

Table S1 Baseline characteristics of study participants

	Gender %	Age (year)	BMI kg/cm ²
	(Prevalence)	(mean \pm SD)	(mean \pm SD)
Male	53.3% (160/300)	21.4 \pm 0.7	20.8 \pm 2.3
Female	46.7% (140/300)	21.9 \pm 0.7	22.0 \pm 2.9