

Supplementary Table S1. Intervention Amount.

Author	Experimental Intervention					Comparison Intervention				
	Duration (mins)	Frequency (per week)	Programme length (weeks)	Work Duration (mins)	Total Amount (mins)	Duration (mins)	Frequency (per week)	Programme length (weeks)	Work Duration (mins)	Total Amount (mins)
TT versus other physiotherapy interventions										
Aguiar et al. (2020) [1]	40	3	12	40	1440	40	3	12	40	1440
Brauer et al. (2022) [2]	TT & self management or conv GT 30	TT:3 Conv GT:2	8	NR	1200	30	5	8	NR	1200
Combs-Miller et al. (2014) [3]	30	5	2	30	300	30	5	2	30	300
Eich et al. (2004) [4]	60	5	6	NR	1800	60	5	6	NR	1800
Gama et al. (2017) [5]	45	3	6	NR	810	45	3	6	NR	810
Hornby et al. (2019) [6]	EXP 1&2: 60	EXP 1&2: 3 to 5 (mean 3.375)	EXP 1&2: 8	EXP 1: 33 EXP 2: 34	EXP 1: 891 EXP 2: 918	60	3 to 5	8	37	999
Kang et al. (2012) [7]	EXP 1&2: 30	EXP 1&2: 3 Plus CVT:5	EXP 1&2: 4	EXP 1 & 2: 30	EXP 1&2: 360	30	3	4	NR	360
Kim & Yim (2017) [8]	TT: 20 Hand grip strength (HGS): 15 Conv rehab: 2 x 60	HGS+TT:3 Conv rehab:5	6	TT: 20	4230	2 x 60	5	6	NR	3600
Laufer et al. (2001) [9]	TT = 4 mins week 1, 6 mins week 2, 8 mins week 3	5	3	TT = 4 mins week 1, 6 mins week 2, 8 mins week 3	90	OGT = 4 mins week 1, 6 mins week 2, 8 mins week 3	5	3	OGT = 4 mins week 1, 6 mins week 2, 8 mins week 3	90
MacKay-Lyons et al. (2013) [10]	60	5 for 1 st 6w, 3 for 2 nd 6w	12	NR	2880	60	5 for 1 st 6w, 3 for 2 nd 6w	12	NR	2880
Macko et al. (2005) [11]	40	3	26	NR	3120	40	3	26	40	3120
Nave et al. (2019) [12]	50	5	4	TT: 21 Other: NR	1000	50	5	4	Relaxation 24 Other NR	1000
Park et al. (2013) [13]	30	10 (twice per day for 5 days)	EXP 1&2: 1	NR	300	30	10 (twice per day for 5 days)	1	NR	300

Park et al. (2015) [14]	30 TT (Conv rehab NR)	5	3	NR	450	30 OGT (Conv rehab NR)	5	3	NR	450
Pohl et al. (2002) [15]	EXP 1: TT 30 + Conv PT 45 EXP 2: TT 30 + Conv PT 45	TT: 3 Conv PT : 2	4	NR	EXP 1&2: 720	Conv GT:45 Conv PT:45	Conv GT: 3 Conv PT: 2	4	NR	900
TT versus another type of TT										
Ada et al. (2013) [16]	30	3	16	30	1440	COMP 1: 30 COMP 2: NA	COMP 1: 3 COMP 2: NA	COMP 1: 8 COMP 2: NA	COMP 1: 30	COMP 1: 720 COMP 2: NA
Alipsatici et al. (2020) [17]	Total 75 (TT 30, e-stim 15, conv rehab 30)	3	8	TT: 30	1800	75 (TT 30, e-stim 15, conv rehab 30)	3	8	TT: 30	1800
An et al. (2020) [18]	30	5	4	30	600	30	5	4	30	600
Broderick et al. (2019) [19]	30	3	4	30	360	30	3	4	30	360
Družbicki et al. (2018) [20]	TT: 30 Conv rehab: 120 mins weekdays + 45 mins Saturdays	TT: 5 Conv: 6	3	TT: 30	2385	TT: 30 Conv rehab: 120 mins weekdays + 45 mins Saturdays	5	3	TT: 30	2385
Kim & Kang (2018) [21]	50	5	6	30	900	50	5	6	30	900
Kim & Kim (2018a) [22]	40 (PNF warmup 5, PNF 15 mins, TT 15 mins, PNF cooldown 5)	5	6	NR	1200	40 (PNF warmup 5, treadmill 30, PNF cooldown 5)	5	6	NR	1200
Kim & Kim (2018b) [23]	30	5	4	NR	600	30	5	4	NR	600
Kržišnik et al. (2021) [24]	Conv rehab: 90 TT: 15.5 (13mins for 2w + 18mins for 2w)	5	4	TT: 15.5 (13mins for 2w + 18mins for 2w)	2110	Conv rehab: 90 TT: 15.5	5	4	TT: 15.5 (13mins for 2w + 18mins for 2w)	2110
Munari et al. (2018) [25]	55	3	12	55	1980	55	3	12	55	1980
Park & Chung (2018) [26]	EXP 1 + 2: TT: 30 Conv PT: 30	EXP 1 + 2: TT: 3 Conv PT: 5	4	NR	EXP 1 + 2: 960	30	TT: 3 Conv PT: 5	4	NR	960

Abbreviations: COMP, comparison; Conv, conventional; e-stim, electrical stimulation; EXP, experimental; GT, gait training; OGT, overground gait training; PNF, proprioceptive neuromuscular facilitation; PT, physiotherapy; NR, not reported; TT, treadmill training.

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