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Optimization of A354 Al-Si-Cu-Mg Alloy Heat Treatment: Effect on Microstructure, Hardness, and Tensile Properties of Peak Aged and Overaged Alloy

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Abstract: The aim of the present work is the study of T6 heat treatment of A354 (Al-Si-Cu-Mg) casting alloy. The heat treatment was optimized by maximizing mechanical strength of the alloy while keeping the treatment cost effective, reducing treatment time and temperature. Due to the presence of low melting compounds, a double stage solution treatment was proposed. The first stage was aimed at the homogenization and dissolution of the low melting phase while a second stage at a higher temperature was evaluated to foster dissolution of Cu/Mg rich intermetallics and keep the solution time and temperature as low as possible. Microstructural investigations were performed through optical and electronic microscopy, which allowed the assessment of the evolution of intermetallic phases during the solution treatment. Artificial aging was studied at different temperatures from 160 °C to 210 °C where the peak aging condition was identified. Over aging of the heat treated alloy was evaluated by soaking T6 samples at 200, 245, and 290 °C for up to 168 h. Tensile behavior of the T6 and over-aged alloy (i.e., after soaking at 210 °C for 50 h) was evaluated at room temperature. Results showed that the proposed treatment allowed the enhancement of mechanical properties of the alloy in comparison to industrial practice treatment, maintaining a good level of ductility and conferring a superior resistance to long-term high temperature exposure.

Keywords: A354; Al-Si-Cu-Mg alloys; microstructure; heat treatment; over aging

1. Introduction

Al-Si cast aluminium alloys are commonly used in the transport sector for the production of a large variety of components. Al-Si-Mg alloys, characterized by excellent castability, enable the production of complex-shape parts with high specific strength due to their response to aging treatment. The application field of such alloys is, however, strongly influenced by the component operating temperature: mechanical properties of heat treatable cast Al-Si-Mg alloys (e.g., A356) are, in fact, negatively affected by high temperature exposure (T \geq 200 °C) [1]. As a result of the coarsening of strengthening precipitates generated during artificial aging, a noticeable reduction of hardness and tensile strength occurs at temperatures close to or higher than 200 °C. The more demanding requirements concerning fuel emission reduction or performance enhancement are leading towards engine downsizing design concepts, which induce higher thermo-mechanical loads on engine components.

Aiming to ensure a superior thermal stability to cast aluminium alloys for applications such as diesel engines, copper is added to the traditional Al-Si-Mg alloys [2–9]. The concomitant presence of both copper and magnesium in Al-Si-Cu-Mg alloys enables the precipitation of more stable Cu-based intermetallic phases, which confers to the T6 alloys an increased thermal stability in comparison to



traditional Al-Si-Mg alloys. Further than β (Mg₂Si) and θ (Al₂Cu) precipitates, present in ternary Al-Si-Mg and Al-Si-Cu alloys, the quaternary Q phase (whose general stoichiometry is Al₅Cu₂Mg₈Si₆) is found in Al-Si-Cu-Mg alloys [7,10]. As recently investigated by Farkoosh et al. [7], this phase is expected to give the most relevant contribution to thermal stability enhancement since it is the only age-hardening phase stable after soaking at 300 °C for 100 h [7].

Aiming to exploit the full potential of Al-Si-Cu-Mg alloys, the optimization of the T6 heat treatment is crucial and needs to be addressed for each specific alloy composition by defining proper solution treatment parameters and artificial aging conditions. The present work aims to investigate the optimization of T6 heat treatment for the A354 (Al-Si-Cu-Mg) alloy, which is employed for the production of cast engine components and aims to maximize hardness and tensile properties while maintaining the treatment cost-effective. The study took into consideration the incipient melting of Cu-based phases, which are known to characterize quaternary Al-Si-Cu-Mg alloys and require particular care in defining solution treatment parameters [4,11,12]. Microstructural evolution during solution treatment, aging and over aging of the alloy were investigated as well as the mechanical behavior of the alloy heat treated according to the optimized treatment parameters.

2. Materials and Methods

2.1. Castings Production

Commercial A354 alloy was melted in an induction furnace at 750 °C under Ar atmosphere. Strontium was added in the form of Al-Sr10 master alloy (300 ppm) with the aim to refine and spherodize the eutectic Si. The melt was electromagnetically stirred and poured in a permanent steel die pre-heated at 300 °C. From the cast ingot, cylindrical bars for experimental activities were obtained. The chemical composition of the cast A354 alloy was evaluated by Glow Discharge Optical Emission Spectroscopy (GDA-650 GDOES: Spectruma Analytik GmbH, Hof, Germany). Results are reported in Table 1. The average value of the Secondary Dendrite Arm Spacing (SDAS) and aspect ratio of eutectic silicon particles were calculated through optical microscopy (Axio Imager Optical Microscope: Zeiss, Oberkochen, Germany) by image analyses.

Table 1. Chemical composition (wt.%) of A354 alloy measured on the castings by GDOES.

Si	Cu	Mg	Fe	Mn	Ti	Al
8.608	1.746	0.467	0.113	0.003	0.122	Bal.

2.2. Heat Treatment Optimization

From the cast bars, small blocks of $10 \times 10 \times 6 \text{ mm}^3$ were cut for optimizing solution heat treatment and artificial aging conditions. T6 heat treatment optimization was carried out in the following steps.

(i) Solution treatment optimization—1st stage

Differential thermal analysis (DTA) was performed on the as-cast A354 alloy in order to evaluate the presence of low temperature melting compounds. The analyses were carried out in Ar gas from room temperature to 700 $^{\circ}$ C, at 10 $^{\circ}$ C/min heating rate using samples of about 20 mg. This analysis defined the temperature of the first solution treatment stage (495 $^{\circ}$ C).

A354 samples were then solution-treated at 495 °C for different times (30 min, 4, 5, and 6 h). DTA analyses were then carried out on the solution treated samples in order to verify the minimum time required for the homogenization and dissolution of the polinary eutectic phase, defining the time-temperature conditions of the first solution stage. Some samples were quenched in hot water (60 °C) after solution treatment and then aged at a fixed condition (200 °C—2 h) in order to evaluate the hardness increase obtained through the first solution stage.

(ii) Solution Treatment Optimization—2nd Stage

Samples were solution treated as previously defined. Then the temperature was raised to 515 or 530 °C and kept constant for 2, 4, 6, and 8 h. After solutioning, samples were quenched in hot water (60 °C) and aged at a fixed condition (200 °C—2 h). The aim was to evaluate the condition that maximizes hardness while keeping at a minimum both the solution time and the temperature.

(iii) Artificial Aging Optimization

Samples were solution treated at the optimized conditions, quenched in hot water (60 °C), and then artificially aged at different temperatures (160, 180, 190, 200, and 210 °C) and times (from 1 to 48 h). The optimal aging condition was defined as the time-temperature combination maximizing the hardness of the alloy.

The optimized heat-treated condition for A354 alloy is hereafter referred to as T6*. In all the above mentioned experimental steps, samples were subjected to Brinell hardness measurement, according to the ASTM E10-08 standard [13], by using a load of 62.5 kg and a steel indenter with a 2.5 mm diameter (HB10 scale).

Microstructural analyses were carried out by Optical Microscopy (OM) and Scanning Electron Microscopy equipped with Energy Dispersive X-ray Spectroscopy (Evo-50 SEM: Zeiss, Oberkochen, Germany) on prepared specimens. Metallographic preparation was performed by chemical etching the grinded and polished specimens with 0.5% HF solution.

Over aging behaviour of the alloy was evaluated by subjecting T6* treated samples to soaking at 200, 245, and 290 °C for times ranging from 10 min to 168 h. After extraction from the furnace at prefixed times, hardness measurements were carried out (by calculating the average of at least five measurements for each condition), which allows the provision of the over aging curves. This also represents the variation of hardness with soaking time at the different temperatures. A comparison with an A356-T6 over aging curve at 200 °C was also carried out. The A356 is one of the most widely used Al-Si-Mg alloy for cast engine components.

2.3. Mechanical Characterization

Round dog-bone tensile specimens ($L_0 = 25 \text{ mm}$, gauge diameter $d_0 = 5 \text{ mm}$) were machined from A354 cast ingots subjected to Hot Isostatic Pressing (HIP) to eliminate internal porosity. Tensile specimens were then heat treated, according to the optimized treatment parameters (T6*). Some of them were also over-aged for 50 h at 210 °C. Both T6* and over-aged samples were subjected to tensile tests carried out at room temperature on a servo-hydraulic testing machine, according to Reference [14]. For each investigated condition, three specimens were tested. Tensile properties were derived from the data acquisition system and calculated as the average of the three tested samples. The mechanical behavior of the A354-T6* alloy was compared both to that of the A354 alloy heat treated sample, according to an industrial practice treatment, which is hereafter referred to as A354-T6 (solution treatment at 515 °C for 10 h, quench in water at 60 °C and artificial aging at 210 °C for 6 h) and to the T6 heat treated C355 (AlSi5Cu1Mg0.5) alloy (solution treatment at 530 °C for 24 h, quench in water at 60 °C and artificial aging at 180 °C for 6 h). For comparison, tensile data of A354-T6 and C355-T6 alloys refer to samples characterized by similar SDAS values ($\sim 20-25 \mu m$) and similarly obtained from HIPped castings. For A354-T6 and C355-T6 alloys, the over aging condition was set to 41 h at 210 °C. A detailed microstructural and mechanical characterization for such alloys can be found elsewhere [8,9]. Fractographic analyses were carried out on tensile fracture surfaces by means of SEM-EDS, which aim to assess the mechanisms of failure.

3. Results and Discussion

3.1. Heat Treatment Optimization

(i) Solution Treatment Optimization—1st Stage

The microstructure of the as-cast A354 alloy consists of α -Al dendrites surrounded by eutectic silicon particles (Figure 1a). The average SDAS value of the as-cast alloy calculated by image analyses on optical micrographs was equal to $25 \pm 3 \mu m$, which corresponds to the typical value of permanent mold gravity products. The effect of chemical modification by Sr addition is reflected in the morphology of eutectic silicon particles, which are mostly fibrous and well modified (Figure 1b) and are characterized by an average aspect ratio of 2.3. Some irregular particles at the interface with the α -Al matrix were also observed (Figure 1b, black arrows), as a possible result of back diffusion during the cooling from the dendrites to the pre-existing Si particles, which was previously reported by Sjölander [15]. Several intermetallic phases were found in the interdendritic regions (Figure 1b, white arrows) whose chemical composition was investigated through SEM-EDS (Figure 2).



Figure 1. Optical micrographs of the as cast A354 alloy: (**a**) dendritic structure surrounded by eutectic silicon particles and (**b**) higher magnification image showing coarse intermetallics formed during solidification (white arrows) and eutectic Si particles, partially unmodified (black arrows).

The most common intermetallic phase identified in the as-cast microstructure was the θ -Al₂Cu present in two different morphologies including blocky (indicated as θ_b , Figure 2a) or eutectic (indicated as θ_e , Figure 2b) [16,17]. Quaternary Q particles were also identified and appear as regular blocks characterized by smooth borders (Figure 2a). Q particles, characterized by a chemical composition consistent with the most widely accepted one, i.e., Al₅Cu₂Mg₈Si₆ [3,17–19], were often observed in combination with θ -Al₂Cu phases (Figure 2c). This occurrence should be ascribed to the fact that these phases are formed during the final eutectic reaction during solidification [3,17]. Differential thermal analyses (DTA) carried out on the as-cast material revealed a low melting compound (Figure 3a), which was characterized by the onset of the reaction at ~507 °C and peak at ~509 °C (Figure 3b). The corresponding reaction should be ascribed to the following transformation [1,20].

$$\alpha(Al) + Al_2Cu + Si + Al_5Cu_2Mg_8Si_6 \rightarrow L$$
(1)



Figure 2. SEM images of typical intermetallic particles observed in the A354 as cast alloy: (**a**) different Cu-based intermetallics (blocky θ -Al₂Cu, indicated as θ_b and Q) and Fe-based particles (β -Al₅FeSi, π -Al₈Mg₃FeSi₆). (**b**) θ -Al₂Cu phase with eutectic morphology indicated as θ_e . (**c**) θ -Al₂Cu phase associated with the Q phase. EDS spectra of (**d**) Q and (**e**) θ phases in Figure 2c and readapted from Reference [21].



Figure 3. Differential thermal analyses (DTA) carried out on the as-cast A354 alloy, (**a**) highlighting the presence of a low melting compound at 509 °C. (**b**) The incipient melting reaction readapted from Reference [21].

The presence of a low melting phase is widely reported for high Cu content alloys (>2 wt.%) [12,22,23] while low Cu alloys are not always observed to present this endothermic peak [22]. In spite of this, a first low-temperature solution stage is indicated by some authors for such alloys, which is consistent with the presence of the mentioned peak [19,24,25]. The maximum affordable solution temperature depends on alloy specific composition and the solidification rate influencing microstructural fineness

and segregation of intermetallic phases [26]. Experimental results of the present work suggest not to exceed during the solution heat treatment of the investigated alloy, the onset temperature of reaction (1), which aims to avoid incipient melting of the casting. A double stage solution treatment was, therefore, adopted. The first stage aimed to dissolve the low melting phase and the second one to maximize the dissolution of alloying elements (i.e., Cu and Mg) in the α -Al, which makes them available for precipitation hardening during artificial aging. On the basis of DTA results, the first stage temperature was set to 495 °C.

In order to determine the needed time to dissolve the low melting phase, several A354 cast samples were subjected to solution heat treatment at 495 °C from 30 min to 6 h and then to differential thermal analyses. Thermal diagrams, reported in Figure 4, show that the endothermic peak at 509 °C remains unmodified after 30 min of solution treatment while gradually diminishing its amplitude after 4 and 5 h of treatment. After 6 h at 495 °C, the peak disappears.



Figure 4. Differential thermal analyses (DTA) carried out on A354 samples solution treated at 495 °C for 30 min, 4, 5, and 6 h (from room temperature to 700 °C in Ar gas, heating rate 10 °C/min), which shows the dissolution of the low melting phase after 6 h. This was readapted from Reference [21].

It is, therefore, inferred that a first 6 h solution stage at 495 °C is needed to take into the solution the quaternary eutectic, allowing to subject the alloy to a second solution stage at a higher temperature. Optical micrographs of samples solution treated at 495 °C for 2 and 6 h are reported in Figure 5a,b, respectively. While θ -Al₂Cu particles after 2 h of treatment are unmodified if compared to the as-cast microstructure (Figure 5a), they undergo fragmentation and almost completely dissolve after 6 h of treatment. Some Al₂Cu particles partially undissolved were still observed (Figure 5c, white arrow). This observation was confirmed by SEM-EDS analyses. After 6 h, in particular, only negligible traces of eutectic Al₂Cu were found with small blocky θ particles (Figure 5d). The different dissolution behavior between eutectic and blocky particles was observed in the study of Han et al. [17] who argued that, due to the shape of the particle, dissolution of eutectic Al₂Cu goes on by necking of the intermetallic in several points of the particle length, successive breaking into smaller fragments, and final spherodization/dissolution. Blocky phases, on the contrary, undergo gradual dissolution of the entire particle. Therefore, this requires higher times and temperatures for complete dissolution.



Figure 5. Optical and SEM images of A354 samples solution heat treated at 495 °C for (**a**,**b**) 2 h and (**c**,**d**) 6 h, show the different dissolution behavior of eutectic (θ_e) and block-like (θ_b) Al₂Cu particles; partially readapted from Reference [21].

Both π -Fe and Q phases were observed after the first solution stage. The tendency of Q phases to dissolve or not is reported to be strongly dependent on microstructural coarseness: Sjölander [15] observed a decrease in the area fraction of Q phases after 3 h of solution at 495 °C for an Al-Si-Cu-Mg alloy with 3 wt.% Cu characterized by 9 µm SDAS while no variation in the area fraction covered by Q particles was observed in coarser microstructures (24 and 49 µm SDAS, respectively). In general, however, there is controversy in literature about its stability [17,19,22,27–30]. Different studies reported the Q phase to be completely dissolved and partially or completely undissolved depending on several factors such as: chemical composition (Cu/Mg ratio), solution parameters (time/temperature), thermodynamic stability and kinetics of dissolution. In the present investigation, where Cu/Mg is ~3.7, no remarkable dissolution of Q particles was registered after the first solution stage at 495 °C.

(ii) Solution Treatment Optimization—2nd Stage

In view of the previous analyses, a new set of A354 samples was solution treated at 495 °C for 6 h, then to a second solution stage, at 515 or 530 °C for times ranging from 2 to 8 h. SEM-EDS analyses on treated samples allowed to observe that, after 2 h at the lowest temperature (i.e., 515 °C), only a very small amount of Al₂Cu particles remained, as a result of dissolution of both eutectic and blocky particles (Figure 6a). The size of remaining Al₂Cu particles, however, was generally even too small (less than 1 μ m) for clear identification by EDS analyses. Same findings were reported by observing samples treated at 515 °C for longer solution times. No relevant difference between samples treated at 530 °C and 515 °C was appreciated by SEM in terms of Al₂Cu particles dissolution.



Figure 6. SEM images of A354 samples subjected to double stage solution treatment: 495 °C—6 h, then 515 °C—2 h (**a**), and 530 °C—8 h (**b**), which is readapted from Reference [21].

Regarding other Cu/Mg bearing phases such as π -Fe and Q particles, it was observed that (i) π -Fe were apparently unaffected by high temperature solution treatment since they remained present also after solution treatment at 530 °C for 6 h. (ii) Q phases were still observed, even if characterized by decreasing average size, because of partial dissolution induced by a high temperature solution treatment. The persistence of π -Fe after solution treatment is generally well documented and observed by different authors such as Taylor et al. and Mbuya et al. [31-33]. A complete particles dissolution is thought to be unlikely due to the low solid solubility of Fe in the Al matrix. Nevertheless, transformation of iron intermetallics from one phase to another, partial fragmentation, or spherodization is also reported [31–34]. A slight variation in β -Fe needles morphology was observed especially in samples solution treated at 530 °C, which are Fe-based particles characterized by rounded edges (Figure 6b). Dissolution phenomena induced by a high temperature solution treatment may have contributed to this occurrence. Concerning Q particles from experimental data, it is possible to affirm that, at the considered solution treatment conditions and for an alloy characterized by 1.7 wt.% Cu and ~3.7 Cu/Mg ratio, the Q phase was only partially dissolved by solution treatment. The evolution of the average area fraction of intermetallics particles (IM), calculated on SEM images, well reflects this scenario (Figure 7). The IM area fraction remarkably decreases from 1.30% in the as-cast condition to 0.88% after 6 h at 495 °C due to the dissolution of θ -Al₂Cu phase. By increasing the solution temperature to 515 °C and 530 °C, a further, limited decrease of intermetallics fraction was registered up to the minimum value of IM = 0.61% after 8 h at 530 °C due to the partial dissolution of the Q phase.

Hardness of the alloy was evaluated after solutioning at 515 °C and 530 °C, quenching and artificial aging at a fixed condition including 200 °C for 2 h (Figure 8) in order to define the treatment condition enabling the maximum increase of mechanical strength after aging while maintaining the solution temperature and time as low as possible. The as-cast alloy presented a hardness of 79 HB, which remarkably increased after the first solution stage (495 °C–6 h) and aging, to 115 HB, thanks to Cu made available by dissolution of θ -Al₂Cu. By the second stage solution treatment (at 515 °C or 530 °C), a further hardness increase was observed in all the investigated conditions due to the further dissolution of Cu/Mg, which strengthens precipitates during subsequent artificial aging. No remarkable difference was registered in the hardness of samples solution treated at 515 °C and 530 °C, which reflects no appreciable microstructural variations observed by SEM. From this experimental study, it is, therefore, possible to affirm that the different double stage solution conditions lead to similar hardness values ranging from 130 to 135 HB. In view of this, in order to keep the treatment cost-effective, the lowest temperature and time (namely 515 °C–2 h) were chosen for optimization of the second stage solution treatment.



Figure 7. Average area fraction of intermetallics (IM) [%] calculated by SEM image analyses on A354 samples in different heat treatment conditions (as-cast, after the first solution stage at 495 °C, and after different second solution stages at 515/530 °C). This is re-adapted from Reference [21].



Figure 8. Hardness of A354 alloy in the as-cast condition, after solution treatment at 495 °C–6h, and after Double Stage (DS) solution at 495 °C–6 h + 515/530 °C–2/8 h, which is followed by hot water quenching (60 °C) and artificial aging at 200 °C–2 h. This is readapted from Reference [21].

(iii) Artificial Aging Optimization

Figure 9 shows aging curves of A354 alloy obtained by evaluating the evolution of Brinell hardness by aging the alloy at 160, 180, 190, 200, and 210 °C for times up to 48 h after the optimized solution treatment (495 °C–6 h + 515 °C–2 h), which is followed by water quenching (60 °C) [21]. Despite that the aging behavior of ternary Al-Si-Mg alloys has been widely investigated, the knowledge of age hardening of Al-Si-Cu-Mg alloys is not similarly investigated, probably due to the intrinsic complexity of the precipitation sequence regarding β (Mg₂Si), θ (Al₂Cu), and Q (Al₅Cu₂Mg₈Si₆) phases. Observing the A354 aging curves in Figure 9, it is clear that the aging temperature plays an important role on precipitation hardening. Similarly to what has been observed by other studies, by increasing the aging temperature, the time required to reach the peak is reduced [24,35] and, with the exception of 160 °C, the peak hardness is generally reduced [30,36,37]. At 160 °C aging temperature, the lowest investigated temperature, a slow initial hardness increase from the as cast condition is registered as a result of the low rate of atomic diffusion related to this temperature. At 160 °C, the peak hardness (~133 HB) is reached after 18 h. At higher aging temperatures, i.e., 180 °C and 190 °C, precipitation kinetics are faster and result in a shorter time to peak hardness, which is similar for both temperatures (~136 HB) reached after 6 and 4 h of aging at 180 °C and 190 °C, respectively. Correspondingly, an increase of the initial slope of the curves occurred by raising the aging temperature from 160 °C to 180–200 °C. By further increasing the aging temperature, diffusion mechanisms are further accelerated, which results in a remarkably steep initial slope at 210 °C. In this condition, the time to peak hardness (~135 HB) is clearly decreased (~90 min). The aging temperature influences the hardness evolution after the peak condition. At the lowest temperatures (160 °C and 180 °C), once the peak is reached, the alloy hardness reaches a plateau, which remains basically constant.



Figure 9. Aging curves of A354 alloy show the evolution of Brinell hardness with aging time. The samples were solution treated at 495 °C–6 h, then 515 °C–2 h, water quenched (60 °C) and aged at 160, 180, 190, 200, and 210 °C for up to 48 h, (**a**) Focus on the first aging hours (**b**). This is readapted from Reference [21].

On the other hand, at higher temperatures (190–210 °C), once the peak is reached, hardness decreases. At 210 °C, a remarkable loss of hardness (about 10 HB) was registered 2 h after the peak condition. Such a hardness decrease should be ascribed to the over aging phenomenon, which involves coarsening of strengthening precipitates (Ostwald ripening) at the expenses of smaller ones [38,39]. In addition, the presence of double aging peaks is reported in the literature for temperatures higher than 175 °C. This behavior, reported by Li et al. [36], in an alloy with similar composition was related by the authors to the precipitation sequence in particular for the formation of GP zones and metastable particles, respectively. In the current investigation, no clear evidence of this phenomenon was observed. On the basis of the experimental data, the highest hardness value, 136 HB, is reached by aging at 180 °C and 190 °C for 6 and 4 h, respectively. Despite aging to the peak at 190 °C, aiming to prevent from over aging, which occurred after the peak at 190 °C.

3.2. Overaging of the A354-T6 Alloy

Figure 10 shows the over aging curves of A354-T6* alloy, which are meant to assess the loss of hardness from the peak condition because of exposure at temperatures higher than the peak aging one (200, 245, and 290 °C). At 200 °C, close to the aging temperature (180 °C), the loss of hardness is gradual; after 168 h at 200 °C, a decrease of 25% hardness with respect to the peak aging condition (136 HB) was registered. For comparison, the 200 °C over aging curve of the A356-T6 ternary (Al-Si-Mg) alloy is plotted. It is interesting to note that the two alloys present a remarkably different behavior. While the A354 alloy maintains a certain stability after 48 h of over aging with a hardness decrease of about 15%, A356 underwent a more consistent hardness loss, of about 35%. After 7 days soaking at 200 °C, hardness of the A356 further decreases to the minimum value of 52 HB, corresponding to a loss of 52% with respect to the initial value. In the same condition, A354 is still characterized by 102 HB, which corresponds to a 25% decrease with respect to the peak condition.



Figure 10. Over aging curves of the A354-T6* alloy carried out at 200, 245, and 290 °C. For comparison, the curve of A356-T6 alloy overaged at 200 °C is also presented. The data is from Reference [21].

This confirms the beneficial effect of Cu addition on the thermal resistance of Al-Si-Mg alloys: as recently investigated by Farkoosh et al. [7], the presence of Cu induces the formation of quaternary Q precipitates. Such phases were reported by the authors to be the only age-hardening phases remaining stable after soaking the investigated Al-7Si-0.5Cu-Mg alloy at 300 °C for 100 h, while θ -Al₂Cu precipitates are dissolved due to their thermodynamic instability at this temperature [7,40]. At higher over aging temperatures, kinetics of diffusion is enhanced and a more pronounced hardness drop is registered in the first 10 h of high temperature soaking, especially by over aging at 290 °C. At both these temperatures, after ~24 h, the hardness reaches a sort of plateau, which is basically maintained for increasing exposure times. After soaking at 245 and 290 °C for 168 h, a decrease of hardness of 42% and 53% was registered for A356 alloy (equal to 52 HB) is lower than the residual hardness of the A354 alloy subjected to over aging at 290 °C for equal time (64 HB), as a further confirmation of the superior resistance of quaternary alloys to long-term exposure at a high temperature.

3.3. Mechanical Characterization

The results of tensile characterization of A354-T6* alloy are summarized in Figures 11 and 12 where ultimate tensile strength (UTS), yield strength (YS), and elongation to failure (E%) are compared to those of the same alloy heat treated according to industrial practice (A354-T6) and to the C355 heat treated alloy (C355-T6) [8,9]. With respect to the industrial treatment, an enhancement of tensile properties at room temperature was observed for A354-T6* alloy: UTS and YS increased about 10% and 5%, respectively. It is thought that this increase was mainly related to the optimization of artificial

aging phase carried out at 180 °C for 6 h while aging treatment of industrial practice (210 °C for 6 h) likely induced an overaged condition, which is also depicted by the over aging curves obtained in the present study. It is interesting to point out that, in the industrial heat treatment condition, the A354 alloy presented lower UTS and similar YS in comparison to the C355 alloy despite its higher Cu and Si contents. An enhanced exploitation of such alloying elements for inducing precipitation hardening through heat treatment was achieved by optimizing the heat treatment. The A354-T6* alloy is characterized by a good level of ductility at room temperature since elongation to failure is about 5%. Nevertheless, being the increase of tensile properties at the expenses of ductility, a slight decrease of elongation to failure was registered for the A354-T6* alloy in comparison to the A354-T6 (~5% vs. ~6%). This behavior should be ascribed to the increase in mechanical strength induced by the optimized heat treatment parameters, which is known to be at the expenses of ductility. The lower Si content and higher α -Al matrix fraction present in C355 alloy lead, similarly, to an increased elongation to failure, which is about two fold that of the A354 alloy (~10% vs. ~5%).



Figure 11. Tensile properties of A354-T6*, A354-T6, and C355-T6 alloys at room temperature in the artificial aging condition, readapted from Reference [21].



Figure 12. Tensile properties of A354-T6*, A354-T6, and C355-T6 alloys at room temperature in the overaged condition. After heat treatment, the alloys were subjected to soaking at 210 $^{\circ}$ C for 50 h (A354-T6*) and 41 h (A354-T6 and C355-T6), which is readapted from Reference [21].

The mechanical behavior of the A354 alloy in the overaged condition was investigated in the two different heat treatment practices at equal residual hardness (~112 HB) in order to verify if,

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after a longer high temperature exposure at 210 °C for A354-T6* alloy (50 h vs. 41 h for A354-T6* and A354-T6, respectively), similar mechanical properties were maintained. Experimental results showed that, in the optimized heat treatment condition, the A354 alloy maintains the same mechanical properties (UTS = 324 MPa, YS = 269 MPa) for longer over-aging duration. Only small differences in elongation to failure were registered between the over-aged A354-T6* and A354-T6 alloys (3.3 vs. 4.8%, respectively). After over-aging, the lower thermal stability of the C355 alloy was assessed in comparison to the A354 alloy independently of the heat treatment condition. It is thought this is due both to the lower Cu content of the C355 alloy, which is responsible for the formation of coarsening resistant quaternary precipitates through artificial aging, and to the lower amount of the eutectic Si phase, which contributes to retaining mechanical strength at elevated temperatures and somewhat hindering the plastic flow.

3.4. Fractographic Analyses

Representative fracture surfaces of T6^{*} and over-aged A354 tensile samples are reported in Figure 13. No noticeable differences in surface morphology was registered between T6^{*} and overaged samples, which is characterized by typical ductile appearance. Small-sized and homogeneously distributed dimples developed around Si eutectic particles were observed in both tensile testing conditions as a result of the uniform plastic deformation, which characterizes this kind of microstructure. Fracture mechanisms involved in the deformation process start by cracking the eutectic Si and intermetallic particles due to development of high internal stresses in the particles ascribed to load transfer from the soft α -Al matrix to the hard phases. As a result, intra-particles microcracks (small voids) are generated and grow until some adjacent voids join together, forming large microcracks. The growth of microcracks continues with further particle cracking, causing rapid linking of voids and final fracture [41–43].



Figure 13. SEM micrographs of representative tensile fracture surfaces of A354-T6* alloy at (**a**) low and (**b**) high magnification.

4. Conclusions

The present work aimed to optimize the heat treatment parameters for A354 alloy, which is an Al-Si-Cu-Mg casting alloy employed for the production of engine cast components, in view of its high Cu content (~1.5 wt.%). This ensured an enhanced over-aging behavior in comparison to the more widely used ternary Al-Si-Mg alloys (e.g., A356, A357). As optimization criteria, heat treatment parameters were determined to ensure the maximum mechanical strength (in terms of HB, UTS, YS, maintaining good levels of ductility) while keeping at a minimum both the temperature and the time of treatment for industrial feasibility. The main conclusions are summarized below.

- In order to avoid incipient melting during the solution treatment, a first solution stage consisting in 6 h at 495 °C was required to dissolve the low melting compounds. A second solution stage at higher temperature (515 °C–2 h) was defined both to maximize hardness enhancement by bringing into the solution Cu and Mg in the α-Al and making them available for artificial aging while maintaining treatment time and temperature as limited as possible. The quenching condition was kept fixed (water at 60 °C).
- The peak hardness for the A354 alloy (136 HB) was obtained after artificial aging for 6 h at 180 °C after the double stage solution treatment and quenching.
- Over aging curves highlighted the superior thermal stability of the quaternary A354 alloy in comparison to the ternary A356 alloy on account of the beneficial effect of Cu addition. Such behavior is related to the presence of Cu-based Q quaternary precipitates induced by heat treatment in Al-Si-Cu-Mg alloys, which are reported in the literature to possess higher coarsening resistance in comparison to β-Mg₂Si and θ-Al₂Cu phases found in ternary alloys.
- Compared to an industrial practice heat treatment, the proposed double stage heat treatment conferred to A354 alloy enhanced hardness and tensile strength at room temperature (HB, YS, UTS) while maintaining a good level of ductility. In addition, benefits in terms of high temperature (210 °C) exposure resistance were registered.

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