

Table S3. Certainty assessment using GRADEpro.

Certainty assessment							№ of patients		Effect		Certainty	Importance
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Exercise	No exercise	Relative (95% CI)	Absolute (95% CI)		
Cerebral blood velocity												
4	randomized trials	not serious	not serious	not serious	serious	strong association	94	89	-	MD 3.58 cm/s higher (0.51 higher to 6.65 higher)	⊕⊕⊕⊕ High	IMPORTANT

CI: confidence interval; MD: mean difference