaxation behaviors of La-based BMG can be well described by the Kohlrausch-Williams-Watts (KWW) function. The hardness, Young's modulus, and serrated flow are sensitive to structural relaxation of this metallic glass, which can be well explained by the theory of solid-like region and liquid-like region. The decrease of ductility and the enhancement of homogeneity can be ascribed to the transformation from liquid-like region into solid-like region and the reduction of the shear transition zone (STZ).

Keywords: bulk metallic glasses; structure relaxation; enthalpy recovery; nanoindentation; annealing

1. Introduction

Bulk metallic glasses (BMGs) have attracted much attention owing to their excellent strength, high elastic limit, and outstanding soft magnetic properties [1–4], which originate from its disordered structure [5–7]. Compared with thermodynamically stable crystalline counterparts, BMGs are in a high-energy metastable state and tend to relax to a stable state. This process, called structural relaxation, has no effect on non-crystalline nature [8]. However, during the relaxation process, the atoms inside the material obviously migrate to an equilibrium position and evolve into a more densely arranged amorphous structure, which can cause the variations in atomic distribution, electronic configuration, and short range ordering, further leading to changes in physical properties (diffusivity [9], Corrosion resistance [10], impact toughness [11], etc.). Therefore, the investigation on structural relaxation is of great significance for grasping thermal stability and mechanical properties of BMGs.

The annealing treatment is commonly used to eliminate the thermal history of amorphous alloys and induce its structural relaxation. For example, after being annealed at 350 °C for 12 h, $Zr_{55}Cu_{30}Ni_5Al_{10}$ BMG undergoes obvious brittle fracture, and its fracture energy density is reduced by 75%, which is consistent with the increase in the degree of ordered structure characterized by high resolution transmission electron microscopy (HRTEM) [12]. The prolonged annealing or high temperature annealing treatment easily leads to the crystallization of amorphous alloys [13,14]. The crystallinity of $Zr_{68}Cu_8Ni_8Al_{16}$ BMG increases as the annealing temperature rises, but its mechanical properties gradually decrease [15]. It has been reported that when the crystallinity of this Zr-based BMG annealed at 713 K is 77%, the plastic strain drops sharply to zero [15]. Otherwise, lots



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). of investigations have indicated that the structural relaxation of amorphous alloys could lead to the annihilation of free volume and the loss of plasticity [11,16,17]. However, Shi et al. have found that the plasticity of $Zr_{59}Ti_6Cu_{17.5}Fe_{10}Al_{7.5}$ BMG reaches as high as 12.1% after a short time annealing at 200 °C [18]. It has also been reported that the plasticity of $Zr_{65}Cu_{17.5}Al_{7.5}Ni_{10}$ BMG annealed at 573 K for 1 h increases to 7.1% due to the formation of 5–12 nm nanocrystals in amorphous matrix [19]. This is because the nanocrystalline particles precipitated in the amorphous matrix helps to generate shear bands and suppress crack propagation during deformation.

La-based amorphous alloys have excellent glass-forming ability (GFA) and low glass transition temperature (T_q) [20], which can induce relaxation at relatively low temperature. When the annealing temperature is lower than T_{α} , the α relaxation involving more atoms is frozen, and the local atoms at the nanoscale move cooperatively to cause β relaxation. It has been reported that the slow β relaxation amplitude decreases while the activation energy increases in $La_{30}Ce_{30}Al_{15}Co_{25}$ BMG annealed below T_g [21]. Liang et al. have found that a La-based BMG can promote the local atomic rearrangement (β relaxation) after being annealed for a short time at a high temperature close to T_g by dynamic mechanical analysis [22]. Cui et al. have investigated compressive properties of (La₂₅Ce₇₅)₆₅Al₁₁Co₂₄ BMG at 233 K and 300 K, respectively [23], and found that this BMG shows obvious brittle fracture at 233 K, but excellent plasticity at 300 K, suggesting that the activation of β relaxation is temperature-dependent. Currently, the work on the relationship between the microstructure and nanomechanical properties of La-based BMGs after annealing is relatively scarce. Therefore, in this work, the effects of isochronous annealing and isothermal annealing on the structural relaxation and thermal stability of a La-Al-Ni-Co-Cu-Ag BMG have been analyzed by differential scanning calorimetry (DSC). The influence of annealing temperature on nanomechanical properties has been investigated by using nanoindentation and atomic force microscope (AFM).

2. Experimental

Under the protection of purified argon atmosphere, the ingot with a nominal composition of La₆₅Al₁₄Ni₅Co₅Cu_{9.2}Ag_{1.8} was prepared by arc-melting a mixture of pure La, Al, Ni, Co, Cu, and Ag elemental metals (all 99.9 wt% purity), which were provided by ZhongNuo Advanced Material (Beijing, China) Technology Co., Ltd. In order to ensure the uniformity of the microstructure, each ingot was re-melted 5 times. Cylindrical rods having a diameter of 5 mm and a length of 60 mm were obtained by tilt-casting into a copper mold under argon atmosphere. The outer appearance of the cylindrical rod is shown in Figure 1. The as-cast rods were sliced to guarantee that each sample had a thickness of about 0.8 mm and a mass of about 40 mg. The annealing treatment was carried out by a Perkin Elmer-8000 DSC (Waltham, MA, USA) at a heating rate of 20 K/min under nitrogen atmosphere. To optimize the best annealing temperature, various holding temperatures near T_g have been used to treat the as-cast La-based BMG with fixed time (5 min). The isochronous annealing treatments at various temperatures were conducted at 373, 383, 393, 403, 413, 423, and 433 K for 5 min, respectively. Based on the observed enthalpy recovery in DSC curve, the isothermal annealing temperature was set to be 393 K and the annealing time were 10, 60, 120, and 240 min, respectively. The as-cast and annealed samples were tested using a Japan D/max 2500 PC X-Ray diffractometer (XRD) equipped with Cu-K α radiation to investigate the microstructural stability (Rigaku Corporation, Tokyo, Japan). Thermal stability was investigated using a Perkin Elmer-8000 DSC (Waltham, MA, USA) from 323 K to 573 K at a heating rate of 20 K/min under nitrogen atmosphere. Nanoindentation experiments were performed using a Switzerland UNHT nanoindenter with a Berkovich indenter under a load-control mode (CSM Instruments, Peseux, Switzerland). Each sample was tested 5 times. Indentation morphologies were examined by a USA 5500 AFM. The microhardness was tested by a HV-1000Z (CN) microhardness tester (FengZhi Instrument, Jinan, China) at a load of 20 g and a holding time of 10 s, respectively.



Figure 1. Outer appearance of $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ bulk metallic glass (BMG) rod with a diameter of 5 mm.

3. Results and Discussion

The behaviors of glass transition and crystallization of the as-cast La₆₅Al₁₄Ni₅Co₅Cu_{9.2}Ag_{1.8} BMG at the heating rate of 20 K/min are shown in Figure 2. An obvious exothermic peak corresponding to crystallization process is found, which confirms the amorphous nature. The T_g and onset crystallization temperature T_x are determined to be 405 K and 449 K, respectively. The inset in Figure 2 presents the XRD pattern of this BMG rod with a diameter of 5 mm. The pattern exhibits the broad diffuse peak without any sharp crystalline peak, further certifying the fully amorphous structure of the sample.



Figure 2. DSC curve and XRD pattern of $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG rod with a diameter of 5 mm. The inset is the X-ray diffraction pattern.

Different temperatures ranging from 373 to 433 K are selected to investigate the nonisothermal enthalpy relaxation behavior of this BMG. Figure 3a shows the DSC curves of La₆₅Al₁₄Ni₅Co₅Cu_{9.2}Ag_{1.8} BMG rods annealed at different temperatures for 5 min. The inset is the partially enlarged view of DSC curves near T_g . It can be found that the annealing near T_g leads to the pronounced heat absorption corresponding to enthalpy recovery in the supercooled liquid region during the heating scanning after annealing and the magnitude of the heat absorption gradually increases with the increase of the annealing temperature below T_g . The enthalpy recovery process is obviously sensitive to the annealing temperature. It can be seen that the final magnitude of the endothermic overshoot decreases when the annealing temperature increases over T_g . The ordered degree of La-based BMG increases with the increase of the annealing temperature when it



is annealed above T_g . This leads to the decrease of the energy state of the annealed sample. Therefore, the magnitude of heat absorption decreases.

Figure 3. (a) DSC curves of $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG annealed at different temperatures for 5 min; (b) DSC curves of $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG annealed at 393 K for different time; (c) Dependence of thermal parameters of $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG annealed for 5 min on annealing temperature; (d) Dependence of thermal parameters of $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG annealed at 393 K on annealing temperature; (e) Relationship between recovery enthalpy and annealing temperature; (f) Relationship between recovery enthalpy and annealing time as well as the solid line presenting a fitting curve by KWW function.

Figure 3b shows the DSC curves of La₆₅Al₁₄Ni₅Co₅Cu_{9.2}Ag_{1.8} BMG rods annealed at 393 K for different times. The inset is the partially enlarged view of DSC curves near T_g . The variation of the magnitude of enthalpy recovery on annealing time is similar to that on annealing temperature. The magnitude of enthalpy recovery increases with the annealing time and eventually remains steady after being annealed for 240 min. The variation of

enthalpy recovery may be attributed to the denser microstructure formed by the diffusion and rearrangement of the atoms in liquid-like regions with extending annealing time. Furthermore, the energy barrier for the transition from glassy state to the supercooled liquid region rises, as a consequence of the reduction of free volume.

Figure 3c,d shows the variation of T_g , T_x , peak crystallization temperature (T_p), and supercooled liquid region (ΔT , $\Delta T = T_x - T_g$). The values of T_g are not significantly sensitive to the annealing temperature for a given annealing time. When the annealing temperature is lower than T_g , the T_x , and T_p hardly change with the increase of annealing temperature, and the first crystallization peaks all almost coincide. When the annealing temperature is 403 K or above, the first crystallization peak shifts to the lower temperature (Figure 3a), and the T_x , T_p , and ΔT decrease, indicating that thermal stability of this La-based BMG is reduced when being annealed in the supercooled liquid region.

The relationship between recovery enthalpy and annealing temperature is illustrated in Figure 3e. The variation of recovery enthalpy on annealing can be interpreted based on the concept of solid-like regions and liquid-like regions in amorphous alloys [24]. As we know, the amorphous structure is heterogeneous at the nanoscale and the areas with close atomic arrangement can be regarded as solid-like regions, while the areas with sparse atomic arrangement can be regarded as liquid-like regions accompanying with more free volume. When the annealing temperature increases, the excess free volume decreases more rapidly, this helps to increase the proportion of solid-like region, resulting in the increase of the short-range order and the energy required for the transition from glass state to the supercooled liquid state. The concentration of the solid-like region is high enough at the annealing temperature above 403 K, which may have a non-negligible interface interaction with the liquid-like zone [25]. This interaction at the interface may increase the energy of the system and further weaken the degree of enthalpy recovery.

Figure 3f demonstrates that the recovery enthalpy evaluated from DSC curves can be well fitted by the Kohlrausch-Williams-Watts (KWW) function [26]:

$$\Delta H(T_a) = \Delta H_{eq} \Big\{ 1 - \exp\left[-(t_a/\tau)^{\beta} \right] \Big\}$$
(1)

where T_a is the annealing temperature, t_a is the annealing time, ΔH_{eq} is the value of relaxation enthalpy as t_a approaches to infinity and τ is the average time of enthalpy relaxation. β (0 < β < 1) is Kohlrausch exponent, which is inversely proportional to the distribution width of the relaxation time. The correlation coefficient R² of the fitted curve is 0.9992, indicating a high degree of correlation and consistency with the experimental data. According to the fitted curve, the value of ΔH_{eq} is calculated to be 1.75 J/g, τ is 490 s and β is 0.45. The recovery enthalpy after annealing for 240 min is 1.73 J/g, which is similar to ΔH_{eq} , manifesting that the annealing at 393 K for 240 min make this BMG close to the full relaxation state. Qiao et al. have investigated the dynamic relaxation behavior of CuZr-based BMG by mechanical spectroscopy and found that the value of β of this BMG is about 0.5, which is between 0.35 for polymers and 0.7 for oxide glasses [27]. The β value of $(LaCe)_{32.5}Co_{20}Al_{15}$ BMG is also reported to be 0.463 [28], which is similar to the result of this work. However, the β value of La₆₅Al₁₄Ni₅Co₅Cu_{9.2}Ag_{1.8} BMG is much lower than that of $Zr_{55}Cu_{30}Ni_5Al_{10}$ BMG (0.69–0.78) [29], suggesting that the supercooled liquid in La-based BMG is more heterogeneous and shows the enhanced cooperativity of atomic rearrangement in comparison to Zr-based BMG.

The effects of the structural relaxation induced by annealing on micromechanical behaviors of $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG have been investigated by nanoindentation method. Figure 4a,b shows the typical load-depth curves for the as-cast and annealed $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG as well as the variations of the elastic modulus and hardness on annealing time. As shown in Figure 4a, the depth caused by the same load decreases as the annealing time increases, indicating that the annealing leads to the hardening of La-based BMG. It is also confirmed by the measured microhardness of the as-cast and annealed La-based BMGs shown in Figure 4d. The microhardness of La-based BMG annealed

for 240 min is 4.9% higher than that of the as-cast one. The similar phenomenon has been also confirmed in a Ti-based metallic glass [30]. The proportion of liquid-like region during relaxation decreases due to atom movement and the reduction of free volume. This leads to the enhancement of the bonding force between atoms. Otherwise, it can be seen from Figure 4b that the elastic modulus of La-based BMG gradually decreases with extending annealing time. In order to evaluate the plastic deformation behaviors of La-based BMG, the concept of plasticity criterion (R_w) is introduced [31,32]:

$$R_{\rm w} = \frac{h_{\rm f}}{h_{\rm max}} \tag{2}$$

where h_f is the residual depth after unloading and h_{max} is the maximum depth under loading. Figure 4c shows the dependence of R_w on annealing time in La-based BMG annealed at 393 K. The calculated values of R_w steeply drop with the annealing time, indicating the loss of the plasticity in the annealed La-based BMG.



Figure 4. (a) Load-depth curves of $La_{65}Al_{14}Ni_5Co_5Cu_{9,2}Ag_{1.8}$ BMG annealed at 393 K for different time; (b) Variations of elastic modulus (E) and hardness (H) on annealing time; (c) Dependence of plasticity criterion (R_w) on annealing time; (d) Microhardness of $La_{65}Al_{14}Ni_5Co_5Cu_{9,2}Ag_{1.8}$ BMG annealed at 393 K for different time.

The characteristic of displacement mutation, also called serrated flow or pop-in, can be found in the load-depth curves for the as-cast and annealed La-based BMGs. In order to investigate the serrated flow behavior more intuitively, we use the following power law Equation (3) to fit the depth-load curve of the loading stage to obtain the baseline, and then subtract the baseline to get the relation curves based on the depth difference Δh and the load, as shown in Figure 5. The power law equation is introduced [33]:

$$F = ah^b \tag{3}$$

where F is the load, h is the depth, a and b are the constants. The length of the serration can be measured by the difference between the peak value and the valley value, and the maximum value is Δh_{max} . The Δh_{max} value of the sample annealed for 240 min is 12.2 nm, which is 43% less than that of the as-cast one, and the Δh value of the sample annealed for 240 min fluctuates in a narrow range. This means that the long-time annealing improves the degree of structural heterogeneity in La-based BMG.



Figure 5. Variations of the length of serration Δh on the load at the loading stage for the as-cast and annealed La₆₅Al₁₄Ni₅Co₅Cu_{9.2}Ag_{1.8} BMG and the fitted baseline for depth-load curve in the inset: (**a**) as-cast; (**b**) 60 min; (**c**) 120 min; (**d**) 240 min.

The indentation morphology of the as-cast and annealed La-based BMGs shown in Figure 6a–d presents that as the annealing time increases, the number of shear bands around the indentation decreases. The serrated flow behavior is always associated with the activation and propagation of single or multiple shear bands during plastic deformation. The liquid-like region containing a large amount of excess free volume is easy to form shear transformation zone (STZ) under the action of external force. The nucleation of shear band usually takes place in STZ. The annealed BMG undergoes structural relaxation, and the proportion of the liquid-like region decreases, so the degree of structural heterogeneity decreases and it is more difficult for the nucleation of shear band. Since plastic deformation is irrecoverable during nanoindentation, the plastically deformed BMG tends to flow in the opposite direction to the applied pressure, resulting in the accumulation around the indentation surface, corresponding to the area B shown in Figure 6e. With the increase of annealing time, the stacking area reflecting the ability of plastic deformation gradually decreases, which is consistent with the law described in Figure 4c. Otherwise, the partially enlarged view of area A indicated in Figure 6e shows that the maximum indentation depth of the annealed sample is smaller than that of the as-cast one, and once again confirms



that the structural relaxation induced by the annealing leads to the hardening of La-based BMG.

Figure 6. (**a**–**d**) Indentation morphology of the as-cast and annealed $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG: (**a**) as-cast; (**b**) 60 min; (**c**) 120 min; (**d**) 240 min; (**e**) Depth-displacement curves.

4. Conclusions

The effects of annealing temperature and time on thermal stability, enthalpy recovery, and nanomechanical behaviors of $La_{65}Al_{14}Ni_5Co_5Cu_{9.2}Ag_{1.8}$ BMG have been investigated by DSC and nanoindentation. When isochronous annealed at various temperatures from 373 to 403 K for 5 min, the recovered enthalpy increases with the annealing temperature and reaches the maximum value at 403 K. After being annealed in supercooled liquid region, the recovered enthalpy obviously decreases. When isothermal annealed at 393 K for various time, the recovery enthalpy of La-based BMG increases continuously and finally reaches saturation. The relation between the recovery enthalpy and annealing time can be well fitted by KWW function. With extending the isothermal annealing time, the hardness of La-based BMG increases but its plastic deformation ability declines, which can be attributed to the increase of the proportion of solid-like region and the enhancement of homogeneity. This work provides a promising route to develop La-based BMGs with enhanced mechanical and/or thermal properties.

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