



Article

The Rise of Office Design in High-Performance, Open-Plan Environments

Christhina Candido 1,*, Prithwi Chakraborty 2 and Dian Tjondronegoro 2

- Sydney School of Architecture, Design and Planning, The University of Sydney, Sydney, NSW2006, Australia
- School of Business and Tourism, Southern Cross University, Lismore, QLD4225, Australia; prithwi.chakraborty@scu.edu.au (P.C.); dian.tjondronegoro@scu.edu.au (D.T.)
- * Correspondence: christhina.candido@sydney.edu.au

Received: 28 March 2019; Accepted: 21 April 2019; Published: 23 April 2019



Abstract: This study aimed to identify key drivers behind workers' satisfaction, perceived productivity, and health in open-plan offices while at the same time understanding design similarities shared by high-performance workspaces. Results from a dataset comprising a total of 8827 post-occupancy evaluation (POE) surveys conducted in 61 offices in Australia and a detailed analysis of a subset of 18 workspaces (n = 1949) are reported here. Combined, the database-level enquiry and the subset analysis helped identifying critical physical environment-related features with the highest correlation scores for perceived productivity, health, and overall comfort of the work area. Dataset-level analysis revealed large-size associations with spatial comfort, indoor air quality, building image and maintenance, noise distraction and privacy, visual comfort, personal control, and connection to the outdoor environment. All high-performance, open-plan offices presented a human-centered approach to interior design, purposely allocated spaces to support a variety of work-related tasks, and implemented biophilic design principles. These findings point to the importance of interior design in high-performance workspaces, especially in relation to open-plan offices.

Keywords: open-plan offices; post-occupancy evaluation; perceived productivity; satisfaction; design

1. Introduction

Since its adoption by large corporations, open-plan offices have received their fair share of criticism. Anecdotal evidence of the failures of open-plan offices coming from all corners of the industry has accumulated over the decades, and there is little doubt about the polarizing effect that the concept has among workers. Within academia, several research publications have been devoted to the topic, and this number is on the rise—a search on Scopus shows that the number of papers published with "open-plan office" as part of the title, abstract, or keywords in 2018 (n = 60) was 15 times higher than in 1999 (n = 4). When organized by the number of citations, in the top 30 papers published since 1999, the most common focus of investigations in decreasing order was indoor environmental quality (IEQ) (excluding acoustics), acoustics, and way of working.

When it comes to indoor environmental quality (excluding acoustics), the most highly cited papers found on our Scopus search mapped issues around personal control [1], lighting [2,3], exposure to daylight [4], and control systems and technology [5–7]. Some of these papers also attempted to understand links between IEQ and satisfaction [8–10], performance/perceived productivity [2,11], job satisfaction [12], and energy conservation [13]. Combined, the papers have consolidated a significant body of knowledge about occupants' dissatisfaction indoors. A combination of methods, including subjective questionnaires and objective measurements in situ, has been deployed when evaluating occupants' perception and indoor environmental quality performance. Perceived productivity within workspaces has also been extensively documented. What these papers normally overlook is the

Buildings 2019, 9, 100 2 of 16

physical configuration of the space where the data was collected, with open-plan being used as a blanket term to describe workspaces, which has limited the ability to understand how specific interior design features may, if at all, be linked to poor satisfaction results found in subjective and/or objective assessments.

For acoustics, the most highly cited papers were devoted to understanding issues around balancing privacy and communication [14,15], speech intelligibility [16], and predictive models [17], which were noted as well-known weaknesses of open-plan offices. Papers have also been aimed at proposing new measurement methods [18] as well as linking noise with performance [19–21] and concentration levels [22] in open-plan offices. Recent research on acoustic-related issues is undoubtedly promising, especially when considering that this IEQ dimension has been strongly linked to major productivity losses in open-plan offices. A move from traditional lab-based experiments to research conducted in situ is also noted, which is necessary, considering the several confounding variables influencing occupants' perception indoors. Research on partitions and other physical and non-physical barriers to assist with poor-acoustic performance has also been welcomed by academia and industry. On this point, investigating interior design seems like a logical step in this field of research, especially its strategic use to address acoustic-related issues in open-plan offices.

When shifting the attention to the way of working, most highly-cited papers focused on the flexible office [23], configuration of the space [24], employees' attitudes [25], and coworking [26]. This fascinating field of research, although not new, has been gaining momentum in academia and industry due to the significant changes observed in corporate real estate worldwide over the last decade. Perhaps, out of the three most highly cited papers investigated here, way of working is the topic with stronger links and evidence in terms of the design of offices. That said, traditionally, research published within this field shows a heavy reliance on one-off case studies within one organization, which has limited the possibility of in-depth investigations and generalization of results.

The majority of papers found in this Scopus search point to several shortcomings of open-plan offices, sometimes suggesting solutions to address dissatisfaction. However, only a few have attempted to explore key drivers behind occupants' satisfaction and how open-plan offices can be improved, if at all, to achieve this goal. With the rapidly increasing numbers of people working in open-plan offices every day around the globe, it is time to focus on harvesting evidence from success stories, with the intention of potentially replicating solutions that have yielded high-satisfaction results. To this end, this study aimed to identify key drivers behind workers' satisfaction, perceived productivity, and health while at the same time identifying critical physical environment-related features shared by high-performance, open-plan offices. To this end, this paper reports findings from a total of 8827 post-occupancy evaluation (POE) surveys conducted in 61 high-end offices in Australia. This database-level enquiry led to a detailed analysis of a subset of 18 high-performance workspaces (n = 1949). Results from data collected during site visits and fit-out specific features plus floor plan analysis of the offices were also included, providing the context needed to understand design-related choices shared by the subset of high-performance offices. By combining occupant survey responses with fit-out information, this paper aims to push the industry towards workspace design solutions that are adequate for open-plan, high-performance offices.

2. Materials and Methods

This paper presents results from research investigations conducted in Australian open-plan offices under the SHE (Sustainable and Healthy Environments) umbrella. This research platform focuses on how the design of indoor and outdoor environments can be harnessed to deliver satisfaction, health, and productivity. This multidisciplinary platform brings together experts from architecture, IT, and health science to develop collaborative investigations in Australian indoor and outdoor environments.

Under the SHE umbrella and for this paper, POE surveys were conducted with the BOSSA (Building Occupant Survey System Australia) Time-Lapse tool. Developed and managed by The University of Sydney and the University of Technology Sydney, the BOSSA Time-Lapse tool is endorsed

Buildings 2019, 9, 100 3 of 16

by the National Australian Built Environment Rating System (NABERS), Green Building Council of Australia (GBCA), New Zealand Green Building Council (NZGBC), and the WELL Building Standard. Organizations volunteer to use POE surveys, mostly driven by the requirements of these tools.

The POE questionnaire includes background questions addressing participants' gender, age, type of work, time spent in buildings, workspace arrangement and modules focusing on spatial comfort, individual space, indoor air quality, thermal comfort, noise distraction and privacy, visual comfort, personal control, building image, and overall occupant satisfaction. Workers rate their satisfaction on a seven-point scale (1 = lowest rating; 4 = neutral, and 7 = highest rating). For full questionnaire details, please refer to Reference [27]. The web-based questionnaire takes less than 15 minutes to be completed by occupants.

For this paper, results concentrate on database-level analysis of a total 8827 POE surveys collected from 61 offices. In addition to POE surveys, floor plans and fit-out specific information were also collected from all workplaces investigated, along with site-visits from researchers. Structured notes were taken about the physical configuration of the space, including the presence of use of biophilic concepts and green features, such as vertical gardens and walls. This information aimed to provide the context for the interpretation of results from the POE surveys.

Out of 47 main POE survey questions, 28 were used as input, and 3 were used as output variables for the experimentation. Survey questions used as input variables are based on the work area; spatial, visual comfort, and thermal comfort; individual space; indoor air quality; noise distraction and privacy; personal control; connection to outdoor environment; and building image and maintenance. The output variables are the general survey questions on perceived productivity, health, and overall comfort of the work area. Table 1 lists all the 31 variables used in this work.

Table 1. BOSSA (Building Occupant Survey System Australia) Time-Lapse post-occupancy evaluation (POE) questionnaire items used as input and output (first 3) variables.

Type	Abbreviation	Variables	Questions		
	-	Perceived productivity (Output variable)	How does your work area influence your productivity?		
General	-	Health (Output variable)	How does your work area influence your health?		
	-	Overall comfort of the work area (Output variable)	All things considered, how satisfied are you with the overall comfort of your normal work area?		
Work area	OL	Office layout	Which of the following best describes your normal work area? 1–2: private office, 3–4: open-plan office 6: other.		
	SB	Space for breaks	This building provides pleasant spaces (e.g., indoor or outdoor green space, break-out areas) for breaks and relaxation.		
	WA	Work area aesthetics	Please rate your satisfaction with the visual aesthetics of your normal work area.		
Spatial comfort	IC	Interaction with colleagues	How do you rate your normal work area's layout in terms of allowing you to interact with your colleagues?		
	PE	Personalization of work area	My normal work area can be adjusted (or personalized) to meet my preferences.		
	SC	Space to collaborate	The building provides adequate formal and informal spaces to collaborate with others.		
	FU	Comfort of furnishing	Please rate how comfortable your work area's furnishings are (including chairs, desk, equipment, and so on).		

Buildings **2019**, 9, 100 4 of 16

Table 1. Cont.

Type	Abbreviation	Variables	Questions
Individual	AS	Amount of workspace	Please rate your satisfaction with the amount of space available to you in your normal work area.
space	ST	Storage space	Please rate your satisfaction with the amount of personal storage space available to you.
	AI	Air movement	Please rate your satisfaction with the air movement available to you in your normal work area.
Indoor air quality	HU	Humidity	Please rate your satisfaction with the overall humidity in your normal work area.
	AQ	Air quality	Please rate your satisfaction with the overall air quality in your work area.
	IN	Unwanted interruption	The work area's layout enables me to work without distraction or unwanted interruptions.
Noise distraction &	VP	Visual privacy	My normal work area provides adequate visual privacy (not being seen by others).
privacy	SP	Sound privacy	My normal work area provides adequate sound privacy (not being overheard by others).
	NO	Noise	Please rate your satisfaction with the overall noise in your normal work area.
Visual	LI	Lighting	Please rate your satisfaction with the lighting comfort of your normal work area (e.g., amount of light, glare, reflections, contrast)?
Comfort	SH	Shading	Please rate your satisfaction with shading devices (blinds, curtains, and so on) in terms of controlling unwanted glare?
	PH	Personal control heating/cooling	How do you rate the level of personal control over the heating or cooling of your normal work area?
Personal	PA	Personal control air movement	How do you rate the level of personal control over the air movement of your normal work area?
control	PL	Personal control lighting	How do you rate the level of personal control over the artificial lighting in your normal work area?
	AD	Degree of freedom to adapt	All things considered, how satisfied are you with the degree of freedom to adapt your normal work area (air-conditioning, opening the window, lighting, and so on) to meet your preferences?
Constitution	VI	External view	Please rate your satisfaction with the external view from your normal work area.
Connection to the outdoor environment	AD	Access to daylight	Please rate your satisfaction with access to daylight from your normal work area.
	СО	Connection to outdoors	This building provides a sense of connection between my normal work area and the outdoor environment.
D:14:	CL	Cleanliness	Please rate your satisfaction with the general cleanliness of your normal work area.
Building image & maintenance	MA	Maintenance	Please rate your satisfaction with the general maintenance of this building.
	BA	Building aesthetics	Please rate the overall visual aesthetics of this building.

The best-performing offices regarding perceived productivity, health, and overall comfort were then identified for a more in-depth analysis. As a result, findings from a subset of 1949 POE surveys from 18 offices are also reported here, and necessary information about this subset is presented in Table 2. This subset features premium spaces, holding certifications from the Green Building Council of Australia (GBCA) and/or WELL Building Standard. Offices are located in buildings that hold a valid rating from the National Australian Built Environment Rating System (NABERS), which is typical

Buildings 2019, 9, 100 5 of 16

to high-end corporate real estate in Australia. Tenants organizations are from the property industry, finance, government, design, and consultancy sectors. The majority of offices from the subset of 18 are open-plan, and 4 were designed to support activity-based working. All POE surveys were conducted at least 6 months after relocation and were mostly driven by GBCA's rating requirements. Table 2 shows basic information about the surveyed offices, comprising the subset featuring in the workspace ranking.

Table 2. Basic information about surveyed offices.

ID	Sample Size (n = 1949)	Response Rate (%)	Tenant	Tenant Certification	Office Layout	Way of Working
1	20	-	Property industry	GBCA*	Open plan	Fixed location
2	805	13	Finance	GBCA	Open plan	Non-fixed location (activity-based working)
3	32	53	Property industry	GBCA	Private and Open plan	Fixed location
4	28	-	Property industry	GBCA	Open plan	Non-fixed location (activity-based working)
5	39	49	Property industry	GBCA	Open plan	Fixed location
6	160	32	Government	GBCA	Private and Open plan	Fixed location
7	112	45	Property industry	GBCA	Private and Open plan	Fixed location
8	32	89	Design & Consultancy	GBCA	Private and Open plan	Fixed location
9	51	62	Property industry	GBCA	Open plan	Fixed location
10	150	25	Government	-	Open plan	Fixed location
11	22	55	Property industry	GBCA	Private and Open plan	Fixed location
12	56	63	Consultancy	GBCA	Open plan	Non-fixed location (activity-based working)
13	29	80	Property industry	GBCA	Private and Open plan	Fixed location
14	45	-	Property industry	GBCA	Open plan	Fixed location
15	161	20	Property industry	GBCA and WELL	Open plan	Non-fixed location (activity-based working)
16	105	42	Property industry	GBCA and WELL	Open plan	Fixed location
17	75	51	Property industry	GBCA	Open plan	Fixed location
18	27	61	Property industry	GBCA	Open plan	Fixed location

^{*} Green Building Council of Australia.

2.1. Statistical Analysis

2.1.1. Pre-Processing

Pre-processing involved replacing missing instances and discarding invalid instances. We represented the matrix with 28 input variables (i.e., features) as $X_{m \times 28} = [x_1, \dots, x_{28}]$, where x_i represents each feature and m is the number of instances/observations in x_i . Similarly, $Y_{m \times 3} = [y_1, \dots, y_{28}]$

Buildings 2019, 9, 100 6 of 16

..., y_3] denotes the matrix of 3 output (y) variables. Any missing instance in each feature x_i (e.g., j^{th} instance of x_i is $x_{j,i}$) is estimated using a linear interpolation between the two adjacent instances (i.e., $x_{i-1,i}$ and $x_{i+1,i}$).

Data (instances) from the workspaces with a sample size less than 20 were not considered in this experiment. The following steps were conducted for each output variable, and each time; instances from X X (e.g., instances at j^{th} position in $X_{j,i}$) were discarded where the corresponding instance of output variable (i.e., $y_{j,i}$) was 'null.' This last step resulted in different sample sizes for different output variables, i.e., productivity, health, and overall comfort of the work area.

2.1.2. Correlation-Based Feature Ranking

The first goal of the experiment was to identify which features were most strongly associated with the output variables. A correlation between input and output variables can identify the degree of association between them. A two-sided Pearson correlation coefficient is computed between each feature, x_i and each output variable, y_j . A Pearson correlation coefficient, $\rho_{x,y}$ is computed with (1), where $cov(x_i, y_j)$ is the covariance of (x_i, y_j) and σ is the standard deviation of them. The feature matrix X is sorted into a descending order (i.e., $X' = [x_p, \ldots, x_q, \ldots, x_r: y_{j,p} \ge y_{j,q} \ge y_{j,r}]$) with respect to $\rho_{x,y}$ values obtained for each y_j . A list of abbreviations is provided in Table 1, including the full questions of the POE survey.

$$\rho_{\mathbf{x}_i, \mathbf{y}_j} = \frac{\operatorname{cov}(\mathbf{x}_i, \mathbf{y}_j)}{\sigma_{\mathbf{x}_i} \sigma_{\mathbf{y}_j}} \tag{1}$$

2.1.3. Statistical Difference

Wilcoxon rank-sum (WRS) test determines if two independent samples originate from populations with the same distribution. A WRS test is nonparametric, as it does not assume that the samples belong to a known (i.e., normal) distribution [28]. Samples A and B were created for each output variable from the instances in X using the scores/ratings. Instances in X that corresponded to the ratings between 1 and 3 in a particular output variable $(y_{j,k})$ were grouped into A. Similarly, ratings in $y_{j,k}$ between 4 and 7 were used to group the corresponding instances of X into B, as shown in Equations (2) and (3).

$$A = [F_{j,i=1:28} : A \subset X, \ y_{j,k} \ge 1 \land y_{j,k} \le 3], k = 1:3$$
 (2)

$$B = \left[F_{j,i=1:28} : B \subset X, \ y_{j,k} \ge 4 \land y_{j,k} \le 7 \right], k = 1:3$$
 (3)

A two-sided WRS test was then conducted for each pair of A and B for each $y_{j,k}=1:3$ with a null hypothesis stating that the data in A and B belong to distributions with equal medians, against the alternative hypothesis that they do not with a significance level $\alpha=0.05$. The test returns a p-value and h-value, where h=1 indicates a rejection of the null hypothesis and h=0 indicates rejection of the alternative hypothesis with a 5% significance level. The test p-h values were calculated with Equation (4).

$$(p,h) = WRS(A,B) \tag{4}$$

2.1.4. Classification-Based Feature and Workspace Ranking

Forward feature selection (FSS) is a machine learning based feature selection approach that can rank many features predicting a particular output variable. FSS selects a subset of features in X that best predict the output variable. FSS starts with no feature and keeps adding features sequentially until the prediction performance stops improving [29]. The following procedure was applied to each

Buildings **2019**, 9, 100 7 of 16

output variable $y_i = 1:3$. A ground-truth was computed for each output variable ($y_i = 1:3$) using the (5) ratings between 1 and 7 as follows:

$$y_{j,i} = \begin{cases} 0, \ y_{j,i} \ge 1 \ \land \ y_{j,i} \le 3 \\ 1, \ y_{j,i} \ge 4 \ \land \ y_{j,i} \le 7 \end{cases}$$
 (5)

The FSS uses k-fold cross-validation (k = 10) while selecting the candidate features, to randomly split the instances of X and y_i into 10 equal-sized disjoint subsamples. The FSS trains an SVM classifier and predicts a particular output variable for each subsample. This process is iterated, and each time a feature that has not been selected yet is added. The outcome of this process is a set of selected features with a set of criterion values. The criterion value is an estimation of the mean miss-classification rate, and the algorithm keeps adding features until there is no decrease in the criterion value. The selected features are considered to achieve higher classification accuracy than the rest of the features in X [29]. We represented the subset of selected features as X', where $X' \subset X$ and $X' = (x_1, \ldots, x_n)$: n < 28 (i.e., X' should have lesser number of features than X).

The criterion values for each selected feature were used as 'weight' to obtain a ranking of the workspace. A dot multiplication was computed between the criterion values for each selected feature and the instances of that feature. The multiplication outcome was separated for each workspace, and a mean was taken to compute a raking score for each workspace. The workspaces were then sorted according to this ranking score. The $W = (w_1, \ldots, w_t)$ (t = number of workspaces) can be considered as a list of the ranked workspace.

A similar feature selection was conducted using the divided subsamples from X and Y. The 'office layout' feature was used to separate both X and Y into two separate subsamples: 'open-plan' and 'private'. An identical FFS-based feature ranking approach provided two lists of best-performing features for each output variables, along with respective criterion values.

2.1.5. Analyzing Top-Ranked Workspaces

The classification-based feature selection provided a subset of features (i.e., X') that best-predicts each output variable (i.e., $y1_{:4}$). A list of ranked workspaces was then obtained for each output variable from the mean criterion scores of these features. Each feature, F_i contains a number of instances, namely satisfaction/agreement (score 5–7) and dissatisfaction/disagreement (score 1–3) scores. These measures do not incorporate the neutral scores (i.e., score 4). Fractions of satisfaction/agreement and dissatisfaction/disagreement scores were computed for the top four selected features for the four highest ranked workspaces, using Equations (6) and (7). These two measures indicate the overall rate of satisfaction/agreement and dissatisfaction/disagreement for each feature in each workspace and each output variable. This procedure was iterated for four output variables including productivity, health, overall comfort, and overall building.

$$Fraction_{satisfacion_score} = \frac{Number of satisfaction scores in x_i}{Total number of instances x_i} \times 100\%$$
 (6)

$$Fraction_{dissatisfaction_score} = \frac{Number of dissatisfaction scores in x_i}{Total number of instances in x_i} \times 100\%$$
 (7)

2.1.6. Overall Satisfaction Scores

The selected features in X' for the top four workspaces were combined to form a list of best-performing features. A mean of the instances of each feature in X' was computed for each of the top-ranked workspaces for each output variable. This experiment was further extended by taking a similar mean of the instances of each feature in X' for the 'open-plan' and the 'private' workspaces, regardless of the output variables and any particular workspace.

Buildings 2019, 9, 100 8 of 16

3. Results

3.1. High Performance Features at the Dataset Level

Table 3 presents 28 features (in descending order) along with the Pearson correlation coefficients. The order of features displayed in this table changes based on the correlation coefficients found for perceived productivity, health, and satisfaction with the overall comfort of the work area. This dataset-level enquiry shed light on key features shared by open-plan offices and facilitated the subsequent mapping of high-performance workspaces. Interestingly, although in different order of importance, the features depicted in Table 3 and Figure 1 show a strong link with the impact of interior design on the performance of these spaces according occupants' subjective assessments reported on POE surveys.

For perceived productivity, the features presenting large-size associations ($\rho > 0.50$) were six in total, including work area aesthetics, distraction/unwanted interruption, overall amount of noise, furnishing, building aesthetics, and space to collaborate. For health, questionnaire items presenting large-size associations ($\rho > 0.50$) were seven, namely air quality, work area aesthetics, air movement, building aesthetics, access to daylight, furnishing, and space for breaks. For comfort of the workspace, questionnaire items presenting large-size associations were seventeen in total: furnishing, work area aesthetics, air quality, building aesthetics, air movement, degree of adaptation, space for breaks, humidity, cleanliness, maintenance, connection to outdoors, interaction with colleagues, space for collaboration, lighting, noise, personalization of work area, and amount of space. As depicted in Figure 1, when combined, large-size associations were mostly concentrated on questionnaire items linked with seven key dimensions, namely spatial comfort (six features), indoor air quality (three features), building image and maintenance (three features), noise distraction and privacy (two features), visual comfort (one feature), personal control (one feature), and connection to the outdoor environment (one feature).

Table 3. Pearson correlation coefficient (ρ) computed for: (a) perceived productivity; (b) health; (c) overall comfort of the work area. The 28 features are sorted in descending order according to the value of ρ .

(a)		(b)	(c)			
Productivity		Health		Overall Comfort of the Work Area		
Work area aesthetics	0.57	0.57 Air quality		Comfort of furnishing	0.65	
Unwanted interruption	0.53	Work area aesthetics	0.54	Work area aesthetics	0.65	
Noise	0.52	Air movement	0.52	Air quality	0.63	
Comfort of furnishing	0.52	Building aesthetics	0.51	Building aesthetics	0.61	
Building aesthetics	0.51	Degree of freedom to adapt	0.51	Air movement	0.61	
Space to collaborate	0.5	Comfort of furnishing	0.51	Degree of freedom to adapt	0.58	
Space for breaks	0.49	Space for breaks	0.5	Space for breaks	0.56	
Degree of freedom to adapt	0.49	Connection to outdoors	0.49	Humidity	0.56	
Air quality	0.49	Space to collaborate	0.48	Cleanliness	0.56	
Connection to outdoors	0.48	Humidity	0.47	Maintenance	0.56	
Interaction with colleagues	0.48	Maintenance	0.46	Connection to outdoors	0.55	
Air movement	0.48	Cleanliness	0.45	Interaction with colleagues	0.54	
Personalization of work area	0.46	Lighting	0.43	Space to collaborate	0.54	
Sound privacy	0.45	Personalization of work area	0.42	Lighting	0.53	
Maintenance	0.44	Unwanted interruption	0.42	Noise	0.51	
Cleanliness	0.44	Noise	0.42	Personalization of work area	0.50	
Lighting	0.44	Interaction with colleagues	0.42	Amount of workspace	0.50	
Amount of workspace	0.43	External view	0.41	External view	0.50	
Humidity	0.42	Sound privacy	0.39	Unwanted interruption	0.48	
External view	0.41	Access to daylight	0.39	Access to daylight	0.48	
Visual privacy	0.41	Shading	0.36	Shading	0.46	
Access to daylight	0.38	Personal control heating/cooling	0.35	Sound privacy	0.41	
Shading	0.36	Personal control air movement	0.35	Storage space	0.41	
Storage space	0.35	Amount of workspace	0.35	Visual privacy	0.39	
Personal control heating/cooling	0.31	Visual privacy	0.34	Personal control heating/cooling	0.31	
Personal control air movement	0.31	Personal control lighting	0.32	Personal control air movement	0.31	
Personal control lighting	0.30	Storage space	0.29	Personal control lighting	0.30	

Buildings 2019, 9, 100 9 of 16

When combined, results from Table 3 and Figure 1 clearly point to the importance and opportunities of exploiting interior design to address occupants' dissatisfaction in open-plan offices. Work area aesthetics was highly ranked in all three dimensions investigated here, which is undoubtedly a domain driven by interior design. What is interesting about this result is that work area aesthetics has not been traditionally considered or investigated in research conducted in open-plan offices. Similarly, comfort of furnishing and degree of freedom to adapt the normal work area have also appeared prominently for all three dimensions investigated here. These results suggest that specifications for overall layout, zoning, and furniture should be carefully considered when designing open-plan offices.

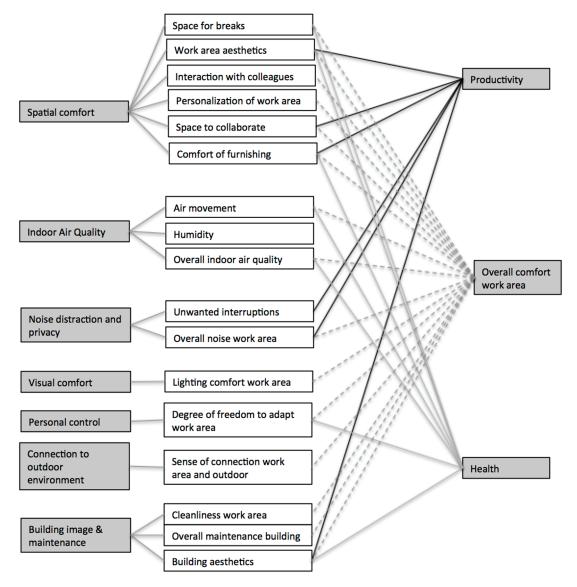


Figure 1. Large-size correlation associations for perceived productivity, health, and overall comfort work area found in the entire dataset.

3.2. High-Performance Features for Open-Plan and Private Offices

Table 4 lists the ranking of the best-performing features that predicted perceived productivity, health, and overall comfort of the work area for open-plan offices. The subset is considered as the best-performing feature subset among all 28 features in X. The number of features obtained for each output variable varies as the iteration feature selection breaks over the condition on classification performance. Figures 2 and 3 depict the best-performing features for predicting perceived productivity, health, and overall comfort of work area per dimension and office typology.

Buildings 2019, 9, 100 10 of 16

For open-plan offices, the best-performing features for predicting perceived productivity were a total of seven: amount of interruption, work area aesthetics, degree of adaptation of the work area, furnishing, overall amount of noise, cleanliness, and personal control over lighting. Furnishing, work area connection to outdoors, building aesthetics, sound privacy, and degree of adaptation of the work area were the critical predictors of health. As for the overall comfort of the work area, six features were key predictors, namely work area aesthetics, degree of adaptation of the work area, furnishing, overall air quality, cleanliness, and amount of interruption. As depicted in Figure 2, critical predictors in open-plan offices can be linked to the spatial comfort of the work area, indoor air quality, noise distraction and privacy, personal control, connection to the outdoor environment, and building image and maintenance. Table 4 shows the ranking of best-performing features of open-plan offices for predicting perceived productivity, health, and overall comfort of the work area. Figure 2 shows the best-performing features of open-plan offices for predicting perceived productivity, health, and overall comfort of work area.

Table 4. Ranking of best-performing features of open-plan offices for predicting perceived productivity, health, and overall comfort of work area.

Productivity.	Health	Overall Comfort Work Area		
Interruption	Air quality	Work area aesthetics		
Work area aesthetics	Furnishing	Adaptation		
Adaptation	Work area connection to outdoors	Furnishing		
Furnishing	Building aesthetics	Air quality		
Noise	Sound privacy	Cleanliness		
Cleanliness	Adaptation	Interruption		
Personal control lighting	•	•		

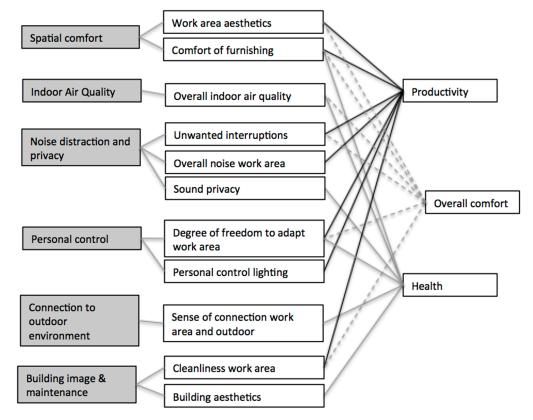


Figure 2. Best-performing features of open-plan offices for predicting perceived productivity, health, and overall comfort of work area.

Buildings 2019, 9, 100 11 of 16

For private offices, the best-performing features for predicting perceived productivity were the amount of interruption, sound privacy, interaction with colleagues, and overall air quality. For health, the key predictors were overall air quality, humidity, and overall maintenance building. As for the overall comfort of the work area, four features were key predictors, namely degree of adaptation of the work area, furnishing, interaction with colleagues, and overall amount of noise. As depicted in Figure 3, critical predictors in private offices can be linked to the spatial comfort of the work area, indoor air quality, noise distraction and privacy, personal control, and building image and maintenance. Table 5 shows the ranking of best performing features for private offices and Figure 3 shows the best-performing features for predicting perceived productivity, health, and overall comfort work area.

Table 5. Ranking of best-performing features of private offices for predicting perceived productivity, health, and overall comfort of work area.

Productivity	Health	Overall Comfort of Work Area
Interruption Sound privacy	Air quality Humidity	Adaptation Furnishing
Interaction with colle Air quality		Interaction with colleagues Noise
Spatial comfort	Interaction with colleag	ues
	Comfort of furnishing	Productivity
Indoor Air Quality	Humidity	Productivity
	Overall indoor air qualit	<u>v</u>
	Unwanted interruptions	Overall comfort
Noise distraction and privacy	Overall noise work area	
	Sound privacy	
Personal control	Degree of freedom to ac work area	Health
Building image & maintenance	Overall maintenance bu	ilding

Figure 3. Best-performing features of private offices for predicting perceived productivity, health, and overall comfort work area.

3.3. High-Performance Workspaces

Table 6 includes the rates (fractions) of satisfaction and dissatisfaction scores for the top-ranked workspaces for perceived productivity, health, and overall comfort. The fractional scores of the top workspaces were higher (>50%) for either satisfaction or dissatisfaction scores for the high-performing features for each output variable. This signifies that these high-performing features had a good correlation with the output variables and were selected during the classification-based feature selection.

Buildings **2019**, 9, 100

Table 6. Rate of satisfaction and dissatisfaction scores for **(a)** perceived productivity, **(b)** health, and **(c)** overall comfort work area.

Workspace ID	J	Е		J	ŀ	(C)
Rate (%) of Satisfaction (SAT)/Dissatisfaction (DIS) Scores	SAT	DIS	SAT	DIS	SAT	DIS	SAT	DIS
Interruption	75	25	66	22	63	29	64	27
Work area aesthetic	30	55	94	0	90	2	98	2
Sound privacy	40	50	31	47	23	63	50	39
Personalization	50	40	87	3	90	4	89	7
(a) I	roduct	ivity						
Workspace ID	Ι)		ſ	()	I)
Rate (%) of Satisfaction/Dissatisfaction Scores	SAT	DIS	SAT	DIS	SAT	DIS	SAT	DIS
Air quality	96	0	94	3	95	2	89	4
Furnishing	89	7	81	6	93	5	91	5
Connection outdoors	75	14	87	7	87	7	84	8
Building aesthetics	100	0	100	0	98	0	98	0
(1)	b) Healt	th						
Workspace ID]	J	I	(()	I	•
Rate (%) of Satisfaction/Dissatisfaction Scores	SAT	DIS	SAT	DIS	SAT	DIS	SAT	DIS
Work area aesthetics	94	0	90	2	98	2	90	6
Amount of space	91	6	88	8	96	2	88	7
Adaptation	50	28	21	61	48	31	40	36
Maintenance	91	3	84	6	96	2	93	4
(c) Overall comfort								

Table 7 includes the mean satisfaction scores for the top workspaces in terms of perceived productivity, health, and overall comfort. The mean satisfaction scores fell between 4 and 6 (on a 7-point scale), which indicates that these features obtained high satisfaction scores overall.

Table 7. Mean satisfaction scores for (a) perceived productivity, (b) health, and (c) overall comfort of work area.

Workspace ID	E	J	О	K		
Work area aesthetics	3.2	6.09	6.45	5.92		
Furnishing	4.6	5.72	6	5.67		
Amount of space	4.9	6.03	6.36	5.82		
Humidity	4.9	6.16	6	4.69		
Air quality	4.15	6.09	6.11	4.63		
Interruption	5.1	5.03	4.93	4.57		
Sound privacy	3.5	3.66	4.18	3.12		
Adaptation	2.9	4.44	4.41	3.29		
Connection outdoors	2.6	5.84	6.02	5.69		
Cleanliness	4.05	6.19	6.46	5.92		
Building aesthetics	2.4	6.34	6.36	5.45		
(a) Productivity						

Buildings 2019, 9, 100 13 of 16

Table 7. Cont.

Workspace ID	Workspace ID O J D P									
Work area	6.45	6.09	5.82	5.94						
aesthetics	0.43	0.09	3.62	3.94						
Furnishing	6	5.72	5.86	6.07						
Amount space	6.36	6.03	6.14	5.91						
Humidity	6	6.16	6.07	5.83						
Air quality	6.11	6.09	6.04	5.95						
Interruption	4.93	5.03	3.96	4.42						
Sound privacy	4.18	3.66	3.07	3.2						
Adaptation	4.41	4.44	4	3.98						
Connection outdoors	6.02	5.84	5.25	5.75						
Cleanliness	6.46	6.19	6	6.11						
Building aesthetics	6.36	6.34	6.36	6.46						
(b) Health										
Workspace ID	О	J	P	K						
Work area aesthetics	6.45	6.09	5.94	5.92						
Furnishing	6.00	5.72	6.07	5.67						
Amount space	6.36	6.03	5.91	5.82						
Humidity	6.00	6.16	5.83	4.69						
Air quality	6.11	6.09	5.95	4.63						
Interruption	4.93	5.03	4.42	4.57						
Sound privacy	4.18	3.66	3.20	3.12						
Adaptation	4.41	4.44	3.98	3.29						
Connection outdoors	6.02	5.84	5.75	5.69						
Cleanliness	6.46	6.19	6.11	5.92						
Building aesthetics	6.36	6.34	6.46	5.45						
(c) Overall comfort										

4. Discussion

Dataset- and feature-level analysis show that the spatial comfort of the work area is key for predicting workers' satisfaction, as confirmed by the results reported in References [5–9]. The physical configuration of highly-ranked offices supports this finding, as their interior design privileged zoning and the implementation of a variety of spaces to support different activities during the day. These spaces had several zones intentionally allocated for breaks, collaboration, concentration, and private conversations. As a result, it is not surprising that satisfaction results from these offices were significantly higher regarding the amount of interruption and sound privacy—well-known issues of open-plan offices and also important predictors found here for perceived productivity, health, and satisfaction with the overall work area. This is an important finding considering the ever-challenging balance between collaboration and acoustics-related issues observed on open-plan offices. Investing in designs that provide workers with a variety of zones within open-plan offices will allow them to more efficiently develop different work-related activities that require concentration, privacy and/or interaction with others. This is a key move in mitigating acoustic-related issues in open-plan offices and should be carefully considered by designers.

In addition, high-performance workspaces presented high scores on key predictive features, namely overall aesthetics of the work area, comfort of furnishings, degree of freedom to adapt, and connection to outdoors. Once again, these aspects are related to the interior design of offices. Analysis of the physical configuration of these offices showed that their design predominantly embraced organic shapes intended to bring spaces together without visual barriers. When used, partitions employed glass and textured elements of plants. Pods of all sizes were also a prominent in these spaces and had

Buildings 2019, 9, 100 14 of 16

walls with textured elements and/or plants, promoting visual integration but some privacy at the same time. The sense of spaciousness was also enhanced by the use of large voids, sometimes of the size of atriums and/or staircases. In addition, the design of these offices has also placed strong care on furniture ergonomics and presence of sit-stand workstations. The vast majority of offices also had workstations located near the façade, which allowed direct access to a view. These workstations are intended for temporary use, so no workers are permanently based there. Finally, the design of offices investigated here clearly embraced biophilic principles. Overall, layouts privileged workers' access to daylight and views, locating workstations on the perimeter zones of the space. Green walls and other features were also consistently observed in several zones, enhancing workers' exposure to nature.

5. Conclusions

This paper presented dataset-level analysis of a total of 8827 post-occupancy evaluation (POE) surveys conducted in 61 high-end offices in Australia and a detailed analysis of a subset of 18 high-performance workspaces (n = 1949). In addition to surveys, structured site visits and floor plans were reported here. When merged, these analyses allowed identification of critical features and physical configuration of offices highly ranked in terms of perceived productivity, health, and overall satisfaction with the work area.

Dataset-level analysis revealed large-size associations with spatial comfort (six features—space for breaks, work area aesthetics, interaction with colleagues, personalization of work area, space to collaborate, and comfort of furnishing), indoor air quality (three features—air movement, humidity, and overall indoor air quality), building image and maintenance (three features—cleanliness work area, overall maintenance building, and building aesthetics), noise distraction and privacy (two features—unwanted interruptions and overall noise work area), visual comfort (one feature—lighting comfort work area), personal control (one feature—degree of freedom to adapt work area), and connection to the outdoor environment (one feature—sense of connection work area and outdoor). For open-plan offices, critical predictors can be narrowed to spatial comfort of the work area, indoor air quality, noise distraction and privacy, personal control, connection to the outdoor environment, and building image and maintenance. For private offices, the critical predictors found are linked to the spatial comfort of the work area, indoor air quality, noise distraction and privacy, personal control, and building image and maintenance.

All offices with very high results for perceived productivity, health, and overall comfort of the work area were highly ranked in our analysis: a human-centered approach to interior design purposely allocated spaces to support a variety of work-related tasks and implemented biophilic design principles. These findings point to the importance of interior design in high-performance workspaces, especially when it comes to open-plan offices.

Author Contributions: The authors contributed to the paper in the following way: conceptualization, C.C., formal analysis, P.C., C.C. and D.T.; Writing—Original Draft preparation, C.C., P.C. and D.T., Funding: C.C. and D.T.

Funding: This research was funded by the University of Sydney's DVC Research Bridging Support Grant (G199771) and Cachet Group (G192167).

Acknowledgments: The authors would like to express their gratitude to all organizations and occupants for dedicating their time to participate in this study.

Conflicts of Interest: The authors declare no conflict of interest.

References

- 1. Lee, S.Y.; Brand, J.L. Effects of control over office workspace on perceptions of the work environment and work outcomes. *J. Environ. Psychol.* **2005**, 25, 323–333. [CrossRef]
- 2. Veitch, J.A.; Newsham, G.R.; Boyce, P.R.; Jones, C.C. Lighting appraisal, well-being and performance in open-plan offices: A linked mechanisms approach. *Light. Res. Technol.* **2008**, *40*, 133–148. [CrossRef]

Buildings 2019, 9, 100 15 of 16

3. Veitch, J.A.; Newsham, G.R. Preferred luminous conditions in open-plan offices: Research and practice recommendations. *Light. Res. Technol.* **2000**, *32*, 199–212. [CrossRef]

- 4. Konis, K. Evaluating daylighting effectiveness and occupant visual comfort in a side-lit open-plan office building in San Francisco, California. *Build. Environ.* **2013**, *59*, 662–677. [CrossRef]
- 5. Lam, K.P.; Höynck, M.; Dong, B.; Andrews, B.; Chiou, Y.S.; Zhang, R.; Benitez, D.; Choi, J. Occupancy detection through an extensive environmental sensor network in an open-plan office building. *IBPSA* 2009—*Int. Build. Perform. Simul. Assoc.* 2009, 1, 1452–1459.
- Wen, Y.J.; Agogino, A.M. Control of wireless-networked lighting in open-plan offices. *Light. Res. Technol.* 2011, 43, 235–248. [CrossRef]
- 7. Van De Meugheuvel, N.; Pandharipande, A.; Caicedo, D.; Van Den Hof, P.P.J. Distributed lighting control with daylight and occupancy adaptation. *Energy Build.* **2014**, *75*, 321–329. [CrossRef]
- 8. Abbaszadeh, S.; Zagreus, L.; Lehrer, D.; Huizenga, C. Occupant satisfaction with indoor environmental quality in green buildings. In Proceedings of the HB 2006—Healthy Buildings: Creating a Healthy Indoor Environment for People, Lisboa, Portugal, 4–8 June 2006; pp. 365–370.
- 9. Pejtersen, J.; Allermann, L.; Kristensen, T.S.; Poulsen, O.M. Indoor climate, psychosocial work environment and symptoms in open-plan offices. *Indoor Air* **2006**, *16*, 392–401. [CrossRef] [PubMed]
- 10. Veitch, J.A.; Charles, K.E.; Farley, K.M.J.; Newsham, G.R. A model of satisfaction with open-plan office conditions: COPE field findings. *J. Environ. Psychol.* **2007**, 27, 177–189. [CrossRef]
- 11. Witterseh, T.; Wyon, D.P.; Clausen, G. The effects of moderate heat stress and open-plan office noise distraction on SBS symptoms and on the performance of office work. *Indoor Air* **2004**, *14*, 30–40. [CrossRef] [PubMed]
- 12. Newsham, G.; Brand, J.; Donnelly, C.; Veitch, J.; Aries, M.; Charles, K. Linking indoor environment conditions to job satisfaction: A field study. *Build. Res. Inf.* **2009**, *37*, 129–147. [CrossRef]
- 13. Galasiu, A.D.; Newsham, G.R.; Suvagau, C.; Sander, D.M. Energy saving lighting control systems for open-plan offices: A field study. *LEUKOS J. Illum. Eng. Soc.* **2007**, *4*, 7–29.
- 14. Banbury, S.P.; Berry, D.C. Office noise and employee concentration: Identifying causes of disruption and potential improvements. *Ergonomics* **2005**, *48*, 25–37. [CrossRef] [PubMed]
- 15. Kim, J.; de Dear, R. Workspace satisfaction: The privacy-communication trade-off in open-plan offices. *J. Environ. Psychol.* **2013**, *36*, 18–26. [CrossRef]
- 16. Venetjoki, N.; Kaarlela-Tuomaala, A.; Keskinen, E.; Hongisto, V. The effect of speech and speech intelligibility on task performance. *Ergonomics* **2006**, *49*, 1068–1091. [CrossRef]
- 17. Hongisto, V. A model predicting the effect of speech of varying intelligibility on work performance. *Indoor Air* **2005**, *15*, 458–468. [CrossRef]
- 18. Virjonen, P.; Keränen, J.; Hongisto, V. Determination of Acoustical Conditions in Open-Plan Offices: Proposal for New Measurement Method and Target Values. *Acta Acust. United Acust.* **2009**, *95*, 279–290. [CrossRef]
- 19. Smith-Jackson, T.L.; Klein, K.W. Open-plan offices: Task performance and mental workload. *J. Environ. Psychol.* **2009**, *29*, 279–289. [CrossRef]
- 20. Jahncke, H.; Hygge, S.; Halin, N.; Green, A.M.; Dimberg, K. Open-plan office noise: Cognitive performance and restoration. *J. Environ. Psychol.* **2011**, *31*, 373–382. [CrossRef]
- 21. Kaarlela-Tuomaala, A.; Helenius, R.; Keskinen, E.; Hongisto, V. Effects of acoustic environment on work in private office rooms and open-plan offices Longitudinal study during relocation. *Ergonomics* **2009**, *52*, 1423–1444. [CrossRef] [PubMed]
- 22. Van Der Voordt, T.J.M. Productivity and employee satisfaction in flexible workplaces. *J. Corporate Real Estate* **2004**, *6*, 133–148. [CrossRef]
- 23. Davis, M.C.; Leach, D.J.; Clegg, C.W. The Physical Environment of the Office: Contemporary and Emerging Issues. *Int. Rev. Ind. Organ. Psychol.* **2011**, *26*, 193–237.
- 24. Maher, A.; von Hippel, C. Individual differences in employee reactions to open-plan offices. *J. Environ. Psychol.* **2005**, 25, 219–229. [CrossRef]
- 25. Spinuzzi, C. Working Alone Together: Coworking as Emergent Collaborative Activity. *J. Bus. Tech. Commun.* **2012**, *26*, 399–441. [CrossRef]
- 26. Candido, C.M.; Kim, J.; de Dear, R.; Thomas, L. BOSSA: A multidimensional Post-Occupancy Evaluation tool. *Build. Res. Inf. (Print)* **2016**, *44*, 214–228. [CrossRef]
- 27. De Barros, R.S.M.; Hidalgo, J.I.G.; de LimaCabral, D.R. Wilcoxon rank sum test drift detector. *Neurocomputing* **2018**, 275, 1954–1963. [CrossRef]

Buildings **2019**, 9, 100

28. Aha, D.W.; Bankert, R.L. A comparative evaluation of sequential feature selection algorithms. *Learn. Data* **1996**, *112*, 199–206.

29. MathWorks. Sequential Feature Selection. 2018. Available online: https://www.mathworks.com/help/stats/sequentialfs.html (accessed on 10 December 2018).



© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).