



Article Vacuum-Actuated Bending for Grasping

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Abstract: Soft robotic devices typically are actuated with the application of a positive pressure (compared to ambient pressure), but some exciting work has been done with *negative* pressure application, with advantages for safety and robustness. Here, we present a negative pressure bending actuator inspired by previous work by Yang et al., fabricated using rapid prototyping techniques and elastomeric polymers. We describe the mechanical behavior of the system from a cellular solids perspective, showing the steps needed for the analysis and characterization of future similar systems. We find good agreement between experimentally measured values of displacement and force generated in atmospheric pressure conditions.

Keywords: soft robotics; soft actuators; soft sensors; manipulation; cellular solids; mechanics of slender objects

1. Introduction

Soft robotics enable devices to mimic natural constructs [1,2] and provide information-rich interactions with the environment when embedded with sensors [3,4]. Indeed, with many applications and design factors to consider, soft robotics is a fertile ground for cross-disciplinary contributions and collaborations [5–7]. Understanding soft robotic actuators and their behavior for modeling and control requires mechanical analysis involving large deflections and instabilities. A growing body of work studies metamaterials that consist of a material with strategically placed and shaped voids [8–15], which, when compressed, exhibit unique mechanical responses such as a negative Poisson's ratio. These materials present an opportunity for soft robotics. Metamaterials allow for a *negative* pressure differential, with ambient pressure as the actuation source. This strategy has been applied in spheres that can encapsulate/release with pressure changes [16], in linear actuators [17], and in actuators with a changeable surface pattern enabling twisting or bending [18].

In this study, we present a bending actuator inspired by previous work on linear actuators [17]. Instead of coupling this linear actuator with rigid parts [19,20], which has been shown to achieve promising results, we aim to keep the actuator fully soft. A cellular solid material is produced, consisting of square and rectangular voids inspired by negative Poisson's ratio materials [21] with the same geometry as studied in [17], but in a different elastomeric material. This cellular solid is encapsulated on all sides, and the voids are interconnected so that a pressure differential can be applied between the internal and external volumes of the structure. On one face of the actuator parallel to the cellular solid plane, a thin stiff layer is added. When the cellular solid is actuated, the whole structure bends instead of shrinking linearly. Utilizing a negative pressure differential is advantageous, as it eliminates the risk of bursting associated with the more common positive pressure actuation. The cellular structure and negative pressure actuation combine to make a repairable and robust design to small damage. Furthermore, as more industrial work occurs in the subsea environment [22], it becomes advantageous to design manipulators that can take advantage of the hydrostatic pressures

at depth. Previous work with soft robotics tested to depths of 800 m [23] have relied on a positive pressure actuation, which also requires the careful design of systems to avoid a chemical release in the case of a burst actuator.

The remainder of this paper proceeds as follows: The design and construction of the actuator is described in Section 2, and the kinematics of the actuator are described in Section 3, where we first outline the mechanical behavior of cellular solids alone and then in conjunction with a stiff layer. The experimental setup is described in Section 4, and results are presented for characterization of the cellular solid as well as displacement and force generation of the actuator system.

2. Actuator Structure and Construction

As described above, our actuator was constructed as a bilayer beam with a thin stiff layer bonded to a thicker, more compliant layer. The thick layer was a cellular solid (meta-material) composed of solid and interconnected void spaces. The thick layer was isolated from the ambient atmosphere by an encapsulating skin, allowing for controlling the differential pressure. For ease of mold design as well as comparison to previous results, we chose to use a patterned void space as in [19]. The macro-dimensions of the overall bi-layer beam were 93 mm long (L) \times 34.0 mm wide (b) \times 31 mm thick (h), composed of a 29 mm-thick cellular solid layer, and two 1.5 mm-thick soft outer encapsulating faces). The stiff layer was bonded to one of the soft faces and was 0.37 mm thick. For the microstructure, voids could either be "large" (11 mm wide, w_{c2} in Figure 1c, by 6 mm long, h_c) or "small" (6 mm wide, w_{c1} by 6 mm long). Voids were separated horizontally by "thick" columns (4 mm, t_v in Figure 1c) and vertically by "thin" beams (1.5 mm, t_h). The skin of the sides and faces of the beam were 1.5 mm thick. For materials, the thin stiff layer was made out of card stock with a Young's modulus, E, of 2–4 GPa [24]. We assumed E = 2 GPa for subsequent analysis, although the effect on model predictions of varying *E* over the range of 2–10 GPa was found to be negligible. The solid component of the meta-material was made out of a silicone-based elastomer (Zhermack Elite Double 8, a two part vinylpolysiloxane polymer) with E = 220 kPa [11].



Figure 1. (a) Negative mold used for creating the actuator. (b) Two-part silicone-based polymer poured into mold. (c) Monolithic structure composed of Zhermack Elite Double 8 with voids with widths of $w_{c1} = 6$ or $w_{c2} = 11$ mm, height $h_c = 6$ mm, vertical columns $t_v = 4$ mm wide, and horizontal beams $t_h = 1.5$ mm thick (flashing is still visible around the edges from demolding). Directions 1 and 2 are defined to be in the plane of the cellular structure. (d) Four molded parts are joined to create a beam with a stiff card stock placed on one side parallel to the plane of the cellular structure. (e) The card stock is fused to the beam structure with more Elite Double 8. Overall beam dimensions are 93 mm long (L) × 34 mm wide (b) × 31 mm thick (h). (f) Cross section of the actuator.

A two-part mold was fabricated using stereolithography 3D printing with Accura 60 (similar to polycarbonate), as shown in Figure 1a,b. Each mold accounted for one quarter of the overall beam structure. To fabricate the beam, four smaller sections were molded with the Zhermack Elite Double 8 elastomer, one of which is shown in Figure 1c. Each of the four units was length L/2, width b, and thickness h/2. Two long parts were made by fusing two molded units end to end (making a unit of length L, width b, and thickness h/2). Each of these long parts was joined along the outside edge of the face open to the cellular solid (such that the cellular solid structure was encapsulated), resulting in an actuation with length L, width b, and thickness h. The interface between the cellular solid faces was not fused, allowing free airflow between the voids. A single piece of card stock approximately 90 mm long \times 32 mm wide \times 0.37 mm thick was placed on a face of the structure, parallel to the plane of the microstructure, as shown in Figure 1d. Fresh polymer was placed under and over the card stock as well as along its edges to bond it with the beam structure, as shown in Figure 1e. An air hose connection was placed at one end of the beam, connected to the void space, and fused onto the overall structure, allowing for pneumatic control of the actuator. The cross section of the actuator is shown in Figure 1f.

For creating the sample used to characterize the cellular solid, only two monolithic parts were fabricated entirely with Zhermack Elite Double 8 and fused together to create a structure half as long as the beam used for the actuator. This length was sufficient to test the properties of the cellular solid under pressure differential, as discussed in the next section.

3. Actuator Kinematics

3.1. Mechanical Behavior of Cellular Solids

We analyzed the mechanical behavior of our actuator with a cellular solids framework [24], allowing us to provide a generalized approach for actuator design and to provide a different viewpoint of the problem from [17], which took a more thermodynamics-based approach. An important parameter for cellular solids analysis is the *relative density*, ρ^* / ρ_s , which is the ratio of the volumetric mass density of the overall cellular solid, ρ^* , to the density of the constituent solid material, ρ_s . We follow the convention throughout the remainder of the paper that parameters with an asterisk (*) indicate properties of the cellular solid and the absence of an asterisk indicates fully dense material (sometimes further indicated with an "s" subscript). For a cellular solid composed of a single material, this is equivalent to the volume fraction of the solid. While often a measured value for natural and manufactured foams, the selected geometry for our system is simple enough to compute the relative density as

$$\frac{\rho^*}{\rho_s} = \frac{(2t_h + 2h_c)(3t_w + 2w_{c2}) - (3h_cw_{c2} + 2h_cw_{c1})}{(2t_h + 2h_c)(3t_w + 2w_{c2})},\tag{1}$$

where t_h is the thickness of the horizontal beam elements, h_c is the height of the voids, t_w is the width of the thick vertical columns, w_{c1} is the width of the smaller voids, and w_{c2} is the width of the larger voids, as shown in Figure 1c.

A common feature of both natural and fabricated cellular solids is orthotropic material properties (having three mutually orthogonal directions with differing material properties) [24]. As can be seen in Figure 1c, the structure considered follows this trend, wherein we expect the structure to be most compliant in the 1 direction due to bending the thin horizontal beams and least compliant in the 3 (out of plane) direction due to compressing solid material without bending. This can be alternatively expressed as $E_1^* < E_2^* \ll E_3^*$, where again subscript numbers indicate direction (as defined in Figure 1c) and asterisk indicates a cellular solid property.

The value of ρ^* / ρ_s is useful for calculating [24] the Young's modulus, E_i^* , of dense (relative density over 30%):

$$E_i^* = C_{1i} E_s \left(\frac{\rho^*}{\rho_s}\right)^2 \left(\frac{1}{1 + \rho^*/\rho_s}\right),\tag{2}$$

where C_{1i} is a coefficient that must be determined from experiments for each direction *i*. As deformations out of the plane of the cellular solid (direction 3 in Figure 1c) are dictated by the solid material stiffness whereas the in-plane deformations (directions 1 and 2 in Figure 1c) are dominated by bending, a plane strain assumption is made, allowing a reduction in the calculation of deformations in the linear-elastic regime along the two principal in-plane directions. Furthermore, we are primarily interested in deformations in the 2 direction (axial direction of our actuator) [24]:

$$\epsilon_2 = \frac{1}{E_2^*} \left(\sigma_2 - \nu_{21}^* \sigma_1 - \nu_{23}^* \sigma_3 \right), \tag{3}$$

where ϵ_2 indicates strain in the 2 direction and $\nu_{2i}^* = -\epsilon_i/\epsilon_2$ is the Poisson's ratio in the *i* direction due to loading in the 2 direction, where i = 2, 3.

The actuator system will experience uniform non-deviatoric stress loading such that $\sigma_1 = \sigma_2 = \sigma_3$. Furthermore, this stress will be the difference in pressure between atmospheric pressure, P_{atm} , and the pressure inside the voids of the cellular solid, P_{in} . This pressure differential, ΔP will be defined to be positive as the pressure inside the matrix of the cellular solid drops *below* atmospheric: $\Delta P = P_{atm} - P_{in}$. Lastly, an equivalent expression for $v_{23}^* = (E_2/E_3)v_s$, where v_s is the bulk material Poisson ratio and E_i is the Young's modulus is the *i* direction. The planar cellular solid is much stiffer in the out-of-plane direction (3 direction) than either in-plane direction, making $v_{23}^* \approx 0$. Using this knowledge, we can simplify Equation (3) for the linear-elastic strain along the long axis of the actuator system, ϵ_2 ,

$$\epsilon_2 = \frac{-1}{E_2^*} \left(1 - \nu_{21}^* \right) \Delta P.$$
(4)

With Equation (4), we have a direct relationship between the axial strain and applied pressure for our cellular solid system. This can be thought of in similar terms of a coefficient of thermal expansion or swelling parameter. To avoid confusion in subsequent mechanical analysis and to conform with standard literature notation, we shall refer to this strain as $-\alpha$, with the negative sign indicating that a positive value of α corresponds to a compressional (negative) strain in the 2 direction. Substituting Equation (2) into Equation (4), we obtain

$$-\epsilon_2(\Delta P) = \alpha = \frac{1}{C_{12}} \frac{(1 - \nu_{21}^*)\Delta P}{E_s} \left(1 + \frac{\rho^*}{\rho_s}\right) \left(\frac{\rho^*}{\rho_s}\right)^{-2},\tag{5}$$

which expresses axial strain as a function of known parameters, E_s and ρ^*/ρ_s , a control parameter, ΔP , a measurable quantity, ν_{21} , and a single fitting parameter, C_{12} .

We expect the linear-elastic assumptions to be valid up to an elastic collapse stress, σ_{el}^* , where [24]

$$\sigma_{el}^* \approx 0.03 \left(\frac{\rho^*}{\rho_s}\right)^2 \left(1 + \left(\frac{\rho^*}{\rho_s}\right)^{1/2}\right)^2,\tag{6}$$

after which a short plateau region of increasing strain under approximately constant stress will precede a rapid strain hardening regime as cell walls deform enough to contact and the structure's stiffness approaches that of the constituent solid (known as densification [24]).

3.2. Composite Bending

Considering the bonding of our cellular solid matrix with a thin stiff membrane, we arrive at the classical mechanics problem of a bilayer, whereby differential expansion/contraction of the two layers results in bending of the overall structure [25], as bending is energetically favorable to stretching. Further examination of the problem reveals a tri-layer problem, with the first layer being the thin,

stiff card stock layer bonded to a softer Elite Double 8 layer with a cellular solid structure which is bonded to a third Elite Double 8 layer with a cellular solid structure (referred to as layers 1, 2, and 3, as shown in Figure 2). The difference between layers 2 and three is actuation: layer 2 will not actuate ($\alpha = 0$) with a pressure differential, whereas layer 3 will ($\alpha \neq 0$).



Figure 2. Tri-layer structure of the actuator system. Layer 1 is a thin stiff layer with thickness t_1 and Young's modulus E_1 . Layers 2 and 3 have a cellular solid microstructure with $E_2 = E_3 = E^*$. Layer 3 is the actuation layer, and exhibits a strain dependent on external pressure, $\alpha = \alpha(\Delta P)$.

Our cellular solids analysis assumed that the constraints imposed by the encapsulating layer surrounding the cellular solid were negligible and that the faces would essentially deform as needed to allow the microstructure's members to bend as needed. However, layer 2 being bonded to a much stiffer layer 1 restricts that motion considerably. The 1 mm air gap between layers 2 and 3 is likely reduced to a negligible gap upon initial pressurization, leaving 28 mm of cellular solid material (with there being another 1.5 mm of Elite Double 8 polymer as the face opposite the card stock). Finding the boundary between layers 2 and 3 is discussed in the Results Section.

Bilayer and tri-layer actuation systems were modeled for the case of conjugated polymer actuators (a gold conducting layer over an electroactive polymer which can produce curvature from swelling/shrinkage in the presence of electrical current) in [26,27]. For the case of constant modulus and actuation strain, α , for each layer, the closed form solution for beam curvature was found to be [27]:

$$\kappa = \frac{\alpha}{h_1} \frac{6m_a n_a \left(1 + m_a + m_a^2 n_b + m_b (2 + m_a n_b)\right)}{\left(1 + m_b^4 n_b^2 + 4m_a n_a + 6m_a^2 n_a + 4m_a^3 n_a + 4m_b^3 (n_b + n_a n_b n_a) + 6m_b^2 ((n_b + 2m_a n_a + m_a^2 n_b n_a) + 4m_b (n_b + 3m_a (1 + m_a) n_a + m^3 n_b n_a)\right)},$$
(7)

where $m_a = t_3/t_1$, $m_b = t_2/t_1$, $n_a = E_3/E_1$, and $n_b = E_2/E_1$. This case simplifies to the classic bilayer solution [25] when $m_b \rightarrow 0$ and α is taken to the be coefficient of thermal expansion. With Equations (5) and (7), we can now express actuator curvature as a function of applied differential pressure, which will allow for a direct comparison to experimental results.

The moment generated per unit width, *M*, to create the beam curvature in Equation (7) can be expressed, in the case of a tri-layer beam, as [27]:

$$M = E_1 h_1^2 \frac{m_a n_a (1 + m_a + m_b^2 n_b + m_b n_a (2 + m_a n_b))}{2(1 + m_b n_b + m_a n_a)} \alpha,$$
(8)

which would result in a reaction force (in the case of a beam blocked by a point load at the tip) of [27]:

$$F = \frac{3bM}{2L},\tag{9}$$

where *b* is the beam width and *L* is the beam length.

4. Results

4.1. Setup

The actuator was mounted on an acrylic plate which had a hole large enough for the pneumatic connection to pass through. A water-filled U-tube of flexible PVC tubing was hung under the acrylic plate with a 50 mL syringe connected to the air volume of the actuator. The other end of the U-tube was left open to atmospheric pressure. The whole setup is shown schematically in Figure 3a. For experiments, a Nikon D5200 digital SLR camera was mounted on a tripod viewing the specimen in profile to record the horizontal displacement of the free tip. The syringe was manually controlled to produce a change in the water head, δh , of 25.4 ± 1.6 mm (equal to a change in ΔP of 250 ± 15 Pa) before the next photo was taken. For actuator test series, images were analyzed by tracking the horizontal displacement, δ , of the upper-left corner of the beam as it deflected, as shown in Figure 3b,c.



Figure 3. (a) Schematic of the experimental setup, involving a sample mounted on a horizontal acrylic plate. A U-tube is connected to the bottom of the sample, with a syringe used to control the volume of air in the left of the U-tube and sample. The pressure differential, $\Delta P = P_{atm} - P_{in}$, between atmospheric pressure and the internal pressure is measured by the height differential of the water levels in the U-tube, δh . (b) Un-actuated sample ($\Delta P = 0$). (c) Fully-actuated sample ($\Delta P = 7.91$ kPa) with a horizontal displacement of approximately 20 mm (vertical dashed line indicates the reference point for displacement measurements). (d) A load cell was set up to block the motion of the actuator and measure the resultant force production. (e) A half-length sample was made with no stiff layer to measure the strain due to depressurization of the cellular solid (tracking the change in the indicated length l_0).

Two other tests were run with the same pneumatic connections: one for characterizing the cellular solid response to pressure differential (measuring C_{12} to give α from Equation (5)) and another test to measure the force generated from a blocked actuator. The initial conditions of these tests are shown in Figure 3d,e, respectively.

4.2. Cellular Solid Characterization

The mechanical analysis of our actuator system began with the characterization of the actuating meta-material. The relative density, ρ^* / ρ_s , of our cellular solid was calculated directly using Equation (1) as 0.471. Using this value along with the Young's modulus of the solid material, $E_s = 220$ kPa, we

calculated the elastic collapse stress, σ_{el} , below which we expect approximately linear stress–strain behavior, to be 4155 Pa. We used a 1-D Deltron ball slide positioning stage and Canon EOS 70D digital SLR camera to measure the Poisson ratio of the microstructure (images processed with Fiji software [28]) to be $v_{21} = 0.33$ over 10% compressive strain in the 2-direction (we acknowledge that a constant v is a simplification for this type of cellular solid, which will exhibit auxetic behavior above a critical strain—e.g., see [9]). Figure 4 shows a plot of experimentally measured values of actuation strain (defined as an engineering strain), $\alpha = \Delta l/l_0$, as a function of applied differential pressure, ΔP . Photographs of three representative sample configurations during actuation are shown, with the point tracked for strain calculations (originally 27.1 mm from the base of the sample) indicated with a green circle. Solid points in the plot indicate values during actuation, and hollow circles indicate points measured while returning the actuator to its original configuration and return, and we see three distinct regions of mechanical behavior. Below the predicted value of $\sigma_{el}^* \approx 4.1$ kPa, we see approximately

linear behavior. At stresses higher than $\approx \sigma_{el}^*$, we see a brief plateau with increasing strain at constant pressure of approximately 5 kPa followed by a stiffening behavior. This stiffening region is the onset of densification, were we see opposite cells walls nearly touching in the last representative photograph.



Figure 4. Actuation strain, α , as a function of applied pressure, ΔP , for the cellular solid metamaterial actuator, as well as a linear fit shown up to the predicted elastic collapse stress, σ_{el} .

Using the experimental points during actuation up to the predicted elastic collapse stress, we used a linear fit of the data to calculate our observed value of C_{12} from Equation (5) to be 0.3356. Out-of-plane deformations are clearly observable in the upper half of the sample in the last two representative photographs. This behavior was not predicted in our linear cellular solids analysis, which reinforces the limitation of analysis to the initial linear regime of behavior. While a single actuation cycle is presented, we observed the actuation to be repeatable across several cycles. However, no reliability study was performed.

4.3. Displacement

Figure 5 plots the lateral displacement of the tip of the stiff layer, δ , as a function of the applied pressure differential, ΔP . A negligible amount of hysteresis was observed. The tip displacement behavior matched that of the cellular solid strain, with an initial linear portion, followed by a short plateau region, finishing with a densification zone. Two model predictions are plotted with the experimental data: the *bilayer model* with a dashed green line (which assumes all of the cellular solid red line (which assumes a region of non-actuating cellular solid material between the stiff layer and actuating cellular solid material). The bilayer model clearly over-predicted the displacement of the actuator

prior to elastic collapse of the actuator, whereas the tri-layer model was in good agreement with measured values. For both models, the curvature calculated in Equation (7) was converted to a tip displacement through the relation $\delta = \frac{1}{\kappa(\alpha)}(1 - \cos(\kappa(\alpha)L))$, where *L* is the length of the beam. Again, while a single actuation cycle is presented, we observed tip displacement to be repeatable across several cycles, but no in-depth reliability study was performed.



Figure 5. Horizontal displacement of the stiff layer tip, δ , as a function of applied pressure, ΔP , for the actuator system during actuation (solid blue points) and return (hollow orange points), as well as three representative photographs of the actuator configuration during testing at the indicated points. The dashed green line is the model prediction assuming full actuation of the cellular solid layer (the so-called *bilayer model*) and the solid red line is the model prediction assuming no actuation of the cellular solid within 5.5 mm of the stiff layer (the so-called *tri-layer model*). This matches the observed boundary between clear actuation and no observed actuation in the profile view, as indicated by the dashed line in the middle representative photograph.

Choosing the thickness of the middle layer of the tri-layer model was accomplished by measuring the zone on the material close to the stiff layer that did not appear to actuate when viewing the sample in profile. In Figure 5, one can observe the thin sidewalls distorting into the cellular voids. However, there was a zone, measured to be approximately constant across pressures as 5.5 mm thick, which did not appear to be pulled into the voids. This boundary is indicated in Figure 5 on the middle representative photograph as a dashed line, but did appear nearly immediately upon initial depressurization. To plot the tri-layer model shown, the curvature of the actuator was calculated according to Equation (7), using $t_1 = 0.37$ mm, $t_2 = 5.5$ mm, and $t_3 = 22.5$ mm. The Young's moduli used were $E_1 = 2$ GPa (varying E_1 in the range of 2–4 GPa had negligible effect) and $E_2 = E_3 = E^* = 10,923$ Pa (calculated from Equation (2)).

4.4. Force Generation

The force generated during actuation was also experimentally measured by blocking the free end of the actuator with a 2.5 cm acrylic square mounted to a Futek miniature S-beam load cell in line with the direction of force application, as shown in Figure 6. Solid points indicate points measured during actuation, and hollow points are those recorded during return of the actuator. Four photographs of the actuator during the experiment are also shown for the indicated points. There was a highly linear response of actuation force, *F*, to differential pressure up to a critical value between $\Delta P = 5.73$ and 5.98 kPa, when the structure buckled slightly (with a noticeable change in the actuator observed near the bottom end). As the actuator returned to $\Delta P = 0$ kPa, we again saw a linear relationship between *F* and ΔP .

The red solid line in Figure 6 is the prediction of the tri-layer model in Equation (9), and captures the return phase after actuation very well. In this configuration, the actuator was in a slightly buckled

configuration. While we did not rationalize the lower actuation phase force, we hypothesize that there may be more force being exerted parallel to the long axis of the actuator on the blocking plate.



Figure 6. Horizontal reaction force, *F*, of the actuator as a function of applied pressure, ΔP , for a blocked test during actuation (solid blue points) and return (hollow orange points), as well as four representative photographs of the actuator configuration during testing at the indicated points. The solid red line is a prediction of the tri-layer model.

5. Conclusions and Future Work

We presented a new, negative-pressure-activated bending actuator based on linear actuator work presented in [17]. We described the system behavior using techniques from the mechanical analysis of cellular solids with good agreement with experimental results, which encourages their use for the future design and control of actuators based on similar principles. Further areas of investigation could include further mechanical analysis to rationalize the thickness of the non-actuating layer of cellular solids as well as practical studies into the cyclical fatigue life of this style of actuator as well as developing control schemes for force and speed control. Embedding sensors into soft robotics, especially for haptic feedback, is an exciting area of research in which this style of actuator could be augmented to participate.

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