

# Olive leaf extract supplementation to old Wistar rats attenuates aging-induced sarcopenia and increases insulin sensitivity in adipose tissue and skeletal muscle

Daniel González-Hedström <sup>1,2</sup>, Teresa Priego <sup>3</sup>, Sara Amor <sup>1</sup>, María de la Fuente-Fernández <sup>1</sup>, Ana Isabel Martín <sup>3</sup>, Asunción López-Calderón <sup>3</sup>, Antonio Manuel Inarejos-García <sup>2</sup>, Ángel Luís García-Villalón <sup>1</sup> and Miriam Granado <sup>1,4,\*</sup>

<sup>1</sup> Departamento de Fisiología, Facultad de Medicina, Universidad Autónoma de Madrid, Madrid, Spain; dgonzalez@pharmactive.eu (D.G.-H.); sara.amor@uam.es (S.A.); maria.delafuente@uam.es (M.F.-F.); angeluis.villalon@uam.es (A.L.G.-V.); miriam.granado@uam.es (M.G.)

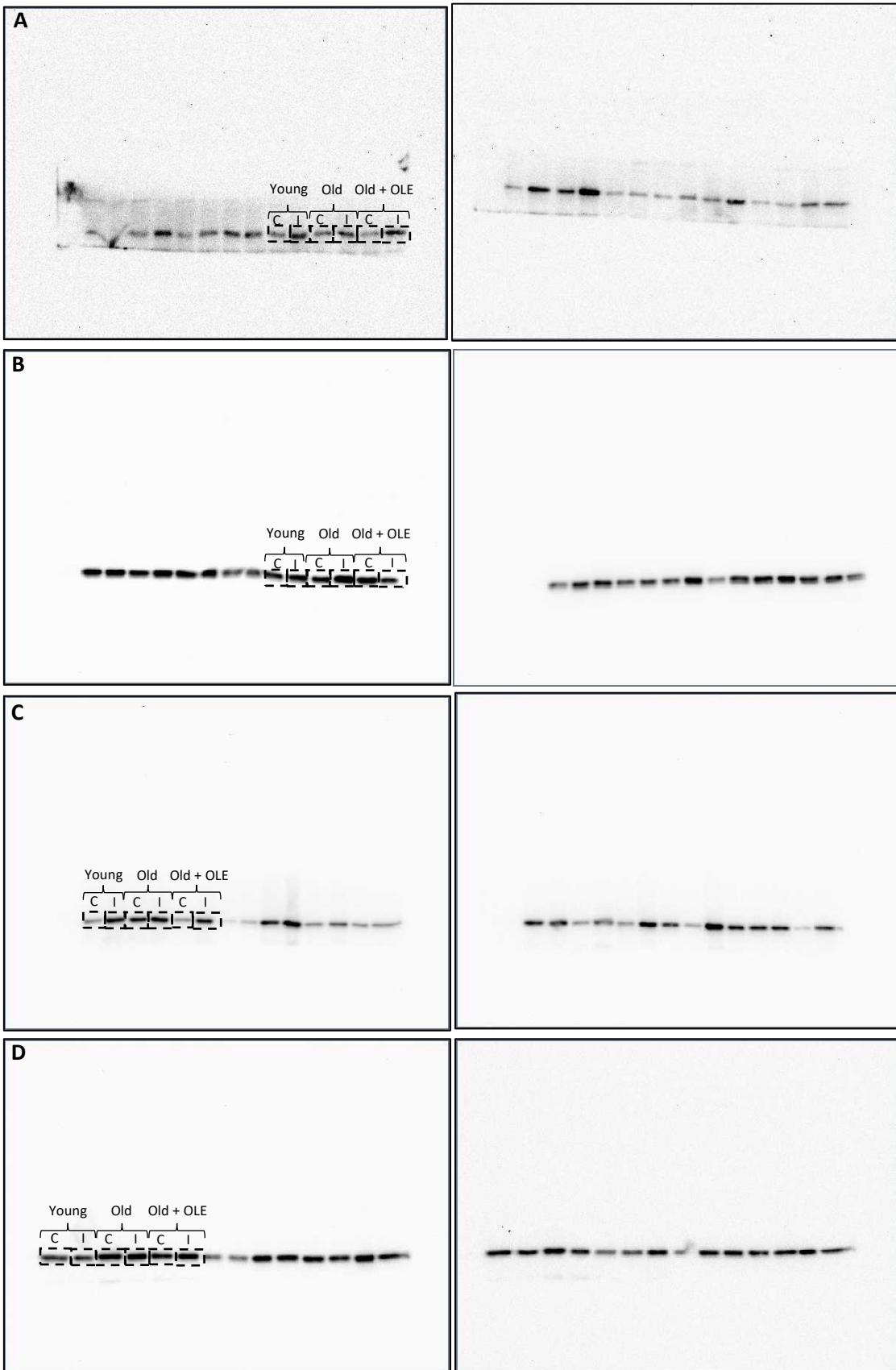
<sup>2</sup> Pharmactive Biotech Products S.L. Parque Científico de Madrid. Avenida del Doctor Severo Ochoa, 37 Local 4J, 28108 Alcobendas, Madrid; dgonzalez@pharmactive.eu (D.G.-H.); aminarejos@hotmail.com (A.M.I.-G.).

<sup>3</sup> Departamento de Fisiología, Facultad de Medicina, Universidad Complutense de Madrid, Madrid, Spain; tpriegoc@med.ucm.es (T.P.); anabelmartin@med.ucm.es (A.I.M.); alc@med.ucm.es (A.L.-C.).

<sup>4</sup> CIBER Fisiopatología de la Obesidad y Nutrición. Instituto de Salud Carlos III, Madrid; miriam.granado@uam.es (M.G.).

\* Correspondence: miriam.granado@uam.es (M.G.); Tel.: +34-914-976-974.

**SUPPLEMENTARY INFORMATION**



**Supplementary Figure 1.** Original and unprocessed blots of p-Akt (**A**) and total Akt (**B**) western blots analysis of gastrocnemius, and of p-Akt (**C**) and total Akt (**D**) western blot analysis of epididymal visceral adipose tissue from Figure 6. *Showed blots at Figure 6A and C are marked with black boxes. C = Control; I = Insulin; OLE = olive leaf extract.*